

22/02/2015

CAPO - SOUTH AUSTRALIAN PUSH PULL - LIMBO GYM ADELAIDE

Name	Age	Cat	Class	BWT	R-RP-E	Bench 1	Bench 2	Bench 3	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Total
Renae West	31	Senior	75	70.9	R	45	52.5	60	95	100	105		165
Noosha Haslam	36	Sub-Master	67.5	66	R	65	70	70	120	120	120		190
Jacinta Quarisa	27	Senior	60	59.9	R	60	65	70	145	152.5	-		222.5
Francisco Dullona	42	Masters/Open	60	59	R	100	105	112.5	165	170	175		270
Gary Jones	50	Masters	110	100.3	R	120	135	145	170	195	207.5	215	342.5
Ron Sanderson	60	Masters	75	74.4	E	70	82.5	90	180	205	215		275
Dom Ramerman	25	Open	82.5	81.5	R	-	-	-	185	205	225		205
Scott Nelson	20	Junior/Open	75	72.6	R	120	130	137.5	205	225	232.5	235	362.5
Mark Edmonds	43	Masters	125	112.6	R	-	-	-	210	230	250		250
Manny B	24	Open	90	87.9	R	110	120	127.5	235	242.5	250		362.5
Eli S	24	Open	125	117.8	R	125	130	130	255	275	275		385
Mick Randells	32	Open	110	104.6	R	180	185	192.5	-	-	-		192.5