

11-May-19		CAPO QLD State Championship - Geebung RSL																					
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t1	Deadlif t2	Deadlif t3	Deadlif t4	PL Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCl	Team Pts	Team	Events
Terrence Titus	63	MM-RP	114.9	125	0.5568	155	205	225	140	155	163	285	305	315		702.5	391.15	555.83	3.00	1-MM-RP	7.00	Deno Tochi	PL
Luke Poli INV	41	MO-RP	151.8	SHW	0.5218	300	-335	335	180	210	228	275	300	320		882.5	460.44	465.05	1.00	1-MO-RP-SHW	7.00	EPIC	PL
Jarad Evans	44	MM-R	126	140	0.5444	205	220	-225	135	143	145	260	275	280		645.0	351.11	366.20	3.00	1-MM-R	7.00	Fortitude Barbell	PL
Chris Cougan	29	MO-R	81.88	82.5	0.6504	155	-165	-175	140	145	150	200	215	225		530.0	344.71	344.71	1.00	1-MO-R-82.5	7.00	Fortitude Barbell	PL
Phil Glass	46	MO-R	97.51	100	0.5878	-168	-175	175	95	103	105	185	195	200		480.0	282.12	301.30	1.00	1-MO-R-100	7.00	Fortitude Barbell	PL
Greer Mason	29	FO-RP	65.09	67.5	0.9255	120	128	-135	50	55	60	120	-130	135		322.5	298.47	298.47	1.00	1-FO-RP-67.5	7.00	Fortitude Barbell	PL
Alex Halpin	25	MO-RP	80.5	82.5	0.6551	155	165	-170	90	95	-100	180	-190		440.0	288.22	288.22	1.00	1-MO-RP-82.5	7.00	Fortitude Barbell	PL	
Joseph Nolan	26	MO-RP	111.38	125	0.5606	155	168	175	97.5	105	108	200	218	225		507.5	284.50	284.50	1.00	1-MO-RP-125	7.00	Fortitude Barbell	PL
Lisa Donoghue	47	FM-RP	99.96		0.7157	115	123	130	45	50	52.5	130	138	140		322.5	230.80	249.72	3.00	1-FM-RP	7.00	Fortitude Barbell	PL
Hazel Chee	31	FO-R	55.88	56	1.0454	65	72.5	-80	35	40	45	100	110	120		237.5	248.28	248.28	1.00	1-FO-R-56	7.00	Fortitude Barbell	PL
Hugh Williamson	18	MT-R	73.26	75	0.7005	120	128	133	55	-60	60	130	140	145		337.5	236.40	236.40	3.00	1-MT-R	7.00	Fortitude Barbell	PL
Andrew Goldberg	29	MO-R	67.44	67.5	0.7494	100	105	-108	60	65	67.5	110	120	125		297.5	222.93	222.93	1.00	1-MO-R-67.5	7.00	Fortitude Barbell	PL
Jasmin James	26	FO-RP	100.9		0.7132	-90	90	100	40	45	50	110	120	130		280.0	199.68	199.68	1.00		7.00	Fortitude Barbell	PL
Neil Britton	37	MO-RP	88	90	0.6197	200	215	220	110	118	120	210	230		570.0	353.23	353.23	1.00	2-MO-RP-90	5.00	Fortitude Barbell	PL	
Cyll Duncan	42	MM-RP	93.75	100	0.5987	170	180	-190	103	110	-113	180	195	200		490.0	293.36	299.23	3.00	2-MM-RP	5.00	Fortitude Barbell	PL
Ferg L	17	MT-RP	104.3	110	0.5720	160	170	175	80	85	90	170	185	200		465.0	265.98	265.98	3.00	2-MT-RP	5.00	Fortitude Barbell	PL
Rob Peel	33	MO-RP	110.1	125	0.5624	150	160	170	100	108	113	160	175	185		467.5	262.90	262.90	1.00	2-MO-RP-125	5.00	Fortitude Barbell	PL
