

| 20/09/2026         |        |            |      |                                    | NSW Open |        |        |          |         |         |         |            |         |         |         |            |           |            |            | Adonis Athletics - Penrith - NSW |               |       |        |            |       |             |  |  |  |  |  |  |  |  |
|--------------------|--------|------------|------|------------------------------------|----------|--------|--------|----------|---------|---------|---------|------------|---------|---------|---------|------------|-----------|------------|------------|----------------------------------|---------------|-------|--------|------------|-------|-------------|--|--|--|--|--|--|--|--|
| Name               | Sex    | Equip      | Team | Awards Division                    | Age      | BWT    | Wt Cls | Age Coef | Squat 1 | Squat 2 | Squat 3 | Best Squat | Bench 1 | Bench 2 | Bench 3 | Best Bench | Sub Total | Deadlift 1 | Deadlift 2 | Deadlift 3                       | Best Deadlift | Total | Points | Age Points | Place | Dots Points |  |  |  |  |  |  |  |  |
| Lee-Anne McCormack | FEMALE | RAW        | NSW  | Women's Open Knee Sleeves          | 47       | 75.75  | 82.5   | 1.082    | 145     | 155     | 165     | 165        | 82.5    | 87.5    | -92.5   | 87.5       | 252.5     | 175        | 185        |                                  | 185           | 437.5 | 363.40 | 393.19     | 1     | 423.89      |  |  |  |  |  |  |  |  |
| Madeline Palmer    | FEMALE | RAW        | NSW  | Women's Open Knee Sleeves          | 31       | 79.5   | 82.5   | 1        | 120     | -125    |         | 120        | 70      | -77.5   | -77.5   | 70         | 190       | 140        | 150        | 160                              | 160           | 350   | 281.73 | 281.73     | 2     | 330.82      |  |  |  |  |  |  |  |  |
| Emily Badelles     | FEMALE | RAW        | NSW  | Women's Open Bare Knees            | 24       | 81.85  | 82.5   | 1        | 80      | 100     | 110     | 110        | 35      | 45      | -55     | 45         | 155       | 115        | 125        | -140                             | 125           | 280   | 221.30 | 221.30     | 1     | 260.88      |  |  |  |  |  |  |  |  |
| Alexandra Carr     | FEMALE | RAW        | NSW  | Women's Open Bare Knees            | 49       | 104.4  | 110    | 1.113    | -50     | 50      | -60     | 50         | -35     | 35      | 45      | 45         | 95        | 80         | 92.5       | -110                             | 92.5          | 187.5 | 132.04 | 146.96     | 1     | 157.42      |  |  |  |  |  |  |  |  |
| Tabitha Sheppard   | FEMALE | RAW        | NSW  | Women's Junior Bare Knees          | 20       | 55.45  | 56     | 1.03     | 70      | 80      | 85      | 85         | 37.5    | 42.5    | -45     | 42.5       | 127.5     | 95         | 100        | -107.5                           | 100           | 227.5 | 239.38 | 246.56     | 1     | 265.43      |  |  |  |  |  |  |  |  |
| Alexandra Carr     | FEMALE | RAW        | NSW  | Women's Master Knee Sleeves        | 49       | 104.4  | 110    | 1.113    | -50     | 50      | -60     | 50         | -35     | 35      | 45      | 45         | 95        | 80         | 92.5       | -110                             | 92.5          | 187.5 | 132.04 | 146.96     | 1     | 157.42      |  |  |  |  |  |  |  |  |
| Ariah Dunn         | FEMALE | WRAPS      | NSW  | Women's Sub-Teen Wraps             | 10       | 65.55  | 67.5   | 1.23     | 45      | 52.5    | -57.5   | 52.5       | 30      | 35      | 37.5    | 37.5       | 90        | 60         | 70         | 80                               | 80            | 170   | 156.49 | 192.48     | 1     | 178.54      |  |  |  |  |  |  |  |  |
| Lexi Dunn          | FEMALE | WRAPS      | NSW  | Women's Teen Wraps                 | 13       | 51.35  | 52     | 1.23     | 75      | -85     | 85      | 85         | 45      | 50      | 52.5    | 52.5       | 137.5     | 90         | -102.5     | -102.5                           | 90            | 227.5 | 254.48 | 313.01     | 1     | 279.74      |  |  |  |  |  |  |  |  |
