

# CAPO NATIONAL DEADLIFT ONLY CHAMPIONSHIPS

**Males**

**BRISBANE - SYDNEY - MELBOURNE - ADELAIDE**

**7/12/2024**

#	Name	Sex	Age	State	Equip	Div	BWT	Wt Cls	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Gloss	Age Pts	Location
1	Theo Maddox	M	22	QLD	Bare	M_OR	139.32	140	410.5	432.5	445		445	236.63		Brisbane - Qld
2	Tommy lee McGrath	M	31	QLD	Bare	M_OR	86.17	90	320	340	345		345	216.48		Brisbane - Qld
3	Dean Pagulayan	M	28	QLD	Bare	M_OR	82.4	82.5	295	315	-322.5		315	203.21		Brisbane - Qld
4	Willis Goodwin	M	29	QLD	Bare	M_OR	90.87	100	320	330			330	200.89		Brisbane - Qld
5	Dan Mahony	M	22	QLD	Bare	M_OR	78.07	82.5	270	290	-305		290	194.02		Brisbane - Qld
6	Darcey Sumner	M	39	QLD	Bare	M_OR	108.3	110	310	325	332.5	-337.5	332.5	187.86		Brisbane - Qld
7	Jan Trefny	M	27	QLD	Bare	M_OR	105.1	110	280	305	320		320	182.56		Brisbane - Qld
8	Jack Welch	M	31	QLD	Bare	M_OR	131.9	140	310	335	-365		335	180.39		Brisbane - Qld
9	Shannan Thompson	M	28	SA	Bare	M_OR	105.25	110	300	315	-325		315	179.61		Adelaide - SA
10	Thomas Morecroft	M	33	QLD	Bare	M_OR	85.93	90	265	285	-300		285	179.15		Brisbane - Qld
11	Aubrey Sutherland	M	29	QLD	Bare	M_OR	118.75	125	300	317.5	-322.5		317.5	175.34		Brisbane - Qld
12	Tate Lee	M	25	SA	Bare	M_OR	73.95	75	210	230	245		245	170.47		Adelaide - SA
13	Aidan Muir	M	30	QLD	Bare	M_OR	80.85	82.5	220	247.5	260		260	169.83		Brisbane - Qld
14	Taylor Smith	M	29	SA	Bare	M_OR	118.15	125	305	-325	-330		305	168.62		Adelaide - SA
15	Steve Fetu	M	39	QLD	Bare	M_OR	149.34	140+	280	300	320		320	167.59		Brisbane - Qld
16	JO COCKER	M	35	VIC	Bare	M_OR	134.8	140	295	-310			295	158.03		Melbourne - Vic
17	Jarred Parrello	M	27	QLD	Bare	M_OR	91.7	100	260	-265	-270		260	157.50		Brisbane - Qld
18	Liam Houghton	M	33	QLD	Bare	M_OR	98.33	100	250	260	267.5		267.5	156.65		Brisbane - Qld
19	Tim Middleton	M	36	QLD	Bare	M_OR	87.1	90	240	250	-260		250	155.85		Brisbane - Qld
20	Zachary Phillips	M	36	QLD	Bare	M_OR	122	125	280	-310	-310		280	153.68		Brisbane - Qld
21	Tyler Clarke	M	23	QLD	Bare	M_OR	98.04	100	260	-280	-280		260	152.45		Brisbane - Qld
22	Brady Felton	M	36	SA	Bare	M_OR	81.9	82.5	190	220	235		235	152.20		Adelaide - SA
23	Kelvin Naumanen	M	35	QLD	Bare	M_OR	104.15	110	265	-280			265	151.66		Brisbane - Qld
24	Kaleb Swanson	M	40	SA	Bare	M_OR	105.7	110	240	255	265		265	150.89		Adelaide - SA
25	Tyson Littleford	M	27	SA	Bare	M_OR	107.15	110	230	240	255		255	144.55		Adelaide - SA
26	Ben Wilkins	M	30	QLD	Bare	M_OR	81.74	82.5	205	212.5	222.5		222.5	144.34		Brisbane - Qld
