

13-Aug-16

CAPO/WPC National 3-Lift

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Bench 4	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	PL Total	Coeff Score	Age & Coeff	Place code	PI-Div-WtCl	Team Pts	Team	Events
Daniel Winter (NSW)	27	MO-RP	64.45	67.5	0.7792	160	165	-170	72.5	80	-85		170	185	-187.5		430.0	335.06	335.06	2.00	15-MO-RP	3.00		PL
Peter Baskerville (QLD)	61	MM-RP	89.55	90	0.6134	-165	165	-170	65	70	75	-80	180	190	200	-205	440.0	269.87	368.65	3.00	2-MM-RP	5.00		PL
Jared Evans (QLD)	34	MO-R	74.7	75	0.6906	155	162.5	167.5	92.5	-100	100		200	210	215		482.5	333.21	333.21	2.00	8-MO-R	3.00		PL
Clifford Harris (NSW)	34	MO-RP	74.15	75	0.6940	210	225	-232.5	135	145	150		200	210	-221		585.0	405.99	405.99	2.00	5-MO-RP	3.00		PL
Michael Trentin (QLD)	33	MO-RP	82.3	82.5	0.6456	-190	190	-200	145	-152.5	-152.5		215	225	-230		560.0	361.54	361.54	2.00	13-MO-RP	3.00		PL
Justin Faella (ACT)	31	MO-RP	78.35	82.5	0.6670	185	-197.5	-197.5	95	102.5	-107.5		220	237.5	245		532.5	355.18	355.18	2.00	14-MO-RP	3.00		PL
Isaac Reynaud (QLD)	32	MO-R	89.65	90	0.6130	180	190	200	125	132.5	140		-225	-225	225		565.0	346.35	346.35	2.00	7-MO-R	3.00		PL
Ash Cross (QLD)	33	MO-R	82.3	82.5	0.6456	180	-187.5	187.5	125	128.5	132.5	-137.5	225	235	240		560.0	361.54	361.54	2.00	4-MO-R	3.00		PL
Jamie Christensen (QLD)	27	MO-RP	74.35	75	0.6927	-230	230	-240	145	152.5	157.5	-160	230	245	255		642.5	445.03	445.03	2.00	2-MO-RP	5.00		PL
Andrew Dowrick (NSW)	26	MO-RP	87.75	90	0.6205	225	240	-242.5	115	-122.5	-122.5		-235	235	260		615.0	381.61	381.61	2.00	7-MO-RP	3.00		PL
Paolo Wilkinson (NSW)	29	MO-R	89.75	90	0.6126	210	-220	-220	130	140	-150		250	260	270		620.0	379.81	379.81	2.00	1-MO-R	7.00		PL
Mark Hodges (NSW)	43	MM-RP	96.65	100	0.5900	160	-180	180	85	95	-105		180	200	210	220	485.0	286.13	295.00	3.00	3-MM-RP	3.00		PL
Vince Mantovani (VIC)	37	MO-R	90	90	0.6119	-140	150	162.5	-135	-135	135		180	200	220		517.5	316.63	316.63	2.00	10-MO-R	3.00		PL
Beau Creevey (NSW)	29	MO-R	105.6	110	0.5696	205	217.5	225	165	-175	-175		210	230	240		630.0	358.82	358.82	2.00	6-MO-R	3.00		PL
Hugo Ortega (NSW)	26	MO-R	99.25	100	0.5831	195	205	-210	120	125	-130		225	235	-240		565.0	329.42	329.42	2.00	9-MO-R	3.00		PL
Leroy Scott (NSW)	30	MO-RP	97.85	100	0.5881	-230	230	245	140	150	157.5		225	245			647.5	380.76	380.76	2.00	8-MO-RP	3.00		PL
Paul James (QLD)	43	MM-RP	89.65	90	0.6130	210	220	-230	120	127.5	131		230	246	255	-260	606.0	371.48	382.99	3.00	1-MM-RP	7.00		PL
Robert Harniman (VIC)	32	MO-R	89.85	90	0.6143	190	200	-207.5	150	160	-165		230	250	255		615.0	377.76	377.76	2.00	2-MO-R	5.00		PL
Adam Roe (NSW)	35	MO-RP	105.6	110	0.5696	-200	210	220	130	145	-160		240	255	270	280	635.0	361.66	361.66	2.00	12-MO-RP	3.00		PL
Tim Best (NSW)	29	MO-RP	89.75	90	0.6126	200	-215	-215	140	145	-150		240	260	272.5		617.5	378.28	378.28	2.00	9-MO-RP	3.00		PL
Jamie Cougan (QLD)	28	MO-RP	99.9	100	0.5828	200	207.5	-215	140	150	155		255	275			637.5	371.54	371.54	2.00	11-MO-RP	3.00		PL
Glen Stewart (ACT)	48	MM-MF	103.5	110	0.5736	-335	-335	-335												3.00				PL
Kurt Van Den Berg (QLD)	34	MO-RP	97.6	100	0.5875	-230	-230	-230												2.00				PL
Adrian Rumasei (QLD)	28	MO-RP	194.5	SHW	0.4932	300	310	-321	145	-155			270	290	301	-307.5	756.0	372.83	372.83	2.00	10-MO-RP	3.00		PL
Jack Irving (VIC)	23	MO-SP	115.9	125	0.5557	250	260	265	-197.5	-197.5	-197.5		220	-235	240					2.00				PL
Alexander Bradstock (VIC)	32	MO-R	120.3	125	0.5507	210	225	240	130	137.5	142.5		250	260	272.5		655.0	360.68	360.68	2.00	5-MO-R	3.00		PL
Francis Missaghi (NSW)	25	MO-RP	117.05	125	0.5540	-265	277.5	285	185	195	-200		-265	270	280		760.0	421.00	421.00	2.00	4-MO-RP	3.00		PL
Boss (Kit) Lolohea (QLD)	28	MO-RP	164.6	SHW	0.5126	280	300	-310	185	200	202.5		270	-290	-290		772.5	395.98	395.98	2.00	6-MO-RP	3.00		PL
Jake Brennan (VIC)	28	MO-RP	124.45	125	0.5460	290	310	-322.5	155	165	170		-302.5	302.5	312.5		792.5	432.71	432.71	2.00	3-MO-RP	3.00		PL
Cory Burrows (NSW)	30	MO-RP	123.45	125	0.5472	320	342.5		175	190	-195		320	347.5	360		892.5	488.38	488.38	2.00	1-MO-RP	7.00		PL
Conrad Galuvao (QLD)	36	MO-RP	138.5	140	0.5324	-315	-315	-315	190	-202.5	-202.5		300	-310						2.00				PL
Aaron Jackson (NSW)	30	MO-R	145.25	SHW	0.5267	255	265	275	180	187.5	-192.5		240				702.5	370.01	370.01	2.00	3-MO-R	3.00		PL
Dan Wright (NSW)	46	MO-RP	142.5	145	0.5290	-300	-340	-350												2.00				PL