3/08/2025 CAPO NATIONAL CHAMPIONSHIPS 2025 - DAY 4 - Male

KEDRON-WAVELL RSL - BRISBANE - QLD

Name	Sex	Equip	Team	Awards Division	BWT	Wt Cls	Age	Age Coef	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Gloss Score	Age Score	Div Place
Joshua Genever	MALE	CLASSIC_RAW	WA	Open Mens Classic Raw	79.55	82.5	25	1	285	300	320		320	182.5	195	202		202	522	-285	-295	295		295	817	539.49	539.49	1
Willis Goodwin	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	89.6	90	31	1	285	300	-307.5		300	170	180	182.5		182.5	482.5	305	320	-327.5		320	802.5	492.21	492.21	2
Zachary Phillips	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	124.2	125	37	1	320	345	-365		345	220	230	240		240	585	300	315	-327.5		315	900	491.72	491.72	3
Matteo Giubilato	MALE	CLASSIC_RAW	WA	Open Mens Classic Raw	108.55	110	24	1	-310	320	340		340	165	172.5	177.5		177.5	517.5	310	-330	-337.5		310	827.5	467.23	467.23	4
Dante Sindoni	MALE	CLASSIC_RAW	VIC	Open Mens Classic Raw	95.3	100	23	1	-300	-315	315		315	150	160	165		165	480	270	282.5	-295		282.5	762.5	452.92	452.92	5
Jordan Weymark	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	73.5	75	32	1	230	240	-247.5		240	140	147.5	-150		147.5	387.5	260	-267.5	-267.5		260	647.5	452.60	452.60	6
Blake Woodward	MALE	CLASSIC_RAW	WA	Open Mens Classic Raw	98.5	100	27	1	270	-300	-300		270	165	177.5	185		185	455	270	300	310		310	765	447.56	447.56	7
Lucaan Cooper	MALE	CLASSIC_RAW	WA	Open Mens Classic Raw	109.5	110	27	1	-275	285	-307.5		285	170	182.5	190		190	475	255	277.5	292.5		292.5	767.5	432.26	432.26	8
Michael Sunderland	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	89.45	90	33	1	265	-280	280		280	150	157.5	-162.5		157.5	437.5	250	-265	265		265	702.5	431.30	431.30	9
George Lomidze	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	101.95	110	35	1	-250	270	-285		270	175	185	190		190	460	255	275	285		285	745	429.72	429.72	10
Xavia Becker	MALE	CLASSIC_RAW	WA	Open Mens Classic Raw	73.55	75	41	1.01	230	250	-265		250	110	120	130		130	380	220	235	-255		235	615	429.67	433.97	11
Aidan Biggs	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	66.85	67.5	35	1	205	218	-225		218	110	-115	117.5		117.5	335.5	215	225	-230		225	560.5	422.96	422.96	12
Mick Dubbelman	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	123.2	125	39	1	300	-320	-320		300	180	190	-200		190	490	270	280	-290		280	770	421.61	421.61	13
Jack Welch	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	135.2	140	32	1	265	285	292.5		292.5	155	162.5	165		165	457.5	320	-342.5	-342.5		320	777.5	416.20	416.20	14
Philip van der Hoek	MALE	CLASSIC_RAW	SA	Open Mens Classic Raw	99.45	100	37	1	245	-262.5	-265		245	147.5	157.5	162.5		162.5	407.5	240	255	-272.5		255	662.5	386.02	386.02	15