27	Ben Milham	M	32	QLD	Bare	M_OR	109.94	110	240	250	-265		250	140.66		Brisbane - Qld
28	Philip van der Hoek	M	37	SA	Bare	M_OR	101.55	110	225	240	-245		240	138.65		Adelaide - SA
29	TIMOTHY RUSSELL	M	36	VIC	Bare	M_OR	109.2	110	220	240	-255		240	135.28		Melbourne - Vic
30	Dylan Dart	M	28	QLD	Bare	M_OR	81.01	82.5	195	205	-215		205	133.73		Brisbane - Qld
31	Jared Stuart	M	23	QLD	Bare	M_OR	95.7	100	205	215	225		225	133.39		Brisbane - Qld
32	Andrew Laing	M	35	QLD	Bare	M_OR	139.83	140	225	-245	245		245	130.18		Brisbane - Qld
33	Thomas Benny	M	38	QLD	Bare	M_OR	81.48	82.5	180	190	200		200	130.00		Brisbane - Qld
34	Bailey Patterson	M	27	SA	Bare	M_OR	88.7	90	195	210	-220		210	129.54		Adelaide - SA
35	Josh Micallef	M	26	NSW	Bare	M_OR	110	110	-220	220	230		230	129.38		Sydney - NSW
36	Zachary Pywell	M	27	NSW	Bare	M_OR	134.05	140	240	-255	-255		240	128.74		Sydney - NSW
37	Ethan Brennan	M	30	QLD	Bare	M_OR	90.6	100	190	200	210		210	128.03		Brisbane - Qld
38	Corey Warren	M	35	QLD	Bare	M_OR	138.1	140	220	240	-250		240	127.88		Brisbane - Qld
39	Rhys Phillips	M	32	QLD	Bare	M_OR	95.45	100	200	215	-227.5		215	127.62		Brisbane - Qld
40	Hayden Winter	M	36	QLD	Bare	M_OR	117.55	125	-220	230	-250		230	127.29		Brisbane - Qld
41	Kobi Mcleod	M	27	QLD	Bare	M_OR	77.73	82.5	170	185	187.5		187.5	125.85		Brisbane - Qld
42	Damien Rosier	M	39	QLD	Bare	M_OR	107	110	195	210	220		220	124.76		Brisbane - Qld
43	Jaime Dickeson	M	33	QLD	Bare	M_OR	110.53	125	200	220	-230		220	123.60		Brisbane - Qld
44	Ryan Reed	M	34	QLD	Bare	M_OR	82.29	82.5	165	180	190		190	122.72		Brisbane - Qld
45	Matthew Broadbent	M	24	QLD	Bare	M_OR	108.42	110	185	200	212.5		212.5	120.03		Brisbane - Qld
46	Matt Tunstall	M	39	QLD	Bare	M_OR	122.12	125	190	210	-220		210	115.24		Brisbane - Qld
47	Lachlan Barrass	M	39	QLD	Bare	M_OR	106.25	110	190	200	-210		200	113.68		Brisbane - Qld
48	Harrison Parker	M	25	QLD	Bare	M_OR	72.5	75	137.5	150	160		160	113.02		Brisbane - Qld
49	Alex Jensen	M	36	QLD	Bare	M_OR	74.43	75	140	150	155		155	107.36		Brisbane - Qld
50	Lawrence Cook	M	32	SA	Bare	M_OR	106	110	152.5	167.5	175		175	99.55		Adelaide - SA
51	Jean Casper Liebenberg	M	26	QLD	Bare	M_OR	103.72	110	150	162.5	170		170	97.44		Brisbane - Qld
1	KINGSTON MUDIE	M	11	VIC	Bare	M_STR	50	52	85	92.5	-95.5		92.5	93.42	114.90	Melbourne - Vic
2	FINN FRANCIS	M	10	VIC	Bare	M_STR	57.4	60	75	77.5	82.5		82.5	71.80	88.31	Melbourne - Vic
3	ARIYAN KOYA	M	12	VIC	Bare	M_STR	60.2	67.5	80	85	-95		85	70.57	86.80	Melbourne - Vic
