

ANZAC DAY NATIONAL POWERLIFTING CHAMPIONSHIP

SLAUGHTERHOUSE MELBOURNE

25-4-2021

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbre nner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI
Adrian Zwaan	83	MM-R	81.4	82.5	0.65	95	-100	100		100	55	60	-62.5		60	160	140	145	150		150	310	201.578	413.234	1-MM-R
Kim Heta	51	MM-R	110	110	0.563	190	208	0		208	-140	150	-170.5		150	358	200	230	250.5		250.5	608.5	342.281	392.597	2-MM-R
Vito Puopolo	42	MM-R	89.9	90	0.614	190	-211	211		211	-115	120	140.5		140.5	351.5	205	230	246.5		246.5	598	367.322	374.668	3-MM-R
Tony Torcasio	56	MM-RP	74.2	75	0.694	145	155	-170.5		155	-85	85	0		85	240	192.5	-200.5	-200.5		192.5	432.5	300.155	373.993	1-MM-RP
David Cutroni	27	MO-R	88.6	90	0.617	190	-220	-220		190	92.5	100	-105		100	290	190	210	-220		210	500	308.650	308.650	1-MO-R-90
Lachlan Firth	20	MJ-RP	81.8	82.5	0.648	200	210	220		220	110	-120	-120		110	330	225	235	250		250	580	375.956	375.956	1-MJ-RP
Thomas Piccinin	17	MT-RP	95.1	100	0.595	-195	-205	205		205	130	-140	-140		130	335	200	212.5	220	230	220	555	330.003	330.003	1-MT-RP
Sage D'Costa	31	MO-SP	72	75	0.71	185	205	-215		205	120	130	135		135	340	220	-235	235		235	575	408.365	408.365	1-MO-SP-75
Neil Postlethwaite	41	MM-SP	82.4	82.5	0.645	160	170	-180		170	-170	170	0		170	340	185	200	220		220	560	361.256	364.869	1-MM-SP
Melissa Maxey	43	FM-RP	73.9	75	0.844	155	175	-185		175	70	78	-88		78	253	145	162.5	-170		162.5	415.5	350.869	361.746	1-FM-RP
Pam Li	51	FM-RP	48	48	1.179	-95	95	-100		95	47.5	50	-52.5		50	145	115	120	-125		120	265	312.435	358.363	2-FM-RP
Jenny Law	50	FM-R	59.3	60	0.997	90	95	-100		95	57.5	-60.5	0		57.5	152.5	130	140	-147.5		140	292.5	291.608	329.517	1-FM-R
Yvonne Odell	41	FM-RP	74.3	75	0.841	65	70	75		75	32.5	37.5	-40		37.5	112.5	92.5	100	-102.5		100	212.5	178.798	180.585	3-FM-RP
Louise Heta	38	FO-RP	74.9	75	0.837	115	130	140		140	57.5	65	70		70	210	115	130	-140		130	340	284.529	284.529	1-FO-RP-75
Mel Baldacchino	26	FO-MP	77.1	82.5	0.821	90	100	105		105	47.5	52.5	57.5	60	57.5	162.5	122.5	-132.5	-132.5		122.5	285	233.999	233.999	1-FO-MP-82.5
Sinead Martin	26	FO-MP	59.9	60	0.989	-110	125.5	140	-150	140	57.5	-66.5	-66.5		57.5	197.5	127.5	142.5	-152.5		142.5	340	336.226	336.226	1-FO-MP-60
Jim Panagiotidis	51	MM-R	58.7	60	0.851	100	115	-125		115	-100	-100	-100		0	0	-165	0			0	0	0.000	0.000	0