

12/08/2023

CAPO NATIONAL POWERLIFTING CHAMPIONSHIPS 2023 Day 2 - Male Open

The Bridgeway Hotel - ADELAIDE

Place	Name	State	Sex	Born	Age	Equipment	Division	BWT	WtCls	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Open Score	Age Score
1	Anton Johnson	VIC	M	1993	29	Classic_Raw	Raw Plus Open	73.6	75	-235	245	252.5		252.5	125	135	140		140	230	247.5	-255		247.5	640	446.91	
1	Reid Emery	QLD	M	1999	23	Classic_Raw	Raw Plus Open	80.2	82.5	270	290	300		300	160	170	175		175	280	-295	295		295	770	505.66	
2	Yianni Papazis	SA	M	1995	28	Classic_Raw	Raw Plus Open	80.6	82.5	185	200	210		210	137.5	145	150		150	225	245	255		255	615	402.52	
3	Danny Nagy	SA	M	1987	36	Classic_Raw	Raw Plus Open	80.55	82.5	160	170	177.5		177.5	135	142.5	150		150	210	225	240		240	567.5	371.58	
1	Jack Lehfeldt	QLD	M	1996	27	Classic_Raw	Raw Plus Open	89.7	90	270	280	-285		280	155	-160	160		160	305	-315	-315		305	745	456.69	
2	Michael Sunderland	QLD	M	1991	31	Classic_Raw	Raw Plus Open	88.85	90	255	267.5	280		280	150	-155	155		155	265	275	285		285	720	443.70	
3	Daniel Williams	SA	M	1987	35	Classic_Raw	Raw Plus Open	89	90	265	285	-295		285	155	165	172.5		172.5	225	240	250		250	707.5	435.61	
4	Tyler Small	QLD	M	1994	29	Classic_Raw	Raw Plus Open	89	90	255	265	272.5		272.5	165	-172.5	-172.5		165	250	265	-272.5		265	702.5	432.53	
5	Daniel Drinic	SA	M	1990	32	Classic_Raw	Raw Plus Open	89.6	90	260	280	-290		280	140	150	-155		150	240	260	-270		260	690	423.21	
6	Luke Copini	SA	M	1998	24	Classic_Raw	Raw Plus Open	89.1	90	210	-222.5	225		225	145	152.5	-155		152.5	220	-230	230		230	607.5	373.79	
7	Corey Anderson	SA	M	1990	33	Classic_Raw	Raw Plus Open	89.45	90	210	225	235		235	100	105	-110		105	240	-260	-260		240	580	356.09	
8	David Cutroni	VIC	M	1994	29	Classic_Raw	Raw Plus Open	89.85	90	205	-230	-247.5		205	100	110	-112.5		110	160				160	475	290.90	
1	Josh Brown	QLD	M	1983	40	Classic_Raw	Raw Plus Open	99.35	100	300	315	-325		315	175	182.5	-187.5		182.5	-275	295	300	-307.5	300	797.5	464.88	464.88
2	Jacob Spiteri	VIC	M	1986	37	Classic_Raw	Raw Plus Open	95.7	100	250	-270	280		280	180	200	207.5		207.5	275	300	-305		300	787.5	466.87	
3	Bradley Clewes	SA	M	1997	26	Classic_Raw	Raw Plus Open	99.05	100	275	290	295		295	172.5	180	185		185	275	290	-300		290	770	449.43	
4	Matteo Giubilato	WA	M	2001	22	Classic_Raw	Raw Plus Open	99.25	100	295	310	-320		310	152.5	160	165		165	295	-310	-310		295	770	449.04	
5	Matt Smith	SA	M	1990	33	Classic_Raw	Raw Plus Open	96.5	100	250	275	-285		275	150	160	170		170	270	-290	290	-310.5	290	735	434.02	
6	Damon McDonald	SA	M	1978	45	Classic_Raw	Raw Plus Open	99.3	100	240	-255	-270		240	170	177.5	-182.5		177.5	260	275	-290		275	692.5	403.76	425.97
7	George Lomidze	QLD	M	1990	33	Classic_Raw	Raw Plus Open	98.6	100	-235	-245	250		250	165	175	-180		175	250	-265	-275		250	675	394.74	
8	Brandon Brown	SA	M	1993	30	Classic_Raw	Raw Plus Open	99.15	100	205	-220	220		220	140	147.5	-155		147.5	270	285	-300		285	652.5	380.68	
9	Philip van der Hoek	SA	M	1987	35	Classic_Raw	Raw Plus Open	99.9	100	235	245	252.5		252.5	140	147.5	152.5		152.5	237.5	-250	-250		237.5	642.5	373.65	
1	Adam Todd	SA	M	1983	40	Classic_Raw	Raw Plus Open	109.7	110	275	300	307.5		307.5	170	180	187.5		187.5	290	310	-325		310	805	453.13	453.13
2	Taylor Smith	SA	M	1995	28	Classic_Raw	Raw Plus Open	109.4	110	280	-295	295		295	180	187.5	190		190	280	300	307.5		307.5	792.5	446.45	
3	Brandon Clarke	SA	M	1985	38	Classic_Raw	Raw Plus Open	109.2	110	280	300	310		310	165	175	180		180	280	295	-300		295	785	442.47	
4	David Stanton	QLD	M	1992	31	Classic_Raw	Raw Plus Open	109.15	110	280	-300	300		300	140	150	152.5		152.5	260	277.5	285		285	737.5	415.75	
5	Jack Delaney	QLD	M	1991	31	Classic_Raw	Raw Plus Open	108.6	110	230	250	272.5		272.5	130	145	157.5		157.5	270	-300	300		300	730	412.12	
6	James Jehle	SA	M	1987	36	Classic_Raw	Raw Plus Open	105.2	110	240	252.5	-260		252.5	175	180	182.5		182.5	265	270	-275		270	705	402.06	
7	Chase Ordner	SA	M	1997	26	Classic_Raw	Raw Plus Open	109.3	110	230	245	255		255	145	155	165		165	260	275	-290		275	695	391.63	
8	Slade O'Callaghan	SA	M	1989	34	Classic_Raw	Raw Plus Open	108.6	110	250	-260	-260		250	145	-155	160		160	255	275	-290		275	685	386.72	
9	James Nash	QLD	M	1991	32	Classic_Raw	Raw Plus Open	103.9	110	225	240	250		250	140	-145	-145		140	260	280	-300		280	670	383.74	
10	James Hughes	QLD	M	1983	40	Classic_Raw	Raw Plus Open	109.7	110	245	255	260		260	130	135	-140		135	245	260	-265		260	655	368.70	368.70
11	James Martin	QLD	M	1985	38	Classic_Raw	Raw Plus Open	109.4	110	220	-232.5	232.5		232.5	137.5	142.5			142.5	245	255	-262.5		255	630	354.91	
1	Christopher Holian	VIC	M	1995	28	Classic_Raw	Raw Plus Open	119.2	125	300	310	-320		310	180	190	197.5		197.5	285	300	-315		300	807.5	445.54	
2	Ben Cozens	QLD	M	1992	31	Classic_Raw	Raw Plus Open	122.65	125	280	-295	-295		280	170	180	187.5		187.5	290	305	317.5		317.5	785	430.30	
3	Nick Barlow	VIC	M	1992	31	Classic_Raw	Raw Plus Open	122.7	125	245	260	-265		260	150	160	162.5		162.5	265	-285	292.5		292.5	715	391.89	
1	Jack Welch	QLD	M	1993	30	Classic_Raw	Raw Plus Open	126.2	140	255	275	-300		275	155	170	-175		170	315	340	-365		340	785	427.20	
2	Gavin Warland	VIC	M	1986	37	Classic_Raw	Raw Plus Open	137.5	140	245	265	-275		265	150	165	175		175	265	285	-300		285	725	386.64	
1	David Taufa	VIC	M	1989	34	Classic_Raw	Raw Plus Open	159.5	140+	285	315	340.5		340.5	175	190	-200		190	300	-320	-320		300	830.5	428.75	

