

9/12/2023

CAPO National Deadlift Only Championships - Male

Adelaide-Melbourne-Sydney-Brisbane

Place	Name	Sex	Age	Competition City	State of Origin	Equip	Division	BWT	WCls	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Points	Masters Score	Team
1	Patrick Morrison	M	33	Adelaide	SA	Raw	MO-R	96.35	100	300	325	350		350	206.83		Strength Lab
2	Amose Adala	M	21	Adelaide	SA	Raw	MJ-R	81.3	82.5	270	-300	300		300	195.24		618Barbell
3	Jack Lehfeldt	M	27	Brisbane	QLD	Raw	MO-R	93.7	100	300	320	-330		320	191.68		
4	Dean Pagulayan	M	27	Brisbane	QLD	Raw	MO-R	86.3	90	300	-315	-315		300	188.06		
5	Jack Welch	M	30	Brisbane	QLD	Raw	MO-R	130	140	320	340	-365		340	183.71		
6	Michael Watt	M	41	Brisbane	QLD	Raw	M MR 40-44	79.9	82.5	277.5	-285	-285		277.5	182.69	184.519	
7	Kurt McPherson	M	41	Brisbane	QLD	Raw	M MR 40-44	121.3	125	290	310	330		330	181.37	183.182	
8	Colin Webb	M	38	Brisbane	QLD	Raw	MO-R	99	100	290	310	-331		310	180.98		
9	Vidu Elpitija Badalge	M	45	Brisbane	NSW	Raw	M MR 45-49	67.1	67.5	220	240	-250		240	180.53	190.457	
10	Bernard Appo	M	43	Brisbane	QLD	Raw	M MR 40-44	70.8	75	230	245	250		250	179.93	185.503	
11	Ben Cozens	M	30	Brisbane	QLD	Raw	MO-R	123	125	297.5	315	322.5	-330.5	322.5	176.65		Fortitude Barbell
12	Josh Pywell	M	32	Sydney	NSW	Raw	MO-R	97.2	100	285	300	-310		300	176.57		
13	Troy Flanagan	M	37	Brisbane	QLD	Raw	MO-R	116.16	125	270	302.5	317.5		317.5	176.20		
14	Anthony Davis	M	55	Sydney	NSW	Raw	M MR 55-59	121.9	125	300	320	-325		320	175.66	215.188	
15	JACK WOLFE	M	22	Melbourne	VIC	Raw	MJ-R	106.3	110	270	290	307.5		307.5	174.75		DERRIMUT
16	Zach Philips	M	35	Brisbane	QLD	Raw	MO-R	122.4	125	290	315	-330.5		315	172.76		
17	Dave Keetch	M	41	Adelaide	SA	Raw	M MR 40-44	106.75	110	285	303	-315		303	171.97	173.687	618Barbell
18	Les Wroe	M	34	Brisbane	QLD	Raw	MO-R	154.3	140+	312.5	325	-350		325	168.98		
19	Pantelis Markobotsaris	M	28	Adelaide	SA	Raw	MO-R	79.9	82.5	245	255	-262.5		255	167.88		
20	Anthony Mcauliffe	M	43	Sydney	NSW	Raw	M MR 40-44	87.5	90	240	265	-275		265	164.76	169.871	HOME GYM
21	Chris Kelly	M	35	Sydney	NSW	Raw	MO-R	107	110	275	290	-302.5		290	164.46		
22	David Stanton	M	31	Brisbane	QLD	Raw	MO-R	107.9	110	270	290	-300		290	164.04		
23	Dominick Abrey	M	18	Brisbane	QLD	Raw	M T18-19 R	78.7	82.5	-230	240	245		245	162.97		
24	Jayden Gianomi	M	23	Adelaide	SA	Raw	MJ-R	176.45	140+	290	320	-350		320	161.54		
25	Terrence Titus	M	68	Brisbane	QLD	Raw	M MR 65-69	113.5	125	285	-295			285	159.02	250.609	
26	Emry Williams	M	28	Brisbane	QLD	Raw	MO-R	142.6	140+	265	285	300		300	158.70		
27	Zeppelin Coff	M	25	Adelaide	SA	Raw	MO-R	80.85	82.5	225	240	-250		240	156.76		618Barbell
28	Jayden Michaels	M	15	Sydney	NSW	Raw	M T13-15 R	61.4	67.5	180	190	-200		190	154.78		
