

20/03/2021

## QUEENSLAND PUSH PULL CHAMPIONSHIP - MUSCLE HUT - SUNSHINE COAST

Name	Sex	Age	Equip	BWT Kg	Class	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total Kg	Points	Age Coeff	Event
Kerry Rowen	F	37	Raw	75.2	82.5	90	95	-100		95	175	-185	185		185	280	265.74		Push Pull
Emily WHITMORE	F	31	Raw	59.9	60	60	62.5 AOR	-65		62.5	140	-152.5	152.5 AR		152.5	215 AOR	240.01		Push Pull
Amy Penrose	F	33	Raw	73.3	75	72.5	77.5			77.5	150	160	170		170	247.5	238.75		Push Pull
Sandra Brodie	F	34	Raw	47.8	48	45	50	-52.5		50	105	110	115		115	165	219.20		Push Pull
Jess Ebbs	F	16	Raw	74.2	75	50	55	60 AR		60	125	132.5	140	145 AR	140	200 AR	191.42		Push Pull
Kate Challenor	F	35	Raw	70.2	75		60	67.5		67.5	115	125	-130		125	192.5	191.13		Push Pull

Benji Lang	M	30	Raw	124.9	125	170	-180	-180		170	260	280	-285		280	450	256.47		Push Pull
Jacob Boyce	M	24	Raw	108.1	110	140	145	-150		145	260	272.5	287.5		287.5	432.5	255.92		Push Pull
Ben Cozens	M	29	Raw	120.4	125	150	160	-170		160	255	270	285		285	445	255.64		Push Pull
Ashu Tosh	M	33	Raw	87	90	120	130	135		135	215	225	-230		225	360	233.96		Push Pull
Aaron Nelson	M	20	Raw	122.8	125	152.5	160	167.5	172.5 AR	167.5	210	225	235		235	402.5 AR	230.22		Push Pull
Connor Hartigan	M	18	Raw	89.4	90	95	102.5	107.5 AR	-112.5	107.5	210	220	227.5 AR		227.5	335 AR	214.60		Push Pull
James Martin	M	36	Raw	98.7	100	110	117.5	122.5		122.5	200	227.5	-232.5		227.5	350	214.14		Push Pull
Hugh Williamson	M	20	Raw	86	90	85	-90	-90		85	180	190	200		200	285	186.40		Push Pull

Jose McCool	F	70	Raw	74.3	75	40	45 AR	-47.5		45	105	112.5	120 AR	-125	120	165 AR	157.79	228.377	Push Pull
Tracey Faucett	F	56	Raw	72.2	75	55	60 AR	-65		60	125 AR	-132.5	-132.5		125	185 AR	180.24	200.427	Push Pull
Marietta Trentin	F	63	Raw	59.2	60	-37.5	37.5 AR	-40		37.5	90	95	100 AR		100	137.5 AR	154.90	195.065	Push Pull
Hilda Betham	F	45	Raw	122.8	SHW	60	67.5	70 AR		70	145	165 AOR	-180		165	235 AOR	187.15	167.201	Push Pull
Lu-Ella Oxley	F	56	Raw	92.5	SHW	40	45	47.5 AR		47.5	85	92.5	100 AR		100	147.5 AR	126.07	135.753	Push Pull
Alexandra Williamson	F	49	Raw	77.8	82.5	35	40 AR	-42.5		40	60	67.5	72.5 AR		72.5	112.5 AR	91.8225	102.198	Push Pull

Terrance Titus	M	65	Raw	120.4	125	145	155	160 AR		160	285 AR	-305	-305		285	445 AR	255.64	362.592	Push Pull
Gary Jones	M	56	Raw	114	125	160	170	175 AR	-180	175	235	250 AR	-255		250	425 AR	247.53	295.145	Push Pull
Lee Blowers	M	53	Raw	121.8	125	165	170	172.5 AR		172.5	230	245	260 AR		260	432.5 AR	247.82	281.158	Push Pull
Peter Baskerville	M	66	Raw	102.9	110	85	90 AR	-95		90	200	220 AR	-230		220	310 AR	186.60	269.242	Push Pull
Dominic Morton	M	44	Raw	123	125	137.5	145	152.5 AR		152.5	225	235 AR			235	387.5 AR	221.56	221.380	Push Pull
David Wicks	M	54	Raw	94.2	100	87.5	92.5	95	100 AR	95	190	205	210 AR	-215	210	305 AR	190.45	219.377	Push Pull
Paul Sanguinetti	M	45	Raw	79.8	82.5	80	85	90		90	205	225	-227.5		225	315	215.39	218.986	Push Pull
Kelvin Reid	M	43	Raw	108.6	110	105	115	120 AR	-127.5	120	200	220	222.5	230 AR	222.5	342.5 AR	202.37	199.353	Push Pull