

29-8-20

CAPO WA State Powerlifting Championships

Camp Wattle Grove - Perth

Name	Age	Div	BWT	Weight Class	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Bench 4	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	PL Total	Coeff Score	Age & Coeff	Team
Sam Murphy	36	M-O	123.6	125	-300	315	-335		190	200	-205		320	345	362.5		877.5	480.080	480.080	Musclepit
Ahmed Huleme	37	M-O	82.5	82.5	280	-300	-300		155	-162.5	-162.5		-290	305	-312.5		740	477.004	477.004	Musclepit
Phil Wilde	29	M-O	141	SHW	-260	260	-300		180	195	-205		260	280	300		755	400.339	400.339	Musclepit
Mark Inglis	25	M-O	109.8	110	250	272.5	277.5		150	162.5	167.5		250	-252.5			695	391.111	391.111	Musclepit
George Napper	47	M-M	123.1	125	255	272.5	-280		155	165	170		255	260	-272.5		702.5	384.724	416.272	Musclepit
Ashleigh Hartigan	29	M-O	108.8	110	215	235	250		140	150	-157.5		250	265	280		680	383.690	383.690	Musclepit
Russell Tay	36	M-O	74.3	75	-180	-180	180		120	125	-130		210	-220	230		535	370.942	370.942	Snap Fitness
Eddie Osborne	33	M-O	124.3	125	-255	-260	260		135	140	145		255	265	272.5		677.5	370.084	370.084	Musclepit
Connor Walsh	21	M-O	99	100	260	275	285		165	-175	-182.5		70	120	175		625	364.875	364.875	Musclepit
Annie Malard	39	F-O	69.5	75	150	-160	160		60	67.5	70		170	180	-185		410	361.149	361.149	Musclepit
Ryan Chaudhry	38	M-O	98.6	100	-195	205			150	-160	-160		240	250	260		615	359.652	359.652	Musclepit
Matteo Giubilato	19	M-T	112.7	125	212.5	225	235	240	127.5	135	-137.5		242.5	255	265	270	635	354.902	354.902	Musclepit
Lucy Michon	34	F-O	74.3	75	150	-160	-160		80	85	-90		175	-182.5	-182.5		410	344.974	344.974	Musclepit
Alexis Hayto	39	F-O	73.5	75	130	140	-145		82.5	-87.5	87.5		155	165	-172.5		392.5	332.663	332.663	PPS
Tyrone O'Neill	30	M-O	99.5	100	205	215	-220		110	120	-125		210	-235	235		570	332.054	332.054	Musclepit
Sian Miller	33	F-O	58.1	60	105	112.5	115		60	-65	-67.5		130	140	145		320	324.320	324.320	Musclepit
Stephen Ramsay	52	M-M	64.9	67.5	125	135	145		80	90	95	-97.5	140	165	175		415	323.659	377.062	Musclepit
Jackie Caldon	31	F-O	47.1	48	-97.5	97.5	-107.5		50	55	-60		105	115	-120		267.5	319.957	319.957	Musclepit
Aaron Kohn	52	M-M	104.3	110	232.5	-250	-250		122.5	-127.5	-130		190	200	-210		555	317.460	369.841	Musclepit
Leah Bennett	38	F-O	86.7	90	135	-145	-145		87.5	95	-100		165	172.5	180		410	313.035	313.035	PPS
Danielle Sandover	32	F-O	68.1	75	122.5	135	140		57.5	62.5	-67.5		130	140	147.5		350	312.743	312.743	Golds Gym
Matt Wilson	27	M-O	86.8	90	175	200			90	95	100		180	200	-205		500	312.325	312.325	Musclepit
Tania Winwood	49	F-M	51.2	52	-85	85	95		42.5	45	-47.5		120	130	135		275	308.330	343.171	Musclepit
Bianca Tipper	45	F-M	67.5	67.5	115	125	130		60	62.5	-65		137.5	147.5	-152.5		340	305.983	322.812	Rob Joyner
Luca Borgese	31	M-O	107.4	110	177.5	187.5	-207.5		117.5	127.5	-130		210	225	-235		540	305.883	305.883	Musclepit
Kit Henderson	40	F-M	81.6	82.5	135	145	-155		72.5	80	82.5		140	150	-160		377.5	298.942	298.942	Smith's Fitness
Natina Grace	34	F-O	70	75	120	-130	130		65	67.5	-72.5		130	140	-150		337.5	295.802	295.802	Musclepit
Brendan Quilty	23	M-O	95.4	100	115	135	150		100	110	115		170	190	200		465	276.094	276.094	Musclepit
Alison Craven	40	F-M	71.8	75	115	-120	122.5		60	67.5	70		107.5	115	122.5		315	271.278	271.278	Roar
Vance Thowless	46	M-M	91.8	100	157.5	-165	165		95	100	-105		152.5	160	170		435	263.327	281.234	Musclepit
Jemma Kirke	25	F-O	63.7	67.5	82.5	-87.5	87.5		47.5	-52.5	-52.5		100	-112.5	117.5		252.5	237.741	237.741	Musclepit
Joshua Holden	14	M-T	62.4	67.5	85	-105	110		42.5	55	-62.5		95	102.5	107.5	120	272.5	218.668	218.668	Musclepit
Jessica Napper	17	F-T	62.1	67.5	60	70	80	-85	25	30	-35		70	80	90	-95	200	192.160	192.160	Musclepit
Kyle Love	31	M-O	106.2	110	-255	-260	-270		-205				-35				0	0.000	0.000	Musclepit
Daniel Henry	29	M-O	97.3	100	65				-150	150	-160		-60				0	0.000	0.000	Newman Rec
Benjamin Adams	30	M-O	112.4	125	65				-180	180	-200		-60				0	0.000	0.000	Newman Rec