

18-Aug-18 CAPO 2018 Benchpress Nationals, Brothers Rugby Club, Brisbane

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	Place code	PI-Div-WtCl	Team Pts	Team
Bec Carrick (QLD)	28	FO-R	53.28	56	1.0861	62.5	65	67.5	-70	67.5	73.31	73.31	1.00	1-FO-R-56	7.00	
Lorell Nelson (QLD)	61	FM-R	55.56	56	1.0500	47.5	52.5	-55		52.5	55.13	75.30	3.00	1-FM-R	7.00	
Amy Penrose (QLD)	30	FO-R	67.1	67.5	0.9039	57.5	62.5	-65		62.5	56.49	56.49	1.00	1-FO-R-67.5	7.00	
Leon Handsjuk (VIC)	70	MM-R	87.94	90	0.6223	92.5	-97.5	97.5		97.5	60.67	99.80	3.00	1-MM-R	7.00	
Tristan Penrose (QLD)	30	MO-R	93.48	100	0.5997	87.5	92.5	-97.5		92.5	55.47	55.47	1.00	1-MO-R-100	7.00	
Mark Dennett (NSW)	33	MO-SP	90.62	100	0.6097	100	110	-115		110.0	67.06	67.06	1.00	1-MO-SP-100	7.00	
Dane Heath (QLD)	14	MT-R	97.82	100	0.5870	120	125	-130		125.0	73.37	73.37	3.00	1-MT-R	7.00	
Ken Haydock (QLD)	43	MM-R	93.5	100	0.5997	125	130	135		135.0	80.95	83.46	3.00	2-MM-R	5.00	
Jonny Nelson (QLD)	36	MO-SP	105.46	110	0.5698	160	-165	-165		160.0	91.16	91.16	1.00	2-MO-SP-110	5.00	
Sam Hodby (QLD)	34	MO-SP	106.74	110	0.5677	160	165	170		170.0	96.50	96.50	1.00	1-MO-SP-110	7.00	
Fabian Lee (QLD)	33	MO-R	120.88	125	0.5505	182.5	192.5	200	-205	200.0	110.10	110.10	1.00	1-MO-R-125	7.00	