Jeremy Vincent	MALE	CLASSIC_RAW	VIC	Open Mens Classic Raw	136.3	140	37	1	-260	265	-280		265	160	170	180		180	445	250	260	-270		260	705	376.72	376.72	16
Chris Hansson	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	81.7	82.5	51	1.147	190	202.5	-207.5		202.5	127.5	135	137.5		137.5	340	200	215	225		225	565	366.52	420.39	17
James Ward	MALE	CLASSIC_RAW	SA	Open Mens Classic Raw	89.1	90	27	1	205	212.5	220		220	122.5	127.5	132.5		132.5	352.5	225	240	-250		240	592.5	364.57	364.57	18
Christopher Waho-Moo	MALE	CLASSIC_RAW	VIC	Open Mens Classic Raw	136.15	140	35	1	200	220	-235		220	160	170	177.5		177.5	397.5	250	260	270		270	667.5	356.77	356.77	19
Andrew Rocznıak	MALE	CLASSIC_RAW	VIC	Open Mens Classic Raw	96.2	100	39	1	190	-205	-205		190	135	145	-157.5		145	335	225	245	260		260	595	351.88	351.88	20
Shaun Cameron	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	107.6	110	29	1	195	210	235		235	100	115	130		130	365	190	215	230		230	595	336.83	336.83	21
Kiefer Patch	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	136.95	140	33	1	190	205	215		215	140	150	155		155	370	220	230	235		235	605	322.95	322.95	22
Kobi Mcleod	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	80.25	82.5	28	1	167.5	-177.5	177.5		177.5	100	110	-115		110	287.5	180	190	202.5		202.5	490	321.65	321.65	23
Corey Scard	MALE	CLASSIC_RAW	QLD	Open Mens Classic Raw	99.95	100	34	1	-190	202.5	207.5		207.5	120	127.5	130		130	337.5	190	200	-205		200	537.5	312.52	312.52	24
Peter Sutton	MALE	MULTI_PLY	ACT	Mens Open Multi Ply Bench Only	98.5	100	48	1.097						230	252.5			252.5							252.5	147.73	162.05	1
Mitchell Watts	MALE	MULTI_PLY	QLD	Mens Open Multi Ply Bench Only	124.95	125	32	1						150	157.5	-162.5		157.5							157.5	85.91	85.91	2
Mitchell Watts	MALE	MULTI_PLY	QLD	Mens Open Multi Ply Push Pull	124.95	125	32	1						150	157.5	-162.5		157.5		230	245	260		260	417.5	227.73	227.73	1
Mitchell Watts	MALE	MULTI_PLY	QLD	Mens Open Multi Ply Deadlift Only	124.95	125	32	1												230	245	260		260	260	141.82	141.82	1
Adam Williamson	MALE	RAW	QLD	Mens Junior Raw Bench Only	103	110	22	1.01						102.5	120			120							120	68.95	69.64	1
Rodney Syvia	MALE	RAW	VIC	Mens Masters Raw Bench Only	105	110	73	1.756						140	147.5	-155		147.5							147.5	84.17	147.80	1
Terrence Titus	MALE	RAW	QLD	Mens Masters Raw Bench Only	111.05	125	69	1.61						120	130	135		135							135	75.74	121.94	2
Michael Szabo	MALE	RAW	NSW	Mens Masters Raw Bench Only	137.3	140	52	1.165						180	-190	-190		180							180	96.03	111.88	3
Will Zollo	MALE	RAW	VIC	Mens Masters Raw Bench Only	88.9	90	65	1.48						112.5	117.5	120.5		120.5							120.5	74.23	109.87	4
Dominic Morton	MALE	RAW	QLD	Mens Masters Raw Bench Only	101.5	110	49	1.113						130	140	155	-162.5	155							155	89.56	99.68	5
Craig Thorley	MALE	RAW	SA	Mens Masters Raw Bench Only	92.75	100	46	1.068						145	155	-162.5		155							155	93.33	99.68	6
