

27/04/2025

CAPO SA Last Chance Qualifier

618 Barbell - Adelaide

Place	Name	Sex	Age	Equip	Division	BWT	Wt Cts	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Points	Age Score	Event
1	Jessica Welch	F	28	Sleeves	FO-RP	69.8	75	130	140	-150		140	87.5	95	100		100	175	190	-200		190	430	377.86		SBD
1	Bianca Strahan	F	42	Wraps	FO-RP	81.8	82.5	130	137.5	142.5		142.5	62.5	67.5	70		70	135	145	152.5		152.5	365	288.99		SBD
1	Franca Bulzomi	F	38	Wraps	FO-RP	108.9	110	130	140	-150		140	80	87.5	95		95	145	155	165		165	400	277.54		SBD
1	Carli van der Hoek	F	36	Sleeves	FO-RS	99.7	100	170	180	185		185	90	95	-100		95	180	190	200		200	480	343.75		SBD
1	Hannah Williams	F	32	Sleeves	FO-RS	77.9	82.5	130	-137.5	142.5		142.5	75	82.5	-87.5		82.5	160	172.5	180.5	-182.5	180.5	405	330.43		SBD
1	Nikki Pelz	F	28	Sleeves	FO-RS	67.4	67.5	117.5	125	132.5		132.5	57.5	62.5	-65		62.5	125	135	147.5		147.5	342.5	308.70		SBD
2	Krystal Skinner	F	37	Sleeves	FO-RS	82.2	82.5	127.5	132.5	135		135	62.5	67.5	70		70	155	165	172.5		172.5	377.5	298.02		SBD
3	Hayley Collaton	F	33	Sleeves	FO-RS	80.25	82.5	-130	130	-132.5		130	55	57.5	-60		57.5	132.5	142.5	147.5		147.5	335	268.31		SBD
1	Sarah Maddison	F	37	Sleeves	FO-RS	107.5	110	125	135	140		140	65	70	-75		70	140	150	160		160	370	257.58		SBD
1	Julie-Anne Payne	F	51	Sleeves	FM-RS	55.25	56	77.5	85	87.5		87.5	57.5	62.5	-65		62.5	-115	120	-130		120	270	284.07	326.82	SBD
1	Rebecca Muchamore	F	34	Bare	FO-RBK	88.05	90	120	-130	130		130	55	60	62.5		62.5	155	172.5	-177.5		172.5	365	277.27		SBD
1	Radha Winkler	F	17	Bare	FT-RBK	51.55	52	55	62.5	-65		62.5	45	-50	50		50	85	92.5	100	105	100	212.5	236.48	255.94	SBD
1	Dave Keetch	M	42	Wraps	MO-RP	109.25	110	260	277.5	287.5		287.5	165	175	180		180	300	315	321		321	787.5	443.78		SBD
1	Philip van der Hoek	M	37	Wraps	MO-RP	99.4	100	245	257.5	265		265	140	150	-155		150	230	245	255		255	670	390.44		SBD
2	Kaleb Swanson	M	40	Wraps	MO-RP	105.3	110	210	225	230		230	135	145	-150		145	240	260	270		270	645	367.68		SBD
1	Michael Thomson	M	65	Wraps	MM-RP	76.75	82.5	125	132.5	137.5	-140	137.5	65	70	75		75	170	180	187.5	190	187.5	400	270.82	400.81	SBD
1	Adam Todd	M	41	Sleeves	MO-RS	109.45	110	265	285	300		300	170	180	-185		180	280	300	310		310	790	444.96		SBD
1	Jamie Miller	M	34	Sleeves	MO-RS	84.6	90	-200	220	230		230	132.5	145	155		155	205	230	260		260	645	409.21		SBD
1	Brady Felton	M	37	Sleeves	MO-RS	78.55	82.5	170	180	-190		180	125	132.5	-137.5		132.5	215	235	240		240	552.5	368.01		SBD
