

## Open Men

| BWT    | Lift     | Weight Lifted | Athlete              | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|----------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                      |              |               |                           |              |
|        | Bench    |               |                      |              |               |                           |              |
|        | Deadlift |               |                      |              |               |                           |              |
|        | Total    |               |                      |              |               |                           |              |
| 56kg   | Squat    | 140.5kg       | ATTARD, Paul         | 03-Aug-14    |               |                           |              |
|        | Bench    | 87.5kg        | ATTARD, Paul         | 03-Aug-14    |               |                           |              |
|        | Deadlift | 197.5kg       | ATTARD, Paul         | 03-Aug-14    |               |                           |              |
|        | Total    | 408kg         | ATTARD, Paul         | 03-Aug-14    |               |                           |              |
| 60kg   | Squat    | 156kg         | SINGH, Maninder      | 13-Aug-17    | 155kg         | ETTIA, C                  | 29-May-11    |
|        | Bench    | 100kg         | WONG, G              | 29-May-11    |               |                           |              |
|        | Deadlift | 205kg         | ATTARD, Paul         | 25-May-14    | 180kg         | WONG, G                   | 29-May-11    |
|        | Total    | 442.5kg       | ATTARD, Paul         | 25-May-14    | 425kg         | WONG, G                   | 29-May-11    |
| 67.5kg | Squat    | 175kg         | TEMPLAR, Bowen       | 16-Mar-13    | 170kg         | BROOK, M                  | 14-Aug-10    |
|        | Bench    | 137.5kg       | THOMAS, Colin        | 30-May-10    |               |                           |              |
|        | Deadlift | 242.5kg       | KAO, Andy            | 15-Aug-15    |               |                           |              |
|        | Total    | 535kg         | KAO, Andy            | 15-Aug-15    |               |                           |              |
| 75kg   | Squat    | 210kg         | MIDDLETON, Matthew   | 25-Apr-10    |               |                           |              |
|        | Bench    | 170kg         | BALESTRA, Mark       | 30-May-10    |               |                           |              |
|        | Deadlift | 265kg         | PUNSHON, Dale        | 06-Jun-15    |               |                           |              |
|        | Total    | 600kg         | ROMAIN, Caba         | 15-Aug-15    | 595kg         | ROMAIN, Caba              | 31-May-15    |
| 82.5kg | Squat    | 232.5kg       | SPITERI, JACOB       | 15-Aug-15    | 231kg         | MITCHEL, Nathan           | 11-Aug-13    |
|        | Bench    | 200kg         | GALATI, Angelo       | 05-Dec-13    | 162.5kg       | SMITH, Eldene             | 11-Aug-13    |
|        | Deadlift | 285kg         | PARMITER, Dave       | 12-May-12    |               |                           |              |
|        | Total    | 657.5kg       | SPITERI, JACOB       | 15-Aug-15    | 655kg         | MIDDLETON, Matthew        | 14-Aug-10    |
| 90kg   | Squat    | 272.5kg       | MIDDLETON, Matthew   | 27-Apr-14    | 250kg         | OREB, Sabastian           | 11-Aug-13    |
|        | Bench    | 200kg         | MIDDLETON, Matthew   | 27-Apr-14    | 195kg         | OREB, Sabastian           | 11-May-13    |
|        | Deadlift | 340kg         | PARMITER, Dave       | 03-Aug-14    | 327.5kg       | PARMITER, Dave            | 11-Aug-13    |
|        | Total    | 760kg         | PARMITER, Dave       | 03-Aug-14    | 745kg         | MIDDLETON, Matthew        | 27-Apr-14    |
| 100kg  | Squat    | 310kg         | DURBRIDGE, Jason     | 25-Aug-12    |               |                           |              |
|        | Bench    | 220kg         | LOWE, Alex           | 10-Aug-13    | 205kg         | LOWE, Alex                | 25-Aug-12    |
|        | Deadlift | 342.5kg       | DURBRIDGE, Jason     | 25-Aug-12    |               |                           |              |
|        | Total    | 850kg         | LOWE, Alex           | 03-Aug-14    | 842.5kg       | DURBRIDGE, Jason          | 25-Aug-12    |
| 110kg  | Squat    | 305kg         | DURBRIDGE, Jason     | 14-Aug-10    |               |                           |              |
|        | Bench    | 220kg         | PIPER, Adam          | 09-May-15    | 201kg         | JONES, Nathan             | 25-May-14    |
|        | Deadlift | 343kg         | GIAMPAOLI, Billy Joe | 14-Aug-10    |               |                           |              |
|        | Total    | 842.5kg       | DURBRIDGE, Jason     | 14-Aug-10    |               |                           |              |
| 125kg  | Squat    | 320kg         | HOWLETT, Shaun       | 16-Mar-13    | 310kg         | HOWLETT, Shaun            | 31-Mar-12    |
|        | Bench    | 230kg         | FLORISSEN, Shannon   | 26-Aug-12    |               |                           |              |
|        | Deadlift | 342.5kg       | FLORISSEN, Shannon   | 26-Aug-12    |               |                           |              |
|        | Total    | 860kg         | FLORISSEN, Shannon   | 26-Aug-12    |               |                           |              |
| 140kg  | Squat    | 350kg         | HOWLETT, Wayne       | 31-Mar-12    |               |                           |              |
|        | Bench    | 235kg         | HOWLETT, Wayne       | 31-Mar-12    |               |                           |              |
|        | Deadlift | 350kg         | TULLO, Adrian        | 26-Apr-14    | 345kg         | BOYER, Derek              | 14-Aug-10    |
|        | Total    | 915kg         | TULLO, Adrian        | 26-Apr-14    | 900kg         | HOWLETT, Wayne            | 31-Mar-12    |
| SHW    | Squat    | 360kg         | McLAREN, George      | 11-Aug-13    | 357.5kg       | McLAREN, George           | 26-Aug-12    |
|        | Bench    | 240kg         | TULLO, Adrian        | 27-Aug-11    |               |                           |              |
|        | Deadlift | 382.5kg       | McLAREN, George      | 11-Aug-13    | 380kg         | McLAREN, George           | 05-May-12    |
|        | Total    | 952.5         | McLAREN, George      | 11-Aug-13    | 930kg         | McLAREN, George           | 26-Aug-11    |

