

Open Women

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat	115kg	COLLIVER, Tegan	07-Aug-04	97.5kg	COLLIVER, Tegan	03-Aug-02
	Bench	55.5kg	COLLIVER, Tegan	07-Aug-04	52.5kg	PEISL, Marianne	04-May-02
	Deadlift	127.5kg	COLLIVER, Tegan	07-Aug-04	120kg	PEISL, Marianne	02-Aug-03
	Total	295kg	COLLIVER, Tegan	25-Aug-06	260kg	COLLIVER, Tegan	03-Aug-02
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat	147.5kg	VU-DUY, Louise	08-Aug-09	140kg	VU-DUY, Louise	04-Oct-08
	Bench	70kg	VU-DUY, Louise	04-Oct-08	40kg	MAROSI, Ilana	19-Aug-00
	Deadlift	137.5kg	VU-DUY, Louise	04-Oct-08	105kg	PETOUSIS, Anna	04-May-02
	Total	347.5kg	VU-DUY, Louise	04-Oct-08	205kg	MAROSI, Ilana	19-Aug-00
60kg	Squat	140kg	MARTIN, Sinead	25-Apr-21			
	Bench	57.5kg	MARTIN, Sinead	25-Apr-21			
	Deadlift	142.5kg	MARTIN, Sinead	25-Apr-21			
	Total	340kg	MARTIN, Sinead	25-Apr-21			
67.5kg	Squat	150kg	BARBA, Maria	10-Aug-13	145kg	O'BRIEN, Vicky	04-Oct-08
	Bench	110kg	WATERS, Sharon	19-Aug-00			
	Deadlift	177.5kg	O'BRIEN, Vicky	04-Oct-08	165kg	WATERS, Sharon	19-Aug-00
	Total	410kg	O'BRIEN, Vicky	04-Oct-08	392.5kg	WATERS, Sharon	19-Aug-00
75kg	Squat	180kg	BARBA, Maria	04-Oct-08	140kg	DINAKIS, Freda	02-Aug-03
	Bench	135kg	WATERS, Sharon	18-Aug-01			
	Deadlift	175kg	BARBA, Maria	04-Oct-08	170kg	DINAKIS, Freda	02-Aug-03
	Total	452.5kg	BARBA, Maria	04-Oct-08	410kg	DINAKIS, Freda	02-Aug-03
82.5kg	Squat	125kg	ODELL, Yvonne	02-Mar-24	110kg	ODELL, Yvonne	13-Aug-23
	Bench	62.5kg	ODELL, Yvonne	02-Mar-24	60kg	BALDACCHINO, Mel	25-Apr-21
	Deadlift	150kg	ODELL, Yvonne	02-Mar-24	135kg	ODELL, Yvonne	13-Aug-23
	Total	337.5kg	ODELL, Yvonne	02-Mar-24	302.5kg	ODELL, Yvonne	13-Aug-23
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Teenage 1 Women (13-15)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Teenage 2 Women 16-17)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Teenage 3 Women (18-19)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Junior Women (20-23)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Senior Women (24-32)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat	100kg	COLLIVER, Tegan	02-Aug-03			
	Bench	52kg	COLLIVER, Tegan	02-Aug-03			
	Deadlift	120kg	COLLIVER, Tegan	02-Aug-03			
	Total	269.5kg	COLLIVER, Tegan	02-Aug-03			
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat	60kg	PETOUSIS, Anna	04-May-02			
	Bench	35kg	PETOUSIS, Anna	04-May-02			
	Deadlift	105kg	PETOUSIS, Anna	04-May-02			
	Total	200kg	PETOUSIS, Anna	04-May-02			
60kg	Squat	140kg	MARTIN, Sinead	25-Apr-21			
	Bench	57.5kg	MARTIN, Sinead	25-Apr-21			
	Deadlift	142.5kg	MARTIN, Sinead	25-Apr-21			
	Total	340kg	MARTIN, Sinead	25-Apr-21			
67.5kg	Squat	135kg	BROWN, Kyra	03-Aug-02	125kg	WATERS, Sharon	19-Aug-00
	Bench	110kg	WATERS, Sharon	19-Aug-00			
	Deadlift	165kg	WATERS, Sharon	19-Aug-00			
	Total	392.5kg	WATERS, Sharon	19-Aug-00			
75kg	Squat	160kg	MITCHELL, Joanne	08-Aug-09	140kg	DINAKIS, Freda	02-Aug-03
	Bench	135kg	WATERS, Sharon	18-Aug-01			
	Deadlift	170kg	DINAKIS, Freda	02-Aug-03	160kg	BROWN, Kyra	04-May-02
	Total	437.5kg	MITCHELL, Joanne	08-Aug-09	410kg	DINAKIS, Freda	02-Aug-03
