

21/01/2023

Mick's Gym Push Pull

Mick's Gym - Melton

Name	Sex	Age	Equip	Division	BWT	WtCls	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Total	Points	Event
Frances Fitzpatrick	F	52	Raw	F-M-R	89	90	77.5	85	-90	85	210	222.5		222.5	307.5	232.28	BD
Samantha Sutton	F	54	Raw	F-M-R	74.8	75	50	55	60	60	130	142.5	152.5	152.5	212.5	178.01	BD
Jacob Spiteri	M	36	Raw	M-O-R	97.3	100	180	200	210	210	280	301	-307.5	301	510	300.59	BD
Adriano Coiro	M	23	Raw	M-J-R	80	82.5	115	-120	-120	115	-250	250	-260	250	365	240.10	BD
Paul Llanes	M	20	Raw	M-J-R	84.3	90	115	122.5	-130	122.5	227.5	235	-247.5	235	357.5	227.31	BD
Brendan Hains	M	54	Raw	M-M-R	95	100	147.5	155	160	160	200	-222.5		200	360	214.16	BD
Mark Micallef	M	43	Raw	M-M-R	94	100	-100	100	107.5	107.5	150	160	-165	160	267.5	159.96	BD
Heidi Bessler	F	42	Raw	F-M-R	98	100	75	82.5	87.5	87.5					87.5	63.13	B
Anthony Dickens	M	57	Raw	M-M-R	111.3	125					190	-210	-215	190	190	106.53	D
Grover Hains	M	10	Raw	M-ST-R	38.8	52					57.5	65	-72.5	65	65	86.08	D