**Teenage Men (13-15)**

| BWT    | Lift     | Weight Lifted | Athlete               | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-----------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                       |              |               |                           |              |
|        | Bench    |               |                       |              |               |                           |              |
|        | Deadlift |               |                       |              |               |                           |              |
|        | Total    |               |                       |              |               |                           |              |
| 56kg   | Squat    |               |                       |              |               |                           |              |
|        | Bench    |               |                       |              |               |                           |              |
|        | Deadlift |               |                       |              |               |                           |              |
|        | Total    |               |                       |              |               |                           |              |
| 60kg   | Squat    | 140kg         | MCBAIN, Sam           | 21-Nov-14    | 90kg          | McBAIN, Sam               | 01-Aug-14    |
|        | Bench    | 85kg          | MCBAIN, Sam           | 21-Nov-14    | 70.5kg        | McBAIN, Sam               | 01-Aug-14    |
|        | Deadlift | 180kg         | MCBAIN, Sam           | 21-Nov-14    | 150kg         | McBAIN, Sam               | 01-Aug-14    |
|        | Total    | 395kg         | MCBAIN, Sam           | 21-Nov-14    | 310.5kg       | McBAIN, Sam               | 01-Aug-14    |
| 67.5kg | Squat    | 112.5kg       | SHERIDAN, Josh        | 01-Aug-14    | 85kg          | TAYLOR, Seth              | 10-Aug-13    |
|        | Bench    | 80kg          | SHERIDAN, Josh        | 01-Aug-14    | 60kg          | TAYLOR, Seth              | 10-Aug-13    |
|        | Deadlift | 160kg         | SHERIDAN, Josh        | 01-Aug-14    | 110kg         | TAYLOR, Seth              | 10-Aug-13    |
|        | Total    | 342.5kg       | SHERIDAN, Josh        | 01-Aug-14    | 255kg         | TAYLOR, Seth              | 10-Aug-13    |
| 75kg   | Squat    | 100kg         | COONEY, Alex          | 14-Jun-15    |               |                           |              |
|        | Bench    | 65kg          | COONEY, Alex          | 14-Jun-15    |               |                           |              |
|        | Deadlift | 122.5kg       | COONEY, Alex          | 14-Jun-15    |               |                           |              |
|        | Total    | 277.5kg       | COONEY, Alex          | 14-Jun-15    |               |                           |              |
| 82.5kg | Squat    |               |                       |              |               |                           |              |
|        | Bench    |               |                       |              |               |                           |              |
|        | Deadlift |               |                       |              |               |                           |              |
|        | Total    |               |                       |              |               |                           |              |
| 90kg   | Squat    | 146kg         | BARRINGTON, Mackenzie | 30-Apr-17    |               |                           |              |
|        | Bench    | 110kg         | ELENIS, K             | 02-May-10    |               |                           |              |
|        | Deadlift | 200kg         | ELENIS, K             | 02-May-10    |               |                           |              |
|        | Total    | 450kg         | ELENIS, K             | 02-May-10    |               |                           |              |
| 100kg  | Squat    | 140kg         | BARRINGTON, Mackenzie | 13-Aug-16    |               |                           |              |
|        | Bench    | 60kg          | BARRINGTON, Mackenzie | 13-Aug-16    |               |                           |              |
|        | Deadlift | 150kg         | BARRINGTON, Mackenzie | 13-Aug-16    |               |                           |              |
|        | Total    | 345kg         | BARRINGTON, Mackenzie | 13-Aug-16    |               |                           |              |
| 110kg  | Squat    | 192.5kg       | TURNER, Z             | 27-Aug-11    |               |                           |              |
|        | Bench    | 150kg         | TURNER, Z             | 27-Aug-11    |               |                           |              |
|        | Deadlift | 200kg         | TURNER, Z             | 27-Aug-11    |               |                           |              |
|        | Total    | 530kg         | TURNER, Z             | 27-Aug-11    |               |                           |              |
| 125kg  | Squat    |               |                       |              |               |                           |              |
|        | Bench    |               |                       |              |               |                           |              |
|        | Deadlift |               |                       |              |               |                           |              |
|        | Total    |               |                       |              |               |                           |              |
| 140kg  | Squat    |               |                       |              |               |                           |              |
|        | Bench    |               |                       |              |               |                           |              |
|        | Deadlift |               |                       |              |               |                           |              |
|        | Total    |               |                       |              |               |                           |              |
| SHW    | Squat    | 157.5kg       | BARRETT, Danny        | 01-Aug-14    |               |                           |              |
|        | Bench    | 92.5kg        | BARRETT, Danny        | 01-Aug-14    |               |                           |              |
|        | Deadlift | 190kg         | BARRETT, Danny        | 01-Aug-14    |               |                           |              |
|        | Total    | 425kg         | BARRETT, Danny        | 01-Aug-14    |               |                           |              |

## Teenage Men (16-17)

| BWT    | Lift     | Weight Lifted | Athlete          | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                  |              |               |                           |              |
|        | Bench    |               |                  |              |               |                           |              |
|        | Deadlift |               |                  |              |               |                           |              |
|        | Total    |               |                  |              |               |                           |              |
| 56kg   | Squat    | 147.5kg       | MCBAIN, Sam      | 06-Jun-15    | 145kg         | MCBAIN, Sam               | 15-Mar-15    |
|        | Bench    | 90kg          | MCBAIN, Sam      | 15-Mar-15    |               |                           |              |
|        | Deadlift | 170kg         | MCBAIN, Sam      | 15-Mar-15    |               |                           |              |
|        | Total    | 405kg         | MCBAIN, Sam      | 15-Mar-15    |               |                           |              |
| 60kg   | Squat    | 155kg         | MCBAIN, Sam      | 15-Aug-15    |               |                           |              |
|        | Bench    | 95kg          | MCBAIN, Sam      | 15-Aug-15    |               |                           |              |
|        | Deadlift | 187.5kg       | MCBAIN, Sam      | 15-Aug-15    |               |                           |              |
|        | Total    | 437.5kg       | MCBAIN, Sam      | 15-Aug-15    |               |                           |              |
| 67.5kg | Squat    | 175kg         | TEMPLAR, Bowen   | 16-Mar-13    | 140kg         | CHAPMAN, D                | 16-May-10    |
|        | Bench    | 112.5kg       | TEMPLAR, Bowen   | 16-Mar-13    | 110kg         | CHAPMAN, D                | 16-May-10    |
|        | Deadlift | 200kg         | TEMPLAR, Bowen   | 16-Mar-13    | 170kg         | CHAPMAN, D                | 16-May-10    |
|        | Total    | 477.5kg       | TEMPLAR, Bowen   | 16-Mar-13    | 420kg         | CHAPMAN, D                | 16-May-10    |
| 75kg   | Squat    | 160kg         | MARKOPOULUS, Max | 25-Apr-10    |               |                           |              |
|        | Bench    | 95kg          | MARKOPOULUS, Max | 25-Apr-10    |               |                           |              |
|        | Deadlift | 212.5kg       | MARKOPOULUS, Max | 25-Apr-10    |               |                           |              |
|        | Total    | 467.5kg       | MARKOPOULUS, Max | 25-Apr-10    |               |                           |              |
| 82.5kg | Squat    | 212.5kg       | BURROWS, Jesse   | 25-Aug-12    |               |                           |              |
|        | Bench    | 135.5kg       | BURROWS, Jesse   | 25-Aug-12    |               |                           |              |
|        | Deadlift | 252.5kg       | BURROWS, Jesse   | 25-Aug-12    |               |                           |              |
|        | Total    | 597.5kg       | BURROWS, Jesse   | 25-Aug-12    |               |                           |              |
| 90kg   | Squat    | 187.5kg       | PREKETES, Peter  | 25-May-14    | 170kg         | GORDON, Dijon             | 27-Aug-11    |
|        | Bench    | 130kg         | JOSEPH, Hyrum    | 15-Aug-15    | 115kg         | BEWSEY, Taylor            | 26-Apr-14    |
|        | Deadlift | 230kg         | JOSEPH, Hyrum    | 15-Aug-15    | 220.5kg       | BEWSEY, Taylor            | 03-Aug-14    |
|        | Total    | 515kg         | PREKETES, Peter  | 25-May-14    | 475kg         | BEWSEY, Taylor            | 26-Apr-14    |
| 100kg  | Squat    | 231kg         | YAMMINE, James   | 01-Aug-14    | 206kg         | YAMMINE, James            | 25-May-14    |
|        | Bench    | 145kg         | YAMMINE, James   | 01-Aug-14    | 130kg         | LADEWIG, Jory             | 26-Apr-14    |
|        | Deadlift | 285kg         | LADEWIG, Jory    | 01-Aug-14    | 260kg         | YAMMINE, James            | 25-May-14    |
|        | Total    | 646kg         | YAMMINE, James   | 01-Aug-14    | 586kg         | YAMMINE, James            | 25-May-14    |
| 110kg  | Squat    | 200kg         | ROGERS, Will     | 10-Aug-13    | 110kg         | PENNANT, N                | 27-Mar-11    |
|        | Bench    | 150kg         | ROGERS, Will     | 10-Aug-13    | 85kg          | PENNANT, N                | 27-Mar-11    |
|        | Deadlift | 250kg         | ROGERS, Will     | 10-Aug-13    | 160kg         | PENNANT, N                | 27-Mar-11    |
|        | Total    | 600kg         | ROGERS, Will     | 10-Aug-13    | 355kg         | PENNANT, N                | 27-Mar-11    |
| 125kg  | Squat    |               |                  |              |               |                           |              |
|        | Bench    |               |                  |              |               |                           |              |
|        | Deadlift |               |                  |              |               |                           |              |
|        | Total    |               |                  |              |               |                           |              |
| 140kg  | Squat    |               |                  |              |               |                           |              |
|        | Bench    |               |                  |              |               |                           |              |
|        | Deadlift |               |                  |              |               |                           |              |
|        | Total    |               |                  |              |               |                           |              |
| SHW    | Squat    |               |                  |              |               |                           |              |
|        | Bench    |               |                  |              |               |                           |              |
|        | Deadlift |               |                  |              |               |                           |              |
|        | Total    |               |                  |              |               |                           |              |

