

27-Feb-22

CAPO SA State Championship

618 Barbell Pooraka

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	Place code	PI-Div-WtCI	Events
Alicia Ballantyne	28	FO-RP	73.15	75	0.8499	140	150	155		155	87.5	95	102.5		102.5	257.5	170	185	-195		185	442.5	376.08	0.00	1.00	1-FO-RP-75	PL
Maggie Finau	25	FO-RP	71.9	75	0.8604	120	135	-145		135	60	-70	-70		60	195	140	150	155		155	350.0	301.12	0.00	1.00	2-FO-RP-75	PL
Emily Maddern	42	FM-R	96.9	100	0.7245	120	130	140		140	75	80	-82.5		80	220	160	170	-180		170	390.0	282.56	288.21	3.00	1-FM-R	PL
Veronica Halbryt	20	FJ-RP	64.5	67.5	0.9323	105	115	125		125	45	52.5	-57.5		52.5	177.5	112.5	122.5	-127.5		122.5	300.0	279.69	0.00	3.00	1-FJ-RP	PL
Franca Bulzomi	35	FO-RP	109.9	110	0.6915	130	140	150		150	75	82.5	85		85	235	140	152.5	160		160	395.0	273.14	0.00	1.00	1-FO-RP-110	PL
Lee Glew	22	FJ-RP	57.3	60	1.0248	95	-102.5			95	52.5	57.5	-60		57.5	152.5	85				85	237.5	243.39	0.00	3.00	1-FJ-RP	PL
Maddie Macintyre	26	FO-RP	75.3	82.5	0.8340	-125	125	-135		125	-65	-65	-65		0	0	110				110	0.0	0.00	0.00	1.00	0.00	PL

Matthew Smith	31	MO-RP	88.6	90	0.6173	230	250	265		265	135	142.5	150		150	415	240	260	-275		260	675.0	416.68	0.00	1.00	1-MO-RP-90	PL
James Jehle	34	MO-RP	106.8	110	0.5675	230	250	255		255	150	160	167.5		167.5	422.5	230	250	265		265	687.5	390.12	0.00	1.00	1-MO-R-110	PL
Slade O'Callaghan	32	MO-RP	105	110	0.5707	230	245	-255		245	-140	147.5	155		155	400	240	255	267.5		267.5	667.5	380.91	0.00	1.00	1-MO-RP-110	PL
Vince Simonetta	61	MM-RP	95.85	100	0.5938	-200	220	230		230	-100	107.5	110		110	340	240	265	275		275	615.0	365.16	498.80	3.00	1-MM-RP	PL
Alex Doggett	28	MO-RP	105.9	110	0.5699	220	235	250		250	125	132.5	140		140	390	210	225	240		240	630.0	359.01	0.00	1.00	2-MO-RP-110	PL
Joshua D'Agostino	27	MO-RP	99.3	100	0.5831	200	215	230		230	130	-140	140		140	370	230	242.5	-250		242.5	612.5	357.12	0.00	1.00	1-MO-RP-100	PL
Bradley Clewes	24	MO-RP	99	100	0.5838	220				220	140				140	360	240				240	600.0	350.28	0.00	1.00	2-MO-RP-100	PL
James Chick	30	MO-RP	98.05	100	0.5862	200	220	-230		220	115	122.5	-130		122.5	342.5	230	-257.5			230	572.5	335.57	0.00	1.00	3-MO-RP-100	PL
Brandon Doctor	19	MT-RP	62.55	67.5	0.8001	132.5	142.5	152.5		152.5	72.5	77.5	-80		77.5	230	-160	170	185		185	415.0	332.02	0.00	3.00	1-MT-RP	PL
Kaleb Swanson	37	MO-RP	107.1	110	0.5670	-185	200	212.5		212.5	120	130			130	342.5	210	230	242.5		242.5	585.0	331.67	0.00	1.00	3-MO-RP-110	PL
Mihali Pounendis	20	MJ-R	72.7	75	0.7049	140	150	160		160	85	90	95		95	255	175	185	195		195	450.0	317.18	0.00	3.00	1-MJ-R	PL
Thomas Lane	22	MJ-RP	108.45	110	0.5647	180	195	207.5		207.5	110	-117.5	117.5		117.5	325	200	215	230		230	555.0	313.41	0.00	3.00	1-MJ-RP	PL
Eddie Jones	54	MM-RP	89	90	0.6157	170	185	-195		185	115	125			125	310	175	195	-207.5		195	505.0	310.93	374.36	3.00	2-MM-RP	PL
Anthony Hood	37	MO-R	127.65	140	0.5427					0	152.5	157.5	165		165	0	200	-220	220		220	0.0	0.00	0.00	1.00	0.00	PP
Jacob Thorne	30	MO-RP	107.8	110	0.5658	-300	-300	-300		0	150	165	170		170	0	230	250	-275		250	0.0	0.00	0.00	1.00	0.00	PL

Natalie Stone	30	FO-R	99.75	100	0.7162					0	80	90	-92.5		90	0					0	0.0	0.00	0.00	1.00	0.00	BP
Jay Watkins	40	MM-R	87.95	90	0.6197					0	-95	95	-100		95	0					0	0.0	0.00	0.00	3.00	0.00	BP
Dave Thomas	53	MM-R	105.65	110	0.5694					0	120	140	150		150	0					0	0.0	0.00	0.00	3.00	0.00	BP

Pheavarth Hean	18	MT-R	65.85	67.5	0.7693					0					0	0	185	195	-201.5		195	0.0	0.00	0.00	3.00	0.00	DL
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