

21-May-17

## SA CAPO State Titles

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	PL Total	Coeff Score	Age & Coeff	Place code	PI-Div-WtCl
Leonie Robertson	60	FM-R	67	67.5	0.9049	40	50	55		37.5	40	45	65	75	85		185.0	167.41	224.32	3.00	2-FM-R
Noosha Haslam	38	FO-RP	74.9	75	0.8369	115	117.5	-120		60	65	-70	120	-125	-125		302.5	253.15	253.15	2.00	2-FO-RP
Elizabeth Peglidis	27	FO-R	78.8	82.5	0.8096	80	90	-115		45	55	-60	100	115	125		270.0	218.58	218.58	2.00	1-FO-R
Bev Morgan	53	FM-RP	59.9	60	0.9889	60	75	80		40	47.5	-52.5	120	135	145		272.5	269.48	319.06	3.00	1-FM-RP
Andrea Sterns	54	FM-R	74.1	75	0.8429	100	107.5	113.5		65	70	72.5	135	141	145		330.0	279.00	335.92	3.00	1-FM-R
Sarah Butler	35	FO-RP	58.95	60	1.0010	85	95	100		52.5	-60	-60	130	140	150		302.5	302.80	302.80	2.00	1-FO-RP
Sean Rothery	15	MT-R	106.7	110	0.5677	90	110	-130		60	70	-80	140	150	165		345.0	195.84	195.84	3.00	1-MT-R
Janet Smith	47	FM-RP	74.65	75	0.8384	90	105	115		55	-65	65	150	165	-172.5		345.0	289.23	312.95	3.00	2-FM-RP
Leon Ryder	24	MO-R	77.4	82.5	0.6731	135	142.5	-147.5		80	92.5	-100	175	185	-192.5		420.0	282.68	282.68	2.00	3-MO-R
Ty Flink	23	MJ-RP	86.3	90	0.6269	150	170			90	100		80				350.0	219.40	219.40	3.00	2-MJ-RP
Steven Gornall	26	MO-R	118.9	125	0.5526	150	160	175		105	120	-125	180	195	-205		490.0	270.75	270.75	2.00	4-MO-R
Ben Hussell	28	MO-RP	102.2	110	0.5763	195	207.5	215		122.5	132.5	140	205	215	-220		570.0	328.49	328.49	2.00	3-MO-RP
Todd Preston	21	MJ-R	132.3	140	0.5381	170	-180	180		125	132.5	-140	190	195	-220		507.5	273.06	273.06	3.00	1-MJ-R
Sam Williams	26	MO-R	100	100	0.5813	150	170	185		120	132.5	137.5	210	230	240		562.5	326.98	326.98	2.00	2-MO-R
Scott Nelson	22	MJ-RP	70.8	75	0.7197	190	200	-210		125	-132.5	-132.5	225	235	-242.5		560.0	403.03	403.03	3.00	1-MJ-RP
Trevor Williams	30	MO-R	96.8	100	0.5897	200	210	-220		125	132.5	-140	235	-245	-245		577.5	340.52	340.52	2.00	1-MO-R
Ian Hendrie	54	MM-R	97.35	100	0.5880	125	132.5	150	-160	95	105	115	210	230	-250		495.0	291.06	350.44	3.00	1-MM-R
Kevin Conway	58	MM-RP	97.8	100	0.5870	110	140	155		80	95	105	200	230	250		510.0	299.34	386.45	3.00	1-MM-RP
Jarod Ho	24	MO-RP	74.8	75	0.6899	200	-220	-227.5		130	140	142.5	250	270	-275		612.5	422.56	422.56	2.00	1-MO-RP
John Wyrill	28	MO-RP	109.4	110	0.5634	222.5	235	245		132.5	137.5	142.5	240	260	275		662.5	373.22	373.22	2.00	2-MO-RP