618 BARBELL - POORAKA

27-Oct-19					CAPO SA Open Oct 2019										
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlift 1	Deadlift 2	Deadlift 3	PL Total	Coeff Score
Mark Anderson	36	MO-R	108.65	110	240	260	280	155	170	180	240	270	-300	730.0	412.01
Gary Jones	55	MM-RP	98.95	100	180	200	210	165	175	-181.5	230	247.5	-252.5	632.5	369.25
Steve White	30	MO-RP	157.4	SHW	-240	-240	272.5	-150	165	-172.5	240	252.5	262.5	700.0	362.36
Ligaya Wood	35	FO-RP	81.6	82.5	140	150	160	70	77.5	82.5	140	155	165	407.5	322.70
Sarah Butler	37	FO-RP	67.05	67.5	105	110	115	65	-70	-70	150	-160	-160	330.0	298.27
Gabrielle Murphy	41	FM-RP	73.7	75	105	115	120	55	60	-62.5	137.5	142.5	147.5	327.5	277.08
Jess Hammer	34	FO-RP	89.3	90	-105	105	110	70	75	-80	130	135	140	325.0	243.96
Madeleine Hughes	21	FJ-RP	62.85	67.5	82.5	90	95	35	40	42.5	92.5	100	105	242.5	230.64
Artem Kutyaev	24	MO-R	95.2	100				145	150	152.5				0.0	0.00
David Thomas	51	MM-R	107.3	110				165	-175	175				0.0	0.00
Dom Mitolo	27	MO-R	93.35	100				160	170	190				0.0	0.00