Michael Puopolo	MALE	RAW	VIC	Mens Masters Raw Bench Only	106.5	110	45	1.055						145	155	161.5	-165	161.5							161.5	91.72	96.77	7
Robert Kennedy	MALE	RAW	QLD	Mens Masters Raw Bench Only	96.55	100	43	1.031						140	147.5	-155		147.5							147.5	87.08	89.78	8
Jonathan Nelson	MALE	RAW	QLD	Mens Masters Raw Bench Only	112	125	43	1.031						102.5	105	122.5		122.5							122.5	68.57	70.70	9
Ian Harvey	MALE	RAW	QLD	Mens Masters Raw Bench Only	85.2	90	67	1.543						55	60	62.5		62.5							62.5	39.48	60.92	10
Caleb Jones	MALE	RAW	QLD	Mens Open Raw Bench Only	109	110	30	1						180	200	220		220							220	124.07	124.07	1
Ken Haydock	MALE	RAW	QLD	Mens Open Raw Bench Only	97.8	100	50	1.13						170	177.5	180		180							180	105.65	119.39	2
Alexander Stevenson	MALE	RAW	SA	Mens Open Raw Bench Only	107.75	110	50	1.13						170	175	-180		175							175	99.03	111.90	3
Slade Richardson	MALE	RAW	SA	Mens Open Raw Bench Only	106.05	110	27	1						162.5	167.5	170		170							170	96.69	96.69	4
Taylen Mills	MALE	RAW	VIC	Mens Open Raw Bench Only	119.45	125	28	1						167.5	175	-182.5		175							175	96.51	96.51	5
Josh Weir	MALE	RAW	NSW	Mens Open Raw Bench Only	99.5	100	29	1						115	125	-130		125							125	72.82	72.82	6
Kingston Mudie	MALE	RAW	VIC	Mens Sub-teen Raw Bench Only	52.75	56	12	1.23						30	-32.5	-32.5		30							30	28.54	35.10	1
Jackson Dole	MALE	RAW	VIC	Mens Sub-teen Raw Bench Only	114.8	125	11	1.23						32.5	35	38		38							38	21.15	26.01	2
Anthony©ariolo	MALE	RAW	VIC	Mens Teen Raw Bench Only	68.8	75	19	1.04						50	52.5	55		55							55	40.51	42.13	1
Ari Koya	MALE	RAW	VIC	Mens Teen Raw Bench Only	67.25	67.5	13	1.23						27.5	-30	30		30							30	22.52	27.70	2
Adam Williamson	MALE	RAW	QLD	Mens Junior Raw Push Pull	103	110	22	1.01						102.5	120			120		222.5	245	-265		245	365	209.73	211.83	1
Terrence Titus	MALE	RAW	QLD	Mens Masters Raw Push Pull	111.05	125	69	1.61						120	130	135		135		220	230	240		240	375	210.38	338.72	1
Dominic Morton	MALE	RAW	QLD	Mens Masters Raw Push Pull	101.5	110	49	1.113						130	140	155	-162.5	155		237.5	245	252.5	-257.5	252.5	407.5	235.45	262.06	2
Robert Kennedy	MALE	RAW	QLD	Mens Masters Raw Push Pull	96.55	100	43	1.031						140	147.5	-155		147.5		250	265	280	285	280	427.5	252.37	260.20	3
Michael Puopolo	MALE	RAW	VIC	Mens Masters Raw Push Pull	106.5	110	45	1.055						145	155	161.5	-165	161.5		220	242.5	255	260	255	416.5	236.55	249.56	4
Craig Thorley	MALE	RAW	SA	Mens Masters Raw Push Pull	92.75	100	46	1.068						145	155	-162.5		155		205	220	230		230	385	231.82	247.58	5
Jonathan Nelson	MALE	RAW	QLD	Mens Masters Raw Push Pull	112	125	43	1.031						102.5	105	122.5		122.5		220	250	262.5		262.5	385	215.50	222.18	6
Ian Harvey	MALE	RAW	QLD	Mens Masters Raw Push Pull	85.2	90	67	1.543						55	60	62.5		62.5		110	120	125		125	187.5	118.44	182.76	7