**Teenage Men (18-19)**

| BWT    | Lift     | Weight Lifted | Athlete          | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                  |              |               |                           |              |
|        | Bench    |               |                  |              |               |                           |              |
|        | Deadlift |               |                  |              |               |                           |              |
|        | Total    |               |                  |              |               |                           |              |
| 56kg   | Squat    |               |                  |              |               |                           |              |
|        | Bench    |               |                  |              |               |                           |              |
|        | Deadlift |               |                  |              |               |                           |              |
|        | Total    |               |                  |              |               |                           |              |
| 60kg   | Squat    |               |                  |              |               |                           |              |
|        | Bench    |               |                  |              |               |                           |              |
|        | Deadlift |               |                  |              |               |                           |              |
|        | Total    |               |                  |              |               |                           |              |
| 67.5kg | Squat    | 160kg         | LE, Lyndon       | 14-Mar-15    | 145kg         | HO, Steven                | 12-May-12    |
|        | Bench    | 112.5kg       | RAYNER, Lachlan  | 12-Aug-17    | 110kg         | HO, Steven                | 12-May-12    |
|        | Deadlift | 205kg         | LE, Lyndon       | 14-Mar-15    | 202.5kg       | HO, Steven                | 12-May-12    |
|        | Total    | 467.5kg       | HO, Steven       | 12-May-12    |               |                           |              |
| 75kg   | Squat    | 181kg         | YOUNG, Jason     | 13-Mar-15    | 180kg         | MUNRO, Kelly              | 14-Aug-11    |
|        | Bench    | 127.5kg       | HEE KIM, Chan    | 31-May-15    | 125kg         | CHAPMAN, D                | 27-Mar-11    |
|        | Deadlift | 240kg         | HEE KIM, Chan    | 31-May-15    | 235kg         | YOUNG, Jason              | 03-May-15    |
|        | Total    | 527.5kg       | HEE KIM, Chan    | 31-May-15    | 520kg         | YOUNG, Jason              | 03-May-15    |
| 82.5kg | Squat    | 230kg         | GOULD, Nathan    | 25-May-14    | 215kg         | MUNRO, Kelly              | 22-Oct-11    |
|        | Bench    | 145kg         | GOULD, Nathan    | 25-May-14    | 125kg         | MUNRO, Kelly              | 22-Oct-11    |
|        | Deadlift | 252.5kg       | POOLE, Marcus    | 12-Aug-16    | 240kg         | GOULD, Nathan             | 25-May-14    |
|        | Total    | 606kg         | GOULD, Nathan    | 25-May-14    | 560kg         | MUNRO, Kelly              | 22-Oct-11    |
| 90kg   | Squat    | 245kg         | LEAH, Dominic    | 25-May-14    | 235kg         | BURROWS, Jesse            | 16-Mar-13    |
|        | Bench    | 155kg         | TULLO, Joe       | 22-Oct-11    |               |                           |              |
|        | Deadlift | 267.5kg       | BURROWS, Jesse   | 16-Mar-13    | 250kg         | DOUEK, Michael            | 16-May-10    |
|        | Total    | 655kg         | BURROWS, Jesse   | 16-Mar-13    | 562.5kg       | DOUEK, Michael            | 16-May-10    |
| 100kg  | Squat    | 240kg         | EL ACHKAR, Firas | 27-Aug-11    |               |                           |              |
|        | Bench    | 170kg         | KINGSLEY, Aaron  | 25-Apr-10    |               |                           |              |
|        | Deadlift | 322.5kg       | EL ACHKAR, Firas | 27-Aug-11    |               |                           |              |
|        | Total    | 687.5kg       | EL ACHKAR, Firas | 27-Aug-11    |               |                           |              |
| 110kg  | Squat    | 225kg         | BUCHANEK, Jeremy | 25-Aug-12    |               |                           |              |
|        | Bench    | 145kg         | BUCHANEK, Jeremy | 25-Aug-12    |               |                           |              |
|        | Deadlift | 290kg         | EL ACHKAR, Firas | 29-May-11    |               |                           |              |
|        | Total    | 627.5kg       | BUCHANEK, Jeremy | 25-Aug-12    |               |                           |              |
| 125kg  | Squat    | 215kg         | SHAW, Daniel     | 30-Apr-17    |               |                           |              |
|        | Bench    | 140kg         | SHAW, Daniel     | 30-Apr-17    |               |                           |              |
|        | Deadlift | 240kg         | SHAW, Daniel     | 30-Apr-17    |               |                           |              |
|        | Total    | 595kg         | SHAW, Daniel     | 30-Apr-17    |               |                           |              |
| 140kg  | Squat    | 250kg         | ROGERS, Will     | 01-Aug-14    |               |                           |              |
|        | Bench    | 160kg         | ROGERS, Will     | 01-Aug-14    |               |                           |              |
|        | Deadlift | 275kg         | ROGERS, Will     | 01-Aug-14    |               |                           |              |
|        | Total    | 685kg         | ROGERS, Will     | 01-Aug-14    |               |                           |              |
| SHW    | Squat    |               |                  |              |               |                           |              |
|        | Bench    |               |                  |              |               |                           |              |
|        | Deadlift |               |                  |              |               |                           |              |
|        | Total    |               |                  |              |               |                           |              |

