

31/01/2021

CAPO Queensland Bench Only State Championship - Fortitude Barbell

Name	Sex	Age	Equipment	BWT Kg	Wt Cls	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Points
Emma Clayson	F	30	Raw	85.5	90	85	-90	-90		85	65.61
Amy Penrose	F	33	Raw	73.8	75	72.5	75	-77.5		75	63.40
Amie Cox	F	28	Single-ply	78.8	82.5	85	-87.5	-90		85	68.85
Andrew Cooper	M	42	Raw	148.2	SHW	275	295 _{AOR}	-300		295	154.73
Jay Tyler	M	35	Raw	104.63	110	180	192.5	202.5	-205	202.5	115.69
Les Wroe	M	31	Raw	150.1	SHW	205	215	-225		215	112.46
Andre Langer	M	42	Raw	84.98	90	160	167.5 _{AR}	-170		167.5	105.97
Allan Humphries	M	41	Raw	103.17	110	150	157.5	-160		157.5	90.44
Joe Harley	M	32	Raw	121.98	125	140	150	155		155	85.07
Regan Mitchell	M	43	Raw	102.12	110	135	140	147.5		147.5	85.02
Josh Ferguson	M	26	Raw	92.1	100	100	105	110		110	66.47
Hugh Williamson	M	20	Raw	86.52	90	85	90	-92.5		90	56.33
Adam Williamson	M	18	Single-ply	80.01	82.5	120	125 _{AR}	-127.5		125	82.22
Anderson Janes	M	19	Multi-ply	101.38	110	120 _{AR}	-125	-125		120	69.37