

<b>15-16-Aug-2015</b>	<b>CAPO National Powerlifting Championships 2015</b>																					
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Name	Age	Div	BWt (Kg)	WtCls (Kg)	Reshel	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Bench 4	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	PL Total	Coeff Score	Age & Coeff	Team	Events	
Ellie Fielding TAS	21	FR-J	50.4	52	2.1712	75	80	-85		35	37.5			105	112.5	-117.5		230.0	499.38	499.38	TAS	PL	
Fumi Takahashi NSW	25	FR-O	42.2	44	2.8362	80	-85	85		45	47.5	50	-52.5	90	95	-100		230.0	652.33	652.33	NSW	PL	
Skye Denton NSW	23	FRP-J	71.5	75	1.5872	80	90	100		55	60	-62.5		90	110	120		280.0	444.42	444.42	NSW	PL	
Rawinia (Ra) Paku NSW	44	FR-M	59.5	60	1.7978	-85	85	-95		72.5	-75	77.5		125	130	137.5	140	300.0	539.34	562.53	NSW	PL	
Michelina Bajjada NSW	40	FRP-M	58.4	60	1.8284	90	100	105		45	50	-55		132.5	140	150	155	305.0	557.66	557.66	NSW	PL	
Yvonne Wagstaff VIC	48	FRP-M	51.2	52	2.1268	92.5	100	102.5		50	55	57.5		-130	130	137.5	140	297.5	632.72	694.10	VIC	PL	
Tiarna Davis TAS	16	FRP-T	56	56	1.9086	105	115	122.5		55	57.5	-60		95	-105	105		285.0	543.95	543.95	TAS	PL	
Sharon Wilkins VIC	39	FRP-O	55.8	56	1.9158	115	127.5	-130		65	72.5	75		162.5	175	177.5	-180	380.0	728.00	728.00	VIC	PL	
Tania Lanfranca NSW	25	FR-O	72.9	75	1.5702	122.5	127.5	-132.5		55	57.5	-62.5		135	147.5	-160		332.5	522.09	522.09	NSW	PL	
Coralie Weir QLD	53	FRP-O	52	52	2.0842	125	132.5	137.5		82.5	87.5	90	-92.5	152.5	157.5	160		387.5	807.63	956.23	QLD	PL	
Melissa Matthias NSW	34	FR-O	65.7	67.5	1.6704	125	132.5	-140		70	75	80	-90	145	155	160	166	372.5	622.22	622.22	NSW	PL	
Helen Fegan NSW	27	FR-O	74.2	75	1.5538	130	140	-150		70	75	-80		160	170	-180		385.0	598.21	598.21	NSW	PL	
Lyndall Vile NSW	27	FRP-O	73.9	75	1.5574	-165	-165	165		80	85	90		185	195	200		455.0	708.62	708.62	NSW	PL	
Mitchell Darko TAS	16	MR-T	79	82.5	1.0660	130	140	-145		65	72.5	-77.5		160	170	177.5		390.0	415.74	415.74	TAS	PL	
Scott Chambers TAS	26	MRP-O	67.1	67.5	1.2444	135	145	-155		102.5	110	112.5	-115	202.5	-210	-212.5		460.0	572.42	572.42	TAS	PL	
Samuel McBain TAS	16	MR-T	59.9	60	1.4266	-140	145	155		85	90	95		175	187.5	-200		437.5	624.14	624.14	TAS	PL	
Brad Hooper-Matthias NSW	25	MR-O	72.2	75	1.1588	145	155	-162.5		100	105	110		170	185	-187.5		450.0	521.46	521.46	NSW	PL	
Andy Kao QLD	20	MR-J	67.4	67.5	1.2390	-160	160	172.5	-177.5	112.5	120	-122.5		225	242.5	-250		535.0	662.87	662.87	QLD	PL	
Jim Ambrose WA	64	MRP-M	72.4	75	1.1562	-160	160	-170		120	-125			200	220	-226		500.0	578.10	838.25	WA	PL	
Andrew Dennett QLD	20	MR-J	82.5	82.5	1.0290	180	185	-190		110	115	-120		245	-255	-255		545.0	560.81	560.81	QLD	PL	
Augustine Disano QLD	20	MR-J	79.5	82.5	1.0600	180	190	-200		120	130	135		220	240	-250		565.0	598.90	598.90	QLD	PL	
Caba Romain NSW	25	MR-O	72.8	75	1.1502	190	200	-205		125	135	-137.5		255	265	-270		600.0	690.12	690.12	NSW	PL	
Jeffery Allen NSW	22	MRP-J	74.5	75	1.1240	200	-205	-205		-120	130	-137.5		210	-220	-220		540.0	606.96	606.96	NSW	PL	
Jamie Bisset VIC	22	MRP-J	81.8	82.5	1.0356	-230	235	246	-250	135	140	-145		225	235	-245		621.0	643.11	643.11	VIC	PL	
Hyrum Joseph NSW	16	MR-T	89.1	90	0.9752	140	150	-160		120	130	-135		210	225	230		510.0	497.35	497.35	NSW	PL	
Jai Quinlan NSW	19	MRP-T	83.9	90	1.0158	155	165	172.5		100	105	-110		180	190	-200		467.5	474.89	474.89	NSW	PL	
Justin Henderson NSW	27	MR-O	82.2	82.5	1.0316	160	170	-185														NSW	PL
Michael Trentin QLD	32	MRP-O	82.5	82.5	1.0290	160	-175	-180		145	152.5	-157.5		-220	220			532.5	547.94	547.94	QLD	PL	
Steven Ho QLD	22	MR-J	81.8	82.5	1.0356	170	182.5	-190		120	125	-130		220	227.5	232.5		540.0	559.22	559.22	QLD	PL	
Marcus Poole TAS	18	MR-T	81.6	82.5	1.0378	170	180	187.5		82.5	-87.5			190	-210	210		480.0	498.14	498.14	SA	PL	

