30-Apr-17 — 2017 CAPO QLD State Titles

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	PL Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCl
Coralie Weir	55	FM-R	53.5	56	1.0828	105	-110	110		80	-85	-85	150	155	-160		345.0	373.57	457.62	3.00	1-FM-R
May Tiumalu	43	FM-R	127.9	SHW	0.6683					65	70	-72.5	90	100	110		180.00	120.29		3.00	
Lisa Donoghue	45	FM-R	88.75	90	0.7531					45	50	-52.5	130	137.5	142.5		192.50	144.96		3.00	
Lorell Nelson	60	FM-R	55.2	56	1.0561					50	55	57					55.00	58.09		3.00	
Quida (weeda) Ratapu	58	FM-RP	77.15	82.5	0.8204	110	120	130		80	85	90	120	140			360.0	295.33	381.27	3.00	2-FM-RP
Amanda Hart	42	FM-RP	94.9	SHW	0.7307	115	122.5	-127.5		70	72.5	-75	130	140	145		340.0	248.44	253.41	3.00	3-FM-RP
Janelle Chamberlin	43	FM-RP	59.2	60	0.9984	145	-152.5	155		70	77.5	80	160	172.5	177.5	180	412.5	411.82	424.59	3.00	1-FM-RP
Caroline Hale	31	FO-R	54.6	56	1.0653	70	80	90		55	-65	-65	130	140	-150		285.0	303.61	303.61	3.00	1-FO-R
Viki Hokai	28	FO-R	63	67.5	0.9499	82.5	85	90		37.5	-40	42.5	92.5	-100	-100		225.0	213.72	213.72	3.00	5-FO-R
Ngawai Mason	30	FO-R	73.4	75	0.8484	82.5	-85	-90		42.5	47.5	50	105	112.5	120		252.5	214.21	214.21	3.00	4-FO-R
Sam Collings	28	FO-R	73.45	75	0.8476	105	110	117.5		55	60	62.5	110	120	127.5		307.5	260.62	260.62	3.00	2-FO-R
Joanne Lane	26	FO-R	88.55	90	0.7540	112.5	120	125		55	57.5	60	130	137.5	140		325.0	245.05	245.05	3.00	3-FO-R
Melissa Walton	24	FO-RP	73.75	75	0.8453	-100	110	-115		50	52.5	55	105	120	125		290.0	245.12	245.12	3.00	5-FO-RP
Amy Oldfield	28	FO-RP	86.5	90	0.7645	110	-112.5	112.5		50	-55	-55	120	127.5	132.5		295.0	225.53	225.53	3.00	6-FO-RP
Bec Carrick	27	FO-RP	55.9	56	1.0454	115	-120	122.5		57.5	60	65	115	125	130		317.5	331.91	331.91	3.00	2-FO-RP
Stacie Goulding	30	FO-RP	77.2	82.5	0.8204	120	140	150		65	75	80	140	160	170		400.0	328.14	328.14	3.00	3-FO-RP
Robin Collin	38	FO-RP	81.35	82.5	0.7931	-135	-140	-140		65	-70	70	125	135	140					3.00	
Perdita Barrington	37	FO-RP	74.6	75	0.8391	135	142.5	150	-160	55	60	-62.5	120	130	140		350.0	293.69	293.69	3.00	4-FO-RP
Cassandra Humphreys	23	FO-RP	67.5	67.5	0.9000	140	-147.5	-147.5		75	80	-82.5	155	165	172.5		392.5	353.23	353.23	3.00	1-FO-RP
Hannah O'Malley	19	FT-RP	54.05	56	1.0732	92.5	95	100		45	47.5	50	122.5	125	130		280.0	300.50	300.50	3.00	1-FT-RP
Steven Collier	22	MJ-MP	102.3	110	0.5761	75				25			75				175.0	100.81	100.81	3.00	1-MJ-MP
Andy Kao	22	MJ-R	71.3	75	0.7157	170	185	190		120	-127.5	127.5	225	245	-260		562.5	402.55	402.55	3.00	1-MJ-R
