

CAPO - QUEENSLAND STATE POWERLIFTING CHAMPIONSHIPS

17/10/2020

BROTHERS RUGBY UNION CLUB - BRISBANE

Name	Sex	Age	Equip	Div	BWT	Wt Cls	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Points	
Claudia Natasha	F	32	Wraps	3 Lift	52	52	95	105	-110	105	55	60	62.5	62.5	110	115			115	282.5	312.17	
Asha Pochin	F	40	Wraps	3 Lift	55.1	56	-92.5	92.5	102.5	102.5	50	52.5	-55	52.5	130	140	147.5		147.5	302.5	318.97	
Elva Reynisdottir	F	33	Wraps	3 Lift	53.7	56	100	105	-110	105	-57.5	57.5	60	60	107.5	110	117.5		117.5	282.5	304.14	
Greer Mason	F	31	Wraps	3 Lift	62.8	67.5	-150	150	-155	150	62.5	67.5	70	70	140	150	-160		150	370	351.74	
Indiana Stuart-Kadlee	F	22	Wraps	3 Lift	65	67.5	120	-130	130	130	62.5	67.5	-70	67.5	145	-152.5	152.5		152.5	350	324.1	
Hazel Chee	F	32	Wraps	3 Lift	64.8	67.5	102.5	110	-117.5	110	42.5	47.5	50	50	120	130	140		140	300	278.45	
Ouida Ratapu	F	62	Wraps	3 Lift	73.5	75	140	150	-160	150	92.5	95	97.5	97.5	175	185	190	195	190	437.5	370.85	
Jess Fitzsimmons	F	15	Wraps	3 Lift	72.4	75	100	110	120	120	45	50	-55	50	120	127.5	132.5	140	132.5	302.5	259.08	
Tracey Faucett	F	55	Wraps	3 Lift	71.4	75	90	-100	100	100	52.5	57.5	-60	57.5	110	120	125	-130	125	282.5	244.3	
Josie McCool	F	69	Wraps	3 Lift	74.9	75	-55	-60	60	60	35	42.5	-45	42.5	100	110	115	-120	115	217.5	182.04	
Soraya Engelken	F	38	Wraps	3 Lift	79	82.5	140	150	160	160	65	70	72.5	72.5	135	145	150		150	382.5	309.33	
Bobbie Dowdle	F	56	Wraps	3 Lift	86.5	90	85	90	92.5	92.5	45	47.5	50	50	97.5	105	110		110	252.5	193.65	
Simone Whalley	F	32	Wraps	3 Lift	91.1	90+	-130	-130	130	130	65	70	72.5	72.5	130	140	150		150	352.5	263.13	
Jasmin James	F	27	Wraps	3 Lift	100.6	90+	110	125	130	130	40	45	-47.5	45	120	-130	130		130	305	217.61	
Kathryn Marker	F	34	Single Ply	3 Lift	75.1	82.5	110	-117.5	117.5	117.5	-60	60	-62.5	60	-120	130	140		140	317.5	265.27	
Mitch Ryan	M	13	Wraps	3 Lift	59.5	60	115	-117.5	-117.5	115	-50	50	52.5	52.5	115	125	130	135	130	297.5	249.8	
Tristan Crockett	M	20	Wraps	3 Lift	65.6	67.5	180	-200	-205	180	100	105	-110	105	210	220	230	-240	230	515	395.03	
Ben Reinke	M	19	Wraps	3 Lift	74.2	75	192.5	-202.5	-211	192.5	100	105	-110	105	200	210	-220		210	507.5	352.22	
Pho Lam	M	17	Wraps	3 Lift	72.1	75	170	177.5	185	185	90	95	-100	95	215	225	-235		225	505	358.25	
Ben Tigell	M	27	Wraps	3 Lift	71.7	75	-140	140	147.5	147.5	70	80	85	85	155	165	-175		165	397.5	283.22	
Tommy-Lee McGrath	M	28	Wraps	3 Lift	81.5	82.5	-240	240	260	260	160	170	-175	170	315	325	-330		325	755	490.54	
