

Open Men

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat	120kg					
	Bench	97.5kg					
	Deadlift	167.5kg					
	Total	385kg					
67.5kg	Squat	165kg					
	Bench	116kg					
	Deadlift	200kg					
	Total	481kg					
75kg	Squat	190kg					
	Bench	145kg					
	Deadlift	260kg					
	Total	595kg					
82.5kg	Squat	220kg					
	Bench	170 kg					
	Deadlift	260 kg					
	Total	645.5kg					
90kg	Squat	266kg					
	Bench	180kg					
	Deadlift	290kg					
	Total	711kg					
100kg	Squat	225kg					
	Bench	165kg					
	Deadlift	280kg					
	Total	655kg					
110kg	Squat	290kg					
	Bench	220kg					
	Deadlift	320kg					
	Total	800kg					
125kg	Squat	270kg					
	Bench	220kg					
	Deadlift	310kg					
	Total	770kg					
140kg	Squat	270kg					
	Bench	180kg					
	Deadlift	285kg					
	Total	735kg					
SHW	Squat	330kg	SEFO, Uriah	22-Nov-25	310kg	SEFO, Uriah	02-Aug-25
	Bench	197.5kg	SEFO, Uriah	02-Aug-25			
	Deadlift	300kg	SEFO, Uriah	22-Nov-25	292.5kg	SEFO, Uriah	02-Aug-25
	Total	815kg	SEFO, Uriah	22-Nov-25	800kg	SEFO, Uriah	02-Aug-25

Sub Teen Men (10-12)

Unofficial WPC

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Teenage Men (13-15)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat	170kg					
	Bench	117.5kg					
	Deadlift	220kg					
	Total	497.5kg					
110kg	Squat	145kg					
	Bench	111kg					
	Deadlift	180kg					
	Total	436kg					
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Teenage Men (16-17)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat	125kg					
	Bench	75kg					
	Deadlift	180kg					
	Total	380kg					
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat	175kg					
	Bench	105kg					
	Deadlift	200kg					
	Total	480kg					
90kg	Squat	135kg					
	Bench	90kg					
	Deadlift	175kg					
	Total	400kg					
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat	190kg					
	Bench	125kg					
	Deadlift	225kg					
	Total	510kg					
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Teenage Men (18-19)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat	170kg					
	Bench	130kg					
	Deadlift	230kg					
	Total	505kg					
90kg	Squat	175kg	KNEALE, Luca	01-Mar-25			
	Bench	150kg	KNEALE, Luca	01-Mar-25			
	Deadlift	210kg	KNEALE, Luca	01-Mar-25			
	Total	535kg	KNEALE, Luca	01-Mar-25			
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat	225kg					
	Bench	145kg					
	Deadlift	257.5kg					
	Total	627.5kg					
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Junior Men (20-23)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat	100kg					
	Bench	65kg					
	Deadlift	152.5					
	Total	317.5kg					
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat	180kg					
	Bench	145kg					
	Deadlift	260kg					
	Total	557.5kg					
90kg	Squat	266kg					
	Bench	155kg					
	Deadlift	290kg					
	Total	711kg					
100kg	Squat	225kg					
	Bench	150kg					
	Deadlift	280kg					
	Total	655kg					
110kg	Squat	225kg					
	Bench	220kg					
	Deadlift	286kg					
	Total	652.5kg					
125kg	Squat	190kg					
	Bench	120kg					
	Deadlift	220kg					
	Total	530kg					
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Senior Men (24-32)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat	165kg					
	Bench	116kg					
	Deadlift	200kg					
	Total	481kg					
75kg	Squat	190kg					
	Bench	145kg					
	Deadlift	260kg					
	Total	595kg					
82.5kg	Squat	220kg					
	Bench	160 kg					
	Deadlift	250kg					
	Total	620kg					
90kg	Squat	235kg					
	Bench	165kg					
	Deadlift	265kg					
	Total	650kg					
100kg	Squat	220kg					
	Bench	165kg					
	Deadlift	260kg					
	Total	645kg					
110kg	Squat	290kg					
	Bench	190kg					
	Deadlift	320kg					
	Total	800kg					
125kg	Squat	245kg					
	Bench	220kg					
	Deadlift	310kg					
	Total	770kg					
140kg	Squat	270kg					
	Bench	180kg					
	Deadlift	285kg					
	Total	735kg					
SHW	Squat	330kg	SEFO, Uriah	22-Nov-25	310kg	SEFO, Uriah	02-Aug-25
	Bench	197.5kg	SEFO, Uriah	02-Aug-25			
	Deadlift	300kg	SEFO, Uriah	22-Nov-25	292.5kg	SEFO, Uriah	02-Aug-25
	Total	815kg	SEFO, Uriah	22-Nov-25	800kg	SEFO, Uriah	02-Aug-25

