

20-Feb-22

CAPO Qld Nationals Qualifier

Ritual HQ Brisbane

Name	Age	Equipment	Div	BWt (Kg)	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	Events
James Hughes	38	Wraps	MO-RP	109.3	110	200	-220	230	230	122.5	130	135	135	220	240	260	260	625	352.16		PL
Dale Clark	31	Wraps	MO-RP	108.2	110	225	-235	-235	225	130	140	-145	140	240	250	-257.5	250	615	347.56		PL
Jimmy Martin	37	Raw	MO-R	99.9	100	180	190	-195	190	125	130	132.5	132.5	222.5	242.5	-250	242.5	565	328.55		PL
Mick Hanna	34	Raw	MO-R	99.1	100	165	180	185	185	115	-122.5	-122.5	115	240	-265	-265	240	540	315.09		PL
Daniel Chee	24	Wraps	MO-RP	96.5	100	190	200	205	205	115	120	-122.5	120	170	180	185	185	510	301.14		PL
Simon Watkins	62	Wraps	MO-RP	89.6	90	175	185	195	195	105	115	-120	115	170	177.5	-182.5	177.5	487.5	299.01	416.52	PL
Morgan Keech	23	Wraps	MO-RP	117	125	180	190	200	200	100	105	110	110	180	195	200	200	510	282.56		PL
Gill Duncan	45	Wraps	MO-RP	84.2	90	130	140	145	145	60	70	77.5	77.5	150	165	172.5	172.5	395	251.34	265.16	PL
Peter Gill	54	Wraps	MO-RP	69.1	75	95	102.5	105	105	60	65	-67.5	65	135	145	152.5	152.5	322.5	236.70	284.99	PL
Bianca Dal Ponte	23	Wraps	FO-RP	55.2	56	100	105		105	65	67.5	-70	67.5	125	135	141	140	312.5	330.08		PL
Emma Clayson	31	Wraps	FO-RP	79.6	82.5	125	135		135	90	-97.5	-102.5	90	140	160	177.5	177.5	402.5	323.98		PL
Billie-Jane Frost	26	Wraps	FO-RP	73.6	75	160	170	-175	170	70	-72.5		70	130	-140	-140	130	370	313.34		PL
Kelly Ann King	35	Raw	MO-R	74.9	75	122.5	132.5	137.5	137.5	70	-75	-75	70	150	165		165	372.5	311.77		PL
Krystal Healy	28	Wraps	FO-RP	66.7	67.5	130	-140	140	140	70	75	-77.5	75	120	-130	-130	120	335	304.28		PL
Maureen Wicks	47	Wraps	FO-RP	89	90	130	137.5	145	145	75	80	82.5	82.5	135	145	152.5	152.5	380	287.05	309.21	PL
Cherie Deacon	45	Wraps	FO-RP	81.5	82.5	120	127.5	132.5	132.5	60	65	67.5	67.5	135	145	150	150	350	277.72	292.63	PL
Emma James	33	Wraps	FO-RP	125.2	110+	120	130	140	140	80	85	-87.5	85	140	155	170	170	395	265.04		PL
Kym Owen	24	Raw	MO-R	59.9	60	85	92.5	-95	92.5	40	45	47.5	47.5	110	120		120	260	256.45		PL
Shellie Laing	32	Raw	MO-R	55.9	56	75	-85	-85	75	40	45	47.5	47.5	112.5	-122.5	-122.5	112.5	235	244.93		PL
Erin McCabe	33	Wraps	FO-RP	80.7	82.5	110	117.5	-125	117.5	55	60	-62.5	60	115	125	-132.5	125	302.5	241.46		PL
Chantel Wood	38	Wraps	FO-RP	87.9	90	115	120	-130	120	50	55	57.5	57.5	125	135	140	140	317.5	241.41		PL
Michelle Keeffe	42	Wraps	FO-RP	58	60	85	90	-95	90	47.5	50	52.5	52.5	85	90	95	95	237.5	240.33	245.86	PL