Paul Sangainetti	M	45	Wraps	3 Lift	76.6	82.5	140	147.5	-152.5	147.5	80	85	-90	85	195	210	-220		210	442.5	300.02	
Sam Marshall	M	17	Wraps	3 Lift	81.2	82.5	145	160	-167.5	160	-92.5	92.5	-102.5	92.5	130	147.5	155		155	407.5	265.4	
Jordan Teichrib	M	27	Wraps	3 Lift	89.2	90	-230	240	260	260	130	-135	135	135	-280	280			280	675	415.05	
Hugh Williamson	M	20	Wraps	3 Lift	85.03	90	190	-200	200	200	77.5	82.5	87.5	87.5	160	175	185		185	472.5	298.83	
Adam Williamson	M	17	Wraps	3 Lift	84	90	125	132.5	140	140	92.5	97.5	102.5	102.5	150	160	170		170	412.5	262.86	
Jack Lehfeldt	M	24	Wraps	3 Lift	91.8	100	260	275	280	280	150	157.5	-160	157.5	-285	300			300	737.5	446.43	
Regan Mitchell	M	43	Wraps	3 Lift	97.5	100	220	230	-242.5	230	130	140	-142.5	140	200	210			210	580	340.86	
Neil Britton	M	39	Wraps	3 Lift	92	100	205	220	-227.5	220	112.5	117.5	122.5	122.5	215	230	-240		230	572.5	346.15	
Connor Hartigan	M	17	Wraps	3 Lift	97.8	100	185	195	202.5	202.5	105	-110	110	110	205	-215	215		215	527.5	309.58	
Cadel Crawford	M	16	Wraps	3 Lift	96	100	180	190	200	200	95	105	-115	105	190	202.5	-210		202.5	507.5	300.39	
Jim Heintzberger	M	39	Wraps	3 Lift	94	100	160	170	180	180	92.5	97.5	100	100	165	180	190		190	470	281.06	
Liam Johnston	M	19	Wraps	3 Lift	103	110	200	215	-230	215	120	130	-140	130	220	-235	-235		220	565	324.62	
Ben Lang	M	30	Wraps	3 Lift	123.8	125	-215	215	-222.5	215	155	162.5	170	170	240	250	-255		250	635	347.21	
Nicholas Findelator	M	22	Wraps	3 Lift	116.6	125	-205	205	220	220	130	-137.5	137.5	137.5	220	240	250		250	607.5	336.83	
Joseph Nolan	M	27	Wraps	3 Lift	116.41	125	-157.5	157.5	160	160	112.5	117.5	-122.5	117.5	220	230	-235		230	507.5	281.49	
Blane Robertson	M	49	Wraps	3 Lift	128.5	140	300	-320.5	-320.5	300	160	170	-181	170	290	300	315	-320	315	785	425.31	
Ashford McKenzie	M	31	Wraps	3 Lift	151.15	140+	320	-340	350	350	190	-195	-200	190	340	-360	-360		340	880	459.6	
Les Wroe	M	31	Wraps	3 Lift	145	140+	275	300	-315	300	190	200	210	210	300	-320	-320		300	810	426.85	
Greg Sobczak (Guest)	M		Raw	PP							95	105	-110	105	280	305	330	350	330	435		
Christine Tonks	F	29	Wraps	3 Lift	85.9	90	-120	-130	-130													
Gary Franke	M	45	Wraps	3 Lift	99.2	100	-220															
Shaun Ashwell	M	36	Wraps	3 Lift	180.75	140+	-275	-280	-280													
David Heard	M	39	Multi-Ply	3 Lift	117.8	125	-250	-250	-250		-160	-170	-170		220	-240	-260					
Chris Skarouphe	M	35	Multi-Ply	3 Lift	118.3	125	-220	-220	-220		-140	140	-150		160	202.5	205					