Jason Chan	21	MJ-RP	92.75	100	0.6020	205	220	230		130	-140	-140	240	-260	260		620.0	373.21	373.21	3.00	1-MJ-RP
Dean Passariz	23	MJ-RP	89.75	90	0.6126	-225	225	235		115	-120	-120	220	240	250		600.0	367.56	367.56	3.00	2-MJ-RP
Jake Denny	22	MJ-RP	115.9	125	0.5557	-200	220	230		120	127.5	135	250	260	-267.5		625.0	347.31	347.31	3.00	3-MJ-RP
Jason Eastment	23	MJ-SP	107.75	110	0.5658	210	-220	225		170	180	-185	220	240	-250		645.0	364.94	364.94	3.00	1-MJ-SP
Ron Birch	71	MM-MP	94.95	100	0.5949	100				80	100	107.5	145	190			397.5	236.47	397.51	3.00	1-MM-MP
Kevin Rogers	54	MM-R	66.35	67.5	0.7590					85	92.5	-101					92.5	70.21		3.00	
Paul Chapple	43	MM-R	87.95	90	0.6197	90	100	105		80	90	-100	150	160	170		365.0	226.19	233.20	3.00	2-MM-R
Nathan Ross	40	MM-R	82.1	82.5	0.6467								230	-241	241	250	241.0	155.84		3.00	
Dan Cann	43	MM-R	118.2	125	0.5528	220	250	260		140	150	160	240	260	275		695.0	384.20	396.11	3.00	1-MM-R
Heath Ryan	43	MM-RP	80.85	82.5	0.6557	190	200	-210		140	-145		200	220	-230		560.0	367.19	378.57	3.00	2-MM-RP
Peter Baskerville	62	MM-RP	95.15	100	0.5943	150	160	-170		75	80	82.5	180	190	200		442.5	262.98	366.33	3.00	3-MM-RP
Cyll Duncan	40	MM-RP	87.9	90	0.6223	175	185	-190		102.5	107.5	112.5	200	210	215		512.5	318.90	318.90	3.00	4-MM-RP
Dean Carroll	40	MM-RP	98.55	100	0.5848	235	250	260		145	155	-160	285	300	-307.5		715.0	418.13	418.13	3.00	1-MM-RP
Tim Roberts	31	MO-R	58.05	60	0.8597	85	90	-95		55	60	-65	142.5	150	-157.5		300.0	257.90	257.90	3.00	10-MO-R
Sam Hodby	32	MO-R	79.4	82.5	0.6612	120	130	137.5		100	107.5	-112.5	160	170	180		425.0	281.01	281.01	3.00	9-MO-R
Micheal Buda	35	MO-R	74.45	75	0.6920	-135	-135	140		100	107.5	-110	205				452.5	313.11	313.11	3.00	7-MO-R
Maninder Singh	31	MO-R	59.65	60	0.8369	140	-150	150	155	80	85	-90	180	190	-200		425.0	355.68	355.68	3.00	4-MO-R
Paul Gautam	26	MO-R	80.65	82.5	0.6540	145	155	160		105	-112.5	-112.5	175	190	200		465.0	304.11	304.11	3.00	8-MO-R
Jeff Lam	38	MO-R	96.15	100	0.5914	180	-200						-200							3.00	
Andrew Goldbreg	26	MO-R	65.95	67.5	0.7630					55	60	-65	-120	120	125		185.0	141.16		3.00	
Andre Langer	38	MO-R	88.35	90	0.6181	160	180	-187.5		152.5	-162.5	163.5	175	194			537.5	332.23	332.23	3.00	5-MO-R
Sym Puskric	39	MO-R	90	90	0.6119	180	187.5	-195		150	157.5	162.5	230	250	-270		600.0	367.11	367.11	3.00	2-MO-R
Steven Ho	24	MO-R	87.75	90	0.6205	190	-200	200		120	130	135	220	240	250		585.0	362.99	362.99	3.00	3-MO-R
