

5/04/2025 2025 CAPO Queensland State Championships - Day 1 Kedron Wavell - Chermside																												
Place	Name	Sex	Age	State	Equipment	Division	BWT	WtCls	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Gloss	Age Score	Event	
1	Aidan Biggs	M	35	QLD	Wraps	Mens Open Classic Raw	67.4	67.5	-205	210	-218		210	105	110	117.5		117.5	205	215	222.5		222.5	550	412.14		SBD	
1	Kobi McLeod	M	27	QLD	Wraps	Mens Open Classic Raw	81.3	82.5	155	165	170		170	105	110	-115		110	170	180	190		190	470	305.88		SBD	
1	Tommy-Lee McGrath	M	33	QLD	Wraps	Mens Open Classic Raw	88.63	90	-270	270	290		290	170	180	-190		180	320	340	-350		340	810	500.01		SBD	
1	Caleb Jones	M	29	QLD	Wraps	Mens Open Classic Raw	99.4	100	240	255			255	210	223.5	227.5	230	227.5	240	270	280		280	762.5	444.39		SBD	
2	George Lomidze	M	34	QLD	Wraps	Mens Open Classic Raw	99.8	100	240	260	-270		260	170	175	180		180	250	262.5	270		270	710	413.08		SBD	
3	Jared Parrello	M	27	QLD	Wraps	Mens Open Classic Raw	92.2	100	210	-220	-220		210	125	132.5	140		140	240	-255	-260		240	590	356.36		SBD	
4	Corey-lee Scard	M	34	QLD	Wraps	Mens Open Classic Raw	99.7	100	190	197.5	205		205	115	122.5	125		125	180	195	202.5		202.5	532.5	309.94		SBD	
1	Zachary Phillips	M	37	QLD	Wraps	Mens Open Classic Raw	122.2	125	300	330	350		350	220	230	-240		230	300	320	-340		320	900	493.79		SBD	
2	Ben Cozens	M	33	QLD	Wraps	Mens Open Classic Raw	121.3	125	270	290	-307.5		290	170	182.5	-190		182.5	290	310	-327.5		310	782.5	430.06		SBD	
1	Collin D'Costa	M	48	QLD	Wraps	Mens Masters Classic Raw	81.65	82.5	200	215	-225		215	130	-137.5	137.5		137.5	200	215	225		225	577.5	374.78	411.14	SBD	
2	Luke Hewlett	M	44	NSW	Wraps	Mens Masters Classic Raw	89.6	90	-200	-200	200		200	140	152.5	160		160	220	245	265		265	625	383.34	399.83	SBD	
3	Greg Kitson	M	47	QLD	Wraps	Mens Masters Classic Raw	79.25	82.5	-185	200	207.5		207.5	110	-115	-120		110	180	190	200		200	517.5	342.61	370.70	SBD	
4	James Hughes	M	42	QLD	Wraps	Mens Masters Classic Raw	109.8	110	225	-240	240		240	130	135	-140		135	245	260	265		265	640	360.16	367.36	SBD	
5	Wayne Broad	M	42	QLD	Wraps	Mens Masters Classic Raw	94.95	100	200	-210	212.5		212.5	125	130	137.5		137.5	230	235	237.5		237.5	587.5	349.59	356.58	SBD	
6	Jim Heintzberger	M	43	QLD	Wraps	Mens Masters Classic Raw	97.5	100	182.5	200	205		205	95	100	102.5		102.5	200	220	-227.5		220	527.5	310.04	319.65	SBD	
7	Michael Vici	M	45	QLD	Wraps	Mens Masters Classic Raw	85.8	90	150	160	170		170	77.5	85	90		90	190	-205	215		215	475	298.78	315.21	SBD	
8	Paul Harle	M	47	QLD	Wraps	Mens Masters Classic Raw	97.9	100	145	155	-165		155	82.5	87.5	90		90	200	220	230		230	475	278.66	301.51	SBD	