3	Corey Anderson	M	35	Sleeves	MO-RS	100.6	110	190	205	220		220	102.5	107.5	112.5		112.5	230	250	267.5		267.5	600	347.91		SBD
2	Tyson Littleford	M	27	Sleeves	MO-RS	107.4	110	190	205	210		210	127.5	135	-140		135	235	255	260		260	605	342.68		SBD
1	Vincent Sim	M	28	Sleeves	MO-RS	74.45	75	170	-180	182.5		182.5	80	90	-100		90	180	200	217.5		217.5	490	339.22		SBD
1	Nick Skewes	M	37	Sleeves	MO-RS	97.45	100	180	190			190	122.5	130	-132.5		130	217.5	230	-235		230	550	323.30		SBD
2	Michael Blanck	M	41	Sleeves	MO-RS	79.05	82.5	130	140	155		155	90	95	100		100	195	210	225		225	480	318.32		SBD
1	Reece Dickeson	M	29	Sleeves	MO-RS	117.5	125	180	192.5	200		200	100	110	115		115	225	235	-240		235	550	304.43		SBD
1	Sam Morgan	M	21	Sleeves	MJ-RS	88.4	90	200	210	220		220	120	127.5	132.5		132.5	215	230	240		240	592.5	366.19	373.55	SBD
1	Josh Brennan	M	18	Sleeves	MT-RS	57.8	60	130	145	155		155	80	85	-90		85	160	175	182.5	190	182.5	422.5	365.10	387.01	SBD
1	Josh Murray	M	17	Sleeves	MT-RS	81.05	82.5	145	155	-160		155	100	107.5	-112.5		107.5	170	182.5	192.5		192.5	455	296.70	320.44	SBD
1	Rainer Stranz	M	15	Sleeves	MT-RS	69.85	75	-115	115	-127.5		115	75	80	85	-87.5	85	140	-155	-162.5		140	340	247.35	291.87	SBD
1	Kevin Conway	M	66	Sleeves	MM-RS	97.15	100	-75	75			75	60				60	140	180	192.5	200	192.5	327.5	192.78	291.32	SBD
1	Dylan Hogan	M	29	Bare	MO-RBK	94.7	100	185	195	-202.5		195	122.5	127.5	132.5		132.5	215	230	235		235	562.5	335.14		SBD
1	Judd French	M	17	Bare	MT-RBK	72.5	75	-137.5	145	150		150	-102.5	107.5	-112.5		107.5	-170	180	-190		180	437.5	309.04	333.77	SBD
1	Seth Heffernan	M	17	Bare	MT-RBK	85.25	90	140	150	155		155	115	122.5	-125		122.5	160	180	200		200	477.5	301.52	325.65	SBD
1	Simon Riggs	M	41	Bare	MM-RBK	85.75	90	110	135	145		145	85	92.5	100		100	130	155	175		175	420	264.27	266.92	SBD
1	Hannah Monaghan	F	31	Bare	FO-RBK	85.55	90						82.5	87.5	-90		87.5						87.5	67.52		B
1	Sophie Venning	F	21	Bare	FJ-RBK	74.75	75						67.5	72.5	75	-76	75						75	62.86	64.10	B
1	Slade Richardson	M	26	Bare	MO-RBK	103	110						150	-157.5	-157.5		150						150	86.18		B
1	Pheavarth Hean	M	21	Bare	MJ-RBK	66.95	67.5						95.5	105	115	120	115						115	86.67	88.40	B
1	Mark Williams	M	49	Bare	MM-RBK	96.75	100						140	150	165		165						165	97.31	108.31	B
1	Alexander Stevenson	M	49	Bare	MM-RBK	109.6	110						160	167.5	172.5		172.5						172.5	97.12	108.11	B
2	Mathew Branson	M	43	Bare	MM-RBK	99.45	100						145	155	162.5		162.5						162.5	94.68	97.62	B
3	Craig Thorley	M	46	Bare	MM-RBK	94.9	100						135	145	152.5		152.5						152.5	90.77	96.94	B