## Junior Men (20-23)

| BWT    | Lift     | Weight Lifted | Athlete            | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 56kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 60kg   | Squat    | 155kg         | ETTIA, C           | 29-Sep-11    |               |                           |              |
|        | Bench    | 100kg         | WONG, G            | 29-May-11    |               |                           |              |
|        | Deadlift | 180kg         | WONG, G            | 29-May-11    |               |                           |              |
|        | Total    | 425kg         | WONG, G            | 29-May-11    |               |                           |              |
| 67.5kg | Squat    | 172.5kg       | REED, Jay          | 10-Aug-13    | 170kg         | BROOK, M                  | 14-Aug-10    |
|        | Bench    | 132.5kg       | BROOK, M           | 14-Aug-10    |               |                           |              |
|        | Deadlift | 242.5kg       | KAO, Andy          | 15-Aug-15    | 235kg         | KAO, Andy                 | 09-May-15    |
|        | Total    | 535kg         | KAO, Andy          | 15-Aug-15    | 522.5kg       | HO, Steven                | 10-Aug-13    |
| 75kg   | Squat    | 210kg         | MIDDLETON, Matthew | 25-Apr-10    |               |                           |              |
|        | Bench    | 145kg         | STEWART, Lachlan   | 12-May-12    |               |                           |              |
|        | Deadlift | 260kg         | MIDDLETON, Matthew | 25-Apr-10    |               |                           |              |
|        | Total    | 590kg         | MIDDLETON, Matthew | 25-Apr-10    |               |                           |              |
| 82.5kg | Squat    | 230kg         | MIDDLETON, Matthew | 15-Aug-10    |               |                           |              |
|        | Bench    | 155kg         | MIDDLETON, Matthew | 15-Aug-10    |               |                           |              |
|        | Deadlift | 270kg         | MIDDLETON, Matthew | 15-Aug-10    |               |                           |              |
|        | Total    | 655kg         | MIDDLETON, Matthew | 15-Aug-10    |               |                           |              |
| 90kg   | Squat    | 260kg         | BEWSEY, Alex       | 26-Apr-14    | 245kg         | TAUKAVE, Riga             | 10-Aug-13    |
|        | Bench    | 167.5kg       | BEWSEY, Alex       | 26-Apr-14    | 165kg         | MIDDLETON, Matthew        | 09-Aug-09    |
|        | Deadlift | 305kg         | BEWSEY, Alex       | 26-Apr-14    | 295kg         | TAUKAVE, Riga             | 10-Aug-13    |
|        | Total    | 732.5kg       | BEWSEY, Alex       | 26-Apr-14    | 700kg         | TAUKAVE, Riga             | 10-Aug-13    |
| 100kg  | Squat    | 285kg         | LOWE, Alex         | 10-Aug-13    | 280kg         | GORDON, Gregg             | 12-Mar-12    |
|        | Bench    | 220kg         | LOWE, Alex         | 10-Aug-13    | 205kg         | LOWE, Alex                | 25-Aug-12    |
|        | Deadlift | 340kg         | LOWE, Alex         | 10-Aug-13    | 330kg         | LOWE, Alex                | 25-Aug-12    |
|        | Total    | 845kg         | LOWE, Alex         | 10-Aug-13    | 800kg         | LOWE, Alex                | 25-Aug-12    |
| 110kg  | Squat    | 275kg         | BURROWS, Jesse     | 06-Jun-15    | 260kg         | DEKEN, Alex               | 14-Mar-15    |
|        | Bench    | 220kg         | PIPER, Adam        | 09-May-15    | 195kg         | DEKEN, Alex               | 14-Mar-15    |
|        | Deadlift | 300kg         | BURROWS, Jesse     | 06-Jun-15    | 286kg         | MORRISSEY, Tyson          | 10-May-14    |
|        | Total    | 755kg         | BURROWS, Jesse     | 06-Jun-15    | 735kg         | DEKEN, Alex               | 14-Mar-15    |
| 125kg  | Squat    | 273kg         | LEE, M             | 31-Mar-12    |               |                           |              |
|        | Bench    | 205kg         | ROCKS, Nathan      | 10-May-14    | 200kg         | LEE, M                    | 31-Aug-12    |
|        | Deadlift | 300kg         | HOPKINS, Geoff     | 05-May-12    |               |                           |              |
|        | Total    | 730kg         | LEE, M             | 31-Mar-12    |               |                           |              |
| 140kg  | Squat    | 285kg         | MAHMOUD, Ali       | 10-Aug-13    | 210kg         | POLLARD, J                | 27-Aug-11    |
|        | Bench    | 200kg         | MAHMOUD, Ali       | 10-Aug-13    | 142.5kg       | POLLARD, J                | 27-Aug-11    |
|        | Deadlift | 335kg         | MAHMOUD, Ali       | 10-Aug-13    | 247.5kg       | POLLARD, J                | 27-Aug-11    |
|        | Total    | 815kg         | MAHMOUD, Ali       | 10-Aug-13    | 600kg         | POLLARD, J                | 27-Aug-11    |
| SHW    | Squat    | 240kg         | BERTUNA, Josh      | 01-Aug-14    | 155kg         | FERRAR, Ricky             | 12-Apr-14    |
|        | Bench    | 160kg         | BERTUNA, Josh      | 01-Aug-14    | 85kg          | FERRAR, Ricky             | 12-Apr-14    |
|        | Deadlift | 265kg         | BERTUNA, Josh      | 01-Aug-14    | 175kg         | FERRAR, Ricky             | 12-Apr-12    |
|        | Total    | 665kg         | BERTUNA, Josh      | 01-Aug-14    | 400kg         | FERRAR, Ricky             | 14-Apr-14    |

## Senior Men (24-32)

| BWT    | Lift     | Weight Lifted | Athlete            | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 56kg   | Squat    | 140.5kg       | ATTARD, Paul       | 03-Aug-14    |               |                           |              |
|        | Bench    | 87.5kg        | ATTARD, Paul       | 03-Aug-14    |               |                           |              |
|        | Deadlift | 197.5kg       | ATTARD, Paul       | 03-Aug-14    |               |                           |              |
|        | Total    | 408kg         | ATTARD, Paul       | 03-Aug-14    |               |                           |              |
| 60kg   | Squat    | 156kg         | SINGH, Maninder    | 13-Aug-17    | 155kg         | SINGH, Maninder           | 30-Apr-17    |
|        | Bench    | 92.5kg        | ATTARD, Paul       | 25-May-14    |               |                           |              |
|        | Deadlift | 205kg         | ATTARD, Paul       | 25-May-14    |               |                           |              |
|        | Total    | 442.5kg       | ATTARD, Paul       | 25-May-14    |               |                           |              |
| 67.5kg | Squat    | 167.5kg       | VELLA, Luke        | 03-Aug-14    | 160kg         | VERVAART, Troy            | 12-Apr-14    |
|        | Bench    | 115kg         | VELLA, Luke        | 03-Aug-14    | 110kg         | VELLA, L                  | 27-Mar-11    |
|        | Deadlift | 227.5kg       | VELLA, Luke        | 03-Aug-14    | 221kg         | BEARD, M                  | 27-Aug-11    |
|        | Total    | 510kg         | VELLA, Luke        | 03-Aug-14    | 485kg         | VELLA, L                  | 27-Mar-11    |
| 75kg   | Squat    | 200kg         | CABA, Romain       | 31-May-15    | 195kg         | WALKER, Lucas             | 25-Apr-10    |
|        | Bench    | 145kg         | DOWELL, Ash        | 14-Aug-15    | 135kg         | ROMAIN, Caba              | 31-May-15    |
|        | Deadlift | 265kg         | ROMAIN, Caba       | 15-Aug-15    | 260kg         | ROMAIN, Caba              | 31-May-15    |
|        | Total    | 600kg         | ROMAIN, Caba       | 15-Aug-15    | 595kg         | ROMAIN, Caba              | 31-May-15    |
| 82.5kg | Squat    | 232.5kg       | SPITERI, Jacob     | 15-Aug-15    | 215.5kg       | SPITERI, Jacob            | 09-May-15    |
|        | Bench    | 170kg         | SPITERI, Jacob     | 09-May-15    | 162.5kg       | SMITH, Eldene             | 11-Aug-13    |
|        | Deadlift | 285kg         | PARMITER, Dave     | 12-May-12    |               |                           |              |
|        | Total    | 657.5kg       | SPITERI, Jacob     | 15-Aug-15    | 645.5kg       | SPITERI, Jacob            | 09-May-15    |
| 90kg   | Squat    | 272.5kg       | MIDDLETON, Matthew | 27-Apr-14    | 250kg         | OREB, Sebastian           | 11-Aug-13    |
|        | Bench    | 200kg         | MIDDLETON, Matthew | 27-Apr-14    | 195kg         | OREB, Sebastian           | 11-May-13    |
|        | Deadlift | 340kg         | PARMITER, Dave     | 03-Aug-14    | 327.5kg       | PARMITER, Dave            | 11-Aug-13    |
|        | Total    | 760kg         | PARMITER, Dave     | 03-Aug-14    | 745kg         | MIDDLETON, Matthew        | 27-Apr-14    |
| 100kg  | Squat    | 295kg         | MIDDLETON, Matthew | 25-Apr-15    | 290kg         | LOWE, Alex                | 03-Aug-14    |
|        | Bench    | 220kg         | LOWE, Alex         | 03-Aug-14    | 182.5kg       | CHAN, Chris               | 25-Apr-10    |
|        | Deadlift | 340kg         | LOWE, Alex         | 03-Aug-14    | 240kg         | CHAN, Chris               | 25-Apr-10    |
|        | Total    | 850kg         | LOWE, Alex         | 03-Aug-14    | 622.5kg       | CHAN, Chris               | 25-Apr-10    |
| 110kg  | Squat    | 305kg         | DURBRIDGE, Jason   | 14-Aug-10    |               |                           |              |
|        | Bench    | 203kg         | CALTABIANO, Andrew | 16-Aug-15    | 202.5kg       | CALTABIANO, Andrew        | 31-May-15    |
|        | Deadlift | 340kg         | DURBRIDGE, Jason   | 14-Aug-10    |               |                           |              |
|        | Total    | 842.5kg       | DURBRIDGE, Jason   | 14-Aug-10    |               |                           |              |
| 125kg  | Squat    | 320kg         | HOWLETT, Shaun     | 16-Mar-13    | 310kg         | HOWLETT, Shaun            | 31-Mar-12    |
|        | Bench    | 215kg         | ROCKS, Nathan      | 03-Aug-14    | 212.5kg       | HOWLETT, Shaun            | 16-Mar-13    |
|        | Deadlift | 335kg         | DURBRIDGE, Jason   | 04-Oct-08    |               |                           |              |
|        | Total    | 822.5kg       | HOWLETT, Shaun     | 16-Mar-13    | 820kg         | HOWLETT, Shaun            | 31-Mar-12    |
| 140kg  | Squat    | 350kg         | HOWLETT, Wayne     | 31-Mar-12    |               |                           |              |
|        | Bench    | 235kg         | HOWLETT, Wayne     | 31-Mar-12    |               |                           |              |
|        | Deadlift | 320kg         | TOOMER, David      | 11-Aug-13    | 315kg         | HOWLETT, Wayne            | 31-Mar-12    |
|        | Total    | 900kg         | HOWLETT, Wayne     | 31-Mar-12    |               |                           |              |
| SHW    | Squat    | 357.5kg       | McLAREN, George    | 25-Aug-12    |               |                           |              |
|        | Bench    | 235kg         | PARK, Dave         | 31-Mar-12    |               |                           |              |
|        | Deadlift | 380kg         | McLAREN, George    | 05-May-12    |               |                           |              |
|        | Total    | 930kg         | McLAREN, George    | 25-Aug-12    |               |                           |              |

