

2023-05-06

ACT State Titles

Club Lime Phillip 'The Red Room'

Name	Sex	Age	State	Equip	Division	BWT	WtCls	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Total	Points	Event
Claire Anable	F	34	ACT	Wraps	F-ORP	84.62	90	140	155	172.5		172.5	85	95	105	105	175	190	200	200	477.5	370.71	SBD
Andrea Gledhill	F	44	ACT	Wraps	F-M1RP	72.5	75	120	125			125	65	67.5		67.5	162.5	172.5	-183	172.5	365	312.31	SBD
Nicole Thomason	F	28	ACT	Wraps	F-ORP	72.6	75	115	125	140		140	50	60	70	70	115	130	142.5	142.5	352.5	301.33	SBD
Olivia Fletcher	F	23	ACT	Wraps	F-JRP	58.3	60	92.5	100	102.5		102.5	52.5	58.75	-60	57.5	112.5	117.5	122.5	122.5	282.5	284.69	SBD
Peter Sutton	M	46	ACT	Multi-ply	M-OMP	98.6	100	-280	280	300	320	300	200	220	232.5	232.5	-250	250	-262.5	250	782.5	457.58	SBD
Jordan Bennett	M	36	ACT	Multi-ply	M-OMP	123.9	125	300	-325	-325		300	200	215	220	220	265	285		285	805	440.07	SBD
Justin Faella	M	38	ACT	Multi-ply	M-OMP	88.08	90	255	-275	275		275	135	-140	140	140	225	245	-255	245	660	408.75	SBD
Simon Wang	M	40	ACT	Multi-ply	M-M1MP	99.3	100	280	-305	-305		280	205	215	-225	215	100			100	595	346.88	SBD
Ty Forster	M	24	ACT	Raw	M-OR	88.3	90	180	-190	190	200	190	140	150	160	160	180	190	200	200	550	340.14	SBD
Chris Ross	M	41	NSW	Single-ply	M-M1SP	95.4	100	205	220	230		230	115	125	135	135	215	230	240	240	605	359.18	SBD
Lee Freeman	M	49	ACT	Wraps	M-M1RP	110	110	245	265	277.5		277.5	145	160	-175	160	220	240	255	255	692.5	389.5	SBD
Jimmy Douglas	M	40	ACT	Wraps	M-M1RP	99.5	100	185	205	220		220	90	100	-110	100	190	200	-210	200	520	302.9	SBD
Nathan Di Giorgi	M	28	ACT	Multi-ply	M-OR	99.5	100						200	210	-220	210					210	122.32	B
Jeremy Wilson	M	33	ACT	Raw	M-OR	123.7	125						220	-235	-235	220					220	120.32	B
Chris Butler	M	45	ACT	Raw	M-M1R	140	140						175	-190	-200	175					175	92.95	B