

17/09/2023

CAPO King Of The Bench

Muscle Pit - Perth

Name	Age	Division	BWt (Kg)	WtCls (Kg)	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Points	Age + Points	Place	Team
FEMALE - Open													
Lucy Michon	37	FO-R	74.1	75	110	117.5	-120		117.5	99.05		1-FO-R	Muscle Pit
Annie Malard	42	FO-R	74.6	75	87.5	92.5	-97.5		92.5	77.63	79.17	2-FO-R	Muscle Pit
Rebecca Ramsay	38	FO-R	74.3	75	82.5	-87.5	-87.5		82.5	69.42		3-FO-R	Rucci's
Bernadette Fagan	37	FO-R	121.12	110+	60	62.5	-65		62.5	42.26		4-FO-R	Power Pit
FEMALE - Masters													
Catherine Henderson	43	FM-R	83.6	90	87.5	95	-97.5		95	74.26	76.57	1-FM-R	Power Pit
Peta Feeney	60	FM-R	65.7	67.5	55	57.5	-60		57.5	52.82	70.78	2-FM-R	South Regional Tafe
MALE - Open													
Nathan Young	23	MO-R	103	110	200	210	217.5		217.5	124.96		1-MO-R	Perth Strength Club
David Toomer	35	MO-R	142.7	140+	220	230	-235		230	121.64		2-MO-R	Ritual Fitness
Phil Wilde	34	MO-R	145.5	140+	217.5	227.5	-232.5		227.5	119.79		3-MO-R	Muscle Pit
Michael Leary	33	MO-R	95	100	192.5	197.5	-202.5		197.5	117.49		4-MO-R	
Cameron Pilapil	29	MO-R	89.1	90	165	170	-175		170	104.60		5-MO-R	Power Arcade
Josh Brennan	31	MO-R	87.8	90	125	127.5	130		130	80.66		6-MO-R	Genesis
MALE - Masters													
David Barker	55	MM-R	88.7	90	137.5	-145	145	-147.5	145	89.44	109.57	1-MM-R	Genesis
Shane Parnell	41	MM-R	106.6	110	175	182.5	190		190	107.87	108.95	2-MM-R	Worlds
Troy Szann	62	MM-R	123.5	125	-135	135	-143		135	73.86	102.89	3-MM-R	
Ang Lepidi	60	MM-R	96.9	100	122.5	125.5	130	132.5	130	76.61	102.66	4-MM-R	Muscle Pit
Ryan Chaudry	42	MM-R	103	110	160	170	175		175	100.55	102.56	5-MM-R	Muscle Pit
Luke Mullins	50	MM-R	88	90	135	142.5	-147.5		142.5	88.30	99.78	6-MM-R	Revo
Paul Loucaides	44	MM-R	94	100	130	140	-145		140	83.72	87.32	7-MM-R	Snap Fitness
MALE - Teens													
Benjamin Tubby	19	MT-R	72.8	75	110	115	120	-122.5	120	84.50	87.88	1-MT-R	Genesis
Zachary Buba	17	MT-R	133.1	140	95	105	-110		105	56.41	60.93	2-MT-R	Power Arcade
Orlando Tompkin-Drew	18	MT-R	84.2	90	90	-97.5	-102.5		90	57.27	60.70	3-MT-R	Muscle Pit