**Sub Masters Men (33-39)**

| BWT    | Lift     | Weight Lifted | Athlete                   | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                           |              |               |                           |              |
|        | Bench    |               |                           |              |               |                           |              |
|        | Deadlift |               |                           |              |               |                           |              |
|        | Total    |               |                           |              |               |                           |              |
| 56kg   | Squat    |               |                           |              |               |                           |              |
|        | Bench    |               |                           |              |               |                           |              |
|        | Deadlift |               |                           |              |               |                           |              |
|        | Total    |               |                           |              |               |                           |              |
| 60kg   | Squat    |               |                           |              |               |                           |              |
|        | Bench    |               |                           |              |               |                           |              |
|        | Deadlift |               |                           |              |               |                           |              |
|        | Total    |               |                           |              |               |                           |              |
| 67.5kg | Squat    |               |                           |              |               |                           |              |
|        | Bench    |               |                           |              |               |                           |              |
|        | Deadlift |               |                           |              |               |                           |              |
|        | Total    |               |                           |              |               |                           |              |
| 75kg   | Squat    | 200kg         | HILLS, Greg               | 25-Apr-10    |               |                           |              |
|        | Bench    | 137.5kg       | HILLS, Greg               | 25-Apr-10    |               |                           |              |
|        | Deadlift | 265kg         | PUNSHON, Dale             | 06-Jun-15    | 245kg         | HILLS, Greg               | 25-Apr-10    |
|        | Total    | 595kg         | PUNSHON, Dale             | 06-Jun-15    | 560kg         | HILLS, Greg               | 25-Apr-10    |
| 82.5kg | Squat    | 200kg         | SIOPIS, George            | 15-Dec-13    | 170kg         | RUCCI, Dan                |              |
|        | Bench    | 132.5kg       | CROSS, Ash                | 14-Aug-16    | 127.5kg       | SIOPIS, George            | 15-Dec-13    |
|        | Deadlift | 250kg         | SIOPIS, George            | 15-Dec-13    | 180kg         | RUCCI, Dan                |              |
|        | Total    | 577.5kg       | SIOPIS, George            | 15-Dec-13    | 475kg         | RUCCI, Dan                |              |
| 90kg   | Squat    | 240kg         | SIOPIS, George            | 25-May-14    | 180kg         | ZAITSEV, A                | 12-May-12    |
|        | Bench    | 163.5kg       | LANGER, Andre             | 30-Apr-17    | 160kg         | SIOPIS, George            | 25-May-14    |
|        | Deadlift | 280kg         | SIOPIS, George            | 25-May-14    | 215kg         | ZAITSEV, A                | 12-May-12    |
|        | Total    | 680kg         | SIOPIS, George            | 25-May-14    | 535kg         | ZAITSEV, A                | 12-May-12    |
| 100kg  | Squat    | 310kg         | DURBRIDGE, Jason          | 26-Aug-12    |               |                           |              |
|        | Bench    | 210kg         | COLLINS, Michael          | 03-Aug-14    | 190kg         | DURBRIDGE, Jason          | 26-Aug-12    |
|        | Deadlift | 342.5kg       | DURBRIDGE, Jason          | 26-Aug-12    |               |                           |              |
|        | Total    | 842.5kg       | DURBRIDGE, Jason          | 26-Aug-12    |               |                           |              |
| 110kg  | Squat    | 290kg         | JONES, Nathan             | 25-May-14    | 205kg         | MORTON, Dom               | 26-Apr-14    |
|        | Bench    | 210kg         | COLLINS, Matthew (Nipper) | 13-Aug-17    | 201kg         | JONES, Nathan             | 25-May-14    |
|        | Deadlift | 343kg         | GIAMPAOLO, Billy Joe      | 15-Aug-10    |               |                           |              |
|        | Total    | 815kg         | JONES, Nathan             | 25-May-14    | 595kg         | MORTON, Dom               | 26-Apr-14    |
| 125kg  | Squat    | 300kg         | FLORISSEN, Shannon        | 15-Aug-10    |               |                           |              |
|        | Bench    | 230kg         | FLORISSEN, Shannon        | 15-Aug-10    |               |                           |              |
|        | Deadlift | 342.5kg       | FLORISSEN, Shannon        | 15-Aug-10    |               |                           |              |
|        | Total    | 860kg         | FLORISSEN, Shannon        | 15-Aug-10    |               |                           |              |
| 140kg  | Squat    | 290kg         | ZINETTI, Dustin           | 03-Aug-14    | 275kg         | ROSSI, Luca               | 15-Aug-10    |
|        | Bench    | 192.5kg       | WRIGHT, Dan               | 09-Aug-09    |               |                           |              |
|        | Deadlift | 327.5kg       | WRIGHT, Dan               | 09-Aug-09    |               |                           |              |
|        | Total    | 750kg         | ROSSI, Luca               | 15-Aug-10    |               |                           |              |
| SHW    | Squat    |               |                           |              |               |                           |              |
|        | Bench    |               |                           |              |               |                           |              |
|        | Deadlift |               |                           |              |               |                           |              |
|        | Total    |               |                           |              |               |                           |              |