29	Troy Millard	M	42	Brisbane	QLD	Raw	M MR 40-44	86.2	90	210	220	240		240	150.54	153.551	
30	Bailey Conwell	M	25	Brisbane	QLD	Raw	MO-R	114.5	125	245	260	270		270	150.32		Valhalla Strength Brisbane
31	Tim Perrett	M	54	Brisbane	QLD	Raw	M MR 50-54	124.8	125	230	260	275		275	150.05	180.665	
32	Tyler Clarke	M	23	Brisbane	QLD	Raw	MJ-R	108.12	110	260	-270	-280.5		260	146.98		
33	George Lomidze	M	33	Brisbane	QLD	Raw	MO-R	102.4	110	255	-265	-270		255	146.84		
34	Neil Britton	M	42	Brisbane	QLD	Raw	M MR 40-44	89	90	210	-230	237.5		237.5	146.23	149.153	
35	Vincent Sim	M	26	Adelaide	SA	Raw	MO-R	73.95	75	210	-227.5	-227.5		210	146.12		618Barbell
36	Josh Bates	M	30	Adelaide	SA	Raw	MO-R	99.35	100	250	-275	-275		250	145.73		
37	James Hughes	M	40	Brisbane	QLD	Raw	M MR 40-44	117.5	125	240	252.5	260		260	143.91	143.910	
38	Jake Denny	M	29	Brisbane	QLD	Raw	MO-R	129	140	240	252.5	265		265	143.45		
39	Peter Wei	M	28	Brisbane	QLD	Raw	MO-R	73.6	75	190	205	-217.5		205	143.15		
40	Steve Fetu	M	39	Brisbane	QLD	Raw	MO-R	142	140+	220	270	-322.5		270	142.96		
41	Mitchell Ryan	M	17	Brisbane	QLD	Raw	M T16-17 R	66.6	67.5	175	182.5	187.5		187.5	141.95		
42	BLAIK WILMOT	M	29	Melbourne	VIC	Raw	MO-R	124.7	125	260	-280	-280		260	141.90		TEGAN SHERWIN
43	Luke Copini	M	25	Adelaide	SA	Raw	MO-R	89.25	90	220	230	-240		230	141.39		618Barbell
44	Sean Edwards	M	28	Adelaide	SA	Raw	MO-R	138.25	140	230	250	265		265	141.15		
45	Malique Poitao-Milner	M	26	Brisbane	QLD	Raw	MO-R	151.3	140+	250	270	-295		270	140.99		
46	Ben Wilkins	M	29	Brisbane	QLD	Raw	MO-R	81.46	82.5	205	210	212.5		212.5	138.13		
47	Kelvin Reid	M	46	Brisbane	QLD	Raw	M MR 45-49	98	100	210	225	230		230	134.86	144.031	
48	Tim Middleton	M	35	Brisbane	NSW	Raw	MO-R	89.9	90	200	220	-240		220	134.70		
49	Travis Sutton	M	37	Brisbane	QLD	Raw	MO-R	113.4	125	200	220	240		240	133.93		
50	Tyson Littleford	M	26	Adelaide	SA	Raw	MO-R	107.9	110	215	225	235		235	132.93		618Barbell
51	Bryden Crocker	M	19	Brisbane	QLD	Raw	M T18-19 R	73.7	75	180	185	190		190	132.53		
52	JASON BUDDEN	M	40	Melbourne	NSW	Raw	M MR 40-44	82.3	82.5	185	200	205		205	132.35	132.348	ROCK SOLID POWERLIFTING
53	CHRISPIAN LEE	M	47	Melbourne	VIC	Raw	M MR 45-49	103	110	200	220	230		230	132.16	142.995	DERRIMUT FRANKSTON
54	HARLEY MURPHY	M	41	Melbourne	VIC	Raw	M MR 40-44	98.8	100	205	215	225		225	131.47	132.782	ROYALE FITNESS BACCHUS MARSH
55	Ian McLachlan	M	30	Brisbane	NSW	Raw	MO-R	125	125	215	230	240		240	130.90		
56	Hayden Winter	M	35	Brisbane	QLD	Raw	MO-R	115.2	125	-210	220	235		235	130.66		
57	Matt Deshon	M	54	Brisbane	QLD	Raw	M MR 50-54	120.3	125	220	230	235		235	129.40	155.801	
58	Dylan Wilmot	M	27	Brisbane	QLD	Raw	MO-R	98	100	190	210	220		220	129.00		
