

CAPO AUSTRALIAN CHAMPIONSHIPS 2021

22nd August

Adelaide-Perth-Brisbane

Name	Sex	Age	Div	Equipme nt	Age Group	BWt (Kg)	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coef Score	Age & Coeff	Overall	Wgt Class Placing	Age Group Placing	
Kerry Rowen	F	37	FO-RP	Wraps	Open	67.4	67.5	-180	180	-190		180	100	-110	-110		100	280	191	202.5	212.5	-222.5	212.5	492.5	443.900		1st	67.5kg - 1		
Lucy Michon	F	35	FO-RP	Wraps	Open	73.8	75	175	182.5	187.5	192.5	187.5	95	100	102.5		102.5	290	195	202.5	210		210	500	422.625		2nd	75kg - 1		
Annie Malard	F	40	FM-RP	Wraps	Master	72.1	75	172.5	177.5	182.5		182.5	75	77.5	82.5		82.5	265	190	195	200		200	465	399.296	399.296	3rd	75kg - 2	399.296	Masters 1st
Greer Mason	F	31	FO-RP	Wraps	Open	65.43	67.5	140	-150	150		150	70	75	-80		75	225	150	160	-165		160	385	354.740		4th	67.5kg - 2		
Sian Andrews	F	34	FO-RP	Wraps	Open	58.6	60	115	122.5	127.5		127.5	62.5	67.5	70		70	197.5	140	-147.5	147.5		147.5	345	347.243		5th	60kg - 1		
Carli Van Der Hoek	F	32	FO-RP	Wraps	Open	111.4	90+	177.5	192.5	-200		192.5	92.5	100	-102.5		100	292.5	175	190	200		200	492.5	339.480		6th	SHW - 1		
Asha Pochin	F	40	FM-RP	Wraps	Master	55.84	56	100	107.5	-110.5		107.5	52.5	55	57.5		57.5	165	130	140	148		148	312.5	326.510	327.156	7th	56kg - 1	327.156	Masters 5th
Tania Winwood	F	50	FM-R	Raw	Master	47.1	48	85	90	-95		90	42.5	45	-47.5	-51	47.5	137.5	125	130	135	140	135	272.5	325.937	368.309	8th	48kg - 1	368.309	Masters 2nd
Stacey Rosam	F	37	FO-RP	Wraps	Open	63.5	67.5	115	-120	120		120	62.5	65	-67.5		65	185	150	160	-166		160	345	325.646		9th	67.5kg - 3		
Catherine Henderson	F	41	FM-RP	Wraps	Master	86.1	90	150	155	161		161	80	85	90		90	251	150	160	170		170	420	322.739	325.192	10th	90kg - 1	325.192	Masters 6th
Kelly-Ann King	F	35	FO-RP	Wraps	Open	74.96	75	125	132.5	137.5		137.5	67.5	72.5	-75		72.5	210	140	150	162.5		162.5	372.5	311.610		11th	75kg - 3		
Jessica Ebbs	F	16	FT-RP	Wraps	Teen	74.9	75	140	147.5	-155		147.5	62.5	66	-67.5		66	213.5	145	152.5	156	160	156	367.5	309.260	347.523	12th	75kg - 4	347.523	Teen 1st
Hazel-Joyce Chee	F	33	FO-RP	Wraps	Open	67.35	67.5	-120	120	135		135	50	55	57.5		57.5	192.5	135	142.5	-147.5		142.5	335	302.100		13th	67.5kg - 4		
Genevieve Smith	F	36	FO-RP	Wraps	Open	63.05	67.5	87.5	97.5	105		105	67.5	72.5	-75		72.5	177.5	115	125	130		130	307.5	291.710		14th	67.5kg - 5		
Maureen Wicks	F	47	FM-RP	Wraps	master	82.4	82.5	120	127.5	137.5		137.5	75	-80	-80		75	212.5	-120	132.5	145	147.5	145	357.5	281.850	304.462	15th	82.5kg - 1	304.462	Masters 7th
