

CAPO NATIONAL CHAMPIONSHIPS 2025 - DAY 3													KEDRON-WAVELL RSL - BRISBANE - QLD																	
2/08/2025		Name	Sex	Equip	Team	Awards Division	BWT	Wr Cts	Age	Coef	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Gloss Score	Age Score	Div Place
		Amarni Chetwin	FEMALE	Wraps	QLD	Womens Sub-Teen Classic Raw	65.2	All	12	1.23	75	85	-87.5		85	25	30	35	-40	35	120	95	100	107.5	112.5	107.5	227.5	210.30	258.67	1
		Avery Briere	FEMALE	Wraps	QLD	Womens Teen Classic Raw	66.75	67.5	15	1.18	75	-82.5	87.5		87.5	40	45	-47.5		45	132.5	80	90	95		95	227.5	206.46	243.62	1
		Tori Pevreal	FEMALE	Wraps	QLD	Womens Teen Classic Raw	73.8	75	13	1.23	-80	85	95		95	40	-45	45		45	140	90	97.5	102.5	105	102.5	242.5	204.97	252.12	2
		Hetal Singh	FEMALE	Wraps	QLD	Womens Junior Classic Raw	75.1	82.5	22	1.01	90	-100	100		100	37.5	42.5	45		45	145	115	-120	-120		115	260	217.19	219.36	1
		Abigail Fisher	FEMALE	Wraps	VIC	Womens Junior Classic Raw	123.05	110+	20	1.03	-100	105	-115		105	50	55	-60		55	160	135	142.5	147.5		147.5	307.5	207.28	213.49	2
		Elyssa Pearce	FEMALE	Bare Knees	NSW	Womens Junior Raw	94.75	100	22	1.01	125	137.5	145		145	75	82.5	84		84	229	170	180	-190		180	409	299.06	302.05	1
		Nikita Decristofaro	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	65	67.5	38	1	150	160	-167.5		160	95	-103	102.5		102.5	262.5	165	-180	185		185	447.5	414.68	414.68	1
		Anne Crimmins	FEMALE	Bare Knees	NSW	Womens Open Raw	72.8	75	30	1	-145	150	160		160	90	102.5	107.5	-115	107.5	267.5	190	202.5	-210		202.5	470	400.93	400.93	2
		Jenelle Schultz	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	61.15	67.5	48	1.1	-125	135	-140		135	82.5	87.5	90		90	225	150	165	170		170	395	384.22	421.49	3
		Stephanie Papini	FEMALE	Sleeves	WA	Womens Open Raw Sleeves	58.5	60	26	1	125	127.5	130		130	72.5	-75	77.5		77.5	207.5	155	-160	162.5		162.5	370	372.92	372.92	4
		Chantal O'Brien	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	59.55	60	47	1	-140	140	-150		140	60	65	67.5		67.5	207.5	145	162.5	165		165	362.5	370.01	400.35	5
		Kat Bennett	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	66.4	67.5	31	1	105	112.5	-117.5		112.5	70	75	80		80	192.5	172.5	185	190		190	382.5	348.57	348.57	6
		Julie-Anne Gill	FEMALE	Sleeves	NSW	Womens Open Raw Sleeves	97.25	100	34	1	160	-177.5	185.5		185.5	95.5	102.5	110	-115	110	295.5	160	175	185		185	480.5	347.64	347.64	7
		Breanna Grindrod	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	136.7	110+	31	1	190	202.5	212.5		212.5	87.5	92.5	97.5		97.5	310	165	180	190		190	500	328.98	328.98	8
		Sarah Ludlow	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	87.9	90	30	1	155	162.5	-170		162.5	65	70	-72.5		70	232.5	175	190	-200		190	422.5	320.02	320.02	9
		Nikki Pelz	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	66.95	67.5	28	1	-130	130	-140		130	60	65	-67.5		65	195	140	150	155		155	350	316.90	316.90	10
		Hannah Haggarty	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	49.2	52	35	1	-92.5	97.5	-102.5		97.5	52.5	55	57.5		57.5	155	102.5	107.5	115		115	270	312.34	312.34	11
		Kristy Upton	FEMALE	Sleeves	VIC	Womens Open Raw Sleeves	73.05	75	34	1	117.5	122.5	-125		122.5	70	75	-77.5		75	197.5	145	152.5	162.5		162.5	360	306.40	306.40	12
		Katrina Mudie	FEMALE	Sleeves	VIC	Womens Open Raw Sleeves	55.1	56	38	1	90	-100	100		100	47.5	52.5	55	-55.5	55	155	117.5	125	132.5	-137.5	132.5	287.5	304.03	304.03	13
		Kelly Pierce	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	61.35	67.5	37	1	90	100	105		105	60	65	-70		65	170	135	142.5	-147.5		142.5	312.5	303.17	303.17	14
		Madeline Jirasek	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	72.7	75	30	1	122.5	127.5	130		130	55	60	-62.5		60	190	130	140	150		150	340	290.31	290.31	15
		Maddy Bennett	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	89.25	90	29	1	-120	120	130		130	62.5	67.5	-70		67.5	197.5	150	165	-170		165	362.5	272.20	272.20	16