Adam Begurnik	27	MO-R	97.75	100	0.5870	175	185	195		105	112.5	-115	235	-250			542.5	318.42	318.42	3.00	6-MO-R
Kava HukeHuke	27	MO-R	151.1	SHW	0.5223	-220	220	227.5		182.5	-190	195	290	305	-317.5		727.5	379.94	379.94	3.00	1-MO-R
Ian Massey	36	MO-R	125	125	0.5454								160	175	190		190.0	103.63		3.00	
Jared Evans	35	MO-RP	74.9	75	0.6928	180	187.5	-192.5		100	-102.5	-102.5	180	200	-220		487.5	337.72	337.72	3.00	7-MO-RP
Alex Canhao	29	MO-RP	66.8	67.5	0.7551	180	190	195		95	102.5	-105	190	203	-210		500.5	377.93	377.93	3.00	3-MO-RP
Tim Mayes	39	MO-RP	88.8	90	0.6165	185	190	200		105	-112.5	-112.5	180	190			495.0	305.14	305.14	3.00	9-MO-RP
Robert Hammermeister	24	MO-RP	99	100	0.5838	180	195	205		140	-147.5	-147.5	230	245	255		600.0	350.28	350.28	3.00	5-MO-RP
Harry Gray	25	MO-RP	99.25	100	0.5831	185	195	200		137.5	142.5	-145	215	230	240		582.5	339.63	339.63	3.00	6-MO-RP
Teamaru Farrah	24	MO-RP	139.55	140	0.5314	-210	-210	210		120	130	-135	220	230	240		580.0	308.21	308.21	3.00	8-MO-RP
David Costa	26	MO-RP	117.3	125	0.5538	230	250	-265		140	160	180	220	245	-270		675.0	373.78	373.78	3.00	4-MO-RP
Ed Burton	37	MO-RP	108	110	0.5655	260	280	300		180	190	200	265	285	-300		785.0	443.92	443.92	3.00	1-MO-RP
David Taufa	27	MO-RP	140	140	0.5311	280	-295	-300		155	170		280	305	312.5		762.5	404.96	404.96	3.00	2-MO-RP
Shane Atta-Singh	33	MO-SP	152.6	SHW	0.5212	270				220	230	-252.5	250	300	-327.5		800.0	416.92	416.92	3.00	1-MO-SP
Lachlan Rayner	18	MT-R	66.4	67.5	0.7590	100	120	-130		100	105	-111	140	150	160		385.0	292.22	292.22	3.00	4-MT-R
Chris Srimuangboon	16	MT-R	59.5	60	0.8397	-115	120	-125		70	75	-80	160	-170	170		365.0	306.47	306.47	3.00	2-MT-R
Trent Podlich	18	MT-R	74.3	75	0.6934	155	-165	-165		90	-92.5	-92.5	165	175	-180		420.0	291.21	291.21	3.00	5-MT-R
Macka Barrington	15	MT-R	86.95	90	0.6239	130	140	146	-150	55	60	-65	140	150	160		366.0	228.33	228.33	3.00	6-MT-R
Anders Boman	19	MT-R	95.05	100	0.5946	140	155	165		110	120	130	170	190	200		495.0	294.33	294.33	3.00	3-MT-R
Daniel Shaw	19	MT-R	121.55	125	0.5493	190	200	215		130	140	-150	220	240	-250		595.0	326.83	326.83	3.00	1-MT-R
Lauchlan Brown	19	MT-RP	67.15	67.5	0.7513	180	195	202.5		112.5	117.5	122.5	190	205	-213		530.0	398.16	398.16	3.00	1-MT-RP
Tai La	19	MT-RP	83.9	90	0.6403	-180	180	200		110	120	130	200	220	-250		550.0	352.14	352.14	3.00	2-MT-RP
Josh Wallace	16	MT-RP	95.55	100	0.5932	160	170			70	85	-95	190	-210	-220		445.0	263.95	263.95	3.00	3-MT-RP