Joanne Allan	F	42	FM-R	Raw	Master	49	52	-70	77.5	82.5		82.5	37.5	42.5	-45		42.5	125	100	112.5	117.5		117.5	242.5	281.397	287.025	16th	52kg - 1	287.025	Masters 8th
Danielle Hilton	F	28	FO-RP	Wraps	Open	107.2	90+	160	170	180		180	75	80	-82.5		80	260	130	140	-150		140	400	278.630		17th	SHW - 2		
Perdita Barrington	F	42	FM-RP	Wraps	master	105.5	90+	-150	155	-160		155	55	60	62.5		62.5	217.5	155	165	175		175	392.5	274.790	280.866	18th	SHW - 3	280.866	Masters 9th
Simone Whalley	F	32	FO-RP	Wraps	Open	80.68	82.5	130	-137.5	137.5		137.5	65	-70	70		70	207.5	125	135	-140		135	342.5	273.420		19th	82.5kg - 2		
Tracey Faucett	F	56	FM-RP	Wraps	master	69.9	75	105	-112.5	115		115	-55	60	-63		60	175	125	132.5	-137.5		132.5	307.5	269.930	336.133	20th	75kg - 5	336.133	Masters 3rd
Tori Davidson	F	23	FJ-RP	Wraps	Junior	83.6	90	125	135	140		140	62.5	67.5	-70		67.5	207.5	120	135	-140		135	342.5	267.219	267.219	21st	90kg - 2	267.219	Junior 2nd
Sophie Fuller	F	21	FJ-RP	Wraps	Junior	77.25	82.5	120	130	135		135	52.5	57.5	-60		57.5	192.5	122.5	132.5	132.5	-140	132.5	325	266.386	271.830	22nd	82.5kg - 3	271.830	Junior 1st
Shantelle Rea	F	19	FT-RP	Wraps	Teen	74.6	75	90	97.5	102.5		102.5	60	-65	65		60	162.5	135	142.5	-147.5		142.5	305	255.926	266.163	23rd	75kg - 6	266.163	Teen 3rd
Emily Kiely	F	16	FT-RP	Wraps	Teen	55.85	56	82.5	92.5	-97.5		92.5	42.5	47.5	-52.5		47.5	140	85	95	103	107.5	103	242.5	253.450	286.685	24th	56kg - 2	286.685	Teen 2nd
Kimberley Owen	F	23	FJ-RP	Wraps	Junior	63.1	67.5	90	97.5	-102.5		97.5	40	45	47.5		47.5	145	90	100	105		105	250	236.820	237.163	25th	67.5kg - 6	237.163	Junior 3rd
Josie McCool	F	70	FM-RP	Wraps	master	74.1	75	-65	-70	75	-80	75	40	-45	45	-46	45	120	105	115	121		121	240	203.170	332.777	26th	75kg - 7	332.777	Masters 4th
Marietta Trentin	F	63	FM-R	Raw	master	59.28	60	95	-57.5	-58.5		55	37.5	40	41		41	96	92.5	97.5	-102.5		97.5	192.5	192.440	272.708	27th	60kg - 2	272.708	Masters 10th
Jessica Napper	F	18	FT-RP	Wraps	Teen	66	67.5	70	85	-90		85	25	27.5	32.5		32.5	117.5	55	65	75		75	192.5	176.253	186.828	28th	67.5kg - 7	186.828	Teen 4th

Connor Walsh	M	22	MO-RP	Wraps	Open	99.5	100	-330	330	352.5		352.5	170	180	185		185	537.5	282.5	275	-285		275	812.5	473.322		1st	100kg - 1			
Deryck Butcher	M	25	MO-RP	Wraps	Open	82	82.5	235	245	255		255	-145	145	-150		145	400	275	290	-305		290	690	446.534		2nd	82.5kg - 1			
Kyle Love	M	32	MO-RP	Wraps	Open	108.1	110	250	265	275		275	210	220	-225		220	495	275	290	-305		290	785	443.761		3rd	110kg - 1			
Jack Lehfeldt	M	25	MO-RP	Wraps	Open	82.26	82.5	230	250	-265		250	130	140	147.5		147.5	397.5	285	-305	-305		285	682.5	440.760		4th	82.5kg - 2			
