### **Open Women**

		Weight			Weight	Record Previously	
BWT	Lift	Lifted	Athlete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat					·	
	Bench						
	Deadlift						
	Total						
48kg	Squat	105kg	SMEETON, Maria	28-Mar-92			
	Bench	72.5kg	SMEETON, Maria	28-Mar-92			
	Deadlift	105kg	SMEETON, Maria	28-Mar-92			
	Total	277.5kg	SMEETON, Maria	28-Mar-92			
52kg	Squat	105kg	CLARKE, Juliette	09-May-93			
	Bench	52.5kg	CLARKE, Juliette	09-May-93			
	Deadlift	115kg	CLARKE, Juliette	09-May-93			
	Total	272.5kg	CLARKE, Juliette	09-May-93			
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat	115kg	CLARKE, Melissa	09-May-93			
	Bench	65kg	CLARKE, Melissa	09-May-93			
	Deadlift	140kg	CLARKE, Melissa	09-May-93			
	Total	320kg	CLARKE, Melissa	09-May-93			
67.5kg	Squat	125kg	SIMON, Raelen	09-May-93			
	Bench	95.5kg	STERNS, Andrea	07-Jun-98	70kg	SIMON, Raelen	09-May-93
	Deadlift	125kg	SIMON, Raelen	09-May-93			
	Total	320kg	SIMON, Raelen	09-May-93			
75kg	Squat	200kg	WITTESCH, Heidi	20-Jun-92			
	Bench	130kg	WITTESCH, Heidi	20-Jun-92			
	Deadlift	215kg	WITTESCH, Heidi	20-Jun-92			
	Total	545kg	WITTESCH, Heidi	20-Jun-92			
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench		1				1
	Deadlift						
	Total						
110+kg	Squat						1
	Bench						
	Deadlift						
	Total						

Teenage 1 Women (13-15)

Teenag	eenage 1 Women (13-15)									
BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift			
		Lifted	Atmete	Dute of Life	Lifted	Held By	Date of Life			
44kg	Squat									
	Bench									
	Deadlift									
	Total									
48kg	Squat									
	Bench									
	Deadlift									
	Total									
52kg	Squat									
	Bench									
	Deadlift									
	Total									
56kg	Squat									
	Bench									
	Deadlift									
	Total									
60kg	Squat									
	Bench									
	Deadlift									
	Total									
67.5kg	Squat									
	Bench									
	Deadlift									
	Total									
75kg	Squat									
	Bench									
	Deadlift									
	Total									
82.5kg	Squat									
02.016	Bench									
	Deadlift									
	Total									
90kg	Squat									
2016	Bench									
	Deadlift									
	Total									
100kg	Squat									
10016	Bench									
	Deadlift									
	Total									
110kg	Squat						+			
TTOVE	Bench						1			
	Deadlift						1			
	Total						+			
110.4.		+					+			
110+kg	Squat									
	Bench						-			
	Deadlift						-			
	Total									

Teenage 2 Women 16-17)

BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift
BVVI	Lift	Lifted	Atniete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
4401	Total						
110kg	Squat						
	Bench	<del>                                     </del>					
	Deadlift						
110:1	Total						1
110+kg	Squat						
	Bench						
	Deadlift						
	Total					]	

Teenage 3 Women (18-19)

BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift
	LIIC	Lifted	Atmete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
4001	Total						
100kg	Squat						
	Bench						
	Deadlift						
4401	Total						
110kg	Squat						
	Bench						
	Deadlift						
110.4-	Total						
110+kg	Squat						
	Bench Deadlift	<del>                                     </del>					-
	Total						+
	iUtal					1	

Junior Women (20-23)

BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift
	Line	Lifted	Atmete	Date of Lift	Lifted	Held By	Date of Life
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Senior Women (24-32)

Senior Women (24-32)										
BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift			
44kg	Squat									
	Bench									
	Deadlift									
	Total									
48kg	Squat	105kg	SMEETON, Maria	28-Mar-92						
	Bench	72.5kg	SMEETON, Maria	28-Mar-92						
	Deadlift	105kg	SMEETON, Maria	28-Mar-92						
	Total	277.5kg	SMEETON, Maria	28-Mar-92						
52kg	Squat									
	Bench									
	Deadlift									
	Total									
56kg	Squat									
	Bench									
	Deadlift									
	Total									
60kg	Squat									
	Bench									
	Deadlift									
	Total									
67.5kg	Squat									
	Bench									
	Deadlift									
	Total									
75kg	Squat									
	Bench									
	Deadlift									
	Total									
82.5kg	Squat									
	Bench									
	Deadlift									
	Total									
90kg	Squat									
	Bench									
	Deadlift									
	Total									
100kg	Squat									
	Bench									
	Deadlift									
	Total									
110kg	Squat									
	Bench									
	Deadlift									
	Total									
110+kg	Squat									
	Bench									
	Deadlift									
	Total									