| Amanda Weyer       | FEMALE | MULTI_PLY  | NSW  | Women's Open Multi Ply             | 35       | 73.5   | 75     | 1        | 110     | 115     | 120     | 120        | 50      | -55     | -60     | 50         | 170       | 110        | 125        | -140                             | 125           | 295   | 250.03 | 250.03     | 1     | 290.43      |  |  |  |  |  |  |  |  |
| Ryan Hunter        | MALE   | RAW        | NSW  | Men's Junior Knee Sleeves          | 23       | 103.7  | 110    | 1        | 230     | 240     | 255     | 255        | 140     | 150     | -155    | 150        | 405       | -260       | 275        | 280                              | 280           | 685   | 392.61 | 392.61     | 1     | 415.22      |  |  |  |  |  |  |  |  |
| Samuel Eadie       | MALE   | RAW        | NSW  | Men's Junior Bare Knees            | 23       | 147.65 | 140+   | 1        | 160     | 175     | 185     | 185        | 150     | 160     | -165    | 160        | 345       | 215        | 235        | -250                             | 235           | 580   | 304.49 | 304.49     | 1     | 313.23      |  |  |  |  |  |  |  |  |
| Jason Williams     | MALE   | RAW        | ACT  | Men's Open Knee Sleeves            | 34       | 134.4  | 140    | 1        | 270     | -285    | 285     | 285        | 165     | 172.5   | -180    | 172.5      | 457.5     | 275        | 285        | -300                             | 285           | 742.5 | 398.04 | 398.04     | 1     | 411.68      |  |  |  |  |  |  |  |  |
| Ryan Langley       | MALE   | RAW        | NSW  | Men's Open Knee Sleeves            | 24       | 74.6   | 75     | 1        | 175     | 185     | -190    | 185        | 115     | 117.5   | 120     | 120        | 305       | 210        | -222.5     | -230                             | 210           | 515   | 355.99 | 355.99     | 1     | 370.74      |  |  |  |  |  |  |  |  |
| Anthony Kellow     | MALE   | RAW        | SA   | Men's Open Knee Sleeves            | 32       | 86.5   | 90     | 1        | 165     | 175     | 185     | 185        | 112.5   | 117.5   | 120     | 120        | 305       | 217.5      | 227.5      | 235                              | 235           | 540   | 338.01 | 338.01     | 1     | 356.41      |  |  |  |  |  |  |  |  |
| Kasm Al Rubayi     | MALE   | RAW        | NSW  | Men's Open Knee Sleeves            | 21       | 125.2  | 140    | 1.02     | -100    | 110     | 115     | 115        | 70      | -75     | -80     | 70         | 185       | 145        | 150        | 160                              | 160           | 345   | 188.11 | 191.87     | 2     | 195.43      |  |  |  |  |  |  |  |  |
| Ian Irving         | MALE   | RAW        | NSW  | Men's Master Knee Sleeves          | 64       | 97.75  | 100    | 1.45     | 150     | 165     | 180     | 180        | 100     | 110     | 117.5   | 117.5      | 297.5     | 180        | 200        | 210                              | 210           | 507.5 | 297.93 | 432.00     | 1     | 315.52      |  |  |  |  |  |  |  |  |
| Hilton Presland    | MALE   | RAW        | NSW  | Men's Master Bare Knees            | 49       | 88.5   | 90     | 1.113    | 175     | 185     | 195     | 195        | -112.5  | 112.5   | -117.5  | 112.5      | 307.5     | 225        | 245        | -260                             | 245           | 552.5 | 341.28 | 379.84     | 1     | 360.32      |  |  |  |  |  |  |  |  |
| Glen Stewart       | MALE   | RAW        | ACT  | Men's Master Knee Sleeves          | 58       | 99.8   | 100    | 1.291    | 200     |         |         | 200        | 100     |         |         | 100        | 300       | 200        |            |                                  | 200           | 500   | 290.90 | 375.55     | 1     | 308.03      |  |  |  |  |  |  |  |  |
| Craig James        | MALE   | RAW        | NSW  | Men's Master Bare Knees            | 64       | 68.9   | 75     | 1.45     | 55      | 75      | 90      | 90         | 60      | 70      | -75     | 70         | 160       | 100        | 125        | 140                              | 140           | 300   | 220.71 | 320.03     | 1     | 227.86      |  |  |  |  |  |  |  |  |
