

12-Aug-16**CAPO/GPA National Push/Pull**

| Name | Age | Div | BWt (Kg) | WtCls (Kg) | Glossbrenner | Bench 1 | Bench 2 | Bench 3 | Bench 4 | Best Bench | Deadlift 1 | Deadlift 2 | Deadlift 3 | Deadlift 4 | Best Deadlift | Push Pull Total | Coeff Score | Age & Coeff | Place code | PI-Div-WtCl | Events |
|--------------------------|-----|------|----------|------------|--------------|---------|---------|---------|---------|------------|------------|------------|------------|------------|---------------|-----------------|-------------|-------------|------------|-------------|--------|
| Wulff Breitsameter (NSW) | 71 | MM-R | 99.8 | 100 | 0.5818 | 117.5 | 122.5 | 126 | 127.5 | 126 | 145 | 155 | 162.5 | 165 | 162.5 | 288.5 | 167.85 | 282.15 | 3.00 | 2-MM-R | PP |
| Lyndon Smith (NSW) | 28 | MO-R | 88.35 | 90 | 0.6181 | -107.5 | 110 | 112.5 | | 112.5 | 180 | 192.5 | 202.5 | | 202.5 | 315.0 | 194.70 | 194.70 | 2.00 | 7-MO-R | PP |
| Aron Turner (VIC) | 31 | MO-R | 92.25 | 100 | 0.6037 | 135 | 140 | 145 | | 145 | 220 | 232.5 | 240 | | 240 | 385.0 | 232.41 | 232.41 | 2.00 | 4-MO-R | PP |
| Alan Guala (VIC) | 51 | MM-R | 108.8 | 110 | 0.5643 | 120 | -130 | -130 | | 120 | 220 | 240 | -245 | | 240 | 360.0 | 203.13 | 232.99 | 3.00 | 5-MM-R | PP |
| Gary Jones (SA) | 52 | MM-R | 106.75 | 110 | 0.5675 | 140 | 150 | -155 | | 150 | 230 | 240 | -245 | | 240 | 390.0 | 221.31 | 257.82 | 3.00 | 3-MM-R | PP |
| Andrew Caltabiano (NSW) | 26 | MO-R | 109.2 | 110 | 0.5637 | 195 | 202.5 | -208.5 | | 202.5 | -250 | 265 | -272.5 | | 265 | 467.5 | 263.51 | 263.51 | 2.00 | 2-MO-R | PP |
| Trent Large (NSW) | 23 | MJ-R | 103.35 | 110 | 0.5738 | 145 | 152.5 | -157.5 | | 152.5 | 280 | 310 | -320 | | 310 | 462.5 | 265.38 | 265.38 | 3.00 | 1-MJ-R | PP |
| Terrence Titus (QLD) | 60 | MM-R | 116.15 | 125 | 0.5549 | 170 | -180 | 180 | | 180 | -315 | 315 | 325 | | 325 | 505.0 | 280.22 | 375.50 | 3.00 | 1-MM-R | PP |
| Tom Atkins (NSW) | 26 | MO-R | 124.7 | 125 | 0.5458 | 160 | -165 | 167.5 | | 167.5 | 300 | 320 | -325 | | 320 | 487.5 | 266.05 | 266.05 | 2.00 | 1-MO-R | PP |
| Daniel Steiger (NSW) | 28 | MO-R | 136.35 | 140 | 0.5342 | 150 | 160 | 170 | | 170 | 320 | -330 | -335 | | 320 | 490.0 | 261.73 | 261.73 | 2.00 | 3-MO-R | PP |
| Lorell Nelson (QLD) | 59 | FM-R | 55.2 | 56 | 1.0561 | 50 | 55 | 57.5 | -60 | 57.5 | 100 | 110 | 115 | -117.5 | 115 | 172.5 | 182.18 | 239.56 | 3.00 | 1-FM-R | PP |
| Magdalena Wahhab (NSW) | 37 | FO-R | 50.05 | 52 | 1.1405 | 45 | 50 | -53.5 | | 50 | 110 | 117.5 | -125 | | 117.5 | 167.5 | 191.03 | 191.03 | 2.00 | 1-FO-R | PP |
| Jacqueline Savage (NSW) | 31 | FO-R | 69.7 | 75 | 0.8791 | 47.5 | -55 | -55 | | 47.5 | 115 | 122.5 | 130 | | 130 | 177.5 | 156.04 | 156.04 | 2.00 | 3-FO-R | PP |
| Perdita Barrington (QLD) | 37 | FO-R | 72.5 | 75 | 0.8555 | 50 | 55 | 57.5 | 60 | 57.5 | 132.5 | 140 | 145 | -150 | 145 | 202.5 | 173.24 | 173.24 | 2.00 | 2-FO-R | PP |
| Jesse Jones (SA) | 20 | MJ-R | 82.85 | 90 | 0.6452 | 90 | 100 | -105 | | 100 | 150 | 170 | 185 | -190 | 185 | 285.0 | 183.88 | 183.88 | 3.00 | 2-MJ-R | PP |
| Tim Mayes (QLD) | 39 | MO-R | 88.55 | 90 | 0.6173 | 105 | 110 | 115 | -117.5 | 115 | 190 | -195 | -195 | | 190 | 305.0 | 188.28 | 188.28 | 2.00 | 8-MO-R | PP |
| Cyll Duncan (QLD) | 39 | MO-R | 87.7 | 90 | 0.6209 | 105 | 110 | -115 | | 110 | 200 | 210 | -217.5 | | 210 | 320.0 | 198.69 | 198.69 | 2.00 | 6-MO-R | PP |
| Michael Buda (QLD) | 34 | MO-R | 80.6 | 82.5 | 0.6545 | 100 | 105 | -110 | | 105 | 200 | 210 | 220 | | 220 | 325.0 | 212.71 | 212.71 | 2.00 | 5-MO-R | PP |
| Jonathan Walder (NSW) | 17 | MT-R | 78.5 | 82.5 | 0.6664 | 107.5 | 112.5 | 115 | | 115 | 200 | 210 | -220 | | 210 | 325.0 | 216.58 | 216.58 | 3.00 | 1-MT-R | PP |
| Peter McGrath (NSW) | 54 | MM-R | 82.25 | 82.5 | 0.6456 | 90 | 100 | -105 | | 100 | 205 | 220 | -227.5 | | 220 | 320.0 | 206.59 | 248.74 | 3.00 | 4-MM-R | PP |