Sub Master Women (33-39)

		nen (33-39) Weight			Weight	Record Previously	
BWT	Lift	Lifted	Athlete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat	211100			2	Ticlu by	
1 116	Bench						+
	Deadlift						+
	Total						
48kg	Squat						
7016	Bench						
	Deadlift						
	Total						
52kg	Squat						
32 NB	Bench						
	Deadlift						
	Total						+
56kg	Squat						
JONE	Bench						
	Deadlift						
	Total						
60kg	Squat						
OORE	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
07.5Kg	Bench	95.5kg	STERNS, Andrea	07-Jun-98			
	Deadlift	33.3Kg	STERNS, Andrea	07-3011-38			
	Total						
75kg	Squat	200kg	WITTESCH, Heidi	20-Jun-92			
7318	Bench	130kg	WITTESCH, Heidi	20-Jun-92			
	Deadlift	215kg	WITTESCH, Heidi	20-Jun-92			
	Total	545kg	WITTESCH, Heidi	20-Jun-92			
82.5kg	Squat	343118	VVII I ESCII, I I CIGI	20 3011 32			
02.5Kg	Bench						
	Deadlift						
	Total						
90kg	Squat						
2016	Bench						
	Deadlift						
	Total						+
100kg	Squat						+
	Bench						
	Deadlift			+ +			
	Total						
110kg	Squat			+ +			
0	Bench						
	Deadlift						
	Total			+ +			
110+kg	Squat			+			1
6	Bench						
	Deadlift			+ +			
	Total			1			1

Masters 1 Women (40-44)

BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift
	LIIC	Lifted	Atmete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat	125kg	SIMON, Raelen	09-May-93			
	Bench	70kg	SIMON, Raelen	09-May-93			
	Deadlift	125kg	SIMON, Raelen	09-May-93			
	Total	320kg	SIMON, Raelen	09-May-93			
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						_
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						1
	Bench						1
	Deadlift						-
446 :	Total						+
110+kg	Squat						1
	Bench						
	Deadlift						1
	Total	l					

Masters 2 Women (45-49)

BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift
	LIIC	Lifted	Atmete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						1
110+kg	Squat						
	Bench						
	Deadlift						1
	Total						

Masters 3 Women (50-54)

DIACT	1.161	Weight	Addada	Data aftiff	Weight	Record Previously	Data of Life
BWT	Lift	Lifted	Athlete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
440'	Total						-
110kg	Squat			$\dashv$			1
	Bench						
	Deadlift						
	Total						-
110+kg	Squat						
	Bench			$\dashv$			1
	Deadlift						
	Total						

Masters 4 Women (55-59)

	s 4 Wome	Weight		5	Weight	Record Previously	5
BWT	Lift	Lifted	Athlete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat					·	
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
<u> </u>	Bench						
	Deadlift						
	Total						

Masters 5 Women (60-64)

BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift
DVV I	LIIL	Lifted	Atmete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
4001	Total						
100kg	Squat						
	Bench						
	Deadlift						
4401	Total						
110kg	Squat						
	Bench						
	Deadlift						
110+kg	Total						+
TIO+KB	Squat						
	Bench Deadlift	<del>                                     </del>					
	Total					l .	

Masters 6 Women (65-69)

BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift
DVV I	LIIL	Lifted	Atmete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 7 Women (70-74)

DIACT		n (70-74) Weight	A.L.1.	5	Weight	Record Previously	Data of Life
BWT	Lift	Lifted	Athlete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						1
110kg	Squat						
	Bench						
	Deadlift						
	Total						1
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 8 Women (75-79)

DIACT	1:64	n (75-79) Weight	A.L.1.	Data of Life	Weight	Record Previously	Doto of Life
BWT	Lift	Lifted	Athlete	Date of Lift	Lifted	Held By	Date of Lift
44kg	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						
	Total						
100kg	Squat						
	Bench						
	Deadlift						
110kg	Total						-
	Squat			1			1
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 9 Women (80-84)

BWT	Lift	Weight Lifted	Athlete	Date of Lift	Weight Lifted	Record Previously Held By	Date of Lift
1.1kg	Squat	Liitea			Liitea	пеіа ву	
44kg	Bench						
	Deadlift						_
	Total						
401							
48kg	Squat						
	Bench Deadlift						
	Total						_
52kg	Squat						+
32kg	Bench			+			
	Deadlift						+
TCl	Total						
56kg	Squat Bench						
	Deadlift						
COL	Total						
60kg	Squat						
	Bench						
	Deadlift						
67.51	Total						
67.5kg	Squat						
	Bench						
	Deadlift						-
	Total						
75kg	Squat						
	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
	Bench						
	Deadlift						
	Total						
90kg	Squat						
	Bench						
	Deadlift						_
	Total						
100kg	Squat						
	Bench						
	Deadlift						
	Total						
110kg	Squat						
	Bench						1
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						

Masters 10 Women (85-89)

iviaste	rs 10 Won		1				
BWT	Lift	Weight	Athlete	Date of Lift	Weight	Record Previously	Date of Lift
44kg	6 .	Lifted			Lifted	Held By	
	Squat						
	Bench						
	Deadlift						
	Total						
48kg	Squat						
	Bench						
	Deadlift						
	Total						
52kg	Squat						
	Bench						
	Deadlift						
	Total						
56kg	Squat						
	Bench						
	Deadlift						
	Total						
60kg	Squat						
	Bench						
	Deadlift						
	Total						
67.5kg	Squat						
	Bench						
	Deadlift						
	Total						
75kg	Squat						+
73118	Bench						
	Deadlift						
	Total						
82.5kg	Squat						
oz.Jkg	Bench						
	Deadlift						
	Total	-					
001.~							
90kg	Squat						
	Bench						
	Deadlift						
4001	Total						
100kg	Squat						
	Bench						
	Deadlift						
110kg	Total	<del>                                     </del>					
	Squat	<b>_</b>					
	Bench						
	Deadlift						
	Total						
110+kg	Squat						
	Bench						
	Deadlift						
	Total						