4	JAI CROUCH	M	10	VIC	Bare	M_STR	102.7	110	105	107.5	110		110	63.28	77.83	Melbourne - Vic
5	JACKSON DOLE	M	10	VIC	Bare	M_STR	101.2	110	65	67.5	72.5		72.5	41.94	51.59	Melbourne - Vic
1	Wil Evans	M	17	QLD	Bare	MT-R_2	79.5	82.5	300	320	-330		320	211.39	228.30	Brisbane - Qld
2	Lucas Walladge	M	16	SA	Bare	MT-R_2	99.9	100	250	265	272.5	-286	272.5	158.47	179.07	Adelaide - SA
3	Angus Winstanley	M	16	QLD	Bare	MT-R_2	80.82	82.5	210	222.5	232.5		232.5	151.93	171.68	Brisbane - Qld
4	Flynn Bates	M	18	QLD	Bare	MT-R_3	98.4	100	240	255	265		265	155.12	164.42	Brisbane - Qld
5	Jesse Waterson	M	14	QLD	Bare	MT-R_1	58.25	60	140	152.5	-160		152.5	130.76	160.84	Brisbane - Qld
6	Jayden De La Cruz	M	17	QLD	Bare	MT-R_2	98.05	100	225	237.5	245	250	245	143.63	155.12	Brisbane - Qld
7	Kai Kerr	M	19	QLD	Bare	MT-R_3	81.3	82.5	180	200	215		215	139.92	145.52	Brisbane - Qld
8	Andrew Brown	M	17	QLD	Bare	MT-R_2	57.23	60	130	140	-147.5		140	122.27	132.05	Brisbane - Qld
9	Rj Foxwell	M	14	QLD	Bare	MT-R_1	86.75	90	150	160	-170		160	99.98	122.98	Brisbane - Qld
10	Cooper Webb	M	16	QLD	Bare	MT-R_2	104	110	160	170	182.5		182.5	104.49	118.07	Brisbane - Qld
11	Samuel King	M	16	QLD	Bare	MT-R_2	63.65	67.5	130	-135	-135		130	102.44	115.75	Brisbane - Qld

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#	Name	Sex	Age	State	Equip	Div	BWT	Wt Cls	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Gloss	Age Pts	Location
1	Bryden Crocker	M	20	QLD	Bare	M_JR	74.25	75	240	-261	-261		240	166.48	171.48	Brisbane - Qld
2	Ronan McKenzie	M	22	QLD	Bare	M_JR	139.38	140	280	310	-320		310	164.84	166.48	Brisbane - Qld
3	Adam Williamson	M	21	QLD	Bare	M_JR	95.38	100	220	-235	235		235	139.56	142.35	Brisbane - Qld
1	JIM AMBROSE	M	73	WA	Bare	M_MR_7	72.8	75	180	190	-195		190	133.79	234.93	Melbourne - Vic
2	ADRIAN ZWAAN	M	86	VIC	Bare	M_MR_10	79.8	82.5	146	147.5	-150		147.5	97.20	227.15	Melbourne - Vic
3	Peter Baskerville	M	70	QLD	Bare	M_MR_7	101.23	110	200	220	232.5		232.5	134.50	221.25	Brisbane - Qld
4	Scott Street	M	53	QLD	Bare	M_MR_3	102.61	110	260	270	280		280	161.13	190.77	Brisbane - Qld
5	Michael Thomson	M	65	SA	Bare	M_MR_6	76.2	82.5	170	180	187.5		187.5	127.60	188.85	Adelaide - SA
6	STUART DAY	M	67	VIC	Bare	M_MR_6	95.3	100	185	195	205		205	121.77	187.89	Melbourne - Vic
7	Mike Watt	M	42	QLD	Bare	M_MR_1	80.3	82.5	260	278			278	182.41	186.06	Brisbane - Qld
8	Geoff Lewis	M	58	SA	Bare	M_MR_4	80.6	82.5	190	205	220	228	220	143.99	185.89	Adelaide - SA
9	JAMES HANRAHAN	M	57	VIC	Bare	M_MR_4	108.3	110	255	-265	-265		255	144.08	182.69	Melbourne - Vic