Gavin Heward	M	43	MO-RP	Wraps	Open	109.11	110	300	-315	-315		300	180	191	-195		191	491	270	290	-300		290	780	440.320		5th	110kg - 2			
Gary McCartan	M	39	MO-RP	Wraps	Open	104.8	110	250	272.5	285		285	-145	145	155		155	440	290	310	325		325	765	436.853		6th	110kg - 4			
Tharen Kander	M	25	MO-RP	Wraps	Open	66.3	67.5	200	210	216		216	107.5	115	-117.5		115	331	222.5	235	243		243	572.5	436.240		7th	67.5kg - 1			
Matthew Hrabar	M	31	MO-RP	Wraps	Open	89.6	90	255	272.5	280		280	-155	-167.5	-167.5		155	435	260	275	-280		275	710	435.479		8th	90kg - 1			
Reid Emery	M	21	MJ-RP	Wraps	Open	81.6	82.5	240	-260	-260		240	-150	160	-162.5		160	400	260	270	-282.5		270	670	434.960		9th	82.5kg - 3			
Taylor Smith	M	26	MO-RP	Wraps	Open	108.3	110	285	-300			285	167.5	177.5	-182.5		177.5	452.5	280	302.5	-317.5		302.5	765	432.225		10th	110kg - 3			
Bradley Clewes	M	24	MO-RP	Wraps	Open	98.5	100	250	270	280		280	157.5	165	170		170	450	250	270	-275		270	720	421.236		11th	100kg - 2			
Tyler Small	M	27	MO-RP	Wraps	Open	89.31	90	240	260	270		270	170	-180	-180		170	440	240	-250	-250		240	680	417.830		12th	90kg - 1			
Matteo Gublatto	M	20	MJ-RP	Wraps	Junior	107.2	110	-270	270	285		285	135	142.5	145		145	430	280	292.5	300		300	730	413.728	426.139	13th	110kg - 5	426.139	Junior 1st	
Alex Doggett	M	28	MO-RP	Wraps	Open	98.65	100	240	265	285		285	145	155	160		160	445	235	255	-275		255	700	409.185		14th	100kg - 3			
Luke Roberts	M	26	MO-RP	Wraps	Open	123.9	125	250	275	-285		275	147.5	155	165		165	440	275	295	302.5		302.5	742.5	406.445		15th	125kg - 1			
Corey Millar	M	30	MO-RP	Wraps	Open	74.4	75	185	195	-205		195	120	125	127.5		127.5	322.5	245	257.5	262.5	-271	262.5	585	405.200		16th	75kg - 1			
Ben Cozens	M	29	MO-RP	Wraps	Open	122	125	255	-275	-290		255	165	-172.5	172.5		172.5	427.5	295	305	-310		305	732.5	402.010		17th	125kg - 2			
Beaudean Lines	M	36	MO-RP	Wraps	Open	102.4	110	225	240	250		250	135	142.5	150		150	400	230	250	265		265	695	382.940		18th	110kg - 6			
Elliot Harvey	M	28	MO-RP	Wraps	Open	116.9	125	240	260	-272.5		260	160	170	-175		170	430	260	-280	-290		260	690	382.320		19th	125kg - 3			
Gary Jones	M	56	MM-RP	Wraps	Master	103.9	110	180	200	220		220	165	-173	173		173	393	235	255	-260		255	647.5	371.790	462.086	20th	110kg - 7	462.086	Masters 3rd	
William Bennett	M	19	MT-RP	Wraps	Teen	74.32	75	187.5	195	-202.5		195	95	105	107.5		107.5	302.5	220	-233	-233	-237.5	233	535	371.200	385.780	21st	75kg - 2	385.780	Teen 1st	
Russell Tay	M	37	MO-RP	Wraps	Open	74.3	75	180	-195	-195		180	112.5	120	-125		120	300	210	-225	-232.5		225	525	364.009		22nd	75kg - 3			
