

2024-02-18				CAPO SA State Championship											618 BARBELL - ADELAIDE							
Name	Sex	Age	State	Equip	Division	BWT	WtCls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Total	Points	Event
Sophie Fuller	F	24	SA	Wraps	FO-RP	74.3	75	167.5	175	180	180	80	-85	-85	80	185	-195	-195	185	445	374.46	SBD
Kelly Hodgson	F	28	SA	Wraps	FO-RP	65.7	67.5	145	152.5	157.5	157.5	65	70	-73	70.0	142.5	152.5	158	157.5	385	353.65	SBD
Carmen Beaton	F	43	SA	Wraps	FO-RP	81.15	82.5	145	160	-170	160.0	83	90	95	95.0	170	185	-190	185.0	440	350.03	SBD
Anisa Ralph	F	22	Vic	Raw	FJ-R	63.85	67.5	120	130	135	135.0	57.5	62.5	65	65.0	130	137.5	-140	137.5	337.5	316.79	SBD
Nicole Goldring	F	30	SA	Wraps	FO-RP	106.55	110	135	150	170	170	75	-85	85	85	150	170	183	183	437.5	305.26	SBD
Sophie Venning	F	19	SA	Wraps	FT-RP	67.35	67.5	123	130	-140	130.0	53	58	-63	57.5	138	145	150	150.0	337.5	304.36	SBD
Amy Van Roosmalen	F	39	SA	Raw	FO-R	58.6	60	82.5	92.5	100	100	50	57.5	62.5	63	100	110	120	120	282.5	283.53	SBD
Franca Bulzomi	F	37	Vic	Wraps	FO-RP	108.4	110	130	143	150	150	80	88	90	90	140	153	163	163	402.5	279.6	SBD
Talia Powell	F	27	SA	Wraps	FO-RP	98.6	100	123	-133	-133	123	65	70	-73	70	140	150	155	155	347.5	250.04	SBD
Janene Charman	F	51	Vic	Wraps	FM-RP	71.2	75	77.5	85	90	90	58	63	-65	63	115	125	-130	125	277.5	240.44	SBD
Connie Aldamiz	F	53	Vic	Wraps	FM-RP	65.8	67.5	80	90	100	100.0	35	37.5	40	40.0	90	100	110	110.0	250	229.38	SBD
Bradley Clewes	M	26	SA	Wraps	MO-RP	98.9	100	275	290	300	300	175	183	-188	183	285	300	310	310	792.5	462.82	SBD
Daniel Drinic	M	33	SA	Wraps	MO-RP	89.75	90	260	-290	-300	260	135	145	155	155	240	255	263	263	677.5	415.16	SBD
Josh Bates	M	30	SA	Wraps	MO-RP	99.05	100	280	300	-310	300	150	-165	-165	150	240	260	-275	260	710	414.37	SBD
Uriah Sefo	M	26	Vic	Wraps	MO-RP	166.6	140+	270	300	-310	300	170	180	-200	180	260	-270	-270	260	740	376.75	SBD
Philip Van der Hoek	M	36	SA	Wraps	MO-RP	99.8	100	240	253	258	258	143	150	-155	150	-230	230	-235	230	637.5	370.87	SBD
Dyllon Graham	M	27	SA	Wraps	MO-RP	66.05	67.5	155	165	-173	165.0	95	103	-105	102.5	180	190	203	202.5	470	358.37	SBD
Pantelis Markobotsaris	M	28	SA	Wraps	MO-RP	74.9	75	160	170	-180	170	95	105	110	110	215	228	235	235	515	354.93	SBD
Vince Simonetta	M	63	Vic	Wraps	MM-RP	100.25	110	200	215	225	225	105	-110	113	113	240	260	270	270	607.5	352.76	SBD
Damien Hardaker	M	43	SA	Wraps	MM-RP	112	125	225	240	253	253	125	135	-140	135	220	235	243	243	630	352.65	SBD
Danny Nagy	M	37	SA	Wraps	MO-RP	86.3	90	168	178	-185	178	138	145	148	148	210	225	-243	225	550	344.74	SBD
Brandon Doctor	M	21	SA	Wraps	MJ-RP	65.9	67.5	-165	-170	170	170.0	85	90	-95	90.0	188	-193	-200	187.5	447.5	341.89	SBD
Mankaran Singh Braich	M	23	SA	Raw	MJ-R	79.5	82.5	-130	-135	140	140.0	120	128	-135	127.5	140	165	180	180.0	447.5	295.62	SBD
Andrew Smith	M	62	SA	Wraps	MM-RP	103.9	110	120	130	140	140	130	-140	140	140	180	190	200	200	480	274.91	SBD
Michael Thomson	M	64	SA	Raw	MM-R	74.2	75	120	125	130	130	73	75	-78	75	170	180	-188	180	385	267.2	SBD
Rod Sylvia	M	72	Vic	Raw	MM-R	104	110					120	130	-140	130					130	74.43	B
Duncan Rankine	M	47	SA	Raw	MM-R	89	90	170	-185	-188	170	-130	-130	-130		200	233	-240	233			SBD