1	Rian Whitby	SA	M	1990	33	Raw	Raw Open	67.5	67.5	157.5	162.5	165		165	102.5	107.5	110		110	207.5	210.5	216	-220	216	491	367.46	
2	Jeffrey Lovelock	SA	M	1987	36	Raw	Raw Open	67.05	67.5	150	160	-170		160	95	100	-102.5		100	175	190	202.5		202.5	462.5	348.11	
1	Adriano Coiro	VIC	M	1999	24	Raw	Raw Open	82.2	82.5	-210	210	-225		210	110	120	-125		120	240	-255	-260		240	570	368.31	
1	Robert Harniman	VIC	M	1984	39	Raw	Raw Open	89	90	200	220	-230		220	145	155	162.5		162.5	250	262.5	272.5		272.5	655	403.28	
1	Josh Pywell	NSW	M	1991	31	Raw	Raw Open	95.5	100	150	160	185		185	110	120	-130		120	265	275	290		290	595	353.10	
1	Ian Downes	ACT	M	1993	30	Raw	Raw Open	116.5	125	-180	200	220		220	140	160	-170		160	65				65	445	246.80	

1	Shane Atta-Singh	QLD	M	1984	39	Single_Ply	Single Ply Open	137.85	140	350	375	-400		375	190	210	-220		210	310	330	-342.5		330	915	487.72	
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1	Brendan Upton	VIC	M	1991	31	Multi_Ply	Multi Ply Open	94.15	100	-285	-300	300		300	175	185	-195		185	280	-300			280	765	457.13	
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DQ	Alex Lawson	VIC	M	1986	37	Classic_Raw	Raw Plus Open	164.1	140+	-280	280			280	-175	-175	-175							0	0	0	
DQ	Benji Lang	QLD	M	1990	32	Classic_Raw	Raw Plus Open	137.2	140	-280	-300	-300												0	0	0	
DQ	Chris Mallett	VIC	M	1985	38	Classic_Raw	Raw Plus Open	117.9	125	290	-310	-315		290	190	200	-210		200	-280	-280	-280		0	0	0	