		Megan Gorton	FEMALE	Bare Knees	NSW	Womens Open Raw	137.4	110+	35	1	140	152.5	-160		152.5	70	-80	-80		70	222.5	170	181	-185		181	403.5	265.14	265.14	17
		Rebecca Muchamore	FEMALE	Bare Knees	SA	Womens Open Raw	87.4	90	34	1	122.5	-130	-130		122.5	57.5	62.5	-65		62.5	185	162.5	-170	-170		162.5	347.5	264.08	264.08	18
		Sarah Coates	FEMALE	Sleeves	SA	Womens Open Raw Sleeves	85.4	90	40	1	112.5	120	-125		120	65	67.5	-70		67.5	187.5	135	145	155		155	342.5	263.83	263.83	19
		Stacey Edries	FEMALE	Sleeves	WA	Womens Open Raw Sleeves	69.45	75	28	1	82.5	92.5	100		100	52.5	57.5	-62.5		57.5	157.5	120	132.5	140		140	297.5	262.19	262.19	20
		Nicky Valentine	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	68.1	75	33	1	90	97.5	-102.5		97.5	57.5	62.5	67.5		67.5	165	115	125	-137.5		125	290	259.13	259.13	21
		Sian Miu	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	82	82.5	24	1	110	115	-117.5		115	55	60	65		65	180	115	127.5	-145		127.5	307.5	242.76	242.76	22
		Michelle Lister	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	98.1	100	34	1	115	120	125		125	75	80	85		85	210	115	120	-122.5		120	330	237.93	237.93	23
		Shennai Dickson	FEMALE	Sleeves	QLD	Womens Open Raw Sleeves	101.15	110	29	1	100	-102.5	-105		100	47.5	-50	-52.5		47.5	147.5	140	-145	145		145	292.5	208.41	208.41	24
		Stephanie Kelly	FEMALE	Bare Knees	NSW	Womens Open Raw	121.45	110+	28	1	-102.5	-112.5	-120			55	60	62.5					125	137.5	147.5		0	0.00	0.00	
		Sapphira Schroeder	FEMALE	Sleeves	QLD	Womens Sub-Teen Raw Sleeves	58.9	All	11	1.23	65	72.5	75		75	-27.5	-30	30		30	105	75	82.5	86		86	191	191.46	235.49	1
		Evelyn McLachlan	FEMALE	Bare Knees	QLD	Womens Sub-Teen Raw	66.6	67.5	12	1.23	65	70.5	-72.5		70.5	35	38	-40		38	108.5	80	90	100	-103	100	208.5	189.56	233.16	2
		Siana Ible	FEMALE	Sleeves	NSW	Womens Teen Raw Sleeves	57.2	60	16	1.13	-115	115	125		125	60	65	70		70	195	120	130	140		140	335	343.81	388.51	1
		Jayda Evans	FEMALE	Sleeves	QLD	Womens Teen Raw Sleeves	62.6	67.5	16	1.13	120.5	-132.5	-132.5		120.5	65	72.5	77.5	80	77.5	198	120	-130	-130		120	318	303.59	343.06	2
		Shayni Gartlan	FEMALE	Sleeves	QLD	Womens Teen Raw Sleeves	55.6	56	14	1.23	90	97.5	100	-105	100	42.5	-47.5	47.5		47.5	147.5	95	102.5	107.5	112.5	107.5	255	267.17	329.33	3
		Hannah-Joy Aitken	FEMALE	Bare Knees	QLD	Womens Teen Raw	43.75	44	13	1.23	65	67.5	-70		67.5	32.5	35	37.5	-40	37.5	105	85	92.5	96	100	96	201	253.88	312.28	4
		Maggie Herbert	FEMALE	Sleeves	NSW	Womens Teen Raw Sleeves	69.2	75	16	1.13	105.5	-115	-115		105.5	60	65	70		70	175.5	110	122.5	130.5	-135	130.5	306	270.35	305.50	5
		Miah Lawry	FEMALE	Bare Knees	WA	Womens Teen Raw	75.5	82.5	15	1.18	95	105	110	-115	110	55	60	-65		60	170	110	120	126	130	126	296	246.19	290.76	6
		Jamie-Lee Macklin	FEMALE	Sleeves	QLD	Womens Teen Raw Sleeves	66.8	67.5	18	1.06	-100	100	105		105	45	-50	-50		45	150	110	120	130	-138.5	130	280	253.96	269.20	7
		Emily Deshon	FEMALE	Sleeves	QLD	Womens Teen Raw Sleeves	58.5	60	14	1.23	67.5	72.5	75		75	37.5	40	42.5		42.5	117.5	80	85	-87.5		85	202.5	204.10	251.04	8
		Tabitha Sheppard	FEMALE	Bare Knees	NSW	Womens Teen Raw	58.15	60	19	1.04	-75	75	-77.5		75	37.5	40	42.5		42.5	117.5	97.5	102.5	107.5		107.5	225	267.16	236.97	9
		Ethan Wallis	MALE	Wraps	QLD	Mens Junior Classic Raw	98	100	23	1	225	240	-250		240	132.5	-140	140		140	380	-260	260	275		275	655	384.06	384.06	1
		Aiden McGrath	MALE	Wraps	NSW	Mens Junior Classic Raw	98.1	100	23	1	215	230	240		240	122.5	132.5	137.5		137.5	377.5	245	260	275		275	652.5	382.46	382.46	2
		Brandon Doctor	MALE	Wraps	SA	Mens Junior Classic Raw	68.5	75	23	1	-185	185	-197.5		185	90	95	100		100	285	200	210	-220		210	495	365.93	365.93	3
		Marcus Mice	MALE	Wraps	VIC	Mens Junior Classic Raw	77.5	82.5	22	1.01	170	180	-190		180	92.5	97.5	-103	</											