

31/07/2025

CAPO NATIONAL CHAMPIONSHIPS 2025 - DAY 1

KEDRON-WAVELL RSL - BRISBANE - QLD

Name	Sex	Equip	Team	Awards Division	BWT	Wt Cts	Age	Age Coef	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Gloss Score	Age Score	Div Place
Matt Kilby	MALE	Wraps	NSW	Mens Masters Classic Raw 40-49	58.35	60	47	1.082	125	-135	-135		125	57.5	62.5	65		65	190	132.5	145	-152.5		145	335	286.77	310.28	1
Michael Vicig	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	87.35	90	45	1.055	155	170	180		180	82.5	90	-95		90	270	200	215	220		220	490	304.96	321.74	2
Jim Heintzberger	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	96.8	100	43	1.031	185	205	210		210	92.5	100	102.5		102.5	312.5	200	220	-225		220	532.5	313.99	323.72	3
Michael Trentin	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	81.3	82.5	42	1.02	165	-175	175		175	125	130	135		135	310	200	210	-217.5		210	520	338.42	345.18	4
Wayne Broad	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	91.75	100	42	1.02	215	225	-230		225	135	140	142.5		142.5	367.5	235	245	-250		245	612.5	370.90	378.32	5
Greg Kitson	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	79.65	82.5	47	1.082	200	210	-215		210	110	120	125		125	335	190	200	-205		200	535	352.98	381.92	6
Matthew Simmons	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	82	82.5	42	1.02	212.5	227.5	235		235	102.5	110	-115		110	345	255	272.5	-281		272.5	617.5	399.62	407.61	7
Peter Hodgson	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	97.35	100	40	1	-230	230	240		240	160	170	-180		170	410	270	285	-292.5		285	695	408.75	408.75	8
Luke Hewlett	MALE	Wraps	NSW	Mens Masters Classic Raw 40-49	89.85	90	44	1.043	225	235	247.5		247.5	160	170	-180		170	417.5	250	265	-272.5		265	682.5	417.98	435.95	9
Michael Watt	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	81.95	82.5	42	1.02	235	-250	250		250	150	157.5	162.5		162.5	412.5	270	287.5	292.5		292.5	705	456.42	465.55	10
Beau Brammall	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	99.3	100	48	1.097	265	285.5	300		300	155	165	170		170	470	275	295			295	765	446.03	489.30	11
Vito Puopolo	MALE	Wraps	VIC	Mens Masters Classic Raw 40-49	105.7	110	46	1.068	-275	-275	275		275	145	160	-170		160	435	275	300	-312.5		300	735	418.51	446.97	1
Brad Drummond	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	108.25	110	47	1.082	225	245	255		255	175	185	-195		185	440	260	275	282.5		282.5	722.5	408.28	441.76	2
Steven Fetu	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	145.1	140+	41	1.01	255	270			270	170	-182.5	182.5		182.5	452.5	300	315	322.5		322.5	775	408.37	412.45	3
Tiago Amaral	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	108.75	110	42	1.02	-240	-240	240		240	170	-175	-175		170	410	250	-260	-260		250	660	372.45	379.90	4
James Hughes	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	109.95	110	42	1.02	-240	240	-260		240	130	137.5	-142.5		137.5	377.5	250	267.5	-272.5		267.5	645	362.86	370.12	5
Gavin Park	MALE	Wraps	ACT	Mens Masters Classic Raw 40-49	114.95	125	47	1.082	-180	220	225		225	202.5	-210.5			202.5	427.5	180				180	607.5	337.95	365.66	6
Paul Harle	MALE	Wraps	QLD	Mens Masters Classic Raw 40-49	103.5	110	48	1.097	160	172.5	185		185	90	100	105		105	290	220	240	247.5		247.5	537.5	308.28	338.19	7
Blain Robertson	MALE	Wraps	QLD	Mens Masters Classic Raw 50-59	116.6	125	53	1.184	250	270	285		285	170	180	190		190	475	260	282.5	295		295	770	426.97	505.53	1
Andrew Mauff	MALE	Wraps	VIC	Mens Masters Classic Raw 50-59	123.75	125	51	1.147	300	325	-350		325	180	200	-207.5		200	525	260	280	-303		280	805	440.25	504.97	2
Bill Harnett	MALE	Wraps	WA	Mens Masters Classic Raw 50-59	101.9	110	54	1.204	230	-245	-245		230	120	130	135		135	365	230	250	265		265	630	363.45	437.59	3
David Barker	MALE	Wraps	WA	Mens Masters Classic Raw 50-59	88.3	90	57	1.268	-165	165	-185		165	135	145	-152.5		145	310	185	200	-212.5		200	510	315.41	399.94	4
David Wicks	MALE	Wraps	QLD	Mens Masters Classic Raw 50-59	93.25	100	58	1.291	-150	150	160		160	90	97.5	-102.5		97.5	257.5	190	200	212.5		212.5	470	282.22	364.35	5
Brian Jarrott	MALE	Wraps	VIC	Mens Masters Classic Raw 50-59	104.95	110	56	1.246	50	100			100	120	140	-150		140	240	220	240			240	480	273.96	341.35	6