59	Joe Nolan	M	31	Brisbane	QLD	Raw	MO-R	124	125	200	220	230		230	125.72		
60	Nathan McBey	M	28	Adelaide	SA	Raw	MO-R	76.9	82.5	170	185	-200		185	125.08		
61	Kobi Mcleod	M	26	Brisbane	QLD	Raw	MO-R	92.86	100	180	195	205		205	123.36		
62	Chris Hansson	M	50	Brisbane	QLD	Raw	M MR 50-54	78.9	82.5	170	185	-195		185	122.86	138.830	
63	Adam Williamson	M	20	Brisbane	QLD	Raw	MJ-R	93.7	100	-185	205	-220		205	122.80		Fortitude Barbell
64	Mitchell O'Shea	M	12	Brisbane	QLD	Raw	M ST R	40.83	52	80	87.5	95		95	122.68		
65	Patrick Walsh	M	54	Brisbane	QLD	Raw	M MR 50-54	99.3	100	195	210	-220		210	122.44	147.418	
66	Jeremy Vernon	M	45	Brisbane	QLD	Raw	M MR 45-49	108	110	200	210	215		215	121.58	128.270	
67	Chris Kracke	M	49	Brisbane	QLD	Raw	M MR 45-49	109.7	110	210	-225	-225		210	118.21	131.567	
68	Kim Tanska	M	61	Adelaide	SA	Raw	M MR 60-64	85.4	90	175	185	-192.5		185	116.70	159.409	618Barbell
69	Ross Brown	M	46	Brisbane	QLD	Raw	M MR 45-49	78.6	82.5	150	162.5	175		175	116.52	124.447	
70	Cooper Brown	M	22	Brisbane	QLD	Raw	MJ-R	99.8	100	160	-180	200		200	116.36		
71	Matthew Ross	M	52	Adelaide	SA	Raw	M MR 50-54	124.1	125	200	210	-217.5		210	114.77	133.701	
72	Paul Harle	M	46	Brisbane	QLD	Raw	M MR 45-49	93.6	100	175	190	-200		190	113.87	121.610	
73	Karl Malitz	M	40	Brisbane	QLD	Raw	M MR 40-44	107.9	110	185	200	-210		200	113.13	113.130	
74	Wayne Hall	M	48	Brisbane	QLD	Raw	M MR 45-49	112.22	125	180	190	200		200	111.90	122.754	
75	MARK ROBERTS	M	45	Melbourne	VIC	Raw	M MR 45-49	97.1	100	180	190	-200		190	111.88	118.035	SLAUGHTERHOUSE GYM MELBOURNE
76	Michael Jones	M	61	Brisbane	QLD	Raw	M MR 60-64	87.65	90	155	167.5	180		180	111.80	152.722	
77	KASH LIDDINGTON	M	28	Melbourne	VIC	Raw	MO-R	89	90	145	160	180		180	110.83		GOODLIFE
78	BILLY PARKER	M	28	Melbourne	VIC	Raw	MO-R	77.8	82.5	130	145	165		165	110.65		GOODLIFE
79	Andrew Brown	M	16	Brisbane	QLD	Raw	M T16-17 R	54.3	56	95	107.5	120		120	110.64		Fortitude Barbell
80	Mark Walker	M	53	Brisbane	QLD	Raw	M MR 50-54	99.8	100	180	190	-205		190	110.54	130.882	
81	Conrad Noud-Withers	M	14	Brisbane	QLD	Raw	M T13-15 R	79.3	82.5	115	140	165		165	109.19		
82	Shaun Nair	M	44	Brisbane	QLD	Raw	M MR 40-44	62.3	67.5	115	125	135		135	108.49	113.151	
83	CAMPBELL LEITCH	M	82	Melbourne	VIC	Raw	M MR 80-84	77	82.5	150	160.5	-165		160.5	108.42	232.339	
84	Travis Ellis	M	33	Adelaide	SA	Raw	MO-R	108.65	110	175	-190	190		190	107.25		Ragnaraok Power Gym
85	Lachlan Barrass	M	38	Brisbane	QLD	Raw	MO-R	109.7	110	160	175	182.5		182.5	102.73		
86	Cooper Webb	M	15	Brisbane	QLD	Raw	M T13-15 R	108	110	160	170	180		180	101.79		
87	Jakob Scott	M	15	Brisbane	NSW	Raw	M T13-15 R	80.9	82.5	140	155	-165		155	101.20		
88	Waseem Khan	M															