George Napper	M	48	MM-RP	Wraps	Master	124.3	125	-250	250	-275		250	180	190	-195		190	440	220				220	660	360.525	395.496	23rd	125kg - 4		395.496	Masters 4th
Aaron Nelson	M	21	MJ-RP	Wraps	Junior	124.6	125	320	230	240		240	162.5	170	-177.5		170	410	-220	230	-247.5		247.5	657.5	358.920	366.175	24th	125kg - 5	366.175	Junior 2nd	
Michael Trentin	M	38	MO-RP	Wraps	Open	89.03	90	-180	180	195		195	135	142.5	145		145	340	215	230	-235		230	570	350.860		25th	90kg - 1			
Nicholas Findelator	M	22	MJ-RP	Wraps	Open	107.7	110	180	200	210		210	130	135	140		140	350	225	240	-245		250	600	339.580	342.966	26th	110kg - 8	342.966	Junior 3rd	
Jim Ambrose	M	70	MM-RP	Wraps	Master	74.1	75	-151	-151	151		151	100	110	112.5		112.5	263.5	206	215	-220		215	477.5	332.414	545.678	27th	75kg - 4	545.678	Masters 1st	
Paul Sanginetti	M	46	MM-RP	Wraps	Master	79.1	82.5	150	160	170		170	80	85	-87.5		85	255	195	210	220		220	475	314.870	336.289	28th	82.5kg - 4	336.289	Masters 7th	
Peter Baskerville	M	66	MM-RP	Wraps	Master	98.6	100	-190	190	212.5		212.5	90	95	-100		95	307.5	200	221	230		230	537.5	314.310	474.953	29th	100kg - 4	474.953	Masters 2nd	
Hugh Williamson	M	20	MJ-RP	Wraps	Junior	86.76	90	185	200	207.5		207.5	80	85	90		90	297.5	180	192.5	202.5		202.5	500	312.410	321.695	30th	90kg - 1	321.695	Junior 4th	
Dean Jackson	M	38	MO-RP	Wraps	Open	130.2	140	180	190	200		200	105	110	115		115	315	230	240	250		250	565	305.128		31st	140kg - 1			
Daniel Boros	M	15	MT-RP	Wraps	Teen	70.8	75	140	160	170		170	65	70			70	240	160	172.5	180	182.5	180	420	302.274	356.683	32nd	75kg - 5	356.683	Teen 2nd	
Peter Mayhew	M	59	MM-RP	Wraps	Master	72.9	75	-130	140	-150		140	90	-100	-105		90	230	140	160	-180		160	390	275.828	360.739	33rd	75kg - 6	360.739	Masters 5th	
Andreas Fiene	M	50	MM-RP	Wraps	Master	106.6	110	170	-190	-200		170	130	-135	-135		130	300	175	185	-200		185	485	275.360	311.183	34th	110kg - 9	311.183	Masters 8th	
Morgan Keech	M	22	MJ-RP	Wraps	Open	106.8	110	170	185	-200		185	92.5	97.5	100		100	285	180	190	-200		190	475	269.540	272.234	35th	110kg - 10	272.234	Junior 5th	
Owen Dowley	M	16	MT-RP	Wraps	Teen	97	100	180	197.5	-206		197.5	105	115	120		120	317.5	60				60	377.5	222.385	251.295	36th	100kg - 5	251.295	Teen 3rd	
Maurice Trentin	M	72	MM-R	Raw	master	65.5	67.5	75	80	-82.5		80	55	57.5	61		61	141	110	120	128	-132.5	128	267.5	206.610	352.969	37th	67.5kg - 2	352.969	Masters 6th	
Tyronne Jackson	M	16	MT-RP	Wraps	Teen	92.3	100	75	85	95		95	45	55	60		60	155	-125	-125	125	125	125	280	169.022	190.995	38th	100kg - 6	190.995	Teen 4th	