

1-Mar-20

## CAPO SA Summer Cup

Name	Age	Div		BWt (Kg)	WtCls (Kg)	Gloss	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Kyle Forrest	25	MO-RP	Wraps	95.75	100	0.5926	280	300	-310	300	150	160	-165	160	460	-285	285		285	<b>745.0</b>	441.45	0.00	1-MO-RP-100
Rhyley Dart-Bell	18	MT-RP	Wraps	88.3	90	0.6185	185	200	210	210	120	130	140	140	350	205	220	230	230	<b>580.0</b>	358.70	0.00	1-MT-RP
Gary Jones	55	MM-R	Raw	107.2	110	0.5668	-180	180	202.5 AR	202.5	170	177.5	181.5 AR	181.5	384	225	237.5 AR	-250	237.5	<b>621.5 AR</b>	352.24	431.49	1-MM-R
Griffin Finlay-Brooks	20	MJ-RP	Wraps	87.95	90	0.6197	165	177.5	192.5	192.5	112.5	117.5	122.5	122.5	315	180	200	220	220	<b>535.0</b>	331.54	0.00	1-MJ-RP
Phil Van der Hoek	32	MO-RP	Wraps	90.6	100	0.6097	145	160	170	170	115	125	132.5	132.5	302.5	175	200	215	215	<b>517.5</b>	315.49	0.00	2-MO-RP-100
Kate McEwen	32	FO-RP	Wraps	60.75	67.5	0.9772	97.5	105	110	110	52.5	57.5	60	60	170	130	140	142.5	142.5	<b>312.5</b>	305.36	0.00	1-FO-RP-67.5
Vincent Sim	22	MJ-RP	Wraps	61.75	67.5	0.8097	120	130	-137.5	130	60	67.5	72.5	72.5	202.5	150	165	172.5	172.5	<b>375.0</b>	303.64	0.00	1-MJ-RP
Emma Jacobs	20	FJ-RP	Wraps	65	67.5	0.9267	102.5	112.5	117.5	117.5	57.5	60	62.5	62.5	180	120	130	137.5	137.5	<b>317.5</b>	294.21	0.00	1-FJ-RP
Isabella Rogers	24	FO-RP	Wraps	59.45	60	0.9943	95	105	-107.5	105	42.5	45	-47.5	45	150	112.5	122.5	130	130	<b>280.0</b>	278.39	0.00	1-FO-RP-60
David Thomas	51	MM-R	Raw	107.6	110	0.5661					150	-170		150	0					<b>0.0</b>	0.00	0.00	0.00