

2022-10-29

CAPO ACT - Goliath Cup

Club Lime Philip - Red Room

Name	Sex	Age	Country	State	Equip	Division	BWT	WtCls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Points	Event
Maia Carrington	F	22	New Zealand	Rotorua	Wraps	F_JR	126	110+	180	-190	195	195	105	110	-112.5	110	210	220	222.5		222.5	527.5	353.43	SBD
Olivia Fletcher	F	22	Australia	NSW	Wraps	F_JR	57.1	60	77.5	85	90	90	45	50	-55	50	102.5	112.5	117.5		117.5	257.5	263.84	SBD
Angela Wilkinson	F	43	New Zealand	Papakura	Multi-ply	F_MEM_1	75.9	82.5	160	170	-180	170	105	110		110	160	170	180		180	460	381.65	SBD
Jeremy Wilson	M	32	Australia	ACT	Wraps	M_OR	122.6	125	335	362.5		362.5	210	225	-232.5	225	280	300	312.5		312.5	900	493.34	SBD
Dale Haskew	M	24	Australia	ACT	Wraps	M_OR	163	140+	-320	-320	320	320	-180	190	200	200	280	310	330		330	850	435.14	SBD
Graham McDonald	M	47	Australia	ACT	Wraps	M_MR_1	119.28	125	270	285		285	160	170	175	175	280	300	-310		300	760	419.27	SBD
Reuben Spires	M	18	Australia	ACT	Wraps	M_TR_1	112.82	125	215	227.5	235	235	120	130	-142.5	130	250	265	280		280	645	360.39	SBD
Brendan Hains	M	53	Australia	VIC	Wraps	M_MR_1	96.44	100	180	200	-220	200	140	150	-155	150	170	-185			170	520	307.13	SBD
Jimmy Douglas	M	40	Australia	ACT	Wraps	M_OR	99	100	185	-205	-205	185	90	-100	100	100	180	200	-210		200	485	283.12	SBD
Spiro Pazios	M	59	Australia	ACT	Wraps	M_MR_1	88.84	90	-60	60	120	120	60			60	220	-240	245	-255	245	425	261.92	SBD
Daniel Wade	M	35	Australia	NSW	Multi-ply	M_OEM	115.68	125	-350	350	387.5	387.5	200	212.5	-230	212.5	275	290	302.5		302.5	902.5	501.29	SBD
Jordan Bennett	M	35	Australia	ACT	Multi-ply	M_OEM	123.88	125	300	310	320	320	200	-220	-220	200	270	-290	-290		270	790	431.89	SBD
Mathew Wayling	M	34	Australia	ACT	Multi-ply	M_OEM	147.2	140+	310	340	-360	340	210	230		230	210	240	-270		240	810	425.48	SBD
Mark Boylin	M	38	Australia	ACT	Multi-ply	M_OEM	96.5	100	250	-280	-280	250	170	182.5	-190	182.5	240	-260	260		260	692.5	408.9	SBD
Manatuki Pryor	M	49	Australia	QLD	Multi-ply	M_MEM_1	116.68	125					150	160	-165	160	230	240	-255		240	400	221.75	BD
David Zago	M	51	Australia	ACT	Raw	M_MR_1	86.8	90					145	155	165	165						165	103.07	B
Angelo Liangis	M	16	Australia	ACT	Raw	M_TR_1	87.2	90					120	-130	-135	120						120	74.75	B
Wulff Breitsameter	M	78	Australia	QLD	Raw	M_MR_1	113.12	125					122.5	127.5	-130	127.5						127.5	71.19	B
Zoe Marr	F	39	New Zealand	Papakura	Multi-ply	F_OEM	96.2	100					92.5	97.5		97.5						97.5	70.92	B
Justin Faella	M	37	Australia	ACT	Multi-ply	M_OEM	89.8	90	255	275	-285	275	-145	-145	-145		225	240	252.5		252.5			SBD
Nathan Di Giorgi	M	28	Australia	ACT	Multi-ply	M_OEM	96.22	100	270	300		300	-210	-210	-210		220	230	-240		230			SBD
Amy Young	F	33	Australia	ACT	Wraps	F_OR	108.4	110	145	157.5	-170	157.5	-95	-97.5	-97.5		160	170	-180		170			SBD