Vince Simonetta	MALE	Wraps	VIC	Mens Masters Classic Raw 60-69	104.3	110	64	1.45	260	-270	270		270	115	122.5	127.5		127.5	397.5	265	285	302.5		302.5	700	400.40	580.58	1
Joe Zollo	MALE	Wraps	VIC	Mens Masters Classic Raw 60-69	109.8	110	67	1.543	150				150	100	110	115		115	265	210	220	-225		220	485	272.93	421.14	2
Michael Jones	MALE	Wraps	QLD	Mens Masters Classic Raw 60-69	96.9	100	63	1.421	160	-170	170		170	95	100	102.5		102.5	272.5	180	200	-207.5		200	472.5	278.49	395.74	3
Gary Jones	MALE	Wraps	SA	Mens Masters Classic Raw 60-69	105.15	110	60	1.34	80				80	150	160	-168		160	240	205	235	245		245	485	276.64	370.70	4
Steve McMurray	MALE	Wraps	VIC	Mens Masters Classic Raw 60-69	121.95	125	65	1.48	-275	-280	-280			175	190	200		200		225	-240	240		240	0	0.00	0.00	
Jim Ambrose	MALE	Wraps	WA	Mens Masters Classic Raw 70-79	73.05	75	74	1.795	130	140	-145		140	90	95	100		100	240	180	195	-200		195	435	305.49	548.35	1
Peter Baskerville	MALE	Wraps	QLD	Mens Masters Classic Raw 70-79	95.2	100	70	1.645	180	195	205.5		205.5	80	87.5	90		90	295.5	215	230	240	-245	240	535.5	318.25	523.52	2
Maurice Trentin	MALE	Wraps	QLD	Mens Masters Classic Raw 70-79	66.7	67.5	76	1.876	-82.5	82.5	90	92.5	90	55	62.5	-66		62.5	152.5	115	130	138		138	290.5	219.65	412.06	3
Campbell Leitch	MALE	Wraps	WA	Mens Masters Classic Raw 80-89	82.45	82.5	84	2.238	-100	-110	-110			75	-80	80		80		150	160	162.5			0	0.00	0.00	
Shannon McMinn	MALE	Bare Knees	VIC	Mens Masters Raw 40-49	80.65	82.5	42	1.02	190	202.5	205		205	147.5	155	-160		155	360	225	235	-240		235	595	389.28	397.06	1
Sean Chinnery	MALE	Bare Knees	WA	Mens Masters Raw 40-49	98.3	100	47	1.082	190	210	-215		210	115	122.5	125		125	335	250	260	-270		260	595	348.43	377.00	2
Michael Saliba	MALE	Sleeves	NSW	Mens Masters Raw 40-49	81.15	82.5	44	1.043	140	-160	165		165	110	120	-127.5		120	285	225	235	-250		235	520	338.82	353.39	3
James Martin	MALE	Sleeves	QLD	Mens Masters Raw 40-49	115.35	125	40	1	195	205	210		210	140	147.5	150		150	360	240	260	272.5		272.5	632.5	351.54	351.54	4
Des Ryan	MALE	Bare Knees	QLD	Mens Masters Raw 40-49	99.55	100	44	1.043	165	175	180		180	130	135	140		140	320	215	225	235		235	555	323.25	337.15	5
Harley Murphy	MALE	Sleeves	VIC	Mens Masters Raw 40-49	98.9	100	42	1.02	175	190	-202.5		190	127.5	135	-140		135	325	220	225	-232.5		225	550	321.23	327.65	6
Steven Miles	MALE	Sleeves	QLD	Mens Masters Raw 40-49	91.9	100	47	1.082	150	-157.5	157.5		157.5	100	110	-115		110	267.5	180	187.5	195		195	462.5	279.81	302.76	7
Simon Riggs	MALE	Bare Knees	SA	Mens Masters Raw 40-49	82.5	82.5	41	1.01	120	142.5	155		155	85	95	-105		95	250	135	162.5	182.5		182.5	432.5	278.79	281.58	8
Karl Malitz	MALE	Sleeves	QLD	Mens Masters Raw 40-49	108.12	110	42	1.02	190	-202.5			190	60	80	100		100	290	75	125	175		175	465	248.91	253.89	9
Peter Berge	MALE	Bare Knees	WA	Mens Masters Raw 50-59	93.9	100	54	1.204	185	-205	205		205	130	-135	-135		130	335	210	230	-240		230	565	338.10	407.07	1
Chris Kracke	MALE	Sleeves	QLD	Mens Masters Raw 50-59	105.85	110	51	1.147	205	215	-225		215	140	150	155		155	370	-225	235	240		240	610	347.15	398.18	2
Patrick Walsh	MALE	Sleeves	QLD	Mens Masters Raw 50-59	103.15	110	55	1.225	175	-185	185		185	100	110	-115		110	295	225	250	260.5	-265	260.5	555.5	319.02	390.80	3
Andreas Fiene	MALE	Sleeves	QLD	Mens Masters Raw 50-59	89.75	90	54	1.204	160	170	180		180	110	117.5	122.5		122.5	302.5	-190	200	205		205	507.5	311.00	374.44	4
Michael Guttormsen	MALE	Sleeves	QLD	Mens Masters Raw 50-59	109.25	110	50	1.13	170	180	190		190	135	-140	140		140	330	235	242.5	250		250	580	326.87	369.37	5
Matt Deshon	MALE	Sleeves	QLD	Mens Masters Raw 50-59	118.8	125	56	1.246	155	162.5	167.5		167.5	90	100	107.5		107.5	275	220	230	240		240	515	284.38	354.34	6
Darren Fry	MALE	Sleeves	QLD	Mens Masters Raw 50-59	80.19	82.5	59	1.315	130	140	-147.5		140	70	77.5	80		80	220	165	180	185	190	185	405	265.96	349.74	7
Greg Perrett	MALE	Bare Knees	QLD	Mens Masters Raw 50-59	109.85	110	59	1.315	165	-175	-180		165	80	90	100		100	265	200	-217.5	-217.5		200	465	261.66	344.08	8
Michael Walker	MALE	Bare Knees	QLD	Mens Masters Raw 50-59	149.5	140+	50	1.13	170	-185	190		190	122.5	127.5	-132.5		127										