Sub Masters Men (33-39)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat	240.5kg					
	Bench	180kg					
	Deadlift	280.5kg					
	Total	690.5kg					
100kg	Squat	195kg					
	Bench	140kg					
	Deadlift	260kg					
	Total	595kg					
110kg	Squat						
	Bench						
	Deadlift						
	Total						
125kg	Squat	252.5kg					
	Bench	152.5kg					
	Deadlift	260kg	MEADOWS, Ashley	22-Nov-25			
	Total	655kg					
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (40-44)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat	80kg					
	Bench	90kg					
	Deadlift	140kg					
	Total	310kg					
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat	211kg					
	Bench	140.5kg					
	Deadlift	246.5kg					
	Total	598kg					
100kg	Squat	200kg	MURPHY, Harley	22-Mar-25			
	Bench	135kg	MURPHY, Harley	22-Mar-25			
	Deadlift	230kg	MURPHY, Harley	22-Mar-25			
	Total	565kg	MURPHY, Harley	22-Mar-25			
110kg	Squat	170kg					
	Bench	95kg					
	Deadlift	212.5kg					
	Total	477.5kg					
125kg	Squat	185kg					
	Bench	92.5kg					
	Deadlift	250kg					
	Total	527.5kg					
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (45-49)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat	80kg					
	Bench	95kg					
	Deadlift	150kg					
	Total	325kg					
90kg	Squat	155kg					
	Bench	137.5kg					
	Deadlift	215kg					
	Total	507.5kg					
100kg	Squat	240kg					
	Bench	145kg					
	Deadlift	250kg					
	Total	620kg					
110kg	Squat						
	Bench						
	Deadlift						
	Total						
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat	110kg					
	Bench	80kg					
	Deadlift	200kg					
	Total	390kg					
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (50-54)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat	120kg					
	Bench	97.5kg					
	Deadlift	167.5kg					
	Total	385kg					
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat	150.5kg					
	Bench	100kg					
	Deadlift	197.5kg					
	Total	448kg					
82.5kg	Squat	165kg					
	Bench	95.5kg					
	Deadlift	190.5kg					
	Total	451kg					
90kg	Squat	202.5kg					
	Bench	105kg					
	Deadlift	270kg					
	Total	562.5kg					
100kg	Squat	130kg					
	Bench	125kg					
	Deadlift	180kg					
	Total	435kg					
110kg	Squat	250kg					
	Bench	150kg					
	Deadlift	260kg					
	Total	620kg					
125kg	Squat	270kg					
	Bench	180kg					
	Deadlift	285kg					
	Total	710kg					
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (55-59)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat	200 kg					
	Bench	125 kg					
	Deadlift	200 kg					
	Total	525 kg					
125kg	Squat	100kg					
	Bench	100kg					
	Deadlift	100kg					
	Total	300kg					
140kg	Squat	230 kg					
	Bench	75 kg					
	Deadlift	276.5 kg					
	Total	580.5 kg					
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (60-64)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat	215kg	SIMONETTA, Vince	30-Nov-24			
	Bench	110kg	SIMONETTA, Vince	20-Oct-24			
	Deadlift	260kg	SIMONETTA, Vince	20-Oct-24			
	Total	585kg	SIMONETTA, Vince	30-Nov-24			
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat	235kg					
	Bench	97.5kg					
	Deadlift	285kg					
	Total	617.5kg					
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Master Men (65-69)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat	200kg	BUTLER, Laurie	21-Nov-14	185kg	BUTLER, Laurie	01-Aug-14
	Bench	141kg	BUTLER, Laurie	21-Nov-14	140kg	BUTLER, Laurie	01-Aug-14
	Deadlift	250kg	BUTLER, Laurie	21-Nov-14	232.5kg	BUTLER, Laurie	01-Aug-14
	Total	591kg	BUTLER, Laurie	21-Nov-14	557.5kg	BUTLER, Laurie	01-Aug-14
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (70-74)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat	70kg	ROSS, Steve	25-Apr-24	50kg	ROSS, Steve	25-Apr-23
	Bench	100kg	ROSS, Steve	25-Apr-24	80kg	ROSS, Steve	25-Apr-23
	Deadlift	125kg	ROSS, Steve	25-Apr-24	100kg	ROSS, Steve	25-Apr-23
	Total	295kg	ROSS, Steve	25-Apr-24	230kg	ROSS, Steve	25-Apr-23
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (75-79)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (80-84)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat	100kg	ZWAAN, Adrian	25-Apr-21			
	Bench	60kg	ZWAAN, Adrian	25-Apr-21			
	Deadlift	150kg	ZWAAN, Adrian	25-Apr-21			
	Total	310kg	ZWAAN, Adrian	25-Apr-21			
90kg	Squat	80kg	ZWAAN, Adrian	21-Aug-22			
	Bench	55kg	ZWAAN, Adrian	21-Aug-22			
	Deadlift	150kg	ZWAAN, Adrian	21-Aug-22			
	Total	285kg	ZWAAN, Adrian	21-Aug-22			
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						

Masters Men (85-89)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
125kg	Squat						
	Bench						
	Deadlift						
	Total						
140kg	Squat						
	Bench						
	Deadlift						
	Total						
SHW	Squat						
	Bench						
	Deadlift						
	Total						