10	Kim Tanska	M	62	SA	Bare	M_MR_5	82.15	82.5	182.5	195	200		200	129.28	180.09	Adelaide - SA
11	Kurt McPherson	M	42	QLD	Bare	M_MR_1	120.7	125	280	300	320		320	176.08	179.60	Brisbane - Qld
12	Kitch Robertson	M	56	SA	Bare	M_MR_4	163.5	140+	240	260	280		280	143.75	179.11	Adelaide - SA
13	Heath Ryan	M	50	QLD	Bare	M_MR_3	81.5	82.5	220	232.5	240		240	155.94	176.21	Brisbane - Qld
14	Simon Butterworth	M	64	QLD	Bare	M_MR_5	104.75	110	200	212.5	-220		212.5	121.37	175.99	Brisbane - Qld
15	Michael Jones	M	62	QLD	Bare	M_MR_5	93.84	100	175	187.5	195		195	116.75	162.63	Brisbane - Qld
16	Gavin Park	M	46	ACT	Bare	M_MR_2	104.3	110	220	250	265		265	151.58	161.89	Sydney - NSW
17	ANDREW MAUFF	M	51	VIC	Bare	M_MR_3	123.4	125	-235	255	-272.5		255	139.56	160.08	Melbourne - Vic
18	Mark Ashcroft	M	57	QLD	Bare	M_MR_4	124.75	125	220	230	-245		230	125.51	159.15	Brisbane - Qld
19	Matt Deshon	M	55	QLD	Bare	M_MR_4	123.13	125	215	225	235		235	128.70	157.65	Brisbane - Qld
20	Shane Rowen	M	41	QLD	Bare	M_MR_1	113.48	125	250	270	-282.5		270	150.66	152.17	Brisbane - Qld
21	Michael Guttormsen	M	49	QLD	Bare	M_MR_2	107.1	110	225	240	-250		240	136.07	151.44	Brisbane - Qld
22	Francisco Dullona Jr	M	52	SA	Bare	M_MR_3	59.25	60	140	152.5			152.5	128.58	149.80	Adelaide - SA
23	Chris Hansson	M	51	QLD	Bare	M_MR_3	80.92	82.5	180	200	-207.5		200	130.58	149.78	Brisbane - Qld
24	Craig Thorley	M	45	SA	Bare	M_MR_2	107.3	110	230	250	-255		250	141.66	149.45	Adelaide - SA
25	David Wicks	M	58	QLD	Bare	M_MR_4	92	100	175	190	-205		190	114.89	148.33	Brisbane - Qld
26	Chris Kracke	M	50	QLD	Bare	M_MR_3	105.25	110	220	230	-240		230	131.15	148.19	Brisbane - Qld
27	Petar Lazarevic	M	40	QLD	Bare	M_MR_1	85.65	90	205	225	235		235	147.97	147.97	Brisbane - Qld
28	James Hughes	M	41	QLD	Bare	M_MR_1	118	125	235	255	260		260	143.78	145.22	Brisbane - Qld
29	Michael Vicig	M	45	QLD	Bare	M_MR_2	83.69	90	190	205	215		215	137.37	144.93	Brisbane - Qld
30	Paul Harle	M	47	QLD	Bare	M_MR_2	98.56	100	200	220	227.5		227.5	133.07	143.98	Brisbane - Qld
31	Ross Brown	M	47	QLD	Bare	M_MR_2	83.84	90	180	195	205		205	130.83	141.56	Brisbane - Qld
32	Quyen Nguyen	M	40	QLD	Bare	M_MR_1	63.8	67.5	155	170	180		180	141.53	141.53	Brisbane - Qld
33	JON WHITTLE	M	51	VIC	Bare	M_MR_3	93.7	100	190	205	-215		205	122.80	140.85	Melbourne - Vic
34	DAMIEN CHRISTIDIS	M	54	VIC	Bare	M_MR_3	140.4	140+	200	220			220	116.79	140.61	Melbourne - Vic
35	Cameron Irving	M	42	QLD	Bare	M_MR_1	97.55	100	205	225	232.5		232.5	136.62	139.35	Brisbane - Qld