1	Blane Robertson	M	53	QLD	Wraps	Mens Masters Classic Raw	118.2	125	250	270	290		290	150	170			170	250	270	285		285	745	411.84	487.61	SBD	
2	David Wicks	M	58	QLD	Wraps	Mens Masters Classic Raw	94.3	100	-145	-155	155		155	92.5	97.5	-102.5		97.5	190	200	-210		200	452.5	270.19	348.81	SBD	
1	Simon Doc Watkins	M	65	QLD	Wraps	Mens Masters Classic Raw	87.8	90	-180	180	-195		180	122.5	130	-135		130	207.5	217.5	-222.5		217.5	527.5	327.31	484.42	SBD	
2	Chris Brown	M	60	QLD	Wraps	Mens Masters Classic Raw	113.53	125	185	205	220		220	140	155	165		165	205	222.5	230		230	615	343.14	459.81	SBD	
3	Michael Jones	M	62	QLD	Wraps	Mens Masters Classic Raw	85.8	90	150	160	-165		160	90	95	100		100	180	190	200		200	460	289.34	403.05	SBD	
1	Jonathan Todd	M	32	QLD	Sleeves	Mens Open Sleeves	74.65	75	152.5	157.5	162.5		162.5	120	125	-127.5		125	165	172.5	180		180	467.5	323.01		SBD	
2	Harrison Parker	M	25	QLD	Sleeves	Mens Open Sleeves	74	75	140	150	160		160	75	82.5	92.5		92.5	147.5	165	177.5		177.5	430	299.04		SBD	
1	Thomas Benny	M	39	QLD	Sleeves	Mens Open Sleeves	75.59	82.5	110	120	130		130	70	80	-87.5		80	175	185	202.5		202.5	412.5	282.48		SBD	
1	Brendan Sabine	M	36	QLD	Sleeves	Mens Open Sleeves	88.8	90	195	-205	205		205	-135	-145	145		145	200	210	-220		210	560	345.21		SBD	
1	Linus Conaghan	M	39	QLD	Sleeves	Mens Open Sleeves	108.63	110	200	-220	220		220	125	130	137.5		137.5	210	225	-242.5		225	582.5	328.85		SBD	
1	Frazer Coombes	M	29	QLD	Sleeves	Mens Open Sleeves	116.5	125	190	210	-217.5		210	170	180	-185		180	200	215	230		230	620	343.85		SBD	
1	Malique Poitao-Milner	M	27	QLD	Sleeves	Mens Open Sleeves	147.8	140+	260	-270	-270		260	-130	140	150		150	260	280	290		290	700	367.38		SBD	
1	Angus Winstanley	M	16	QLD	Sleeves	Mens Teen Sleeves	84.55	90	215	230	-235		230	130	-140	140		140	230	240	-250		240	610	387.17	437.50	SBD	
1	Flynn Bates	M	18	QLD	Sleeves	Mens Teen Sleeves	101	110	207.5	217.5	227.5		227.5	120	135	-145		135	240	250	-262.5		250	612.5	354.61	375.88	SBD	
1	Jared Stuart	M	23	QLD	Sleeves	Mens Junior Sleeves	97.9	100	185	200	-207.5		200	110	120	-130		120	205	215	225		225	545	319.72	319.72	SBD	
1	Zane Horsfall	M	21	QLD	Sleeves	Mens Junior Sleeves	71.4	75	-140	150	160		160	100	-110	110		110	140	152.5	165		165	435	310.96	317.18	SBD	
1	Michael Guttormsen	M	49	QLD	Sleeves	Mens Masters Sleeves	108.6	110	160	175	-185		175	130	140	-150		140	230	242.5	-250		242.5	557.5	314.74	350.30	SBD	
2	Karl Malitz	M	42	QLD	Sleeves	Mens Masters Sleeves	108.1	110	175	187.5	200		200	115	122.5	-130		122.5	175	190	205		205	527.5	298.20	304.16	SBD	
3	Steven Miles	M	47	QLD	Sleeves	Mens Masters Sleeves	94.15	100	120	-135	150		150	100	105	-110		105	160	175	190		190	445	265.91	287.71	SBD	
