

21/11/2021

CAPO DEADLIEST DEADLIFT AND BENCH 2021 - CICERELLOS RESTAURANT - FREMANTLE WA

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WtCI
Alexis Hayto	40	FO-RP	74	75	0.84365	85	-90	90	-95	90	0	155	170	177.5	-180	177.5	267.5	225.676	225.676	1-FO-RP
Dion Stewart	37	FO-RP	65.8	67.5	0.9178	60	65	67.5		67.5	0	155	165	172.5		172.5	240	220.272	220.272	2-FO-RP
Ashlee Watkinson	32	FO-RP	50.1	52	1.1405	-55	55	57.5		57.5	0	125	132.5	-140		132.5	190	216.695	216.695	3-FO-RP
Leah Bennett	39	FM-RP	88.1	90	0.75645	90	97.5	-102.5		97.5	0	165	175	181	-185	181	278.5	210.671	210.671	2-FM-RP
Catherine Henderson	41	FO-RP	85.2	90	0.7714	85	90	-92.5		90	0	160	-170	170	172.5	170	260	200.564	202.570	4-FO-RP
Joanne Allan	42	FM-RP	49.7	52	1.1477	37.5	40	42.5		42.5	0	105	115	120		120	162.5	186.501	190.231	3-FM-RP
Monica Cook	57	FM-RP	66.5	67.5	0.9102	65	-75	80		80	0	100	110	120		120	200	182.040	230.827	1-FM-RP
Ebony Waru	45	FM-RP	106.9	SHW	0.6982	-90	92.5	97.5		97.5	0	135	145	160	170	160	257.5	179.787	189.675	4-FM-RP
Kylie Mcleod	40	FM-RP	79.3	82.5	0.80625	60	-65	-65		60	0	155	-165	-165		155	215	173.344	173.344	5-FM-RP
Jemma Kirke	26	FO-RP	64.3	67.5	0.9346	50	-52.5	-52.5		50	0	120	125	130		130	180	168.228	168.228	5-FO-RP
Kerry Burrows	27	FO-RP	63.3	67.5	0.94625	45	50	52.5		52.5	0	105	115	125		125	177.5	167.959	167.959	6-FO-RP
Laura Wells	39	FO-RP	79.7	82.5	0.80365	60	-65	-65		60	0	137.5	142.5	-145		142.5	202.5	162.739	162.739	7-FO-RP
Jess Napper	18	FT- RP	67.4	67.5	0.90075	40	45	-47.5		45	0	110	117.5	125	-130	125	170	153.128	153.128	1-FT- RP
Tanya Wasden	43	FM-RP	58.4	60	1.0093	40	42.5	-45		42.5	0	92.5	102.5	105	-107.5	105	147.5	148.872	153.487	6-FM-RP
Domenica Soroka	42	FM-RP	88.7	90	0.7535	70	75	-77.5		75	0	110	120	-130		120	195	146.933	149.871	7-FM-RP
Shauna Jenkins	40	FM-RP	81.7	82.5	0.7913	47.5	52.5	-60		52.5	0	100	115	120		120	172.5	136.499	136.499	8-FM-RP
Jordan Martin	16	FT- RP	74.7	75	0.83835	37.5	40	-42.5		40	0	115	-120			115	155	129.944	129.944	2-FT- RP
Bernadette Fagan	35	FO-RP	120	SHW	0.6779	57.5	62.5	-67.5		62.5	0	95	105	110	115	110	172.5	116.938	116.938	8-FO-RP
Chris Newman	26	MO-RP	87.4	90	0.62215	150	-160	162.5		162.5	0	280	300	305		305	467.5	290.855	290.855	1-MO-RP
Johnny Allen	34	MO-RP	87.8	90	0.6205	142.5	150	-155		150	0	235	250	265		265	415	257.508	257.508	2-MO-RP
Matteo Giubilato	20	MO-RP	102.5	110	0.57565	140	147.5	150		150	0	-290	290	-300		290	440	253.286	253.286	3-MO-RP
Miles Guy	59	MM-RP	107	110	0.5671	170	180	-185		180	0	240	255	-265		255	435	246.689	324.395	2-MM-RP
Sheen Kovacs	38	MO-RP	162.9	SHW	0.5142	180	187.5			187.5	0	290	-310	-310		290	477.5	245.531	245.531	4-MO-RP
Jim Ambrose	70	MM-RP	74.2	75	0.694	100	107.5	-112.5		107.5	0	-200	200	-210		200	307.5	213.405	351.051	1-MM-RP
Nick Grozinger	38	MO-RP	86.8	90	0.62465	120	127.5	-130		127.5	0	190	205	-210		205	332.5	207.696	207.696	5-MO-RP
Tom Coveney	44	MM-RP	98.3	100	0.5856	110	115	-120		115	0	212.5	225	-227.5		225	340	199.104	207.665	5-MM-RP
Luke Mullins	48	MM-RP	83.9	90	0.64025	135	-142.5	-142.5		135	0	160	165	170		170	305	195.276	214.218	4-MM-RP
Peter Fear	39	MO-RP	121.6	125	0.5493	115	120	-122.5		120	0	215	227.5	-232.5		227.5	347.5	190.882	190.882	6-MO-RP
Sol Coster	20	MO-RP	83	90	0.6421	92.5	95	100		100	0	-195	195	-200		195	295	189.420	189.420	7-MO-RP
Owen Dowley	17	MT-RP	98.1	100	0.58615	107.5	115	125		125	0	150	160	180		180	305	178.776	178.776	1-MT-RP
Peter McLernon	70	MM-RP	85.4	90	0.6308	90	-100			90	0	165	180	190		190	280	176.624	290.546	3-MM-RP
Orlando Tompkin-Brew	16	MT-RP	81.3	82.5	0.6508	-72.5	82.5	85		85	0	155	172.5	177.5		177.5	262.5	170.835	170.835	2-MT-RP
Rosario Murace	43	MM-RP	85.2	90	0.6317	70	75	-77.5		75	0	177.5	182.5	187.5	192.5	187.5	262.5	165.821	170.962	6-MM-RP
Charles Greetham	18	MT-RP	91.5	100	0.6064	-82.5	92.5	-100		92.5	0	160	170	-180		170	262.5	159.180	159.180	3-MT-RP
Hercules Perryman	92	MM-RP	66.3	67.5	0.76	20	25	-27.5		25	0	35	40	45		45	70	53.200	109.060	7-MM-RP
Sam Murphy	37	MO-RP	124.1	125	0.5465	195	205	210		210	0	-355	-365	-365		0	0	0.000	0.000	0
Ryan Chaudhry	40	MM-RP	99.3	100	0.58305	150	160	-165		160	0	-250				0	0	0.000	0.000	0
Bianca Tipper	46	FM-RP	65.3	67.5	0.92325	60	65	-67.5		65	0	-140				0	0	0.000	0.000	0