

2/07/2022

CAPO Raise The Bar

Mick's Gym - Melton - Victoria

Name	Sex	Age	Equip	Division	BWT	WtCls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Total	Points	Age Score
Henrietta Su'a	F	32	Wraps	Female - Open Raw Plus	68	75	130	140	-150	140	67.5	-72.5	-75	67.5	140	155	170	170	377.5	280.78	
Fran Fitzpatrick	F	51	Wraps	Female - Masters Raw Plus	81.3	82.5	100			100	50			50	100			100	250	162.69	227.593
Leigh Wisbey	M	59	Raw	Men - Masters Raw	130	140	200	215	230	230	75			75	260	276.5		276.5	580	314.18	412.102
Maurice Carriera	M	49	Raw	Men - Masters Raw	93.4	100	180	190	200	200	110	120	-130	120	200	210	230	230	550	329.96	367.259
Paul Llanes	M	19	Wraps	Men - Teen Open Raw Plus	87.75	90	210	230	250	250	-115	115	125	125	220	240	-260	240	615	381.71	
Anton Johnson	M	28	Wraps	Men - Open Raw Plus	73	75	200	210	-220	210	95	-102.5	-102.5	95	212.5	225	240	240	545	382.94	
Christopher Waho-Moo	M	31	Wraps	Men - Open Raw Plus	135.5	140	-210	220	240	240	160	170	-175	170	240	265	-270	265	675	361.14	
Jake Spiteri	M	36	Wraps	Men - Open Raw Plus	96	100	180	200	220	220	120	140	160	160	200	220		220	600	355.15	
Anthony Dickens	M	57	Wraps	Men - Masters Raw Plus	111.1	125	-200	200	217.5	217.5	100	115	-130	115	190	212.5	-230	212.5	545	305.71	387.650
Brendan Hains	M	53	Wraps	Men - Masters Raw Plus	88.45	90	-140	140	-170	140	141	145	-150	145	160	180	-201.5	180	465	287.29	340.191
Mark Micallef	M	43	Wraps	Men - Masters Raw Plus	88.95	90	120	140	-150	140	-100	100		100	160			160	400	246.34	253.987