36	GRAHAM BEEFORTH	M	61	VIC	Bare	M_MR_5	66.9	67.5	110	130	132.5	135	132.5	99.92	136.50	Melbourne - Vic
37	Darren Fry	M	58	QLD	Bare	M_MR_4	80.53	82.5	150	160	-170		160	104.81	135.31	Brisbane - Qld
38	Ian Harvey	M	67	QLD	Bare	M_MR_6	95.45	100	130	140	145		145	86.07	132.81	Brisbane - Qld
39	Jim Heintzberger	M	43	QLD	Bare	M_MR_1	98.8	100	195	215	220		220	128.55	132.53	Brisbane - Qld
40	Jeremy Vernon	M	46	QLD	Bare	M_MR_2	107.75	110	210	217.5	-220		217.5	123.08	131.45	Brisbane - Qld
41	Dave Haupt	M	44	SA	Bare	M_MR_1	109.15	110	190	200	210		210	118.38	123.47	Adelaide - SA
42	Simon Powell	M	47	QLD	Bare	M_MR_2	116.65	125	200				200	110.89	119.98	Brisbane - Qld
43	Richard Miller	M	52	QLD	Bare	M_MR_3	98.7	100	152.5	162.5	175		175	102.30	119.18	Brisbane - Qld
44	MARK ROBERTS	M	46	VIC	Bare	M_MR_2	98.7	100	180	190	-200		190	111.06	118.62	Melbourne - Vic
45	Ben Anderson	M	42	QLD	Bare	M_MR_1	82.9	90	160	170	180		180	115.67	117.98	Brisbane - Qld
46	Paul Windsor	M	45	SA	Bare	M_MR_2	118.65	125	175	190	200		200	110.47	116.55	Adelaide - SA
47	MIKE VAN	M	40	VIC	Bare	M_MR_1	134.8	140	180	200	210		210	112.49	112.49	Melbourne - Vic
48	SIMON NEWSON	M	43	VIC	Bare	M_MR_1	138.7	140	165	185	200		200	106.46	109.76	Melbourne - Vic
49	George Isaacs	M	51	QLD	Bare	M_MR_3	83.4	90	130	140	-150		140	89.62	102.80	Brisbane - Qld
1	Jamie Corcoran	M	37	QLD	Single-ply	M_OSP	96.9	100	285	310	317.5		317.5	187.13		Brisbane - Qld
2	Beau Brammall	M	47	QLD	Single-ply	M_MSP_2	100.05	All	-250	290	-300		290	168.54	182.36	Brisbane - Qld
3	Manatuki Pryor	M	50	QLD	Single-ply	M_MSP_3	108.2	All	260	272.5	-300		272.5	154.02	174.04	Brisbane - Qld
4	RYAN BALDACCHINO	M	32	VIC	Single-ply	M_OSP	128	140	250	272.5	-280		272.5	147.78		Melbourne - Vic
1	BRENDAN UPTON	M	33	VIC	Multi-ply	M_OMP	93.1	100	-275	-275	300		300	180.29		Melbourne - Vic
2	GAVIN WARLAND	M	38	VIC	Multi-ply	M_OMP	146.6	140+	300	-320	320		320	168.25		Melbourne - Vic
3	VITO PUOPOLO	M	45	VIC	Multi-ply	M_MMP_2	104.8	110	280	-301.5	-301.5		280	159.89	168.69	Melbourne - Vic
4	Matthew Collins	M	35	QLD	Multi-ply	M_OMP	129.19	140	285	-300	-300		285	154.23		Brisbane - Qld
5	JARRAD FARMER	M	33	VIC	Multi-ply	M_OMP	139	140	250	280	-300		280	148.97		Melbourne - Vic
6	DAVID CUTRONI	M	30	VIC	Multi-ply	M_OMP	93.5	100	225	245	-260		245	146.91		Melbourne - Vic
DQ	PAUL MANNAGH	M	41	VIC	Multi-ply	M_MMP_1	119.6	125	-260	-260	-260			0.00	0.00	Melbourne - Vic
DQ	Tomasz Forfa	M	40	QLD	Bare	M_MR_1	98.6	100	-160	-160	-160			0.00	0.00	Brisbane - Qld
DQ	Shaun Armstrong	M	30	QLD	Bare	M_OR	89.95	90						0.00		Brisbane - Qld