82.5kg	Squat	105kg	BALDACCHINO, Mel	25-Apr-21			
	Bench	60kg	BALDACCHINO, Mel	25-Apr-21			
	Deadlift	122.5kg	BALDACCHINO, Mel	25-Apr-21			
	Total	285kg	BALDACCHINO, Mel	25-Apr-21			
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Sub Master Women (33-39)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat	115kg	COLLIVER, Tegan	07-Aug-04	85kg	PEISL, Marianne	04-May-02
	Bench	55.5kg	COLLIVER, Tegan	07-Aug-04	52.5kg	PEISL, Marianne	04-May-02
	Deadlift	127.5kg	COLLIVER, Tegan	07-Aug-04	115kg	PEISL, Marianne	04-May-02
	Total	295kg	COLLIVER, Tegan	05-Aug-06	252.5kg	PEISL, Marianne	04-May-02
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat	147.5kg	VU-DUY, Louise	08-Aug-09	140kg	VU-DUY, Louise	04-Oct-08
	Bench	70kg	VU-DUY, Louise	04-Oct-08	40kg	MAROSI, Ilana	19-Aug-00
	Deadlift	137.5kg	VU-DUY, Louise	04-Oct-08	100kg	MAROSI, Ilana	19-Aug-00
	Total	347.5kg	VU-DUY, Louise	04-Oct-08	205kg	MAROSI, Ilana	19-Aug-00
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat	137.5kg	TSOUKALIS, Koula	18-Aug-01			
	Bench	72.5kg	BROWN, Kyra	03-Aug-02	70kg	TSOUKALIS, Koula	19-Aug-00
	Deadlift	160kg	TSOUKALIS, Koula	18-Aug-01			
	Total	367.5kg	TSOUKALIS, Koula	18-Aug-01			
75kg	Squat	135kg	BROWN, Kyra	04-May-02			
	Bench	75kg	BROWN, Kyra	04-May-02			
	Deadlift	160kg	BROWN, Kyra	04-May-02			
	Total	370kg	BROWN, Kyra	04-May-02			
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 1 Women (40-44)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat	125kg	O'BRIEN, Vicky	05-Aug-06			
	Bench	80kg	BARBA, Maria	05-Aug-06			
	Deadlift	130kg	O'BRIEN, Vicky	05-Aug-06			
	Total	330kg	O'BRIEN, Vicky	05-Aug-06			
75kg	Squat	180kg	BARBA, Maria	04-Oct-08			
	Bench	97.5kg	BARBA, Maria	04-Oct-08			
	Deadlift	175kg	BARBA, Maria	04-Oct-08			
	Total	452.5kg	BARBA, Maria	04-Oct-08			
82.5kg	Squat	110kg	ODELL, Yvonne	13-Aug-23			
	Bench	57.5kg	ODELL, Yvonne	13-Aug-23			
	Deadlift	135kg	ODELL, Yvonne	13-Aug-23			
	Total	302.5kg	ODELL, Yvonne	13-Aug-23			
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 2 Women (45-49)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat	150kg	BARBA, Maria	10-Aug-13	145kg	O'BRIEN, Vicky	04-Oct-08
	Bench	90kg	BARBA, Maria	10-Aug-13	87.5kg	O'BRIEN, Vicky	04-Oct-08
	Deadlift	177.5kg	O'BRIEN, Vicky	04-Oct-08			
	Total	410kg	O'BRIEN, Vicky	04-Oct-08			
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 3 Women (50-54)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 4 Women (55-59)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 5 Women (60-64)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat	90kg	COLLIVER, Wendy	05-Aug-06			
	Bench	55kg	COLLIVER, Wendy	05-Aug-06			
	Deadlift	110kg	COLLIVER, Wendy	05-Aug-06			
	Total	255kg	COLLIVER, Wendy	05-Aug-06			
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 6 Women (65-69)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 7 Women (70-74)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 8 Women (75-79)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 9 Women (80-84)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 10 Women (85-89)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						