

25/04/2023



# ANZAC Day Challenge



Name	Sex	BirthDate	Age	Equip	Division	BWT	WtCls	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Points	Age Score	Event	Team
Izabella Palmero	F	22/07/1999	23	Wrap/Sleeve	F_JRP	63.6	67.5	112.5	122.5	-130		122.5	57.5	62.5	65		65	142.5	152.5	162.5		162.5	350	329.51		SBD	Hidden Strength Jen Smith
Pam Li	F	15/03/1970	53	Wrap/Sleeve	F_MRP_3	54.8	56	102.5	-110	110	-115	110	52.5	-57.5	-57.5		52.5	132.5	137.5	-142.5		137.5	300	317.73		SBD	Alex Deken
Tania Adamcewicz	F	29/08/1996	26	Wrap/Sleeve	F_ORP	67.6	75	-95	95	100		100	40	42.5	45		45	117.5	120	125		125	270	242.83		SBD	Jo Muraca
Stephanie Di Raco	F	8/04/1994	29	Wrap/Sleeve	F_ORP	79.7	82.5	95	-100	100		100	55	57.5	60		60	120	127.5	135		135	295	237.27		SBD	Jo Muraca
Jasmeet Kaur	F	4/01/1988	35	Wrap/Sleeve	F_SMRP	81.9	82.5	100	105	-110		105	45	-50	52.5		52.5	120	130	-140		130	287.5	227.46		SBD	Splash Fitness Craigieburn
Jake Kercher	M	8/11/1991	31	Wrap/Sleeve	M_ORP	123.5	125	260	280	295		295	200	215	225		225	280	300	320		320	840	459.60		SBD	
Tochi Oparaocha	M	14/09/2001	21	Wrap/Sleeve	M_JRP	139.1	140	-305	320	330		330	165	172.5	180		180	260	-280	280	-290	280	790	420.22		SBD	Northside Strength & Conditioning
Louis Gibson	M	29/10/2003	19	Wrap/Sleeve	M_TRP_3	73.6	75	185	195	-205		195	90	97.5	100		100	235	250	-260		250	545	380.56		SBD	Northside Strength & Conditioning
Jessi Distefano	M	22/06/2003	19	Wrap/Sleeve	M_TRP_3	79.4	82.5	210	220	230		230	100	107.5	112.5		112.5	200	210	220		220	562.5	371.91		SBD	Northside Strength & Conditioning
Brandan Saade	M	15/06/2000	22	Wrap/Sleeve	M_JRP	104.9	110	205	217.5	-230		217.5	115	120	130		130	225	240	255		255	602.5	343.90		SBD	PUMPT
Emmett Lee	M	13/12/1988	34	Wrap/Sleeve	M_SMRP	89.5	90	145	165	-175		165	110	-120	-120		110	-165	172.5	-182.5		172.5	447.5	274.65		SBD	Restor Fitness
Adrian Zwaan	M	14/03/1938	85	Wrap/Sleeve	M_MRP_9	81.2	82.5	50	70	80		80	45	-55			45	135				135	260	169.34		SBD	
Steve Ross	M	28/07/1950	72	Wrap/Sleeve	M_MRP_7	80.8	82.5	40	60			60	80	90	92.5		92.5	80	90	-110		90	242.5	158.46		SBD	Laird Ross
Katrina Mudie	F	5/09/1986	36	Raw	F_SMR	55	56	85	90	-93		90	50	-52.5	-52.5		50	110	118	-120		117.5	257.5	272.44		SBD	PUMPT
Ellen Minassian	F	21/11/1995	27	Raw	F_OR	77.6	82.5	95	100	102.5		102.5	60	65	67.5		67.5	115	125	130		130	300	245.36		SBD	Evolution Health Coaching
Jasmine Abdullah	F	20/05/2005	17	Raw	F_TR_2	79.6	82.5	90	95	100	-105	100	40	42.5	45		45	120	125	130	-132.5	130	275	221.35		SBD	PUMPT
Olivia Dellios	F	13/06/1996	26	Raw	F_OR	68	75	-55	55	60		60	52.5	-55	-55		52.5	100	107.5	-115		107.5	220	197.00		SBD	PUMPT
Emily Thistlethwaite	F	21/04/2005	18	Raw	F_TR_3	57.4	60	60	65	-70		65	30	32.5	-35		32.5	80	85	-90		85	182.5	186.21		SBD	PUMPT
Angelika Dellios	F	3/07/1991	31	Raw	F_OR	106.3	110	-80	80	85		85	50	-55	-55		50	120	125	130	-132.5	130	265	185.02		SBD	PUMPT
Michael Velianis	M	11/08/1992	30	Raw	M_OR	65	67.5	135	145	150		150	87.5	95	-100		95	155	165	170		170	415	320.91		SBD	Elite Sports Performance
Oscar Olowoniyi	M	7/01/2007	16	Raw	M_TR_2	83.9	90	-120	135	-140		135	75	85	90		90	150	170	175		175	400	255.09		SBD	Elite Sports Performance
Jim Panagiotidis	M	5/07/1969	53	Single-ply	M_MSP_3	66.9	67.5	127.5	132.5	135		135	127.5	132.5	135		135	-177.5	182.5	187.5	190	187.5	457.5	345.01		SBD	Slaughterhouse Gym Melbourne
Sage D'Costa	M	29/12/1989	33	Multi-ply	M_SMMP	73.1	75	215	230	240		240	162.5	-172.5	172.5		172.5	230	-240	240		240	652.5	458.00		SBD	Elite Sports Performance