Chief Referee

Side Referee

Side Referee

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Name	Age	Div	BWt (Kg)	WtCls (Kg)	Reshel	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Bench 4	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	PL Total	Coeff Score	Age & Coeff	Team	Events
Stephen Wilson VIC	20	MR-J	80.4	82.5	1.0492	175	185	-192.5		100	-105	-105		220	235	245	255	530.0	556.08	556.08	VIC	PL
Luke Coleman NSW	28	MRP-O	85.7	90	1.0004	180	200	207.5		110	120	122.5		230	245	257.5		587.5	587.74	587.74	NSW	PL
Cam Johnson VIC	40	MRP-M	88.7	90	0.9782	180	-200	-200		115	122.5	-130		185	205	-210		507.5	496.44	496.44	VIC	PL
Nicholas Wirth QLD	28	MR-O	88.6	90	0.9786	-200	200	210		110	125	-132.5		240	255	260		595.0	582.27	582.27	QLD	PL
Jacob Spiteri VIC	29	MR-O	81.4	82.5	1.0398	215	225	232.5		160	165	-172.5		-260	260	-270		657.5	683.67	683.67	VIC	PL
David Parmiter QLD	32	MR-O	90	90	0.9690	220	240	250		175	185	190		305	335	-345		775.0	750.98	750.98	QLD	PL
Jeff Lam QLD	37	MRP-O	89.5	90	0.9720	260	-280	-280		180	190	200	-210	270	280	-292.5		740.0	719.28	719.28	QLD	PL
Aaron West NSW	20	MR-J	96.9	100	0.9274	150	162.5	172.5		120	127.5	130		215	225	230		532.5	493.84	493.84	NSW	PL
Joe Holland TAS	21	MRP-J	98.2	100	0.9222	160	180			95	102.5	-107.5		180	195	205		487.5	449.57	449.57	NSW	PL
Tai La QLD	18	MR-T	98.3	100	0.9218	165	-175	-175		115	120	122.5		205	-215	-215		492.5	453.99	453.99	QLD	PL
Danny Booth NSW	36	MRP-O	99.8	100	0.9158	170	180	-195		-400	-400	-400		195	205	212.5					QLD	PL
Daniel Shaw QLD	18	MR-T	99.6	100	0.9166	170	180	185		110	117.5	120		210	225	-230		530.0	485.80	485.80	QLD	PL
Mitchell Lee TAS	17	MR-T	98.7	100	0.9202	-175	175	-190		117.5	127.5	-132.5		190	207.5	-212.5		510.0	469.30	469.30	VIC	PL
Shane Stringer NT	53	MRP-M	91.9	100	0.9548	190	-210	210		130	140	150	155	200	215	225		585.0	558.56	661.33	NT	PL
Earl Murphy VIC	23	MRP-J	97.9	100	0.9234	210	220	-227.5		-140	-140	140		280	-305			640.0	590.98	590.98	QLD	PL
Nicholas Dimakis QLD	25	MRP-O	97.5	100	0.9250	225	-235	-235		150	-160	-160		265	-275			640.0	592.00	592.00	QLD	PL
Samuel Gray QLD	22	MRP-J	97.2	100	0.9262	250	257.5	-265		165	170	-172.5		-275	-275	275		702.5	650.66	650.66	TAS	PL