**Masters Men (40-44)**

| BWT    | Lift     | Weight Lifted | Athlete           | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 56kg   | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 60kg   | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 67.5kg | Squat    | 162.5kg       | THOMAS, Colin     | 30-May-10    |               |                           |              |
|        | Bench    | 137.5kg       | THOMAS, Colin     | 30-May-10    |               |                           |              |
|        | Deadlift | 210kg         | THOMAS, Colin     | 30-May-10    |               |                           |              |
|        | Total    | 510kg         | THOMAS, Colin     | 30-May-10    |               |                           |              |
| 75kg   | Squat    | 200kg         | HILLS, Greg       | 21-Nov-14    | 195kg         | HILLS, Greg               | 02-Aug-14    |
|        | Bench    | 133kg         | HILLS, Greg       | 08-Nov-12    | 127.5kg       | HILLS, Greg               | 10-Jun-12    |
|        | Deadlift | 250kg         | HILLS, Greg       | 08-Nov-12    | 230kg         | HILLS, Greg               | 10-Jun-12    |
|        | Total    | 568.5kg       | HILLS, Greg       | 21-Nov-14    | 560kg         | HILLS, Greg               | 02-Aug-14    |
| 82.5kg | Squat    | 190kg         | TULUN, Jim        | 02-Aug-14    | 181kg         | TULUN, Jim                | 25-May-14    |
|        | Bench    | 127.5kg       | TULUN, Jim        | 02-Aug-14    | 122.5kg       | TULUN, Jim                | 25-May-14    |
|        | Deadlift | 225kg         | TULUN, Jim        | 02-Aug-14    | 207.5kg       | TULUN, Jim                | 25-May-14    |
|        | Total    | 537.5kg       | TULUN, Jim        | 02-Aug-14    | 511kg         | TULUN, Jim                | 25-May-14    |
| 90kg   | Squat    | 210kg         | JARROTT, Brian    | 14-Aug-10    |               |                           |              |
|        | Bench    | 130kg         | JARROTT, Brian    | 14-Aug-10    |               |                           |              |
|        | Deadlift | 245kg         | JARROTT, Brian    | 14-Aug-10    |               |                           |              |
|        | Total    | 585kg         | JARROTT, Brian    | 14-Aug-10    |               |                           |              |
| 100kg  | Squat    | 235kg         | RAHBAN, Feyde     | 03-Jun-17    | 202.5kg       | BIGGS, John               | 29-May-16    |
|        | Bench    | 180kg         | ANDREWS, Chris    | 12-May-12    |               |                           |              |
|        | Deadlift | 261kg         | BIGGS, John       | 12-Aug-16    | 260kg         | BIGGS, John               | 29-May-16    |
|        | Total    | 605kg         | RAHBAN, Feyde     | 03-Jun-17    | 590kg         | WEATHERALL, Peter         | 10-Jun-12    |
| 110kg  | Squat    | 255kg         | VENTER, Dirk      | 16-Aug-15    | 240kg         | VENTER, Dirk              | 31-May-15    |
|        | Bench    | 187.5kg       | WEATHERALL, Peter | 03-Apr-11    |               |                           |              |
|        | Deadlift | 291kg         | VENTER, Dirk      | 16-Aug-15    | 280kg         | VENTER, Dirk              | 31-May-15    |
|        | Total    | 701kg         | VENTER, Dirk      | 16-Aug-15    | 660kg         | VENTER, Dirk              | 31-May-15    |
| 125kg  | Squat    | 275kg         | BEECHAM, Tony     | 11-Aug-17    | 272.5kg       | BEECHAM, Tony             | 03-Jun-17    |
|        | Bench    | 190kg         | WEATHERALL, Peter | 27-Aug-11    |               |                           |              |
|        | Deadlift | 305kg         | BEECHAM, Tony     | 11-Aug-17    | 302.5kg       | BEECHAM, Tony             | 03-Jun-17    |
|        | Total    | 740kg         | CANN, Dan         | 13-Aug-17    | 732.5kg       | BEECHAM, Tony             | 12-Aug-16    |
| 140kg  | Squat    | 330kg         | TULLO, Adrian     | 26-Apr-14    | 320kg         | BOYER, Derek              | 15-Aug-10    |
|        | Bench    | 235kg         | TULLO, Adrian     | 26-Apr-14    | 215kg         | BOYER, Derek              | 15-Aug-10    |
|        | Deadlift | 350kg         | TULLO, Adrian     | 26-Apr-14    | 345kg         | BOYER, Derek              | 15-Aug-10    |
|        | Total    | 915kg         | TULLO, Adrian     | 26-Apr-14    | 880kg         | BOYER, Derek              | 15-Aug-10    |
| SHW    | Squat    | 320kg         | TULLO, Adrian     | 12-Apr-14    |               |                           |              |
|        | Bench    | 230kg         | TULLO, Adrian     | 12-Apr-14    | 200kg         | BOYER, Derek              | 09-Aug-09    |
|        | Deadlift | 350kg         | BOYER, Derek      | 09-Aug-09    |               |                           |              |
|        | Total    | 900kg         | TULLO, Adrian     | 12-Apr-14    |               |                           |              |



**Masters Men (45-49)**

| BWT    | Lift     | Weight Lifted | Athlete           | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 56kg   | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 60kg   | Squat    | 20kg          | ROGERS, Kevin     | 08-May-10    |               |                           |              |
|        | Bench    | 90kg          | ROGERS, Kevin     | 12-Mar-11    | 80kg          | ROGERS, Kevin             | 08-May-10    |
|        | Deadlift | 65kg          | ROGERS, Kevin     | 08-May-10    |               |                           |              |
|        | Total    | 165kg         | ROGERS, Kevin     | 08-May-10    |               |                           |              |
| 67.5kg | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 75kg   | Squat    | 120kg         | KNIGHT, Richard   | 14-Jun-15    |               |                           |              |
|        | Bench    | 105kg         | KNIGHT, Richard   | 14-Jun-15    |               |                           |              |
|        | Deadlift | 175kg         | KNIGHT, Richard   | 14-Jun-15    |               |                           |              |
|        | Total    | 400kg         | KNIGHT, Richard   | 14-Jun-15    |               |                           |              |
| 82.5kg | Squat    | 200kg         | GALATI, Angelo    | 05-Dec-13    | 150kg         | SEMPlice, Ross            | 11-Aug-13    |
|        | Bench    | 200kg         | GALATI, Angelo    | 05-Dec-13    | 85kg          | SEMPlice, Ross            | 11-Aug-13    |
|        | Deadlift | 220kg         | GALATI, Angelo    | 05-Dec-13    | 175kg         | SEMPlice, Ross            | 11-Aug-13    |
|        | Total    | 620kg         | GALATI, Angelo    | 05-Dec-13    | 410kg         | SEMPlice, Ross            | 11-Aug-13    |
| 90kg   | Squat    | 155kg         | JONES, Eddie      | 12-Aug-16    | 145kg         | JONES, Eddie              | 22-May-16    |
|        | Bench    | 125kg         | JONES, Eddie      | 12-Aug-16    | 122.5kg       | JONES, Eddie              | 22-May-16    |
|        | Deadlift | 195kg         | JONES, Eddie      | 22-May-16    |               |                           |              |
|        | Total    | 457.5kg       | JONES, Eddie      | 22-May-16    |               |                           |              |
| 100kg  | Squat    | 190kg         | BIGGS, John       | 11-Aug-17    | 180kg         | TAYLOR, Terry             | 01-Aug-13    |
|        | Bench    | 180kg         | DAY, Henry        | 09-Aug-09    |               |                           |              |
|        | Deadlift | 281kg         | BIGGS, John       | 11-Aug-17    | 270kg         | DAY, Henry                | 09-Aug-09    |
|        | Total    | 600kg         | BIGGS, John       | 11-Aug-17    | 550kg         | TAYLOR, Terry             | 11-Aug-13    |
| 110kg  | Squat    | 220kg         | WEATHERALL, Peter | 31-May-15    | 180kg         | DAY, Henry                | 30-May-10    |
|        | Bench    | 172.5kg       | WEATHERALL, Peter | 31-May-15    | 170kg         | DAY, Henry                | 30-May-10    |
|        | Deadlift | 280kg         | BIGGS, John       | 03-Jun-17    | 251kg         | WEATHERALL, Peter         | 31-May-15    |
|        | Total    | 626kg         | WEATHERALL, Peter | 31-May-15    | 600kg         | DAY, Henry                | 30-May-10    |
| 125kg  | Squat    | 330kg         | NAYLOR, Shane     | 21-Nov-14    | 300kg         | NAYLOR, Shane             | 03-Aug-14    |
|        | Bench    | 207.5kg       | NAYLOR, Shane     | 21-Nov-14    | 190kg         | NAYLOR, Shane             | 03-Aug-14    |
|        | Deadlift | 337.5kg       | NAYLOR, Shane     | 21-Nov-14    | 310kg         | NAYLOR, Shane             | 03-Aug-14    |
|        | Total    | 875kg         | NAYLOR, Shane     | 21-Nov-14    | 800kg         | NAYLOR, Shane             | 03-Aug-14    |
| 140kg  | Squat    | 280kg         | NICHOLAS, Michael | 02-Aug-14    | 250kg         | NICHOLAS, Michael         | 12-Apr-14    |
|        | Bench    | 172.5kg       | NICHOLAS, Michael | 12-Apr-14    | 170kg         | NICHOLAS, Michael         | 31-Mar-12    |
|        | Deadlift | 285kg         | NICHOLAS, Michael | 02-Aug-14    | 280kg         | NICHOLAS, Michael         | 12-Apr-14    |
|        | Total    | 720kg         | NICHOLAS, Michael | 02-Aug-14    | 702.5kg       | NICHOLAS, Michael         | 12-Apr-14    |
| SHW    | Squat    | 215kg         | RUSTERHOLZ, Marco | 31-Mar-12    |               | RUSTERHOLZ, Marco         |              |
|        | Bench    | 220kg         | RUSTERHOLZ, Marco | 31-Mar-12    |               | RUSTERHOLZ, Marco         |              |
|        | Deadlift | 215kg         | RUSTERHOLZ, Marco | 31-Mar-12    |               | RUSTERHOLZ, Marco         |              |
|        | Total    | 650kg         | RUSTERHOLZ, Marco | 31-Mar-12    |               | RUSTERHOLZ, Marco         |              |

