

28/10/2023

Eric Lilliebridge Cup

Club Lime Phillip 'The Red Room' Canberra ACT

| Name | Sex | Age | State | Equip | Division | BWT | WtCls | Squat 1 | Squat 2 | Squat 3 | Best Squat | Bench 1 | Bench 2 | Bench 3 | Best Bench | Deadlift 1 | Deadlift 2 | Deadlift 3 | Best Deadlift | Total | Gloss | Age Score | Event |
|------------------|-----|-----|-------|------------|----------|------|-------|---------|---------|---------|------------|---------|---------|---------|------------|------------|------------|------------|---------------|-------|--------|-----------|-------|
| Claire Anable | F | 35 | NSW | Wraps | S33-39 | 81 | 82.5 | 160 | 180 | 190 | 190 | 95 | 102.5 | 110 | 110 | 180 | 200 | -210 | 200 | 500 | 398.21 | | SBD |
| Renee Jackson | F | 32 | NSW | Wraps | Open | 70.5 | 75 | -130 | 140 | 147.5 | 147.5 | 72.5 | 77.5 | 82.5 | 82.5 | 135 | 145 | 155 | 155 | 385 | 335.92 | | SBD |
| Nicole Thomason | F | 28 | ACT | Wraps | Open | 71.8 | 75 | 145 | 155 | -162.5 | 155 | 70 | 77.5 | -80 | 77.5 | 140 | 145 | -150 | 145 | 377.5 | 325.18 | | SBD |
| Amy Young | F | 34 | ACT | Wraps | Open | 107 | 110 | 160 | 175 | -182.5 | 175 | 80 | 87.5 | 95 | 95 | 160 | 170 | 180 | 180 | 450 | 313.64 | | SBD |
| Ty Forster | M | 25 | ACT | Raw | Open | 80.3 | 82.5 | 190 | 205 | 210 | 210 | 150 | 162.5 | -165 | 162.5 | 200 | 210 | 215 | 215 | 587.5 | 385.49 | | SBD |
| Glen Stewart | M | 56 | ACT | Wraps | M55-59 | 99.5 | 100 | 285 | -315 | 327.5 | 327.5 | 100 | | | 100 | 200 | | | 200 | 627.5 | 365.51 | 455.475 | SBD |
| Charlie Carey | M | 19 | ACT | Raw | T18-19 | 77 | 82.5 | 165 | 180 | 190 | 190 | 110 | 117.5 | 122.5 | 122.5 | 210 | 220 | 227.5 | 227.5 | 540 | 364.76 | | SBD |
| Jimmy Douglas | M | 41 | ACT | Wraps | Open | 99.6 | 100 | 190 | -215 | 215 | 215 | 90 | -100 | -100 | 90 | 190 | -205 | -210 | 190 | 495 | 288.21 | 291.121 | SBD |
| Mitchell Kehde | M | 18 | ACT | Raw | T18-19 | 86.4 | 90 | 120 | 135 | 142.5 | 142.5 | 87.5 | 95 | -100 | 95 | 135 | 150 | 165 | 165 | 402.5 | 252.11 | | SBD |
| Atif Hossain | M | 17 | ACT | Raw | T16-17 | 68.9 | 75 | -102.5 | 105 | 110 | 110 | 62.5 | 67.5 | 75 | 75 | 140 | 145 | -150 | 145 | 330 | 242.78 | | SBD |
| Blake Gledhill | M | 12 | ACT | Raw | T13-15 | 43.5 | 52 | 45 | 50 | 52.5 | 52.5 | 25 | 27.5 | 30 | 30 | 67.5 | 72.5 | 77.5 | 77.5 | 160 | 190.68 | | SBD |
| Jill McGahon | F | 34 | ACT | Multi-ply | Open | 82.5 | 82.5 | 140 | 152.5 | 165 | 165 | 90 | -95 | 95 | 95 | 125 | -135 | 135 | 135 | 395 | 311.17 | | SBD |
| Jordan Bennett | M | 36 | ACT | Multi-ply | Open | 124 | 125 | 280 | 300 | -325 | 300 | 200 | 225 | 230 | 230 | 260 | 275 | 290 | 290 | 820 | 448.08 | | SBD |
| Simon Wang | M | 41 | ACT | Multi-ply | M40-44 | 99.3 | 100 | -280 | 280 | 300 | 300 | 195 | 210 | 220 | 220 | 200 | 220 | 240 | 240 | 760 | 443.07 | 447.549 | SBD |
| Nathan Di Giorgi | M | 29 | ACT | Multi-ply | Open | 99.4 | 100 | 280 | 300 | | 300 | -200 | 200 | 215 | 215 | 210 | 220 | 230 | 230 | 745 | 434.14 | | SBD |
| Manatuki Pryor | M | 50 | QLD | Single-ply | M50-54 | 116 | 125 | | | | | 170 | -175 | -175 | 170 | 225 | 245 | 252.5 | 252.5 | 422.5 | 234.53 | 265.019 | BD |
| Lesley Flanagan | F | 33 | NSW | Single-ply | Open | 88.1 | 90 | | | | | 117.5 | 120 | -122.5 | 120 | | | | | 120 | 91.13 | | B |
| Justin Faella | M | 38 | ACT | Multi-ply | S33-39 | 87 | 90 | | | | | | | | | 225 | 230 | 240 | 240 | 240 | 149.71 | | D |