| Paul Christie      | MALE   | RAW        | NSW  | Men's Master Bare Knees            | 55       | 109.3  | 110    | 1.225    | 125     | 137.5   | 150     | 150        | 60      | 70      | 82.5    | 82.5       | 232.5     | 130        | 140        | 150                              | 150           | 382.5 | 215.54 | 264.03     | 1     | 227.09      |  |  |  |  |  |  |  |  |
| Brendon Loveridge  | MALE   | WRAPS      | NSW  | Men's Open Wraps                   | 35       | 107.5  | 110    | 1        | 240     | 255     | -265    | 255        | 190     | -205    | -205    | 190        | 445       | 260        | 280        | 290                              | 290           | 735   | 416.23 | 416.23     | 1     | 439.16      |  |  |  |  |  |  |  |  |
| Corey Kamsrikerd   | MALE   | WRAPS      | NSW  | Men's Open Wraps                   | 39       | 120.7  | 125    | 1        | 270     | 280     | 290     | 290        | 155     | 165     | -170    | 165        | 455       | 245        | 250        | 255                              | 255           | 710   | 390.68 | 390.68     | 1     | 406.97      |  |  |  |  |  |  |  |  |
| Manny Tsiolakis    | MALE   | MULTI_PLY  | NSW  | Men's Open Multi Ply               | 33       | 105.25 | 110    | 1        | -325    | -325    | 325     | 325        | 195     | 210     | -215    | 210        | 535       | 255        | 267.5      |                                  | 267.5         | 802.5 | 457.59 | 457.59     | 1     | 483.52      |  |  |  |  |  |  |  |  |
| Ben Mastronardi    | MALE   | MULTI_PLY  | NSW  | Men's Open Multi Ply               | 37       | 187.3  | 140+   | 1        | -200    | -200    | 200     | 200        | -180    | -180    | 180     | 180        | 380       | 180        | 205        | 230                              | 230           | 610   | 303.45 | 303.45     | 1     | 309.79      |  |  |  |  |  |  |  |  |
| Justin Hartog      | MALE   | MULTI_PLY  | NSW  | Men's Open Multi Ply               | 33       | 98.25  | 100    | 1        | 210     | 225     | -235    | 225        | -160    | -160    | -160    |            |           | 190        | 210        | -230                             | 210           | 0     | 0.00   | 0.00       |       | 0.00        |  |  |  |  |  |  |  |  |
| Steve Longdon      | MALE   | RAW        | NSW  | Men's Master Raw Push Pull         | 57       | 123.55 | 125    | 1.268    |         |         |         |            | 180     | -190    | 195     | 195        |           | 305        | -320       | -320                             | 305           | 500   | 273.58 | 346.89     | 1     | 284.43      |  |  |  |  |  |  |  |  |
| Xanthe Sheppard    | FEMALE | SINGLE_PLY | NSW  | Women's Open Single Ply Bench Only | 27       | 97.35  | 100    | 1        |         |         |         |            | 90      | -95     | -95     | 90         |           |            |            |                                  |               | 90    | 65.09  | 65.09      | 1     | 77.62       |  |  |  |  |  |  |  |  |
| Dustin Burrell     | MALE   | RAW        | NSW  | Men's Open Raw Bench Only          | 38       | 116    | 125    | 1        |         |         |         |            | 165     | -175    | 180     | 180        |           |            |            |                                  |               | 180   | 99.92  | 99.92      | 1     | 104.58      |  |  |  |  |  |  |  |  |
| Albert Campbell    | MALE   | UNLIMITED  | NSW  | Men's Open Unlimited Bench Only    | 29       | 109.55 | 110    | 1        |         |         |         |            | 130     | 140     | 150     | 150        |           |            |            |                                  |               | 150   | 84.47  | 84.47      | 1     | 88.98       |  |  |  |  |  |  |  |  |

| Referees             |       |
|----------------------|-------|
| Michelina Weatherall | World |
| Peter Weatherall     | World |
| Micah San Pascual    | State |