**Masters Men (50-54)**

| BWT    | Lift     | Weight Lifted | Athlete           | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 56kg   | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 60kg   | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |
| 67.5kg | Squat    | 137.5kg       | MANSFIELD, Peter  | 21-Nov-14    | 130kg         | MANSFIELD, Peter          | 02-Aug-14    |
|        | Bench    | 95kg          | MANSFIELD, Peter  | 02-Aug-14    | 90kg          | MANSFIELD, Peter          | 12-Apr-14    |
|        | Deadlift | 182.5kg       | MANSFIELD, Peter  | 21-Nov-14    | 180kg         | MANSFIELD, Peter          | 02-Aug-14    |
|        | Total    | 410kg         | MANSFIELD, Peter  | 21-Nov-14    | 405kg         | MANSFIELD, Peter          | 02-Aug-14    |
| 75kg   | Squat    | 150kg         | BALESTRA, Frank   | 30-May-10    |               |                           |              |
|        | Bench    | 170kg         | BALESTRA, Frank   | 30-May-10    |               |                           |              |
|        | Deadlift | 195kg         | TORCASIO, Tony    | 14-May-16    | 165kg         | MANSFIELD, Peter          | 14-Mar-15    |
|        | Total    | 427.5kg       | TORCASIO, Tony    | 14-May-16    | 417.5kg       | BALESTRA, Frank           | 30-May-10    |
| 82.5kg | Squat    | 140kg         | TORCASIO, Tony    | 25-Apr-16    |               |                           |              |
|        | Bench    | 95kg          | TORCASIO, Tony    | 25-Apr-16    |               |                           |              |
|        | Deadlift | 190kg         | TORCASIO, Tony    | 25-Apr-16    |               |                           |              |
|        | Total    | 425kg         | TORCASIO, Tony    | 25-Apr-16    |               |                           |              |
| 90kg   | Squat    | 200kg         | SIMONETTA, Vince  | 02-Aug-14    | 180kg         | SIMONETTA, Vince          | 10-May-14    |
|        | Bench    | 150kg         | STRINGER, Shane   | 03-May-15    | 100kg         | SIMONETTA, Vince          | 10-May-14    |
|        | Deadlift | 270kg         | SIMONETTA, Vince  | 10-May-14    | 200kg         | PAOLETTI, Aldo            | 27-Apr-14    |
|        | Total    | 570kg         | STRINGER, Shane   | 03-May-14    | 562.5kg       | SIMONETTA, Vince          | 02-Aug-14    |
| 100kg  | Squat    | 150kg         | HENDRIE, Ian      | 21-May-17    | 130kg         | RAY, Michael              | 14-May-16    |
|        | Bench    | 125kg         | RAY, Michael      | 14-May-16    |               |                           |              |
|        | Deadlift | 230kg         | HENDRIE, Ian      | 21-May-17    | 180kg         | RAY, Michael              | 14-May-16    |
|        | Total    | 495kg         | HENDRIE, Ian      | 21-May-17    | 435kg         | RAY, Michael              | 14-May-16    |
| 110kg  | Squat    | 205kg         | JONES, Gary       | 12-Aug-16    | 202.5kg       | JONES, Gary               | 14-May-16    |
|        | Bench    | 155kg         | JONES, Gary       | 12-Aug-16    | 152.5kg       | JONES, Gary               | 16-Aug-15    |
|        | Deadlift | 250kg         | JONES, Gary       | 12-Aug-16    | 240kg         | BOYD, P                   | 27-Aug-11    |
|        | Total    | 610kg         | JONES, Gary       | 12-Aug-16    | 580kg         | JONES, Gary               | 14-May-16    |
| 125kg  | Squat    | 270kg         | NICHOLAS, Michael | 20-May-17    |               |                           |              |
|        | Bench    | 155kg         | NICHOLAS, Michael | 20-May-17    |               |                           |              |
|        | Deadlift | 285kg         | NICHOLAS, Michael | 20-May-17    |               |                           |              |
|        | Total    | 710kg         | NICHOLAS, Michael | 20-May-17    |               |                           |              |
| 140kg  | Squat    | 265kg         | NICHOLAS, Michael | 16-Aug-15    |               |                           |              |
|        | Bench    | 150kg         | NICHOLAS, Michael | 16-Aug-15    |               |                           |              |
|        | Deadlift | 270kg         | NICHOLAS, Michael | 16-Aug-15    |               |                           |              |
|        | Total    | 670kg         | NICHOLAS, Michael | 16-Aug-15    |               |                           |              |
| SHW    | Squat    |               |                   |              |               |                           |              |
|        | Bench    |               |                   |              |               |                           |              |
|        | Deadlift |               |                   |              |               |                           |              |
|        | Total    |               |                   |              |               |                           |              |