Taylen Mills	MALE	RAW	VIC	Mens Open Raw Push Pull	119.45	125	28	1						167.5	175	-182.5		175		270	282.5	290		290	465	256.45	256.45	1
Josh Weir	MALE	RAW	NSW	Mens Open Raw Push Pull	99.5	100	29	1						115	125	-130		125		215	225	-245		225	350	203.89	203.89	2
Jackson Dole	MALE	RAW	VIC	Mens Sub-teen Raw Push Pull	114.8	125	11	1.23						32.5	35	38		38		70	73	75	77.5	75	113	62.88	77.34	1
Anthony©ariolo	MALE	RAW	VIC	Mens Teen Raw Push Pull	68.8	75	19	1.04						50	52.5	55		55		115	120	125		125	180	132.59	137.89	1
Ari Koya	MALE	RAW	VIC	Mens Teen Raw Push Pull	67.25	67.5	13	1.23						27.5	-30	30		30		85	87.5	90		90	120	90.10	110.82	2
Adam Williamson	MALE	RAW	QLD	Mens Junior Raw Deadlift Only	103	110	22	1.01												222.5	245	-265		245	245	140.78	142.18	1
Terrence Titus	MALE	RAW	QLD	Mens Masters Raw Deadlift Only	111.05	125	69	1.61												220	230	240		240	240	134.65	216.78	1
Stuart Day	MALE	RAW	VIC	Mens Masters Raw Deadlift Only	95.5	100	68	1.576												195	215	221	225	221	221	131.15	206.70	2
Kurt McPherson	MALE	RAW	QLD	Mens Masters Raw Deadlift Only	122.5	125	42	1.02												310	330	-340		330	330	180.94	184.56	3
Robert Kennedy	MALE	RAW	QLD	Mens Masters Raw Deadlift Only	96.55	100	43	1.031												250	265	280	285	280	280	165.30	170.42	4
Dominic Morton	MALE	RAW	QLD	Mens Masters Raw Deadlift Only	101.5	110	49	1.113												237.5	245	252.5	-257.5	252.5	252.5	145.89	162.38	5
Michael Puopolo	MALE	RAW	VIC	Mens Masters Raw Deadlift Only	106.5	110	45	1.055												220	242.5	255	260	255	255	144.83	152.79	6
Jonathan Nelson	MALE	RAW	QLD	Mens Masters Raw Deadlift Only	112	125	43	1.031												220	250	262.5		262.5	262.5	146.93	151.49	7
Craig Thorley	MALE	RAW	SA	Mens Masters Raw Deadlift Only	92.75	100	46	1.068												205	220	230		230	230	138.49	147.91	8
Michael Buda	MALE	RAW	QLD	Mens Masters Raw Deadlift Only	99.22	100	44	1.043												180	200	220		220	220	128.33	133.84	9
Ian Harvey	MALE	RAW	QLD	Mens Masters Raw Deadlift Only	85.2	90	67	1.543												110	120	125		125	125	78.96	121.84	10
Theo Maddox	MALE	RAW	QLD	Mens Open Raw Deadlift Only	141.3	140+	22	1.01												-400	410	430		430	430	227.92	230.20	1
Josh Pywell	MALE	RAW	NSW	Mens Open Raw Deadlift Only	100.1	110	33	1												280	300	-310		300	300	174.32	174.32	2
Taylen Mills	MALE	RAW	VIC	Mens Open Raw Deadlift Only	119.45	125	28	1												270	282.5	290		290	290	159.94	159.94	3
James Nash	MALE	RAW	QLD	Mens Open Raw Deadlift Only	104.9	110	33	1												260	270			270	270	154.13	154.13	4
Josh Weir	MALE	RAW	NSW	Mens Open Raw Deadlift Only	99.5	100	29	1												215	225	-245		225	225	131.07	131.07	5
Elijah Teu	MALE	RAW	VIC	Mens Open Raw Deadlift Only	144.4	140+	25	1												195	210	225		225	225	118.69	118.69	6