Kaye Mercer	F	8/02/1976	47	Raw	F_MR_2	78.3	82.5						67.5	72.5	75		75	150	160	-167.5		160	235	191.11		BD	Move For You - Will Warton
Janelle Crouch	F	16/01/1982	41	Raw	F_MR_1	129	110+						65	-67.5	67.5		67.5	185	195	-200		195	262.5	174.95		BD	PUMPT
Narelle Glanfield	F	21/09/1977	45	Raw	F_MR_2	66.6	67.5						47.5	-52.5	52.5	-55	52.5	117.5	122.5	125		125	177.5	161.40		BD	Athleticon
Natasha Grimble	F	5/06/1997	25	Raw	F_OR	77.9	82.5						50	-55	-55		50	135	-140	140		140	190	155.02		BD	PUMPT
Stephanie Pearson	F	5/04/1993	30	Raw	F_OR	116.2	110+						60	62.5	65		65	130	135	142.5		142.5	207.5	141.68		BD	PUMPT
Sally Baum	F	5/04/1975	48	Raw	F_MR_2	60	60						40	42.5	-45		42.5	90	92.5	95	100	95	137.5	135.45		BD	PUMPT
Linda Stewart	F	1/01/1960	63	Raw	F_MR_5	63.4	67.5						40	42.5	45		45	85	90	92.5		92.5	137.5	129.76		BD	PUMPT
Karen Davies	F	9/12/1960	62	Raw	F_MR_5	80.7	82.5						35	37.5	-40		37.5	105	107.5	110		110	147.5	117.73		BD	PUMPT
Katie Fairall	F	26/08/1987	35	Raw	F_SMR	65.8	67.5						35	37.5	-40		37.5	85	87.5	90		90	127.5	116.98		BD	PUMPT
Chloe Meyer	F	9/08/2005	17	Raw	F_TR_2	76.7	82.5						32.5	35	37.5	40	37.5	80	85	90	92.5	90	127.5	105.06		BD	PUMPT
Patrick Walsh #2	M	2/03/1972	51	Raw	M_MR_3	110	110						135	145	152.5		152.5	220	230	-237.5		230	382.5	215.14		BD	PRORAW
Dylan Milat	M	5/07/2005	17	Raw	M_TR_2	80.8	82.5						110	115	-120		115	185	-190			185	300	196.03		BD	Slaughterhouse Gym Melbourne
Riley Mason	M	21/05/2005	17	Raw	M_TR_2	72.2	75						55	60	-65		60	150	170	-180		170	230	162.99		BD	Slaughterhouse Gym Melbourne
Anastasia Cocolaras	F	18/01/2005	18	Raw	F_TR_3	58.1	60						50	57.5	60	-62.5	60					60	60.63			B	Derrimut gym
Michaela Moana Albert-Sammur	F	26/08/1979	43	Raw	F_MR_1	107	110						57.5	60	62.5		62.5					62.5	43.56			B	PUMPT
George Malliaras	M	18/03/1991	32	Raw	M_OR	82.1	82.5						145	158	160		160						160	103.46		B	Dimitrios Pelitidis
Ian Dorward	M	9/02/1963	60	Raw	M_MR_5	108.5	110						155	165	-170		165						165	93.17		B	Muscle City
Alex Ross	M	18/02/2005	18	Raw	M_TR_3	77.8	82.5						122.5	127.5	132.5		132.5						132.5	88.85		B	Slaughterhouse Gym Melbourne
Michael Ray	M	30/11/1962	60	Raw	M_MR_5	95.6	100						115	120	125		125						125	74.14		B	PUMPT
Bradley Villaflor	M	15/12/2005	17	Raw	M_TR_2	87.3	90						105	112.5	-117.5		112.5						112.5	70.04		B	Slaughterhouse Gym Melbourne
Anthony Day	M	4/02/1972	51	Raw	M_MR_3	100	100						95	97.5	-100		97.5						97.5	56.67		B	Slaughterhouse Gym Melbourne
Michael Rocchecchioli	M	13/05/1981	41	Single-ply	M_MSP_1	76	82.5						147.5	-150	150		150						150	102.28		B	Slaughterhouse Gym Melbourne
Anya Simonsen	F	9/06/1991	31	Raw	F_OR	74	75											110	115	122.5		122.5	122.5	103.36		D	Anytime Fitness Wyndham Vale
Taegan Proud	F	10/06/1982	40	Raw	F_MR_1	80.9	82.5											110	117.5	125		125	125	99.63		D	Jo Muraca
Lina Abdullah	F	2/07/1968	54	Raw	F_MR_3	63	67.5											85	90	95		95	95	90.09		D	PUMPT
Erica Wilton	F	20/09/1966	56	Raw	F_MR_4	113.6	110+											90	92.5	95	-100	95	95	65.22		D	PUMPT
Cheryl Schmidt	F	24/08/1946	76	Raw	F_MR_8	78.2	82.5											70	72.5	75	80	75	75	61.04		D	PUMPT
Taylen Mills	M	21/12/1996	26	Raw	M_OR	123.2	125											230	240	-245		240	240	131.40		D	PUMPT
Adrian Zwaan	M	14/03/1938	85	Raw	M_MR_9	81.2	82.5											135	145			145	145	94.44		D	
Phil Ross	M	19/05/1971	51	Raw	M_MR_3	150.4	140+						-195													B	Slaughterhouse Gym Melbourne