**Masters Men (55-59)**

| BWT    | Lift     | Weight Lifted | Athlete            | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 56kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 60kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 67.5kg | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 75kg   | Squat    | 150.5kg       | XEPAPAS, Angelo    | 11-Aug-13    |               |                           |              |
|        | Bench    | 90kg          | XEPAPAS, Angelo    | 11-Aug-13    |               |                           |              |
|        | Deadlift | 215kg         | XEPAPAS, Angelo    | 11-Aug-13    |               |                           |              |
|        | Total    | 455kg         | XEPAPAS, Angelo    | 11-Aug-13    |               |                           |              |
| 82.5kg | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 90kg   | Squat    | 162.5kg       | BASKERVILLE, Peter | 02-Aug-14    | 160kg         | BASKERVILLE, Peter        | 11-Aug-13    |
|        | Bench    | 85kg          | BASKERVILLE, Peter | 02-Aug-14    | 82.5kg        | BASKERVILLE, Peter        | 11-Aug-13    |
|        | Deadlift | 215kg         | BASKERVILLE, Peter | 11-Aug-13    |               |                           |              |
|        | Total    | 462.5kg       | BASKERVILLE, Peter | 02-Aug-14    | 452.5kg       | BASKERVILLE, Peter        | 11-Aug-13    |
| 100kg  | Squat    | 170kg         | GIBBS, Terry       | 12-Apr-14    |               |                           |              |
|        | Bench    | 90kg          | GIBBS, Terry       | 11-Aug-13    |               |                           |              |
|        | Deadlift | 202.5kg       | GIBBS, Terry       | 12-Apr-14    |               |                           |              |
|        | Total    | 435kg         | GIBBS, Terry       | 11-Aug-13    |               |                           |              |
| 110kg  | Squat    | 200kg         | ZOLLO, Joe         | 25-Apr-15    |               |                           |              |
|        | Bench    | 125kg         | ZOLLO, Joe         | 25-Apr-15    |               |                           |              |
|        | Deadlift | 200kg         | ZOLLO, Joe         | 25-Apr-15    |               |                           |              |
|        | Total    | 525kg         | ZOLLO, Joe         | 25-Apr-15    |               |                           |              |
| 125kg  | Squat    | 220kg         | VAUGHAN, Wayne     | 08-May-10    |               |                           |              |
|        | Bench    | 100kg         | VAUGHAN, Wayne     | 08-May-10    |               |                           |              |
|        | Deadlift | 280kg         | VAUGHAN, Wayne     | 08-May-10    |               |                           |              |
|        | Total    | 600kg         | VAUGHAN, Wayne     | 08-May-10    |               |                           |              |
| 140kg  | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| SHW    | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |

**Masters Men (60-64)**

| BWT    | Lift     | Weight Lifted | Athlete            | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 56kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 60kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 67.5kg | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 75kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 82.5kg | Squat    | 147.5kg       | BASKERVILLE, Peter | 22-May-16    |               |                           |              |
|        | Bench    | 72.5kg        | BASKERVILLE, Peter | 22-May-16    |               |                           |              |
|        | Deadlift | 190kg         | BASKERVILLE, Peter | 22-May-16    |               |                           |              |
|        | Total    | 410kg         | BASKERVILLE, Peter | 22-May-16    |               |                           |              |
| 90kg   | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 100kg  | Squat    | 171kg         | GIBBS, Terrence    | 02-Aug-14    |               |                           |              |
|        | Bench    | 70kg          | GIBBS, Terrence    | 02-Aug-14    |               |                           |              |
|        | Deadlift | 190kg         | GIBBS, Terrence    | 02-Aug-14    |               |                           |              |
|        | Total    | 431kg         | GIBBS, Terrence    | 02-Aug-14    |               |                           |              |
| 110kg  | Squat    | 165kg         | THOMSON, James     | 27-Aug-11    |               |                           |              |
|        | Bench    | 90kg          | THOMSON, James     | 27-Aug-11    |               |                           |              |
|        | Deadlift | 215kg         | THOMSON, James     | 27-Aug-11    |               |                           |              |
|        | Total    | 465kg         | THOMSON, James     | 27-Aug-11    |               |                           |              |
| 125kg  | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| 140kg  | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |
| SHW    | Squat    |               |                    |              |               |                           |              |
|        | Bench    |               |                    |              |               |                           |              |
|        | Deadlift |               |                    |              |               |                           |              |
|        | Total    |               |                    |              |               |                           |              |

**Master Men (65-69)**

| BWT    | Lift     | Weight Lifted | Athlete        | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|----------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 56kg   | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 60kg   | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 67.5kg | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 75kg   | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 82.5kg | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 90kg   | Squat    | 185kg         | BUTLER, Laurie | 02-Aug-14    | 175kg         | BUTLER, Laurie            | 10-Jun-12    |
|        | Bench    | 140kg         | BUTLER, Laurie | 10-Jun-12    |               |                           |              |
|        | Deadlift | 240kg         | BUTLER, Laurie | 10-Jun-12    |               |                           |              |
|        | Total    | 557.5kg       | BUTLER, Laurie | 02-Aug-14    | 555kg         | BUTLER, Laurie            | 10-Jun-12    |
| 100kg  | Squat    | 150kg         | BIRCH, Ron     | 27-Aug-11    |               |                           |              |
|        | Bench    | 90kg          | BIRCH, Ron     | 27-Aug-11    |               |                           |              |
|        | Deadlift | 192.5kg       | BIRCH, Ron     | 14-Aug-10    |               |                           |              |
|        | Total    | 425kg         | BIRCH, Ron     | 27-Aug-11    |               |                           |              |
| 110kg  | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 125kg  | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 140kg  | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| SHW    | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |

**Masters Men (70-74)**

| BWT    | Lift     | Weight Lifted | Athlete     | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 56kg   | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 60kg   | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 67.5kg | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 75kg   | Squat    | 60kg          | RIXON, Doug | 27-Apr-14    |               |                           |              |
|        | Bench    | 50kg          | RIXON, Doug | 27-Apr-14    |               |                           |              |
|        | Deadlift | 120kg         | RIXON, Doug | 27-Apr-14    |               |                           |              |
|        | Total    | 225kg         | RIXON, Doug | 27-Apr-14    |               |                           |              |
| 82.5kg | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 90kg   | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 100kg  | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 110kg  | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 125kg  | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| 140kg  | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |
| SHW    | Squat    |               |             |              |               |                           |              |
|        | Bench    |               |             |              |               |                           |              |
|        | Deadlift |               |             |              |               |                           |              |
|        | Total    |               |             |              |               |                           |              |

**Masters Men (75-79)**

| BWT    | Lift     | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 56kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 60kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 67.5kg | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 75kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 82.5kg | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 90kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 100kg  | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 110kg  | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 125kg  | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 140kg  | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| SHW    | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |

**Masters Men (80-84)**

| BWT    | Lift     | Weight Lifted | Athlete        | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|----------------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 56kg   | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 60kg   | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 67.5kg | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 75kg   | Squat    | 120kg         | CRAGGS, Maurie | 12-May-12    |               |                           |              |
|        | Bench    | 65kg          | CRAGGS, Maurie | 12-May-12    |               |                           |              |
|        | Deadlift | 170kg         | CRAGGS, Maurie | 12-May-12    |               |                           |              |
|        | Total    | 355kg         | CRAGGS, Maurie | 12-May-12    |               |                           |              |
| 82.5kg | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 90kg   | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 100kg  | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 110kg  | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 125kg  | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| 140kg  | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |
| SHW    | Squat    |               |                |              |               |                           |              |
|        | Bench    |               |                |              |               |                           |              |
|        | Deadlift |               |                |              |               |                           |              |
|        | Total    |               |                |              |               |                           |              |



**Masters Men (85-89)**

| BWT    | Lift     | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------|--------------|---------------|---------------------------|--------------|
| 52kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 56kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 60kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 67.5kg | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 75kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 82.5kg | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 90kg   | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 100kg  | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 110kg  | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 125kg  | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| 140kg  | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |
| SHW    | Squat    |               |         |              |               |                           |              |
|        | Bench    |               |         |              |               |                           |              |
|        | Deadlift |               |         |              |               |                           |              |
|        | Total    |               |         |              |               |                           |              |