Julien Tresch QLD	37	MR-O	99.8	100	0.9158	250	265	-270		150	160	-162.5		300	317.5	325		750.0	686.85	686.85	QLD	PL
Gary Jones SA	50	MR-M	105.6	110	0.8966	60				145	152.5	-155		230	-242.5			442.5	396.75	448.32	SA	PL
Paul Nay QLD	46	MRP-M	108.5	110	0.8890	100	-265	-285		140				315	335	-355		575.0	511.18	545.93	QLD	PL
Trent Large NSW	22	MR-J	103.1	110	0.9040	200	225	235		125	142.5	-150		250	287.5	-301		665.0	601.16	601.16	NSW	PL
Andrew Caltabiano NSW	25	MR-O	108.2	110	0.8892	-205	205	220		-195	195	203		240	255	-262.5		678.0	602.88	602.88	NSW	PL
Dan O'Connell VIC	19	MRP-T	108.7	110	0.8882	-210	210	-225		135	-142.5	142.5		235	250	265		617.5	548.46	548.46	VIC	PL
Francis Missaghi NSW	24	MRP-O	108	110	0.8900	235	-247.5	252.5		165	175	180		240	252.5	260		692.5	616.33	616.33	NSW	PL
Paul Hampton TAS	42	MRP-M	108.5	110	0.8890	-240	-240	240		180	190	-195		260	270	-277.5		700.0	622.30	634.75	TAS	PL
Dirk Venter NSW	40	MR-M	109.7	110	0.8852	240	245	250	255	150	160			291	-300	-300		701.0	620.53	620.53	NSW	PL
Tyson Morrissy VIC	23	MRP-J	108	110	0.8900	295	310	317.5		157.5	165	170		312.5	-325	-333		800.0	712.00	712.00	VIC	PL
Peter Weatherall NSW	46	MRP-M	105.6	110	0.8966	210	235	252.5		150	160	170		220	240			662.5	594.00	634.39	NSW	PL
Hazem Elkheir NSW	23	MR-J	112.7	125	0.8780	-210	-220	-220		110	117.5	125		260	272.5	280					NSW	PL
Mark Edmonds SA	44	MR-M	113	125	0.8770	-220	220	-230		120	140	155		230	240	245		620.0	543.74	567.12	SA	PL

Chief Referee

Side Referee

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Michael Nicholas VIC	50	MR-M	125.6	140	0.8570	-230	230	250	265	150	-165	-165		240	255	270		670.0	574.19	648.83	VIC	PL
Joe Zollo VIC	57	MRP-M	110	110	0.8850	250	260			115	120	123		240	-253			623.0	551.36	699.12	VIC	PL
Daniel Cann QLD	41	MR-M	120.2	125	0.8640	260	-280														QLD	PL
Andrew Raynes WA	42	MR-M	122.3	125	0.8610	-300	-300	300		-190	-190	-200									WA	PL
George Okunev WA	34	MRP-O	137.2	140	0.8432	300	-310			-210	210	-220		65				575.0	484.84	484.84	WA	PL
Shannon Florisson WA	39	MRP-O	129.7	140	0.8520	-345	345	-360		220	230	240		330	-345	352.5		937.5	798.75	798.75	WA	PL

Chief Referee

Side Referee

Side Referee

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