Tijana Bond	22	FJ-RP	61.72	67.5	0.9658	90	97.5	-105	37.5	42.5	-45	95	105	110		250.0	241.44	241.44	3.00	2-FJ-RP	5.00	Fortitude Barbell	PL
Robert Hennan	26	MO-R	94.31	100	0.5971	-125	125	130	82.5	90	-95	110	120	-130		340.0	203.01	203.01	1.00	2-MO-R-100	5.00	Fortitude Barbell	PL
Leo Marcus	22	MJ-RP	81.6	82.5	0.6493	183	-190	195	-125	133	-143	200	210	220		547.5	355.46	355.46	3.00	1-MJ-RP	7.00	Healthworks West End	PL
Coralie Weir	57	FO-RP	51.74	52	1.1126	-130	130	135	80	82.5	85	150	155	158		377.5	420.01	532.57	1.00	1-FO-RP-52	7.00	Hype Currumbin	PL
Katie Beuers	24	FO-RP	74.63	75	0.8391	-93	92.5	95	47.5	50	52.5	115	120	125		272.5	228.65	228.65	1.00	1-FO-RP-75	7.00	Luke Joyce	PL
Jay Tyler	33	MO-RP	99.6	100	0.5823	220	240	250	-170	180	190	250	275	-300		715.0	416.34	416.34	1.00	1-MO-RP-100	7.00	Mason Jardine	PL
Shane Rock	46	MO-RP	67.28	67.5	0.7504	180	-200	-210	110	125	-138	210	230	245	-253	550.0	412.69	440.76	1.00	1-MO-RP-67.5	7.00	Muscle Hut	PL
Cameron Neuendorf	28	MO-RP	109.4	110	0.5634	240	-250	-260	140	160		240	250	260		660.0	371.81	371.81	1.00	1-MO-RP-110	7.00	Muscle Hut	PL
Sarah Sapiano	51	FM-R	55.88	56	1.0454	-95	-95	95	60	-65	-65	120				275.0	287.49	329.75	3.00	1-FM-R	7.00	Muscle Hut	PL
Maurie Craggs	87	MM-R	74.7	75	0.6906							130	140	143					3.00			PCYC	DL
Muhammad Nazirul	30	MO-RP	86.2	90	0.6273	280	305	-310	165	175	185	240	253	-260		742.5	465.73	465.73	1.00	1-MO-RP-90	7.00	Powerlifting Singapore	PL
Heidi Griffiths	23	FJ-RP	67.4	67.5	0.9008	120	125	-130	55	-60	-60	120	125	130		310.0	279.23	279.23	3.00	1-FJ-RP	7.00	Selz	PL
Katrina Durbridge	34	FO-R	65.69	67.5	0.9189	110	-115	-115	55	-60		140	-150			305.0	280.25	280.25	1.00	1-FO-R-67.5	7.00	Snap Everton Park	PL
Chris Knight	37	FO-RP	55.7	56	1.0484	-85	85	-95	45	-50	-50	85	95	100		230.0	241.13	241.13	1.00	1-FO-RP-56	7.00	TTC Strength	PL
Christopher Sabitzer Murray	31	MO-RP	96.8	100	0.5897	-180	190	195	120	130	140	210	230	250		585.0	344.95	344.95	1.00	2-MO-RP-100	5.00	TTC Strength	PL
Clint Macdonald	38	MO-RP	80	82.5	0.6578	-155	155	-160	-95	95	-100	160	170	-175		420.0	276.28	276.28	1.00	2-MO-RP-82.5	5.00	TTC Strength	PL
Ashleigh Milla-Carpenter	26	FO-RP	81.26	82.5	0.7937	-155	155	-165	75	-80		140	155	163		392.5	311.53	311.53	1.00	1-FO-RP-82.5	7.00	Valhalla	PL
Jack Lehfelot	23	MJ-RP	91.6	100	0.6061	210	240	-250	140	148	-153	250	260	270		657.5	398.48	398.48	3.00	1-MT-RP	7.00		PL
Luke Taylor	20	MJ-RP	108.69	110	0.5644	220	230	235	135	143	148	220	-235	-235		602.5	340.05	340.05	3.00	2-MJ-RP	5.00		PL
Chris Tunn	28	MO-R	81.2	82.5	0.6513	150	160	-165	-115	-115	-115	170	180	190					1.00				PL

Chief Referee

Side Referee

Side Referee