1	Chris Kracke	M	51	QLD	Sleeves	Mens Masters Sleeves	108.08	110	195	-215	-215		195	135	145	-155		145	215	225	235		235	575	325.11	372.90	SBD	
2	Andreas Fiene	M	53	QLD	Sleeves	Mens Masters Sleeves	94.3	100	-150	162.5	170		170	120	127.5	132.5		132.5	170	190	202.5		202.5	505	301.54	357.02	SBD	
3	Matthew Deshon	M	55	QLD	Sleeves	Mens Masters Sleeves	119.6	125	145	155	160		160	102.5	107.5	110		110	215	225	235		235	505	278.46	341.11	SBD	
4	Darren Fry	M	59	QLD	Sleeves	Mens Masters Sleeves	79.9	82.5	125	130	135	140	135	65	70	75		75	160	170	175	-180	175	385	253.46	333.31	SBD	
5	Peter Gill	M	57	QLD	Sleeves	Mens Masters Sleeves	77.75	82.5	105	-112.5	-115		105	65	-70	-70		65	150	157.5	160		160	330	221.40	280.73	SBD	
1	Jaden Bond	M	25	QLD	Raw	Mens Open Raw	95.8	100	200	210	-225		210	140	145	152.5		152.5	240	260	-272.5		260	622.5	368.86		SBD	
2	Ryan Harvey	M	30	QLD	Raw	Mens Open Raw	91.3	100	160	165	170		170	100	-107.5	-112.5		100	185	200	207.5		207.5	477.5	289.89		SBD	
1	Jesse Waterson	M	15	QLD	Raw	Mens Teen Raw	59.6	60	140	150	157.5		157.5	80	85	90	-92.5	90	155	165	-170		165	412.5	345.80	408.04	SBD	
2	Jayden Navickas	M	14	QLD	Raw	Mens Teen Raw	80.15	82.5	130	145	160		160	70	75	80		80	150	165	180	185	180	420	275.94	339.41	SBD	
3	Noah Tory	M	15	NSW	Raw	Mens Teen Raw	74.55	75	-125	135	145		145	70	77.5	-82.5		77.5	155	165	176	180	176	397.5	274.91	324.39	SBD	
1	Des Ryan	M	44	QLD	Raw	Mens Masters Raw	97.55	100	160	-170	170		170	120	130	-140		130	200	220	-240		220	520	305.55	318.69	SBD	
1	Greg Perrett	M	59	QLD	Raw	Mens Masters Raw	107.6	110	-115	-115	115		115	105	112.5	120		120	140	160	180		180	415	234.93	308.93	SBD	
2	Andrew Cox	M	55	QLD	Raw	Mens Masters Raw	99.8	100	100	110	120		120	60	65	70		70	140	155	162.5		162.5	352.5	205.08	251.23	SBD	
1	Michael Draper	M	60	QLD	Raw	Mens Masters Raw	88.6	90	190	200	210		210	152.5	158	160		160	200	210	220		220	590	364.21	488.04	SBD	
1	Shane Atta-Singh	M	41	QLD	Single_ply	Mens Open Single Ply	130.45	140	290	-300			290	150	-165	-165		150	270	300	-320		300	740	399.51		SBD	
1	Clint Cash	M	65	QLD	Single_ply	Mens Masters Single Ply	86.4	90	125	-130	130		130	80	85	87.5	90	87.5	135			162.5		162.5	380	238.01	352.26	SBD
1	Dieter Johnson	M	17	QLD	Single_ply	Mens Teen Single Ply	74.3	75	75	80	85	-90	85	50	55	60	62.5	60	100	115	122.5	130	122.5	267.5	185.47	200.31	SBD	
1	Matthew Collins	M	35	QLD	Multi_ply	Mens Open Multi Ply	129.55	140	-265	-277.5	277.5		277.5	-165	180	-195		180	275	285	-295		285	742.5	401.52		SBD	
1	Jimmy Martin	M	40	QLD	Single_ply	Mens Open Push/Pull Single Ply	109.05	110						160	170	175.5	-180	175.5	242.5	260	-272.5</							