

29-Nov-20

CAPO Deadliest Deadlift & Bench 2020 - Cicerello's Restaurant - Fremantle

Name	Age	Div		BWt (Kg)	WtCls (Kg)	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PP Total	Coeff Score	Age Coeff	PI-Div-WtCl
David Toomer	32	M-O	Raw	122.9	125	200	212.5	222.5		222.5	290	317.5	327.5		327.5	550	301.648	301.648	1-M-O
Sam Murphy	37	M-O	Raw	124	125	200	-210			200	350	-375	-375		350	550	300.630	300.630	2-M-O
Kyle Love	31	M-O	Raw	106.8	110	205	215	220		220	270	290	300		300	520	295.074	295.074	3-M-O
Philip Wilde	31	M-O	Raw	143.5	SHW	215	225	230	235	230	300	317.5	325		325	555	293.123	293.123	4-M-O
Ayrton Barrett	28	M-O	Raw	110	110	167.5	175	180		180	280	300	-310		300	480	270.000	270.000	5-M-O
Alec Harris	30	M-O	Raw	130.3	140	-180	190	-200		190	280	300	-315		300	490	264.600	264.600	6-M-O
Jamie Westhead	20	M-O	Raw	90.5	100	120	140	150		150	240	280	-300		280	430	262.300	262.300	7-M-O
Benjamin Adams	30	M-O	Raw	106.9	110	175	190	-200		190	240	260	-270		260	450	255.623	255.623	8-M-O
Russell Tay	36	M-O	Raw	73.8	75	120	130	-135		130	215	230	-240		230	360	250.866	250.866	9-M-O
Ryan Chaudhry	39	M-O	Raw	102	110	160	-170	-170		160	250	260	-265		260	420	242.214	242.214	10-M-O
Tyronne O'Neill	30	M-O	Raw	100.3	110	112.5	122.5	127.5		127.5	205	222.5	237.5		237.5	365	211.919	211.919	11-M-O
Brendan Quilty	24	M-O	Raw	93.4	100	105	112.5	117.5		117.5	180	200	215		215	332.5	199.483	199.483	12-M-O
Josh Altieri	30	M-O	Raw	93.5	100	100	105	-110		105	-190	200	210		210	315	188.890	188.890	13-M-O
David James	26	M-O	Raw	99.7	100	-67.5	70	72.5		72.5	75	80	85		85	157.5	91.673	91.673	14-M-O
Matteo Giubilato	19	M-T	Raw	108.1	110	130	137.5	142.5	145	142.5	265	280	-290		280	422.5	238.839	238.839	1-M-T
Kaevan Agir	14	M-T	Raw	127.6	140	120	130	140		140	180	200	220	230	220	360	195.372	195.372	2-M-T
Jim Ambrose	69	M-M	Raw	74.5	75	100	110	-115		110	200	215			215	325	224.884	362.063	1-M-M
Miles Guy	58	M-M	Raw	104.8	110	170	177.5	182.5		182.5	230	250	260		260	442.5	252.690	326.222	2-M-M
Bill Harnett	49	M-M	Raw	99	100	135	145	-155		145	255	277.5	-300.5		277.5	422.5	246.656	274.528	3-M-M
George Napper	47	M-M	Raw	123.7	125	165	175	182.5	185	182.5	235	260	-272.5		260	442.5	242.025	261.871	4-M-M
Keith Henderson	42	M-M	Raw	81.2	82.5	-140	150	-160.5		150	210	220			220	370	240.981	245.801	5-M-M
Rosario Murace	42	M-M	Raw	90.5	100	60	70	80		80	140	150	160		160	240	146.400	149.328	6-M-M
Sarah Rodwell	37	F-O	Raw	73.8	75	95	100	-105		100	205	215	-220		215	315	266.254	266.254	1-F-O
Lucy Michon	35	F-O	Raw	77.3	82.5	92.5	-97.5	97.5	-100	97.5	172.5	180	190	200	190	287.5	235.649	235.649	2-F-O
Josie Jordan	29	F-O	Raw	66.6	67.5	70	-72.5	72.5		72.5	170	175	182.5		182.5	255	231.833	231.833	3-F-O
Leah Bennett	38	F-O	Raw	81.3	82.5	90	95	100	-102.5	100	170	177.5	185	-190	185	285	226.205	226.205	4-F-O
Annie Malard	39	F-O	Raw	70.3	75	-65	67.5	72.5		72.5	170	177.5	-185		177.5	250	218.463	218.463	5-F-O
Sian Miller	33	F-O	Raw	61.2	67.5	65	70	-72.5		70	137.5	145	-150		145	215	209.002	209.002	6-F-O
Ashlee Watkinson	31	F-O	Raw	55	56	52.5	55	57.5		57.5	127.5	130	-132.5		130	187.5	198.581	198.581	7-F-O
Alexis Molloy	33	F-O	Raw	66.5	67.5	75	-80	-80		75	-135	142.5	-150		142.5	217.5	197.969	197.969	8-F-O
Stacey Rosam	36	F-O	Raw	64.5	67.5	-60	60	-65		60	135	145	150		150	210	195.783	195.783	9-F-O
Jemma Kirke	25	F-O	Raw	61.9	67.5	45	-52.5	-52.5		45	105	115	-125		115	160	154.120	154.120	10-F-O
Ruby Carwardine	18	F-T	Raw	72.6	75	67.5	72.5	-75		72.5	160	175	-190		175	247.5	211.538	211.538	1-F-T
Jessica Napper	17	F-T	Raw	61.9	67.5	35	37.5	-40		37.5	-90	97.5	100	105	100	137.5	132.447	132.447	2-F-T
Catherine Henderson	40	F-M	Raw	80.2	82.5	75	80	85		85	145	155	165	170	165	250	200.125	200.125	1-F-M
Erica McKnight	52	F-M	Raw	79.2	82.5	62.5	65	-67.5		65	130	140	145	150	145	210	169.449	197.408	2-F-M
Kylie McLeod	39	F-O	Raw	79.5	82.5	-55	-60	-60		0	145	-155	160		160	0	0.000	0.000	0