Matthew Rollo	MALE	RAW	QLD	Mens Open Raw Deadlift Only	93	100	39	1												130	140	150		150	150	90.20	90.20	7
Finn Francis	MALE	RAW	VIC	Mens Sub-teen Raw Deadlift Only	61.5	67.5	10	1.23												80	86	87.5	90	87.5	87.5	71.17	87.54	1
Jackson Dole	MALE	RAW	VIC	Mens Sub-teen Raw Deadlift Only	114.8	125	11	1.23												70	73	75	77.5	75	75	41.73	51.33	2
Anthony©ariolo	MALE	RAW	VIC	Mens Teen Raw Deadlift Only	68.8	75	19	1.04												115	120	125		125	125	92.08	95.76	1
Ari Koya	MALE	RAW	VIC	Mens Teen Raw Deadlift Only	67.25	67.5	13	1.23												85	87.5	90		90	90	67.57	83.11	2
Michael Godfrey	MALE	SINGLE_PLY	QLD	Mens Masters Single Ply Bench Only	88.3	90	48	1.097						110	117.5	127.5		127.5							127.5	78.85	86.50	1
Mitch Johnson	MALE	SINGLE_PLY	NSW	Mens Open Single Ply Bench Only	106.3	110	32	1						200	210	220		220							220	125.03	125.03	1
Steve Piva	MALE	SINGLE_PLY	QLD	Mens Open Single Ply Bench Only	99.65	100	34	1						135	145	150	152.5	150							150	87.33	87.33	2
Michael Godfrey	MALE	SINGLE_PLY	QLD	Mens Masters Single Ply Push Pull	88.3	90	48	1.097						110	117.5	127.5		127.5		180	185	190		190	317.5	196.36	215.40	1
Mitch Johnson	MALE	SINGLE_PLY	NSW	Mens Open Single Ply Push Pull	106.3	110	32	1						200	210	220		220		280	300			300	520	295.52	295.52	1
Geoff Lewis	MALE	SINGLE_PLY	SA	Mens Masters Single Ply Deadlift Only	79.1	82.5	58	1.291												202.5	220	235		235	235	155.78	201.11	1
Michael Godfrey	MALE	SINGLE_PLY	QLD	Mens Masters Single Ply Deadlift Only	88.3	90	48	1.097												180	185	190		190	190	117.51	128.90	2
Mitch Johnson	MALE	SINGLE_PLY	NSW	Mens Open Single Ply Deadlift Only	106.3	110	32	1												280	300			300	300	170.49	170.49	1
Ray Owen	MALE	UNLIMITED	NSW	Mens Masters Unlimited Bench Only	89.8	90	54	1.204						265	-280	-280		265							265	162.34	195.46	1
Jason Brown	MALE	UNLIMITED	NSW	Mens Masters Unlimited Bench Only	129.9	140	52	1.165						250	-280	-280		250							250	135.11	157.40	2
Manatuki Pryor	MALE	UNLIMITED	QLD	Mens Masters Unlimited Bench Only	120.4	125	52	1.165						230	245	-275		245							245	134.88	157.14	3
Bradley Humble	MALE	UNLIMITED	WA	Mens Masters Unlimited Bench Only	108.7	110	43	1.031						200	-207.5	-212.5		200							200	112.88	116.38	4
Le Roy Vorster	MALE	UNLIMITED	QLD	Mens Open Unlimited Bench Only	133.95	140	38	1						-400	400	-415		400							400	214.60	214.60	1
Gary Jones	MALE	UNLIMITED	SA	Mens Open Unlimited Bench Only	105.85	110	60	1.34						235	-245	-245		235							235	133.74	179.21	2
Matthew Collins	MALE	UNLIMITED	QLD	Mens Open Unlimited Bench Only	131.6	140	35	1						215	230	-255		230							230	123.91	123.91	3
Rob Allen	MALE	UNLIMITED	NSW	Mens Open Unlimited Bench Only	140.1	140+	43	1.031						-302.5	-302.5	-315									0	0.00	0.00	