

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Open Men

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift	170kg	BRIGHT, William	31-Oct-14				75kg	SMITH, L	10-Dec-05
56kg	Deadlift	180kg	SU, Ming	10-Dec-17				165kg	WENMAN, D	08-Dec-07
60kg	Deadlift	191kg	SINGH, Maninder	11-Dec-16	195kg	PAL, Selz	09-Dec-17	175kg	WENMAN, D	06-Dec-08
67.5kg	Deadlift	240kg	MILLAR, Corey	16-Feb-19	230kg	HILLS, Greg	14-Dec-97	190kg	RESTALLACK, Jack	06-Dec-08
75kg	Deadlift	260kg	CABA, Romain	06-Dec-15	280kg	HILLS, Greg	05-Dec-09	280kg	HILLS, Greg	05-Dec-09
82.5kg	Deadlift	295kg	PARMITER, David	08-Dec-12	300kg	SMITH, D	14-Dec-97	282.5kg	TRENTIN, Michael	04-Dec-10
90kg	Deadlift	325kg	HAYHOW, Damon	06-Dec-08	322.5kg	BUTLER, Laurie	13-Dec-98	336kg	WELSFORD, B	13-Dec-03
100kg	Deadlift	336kg	PARMITER, David	31-Oct-14	332.5kg	HAYHOW, Damon	14-Dec-97	355kg	GIAMPAOLO, Billy Joe	06-Dec-08
110kg	Deadlift	330kg	MORRISSEY, Tyson	10-Dec-16	330kg	SIMONETTA, Vince	07-Dec-02	340kg	NAY, Paul	08-Dec-07
125kg	Deadlift	352.5kg	NAY, Paul	09-Mar-14	342.5kg	MORMILE, F	08-Dec-01	325kg	MORMILE, Frank	09-Dec-06
140kg	Deadlift	365kg	LE ROUX, Eben	12-Dec-20	350kg	SUGARS, Steve	08-Dec-01	370kg	BOYER, D	05-Dec-09
SHW	Deadlift	382.5kg	GLENISTER, Lee	14-Mar-15	320.5kg	KUIPERS, Terence	07-Dec-19	350kg	COWAN, D	11-Dec-04

Teenage 1 Men (13-15)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift	105kg	FRISINA, Lucas	07-Dec-19				75kg	SMITH, L	10-Dec-05
56kg	Deadlift									
60kg	Deadlift	130kg	TAYLOR, Seth	01-Dec-13				125kg	JARDINE, L	10-Dec-05
67.5kg	Deadlift	145kg	PICCININ, Thomas	07-Dec-19				150kg	ROGERS, J	09-Dec-06
75kg	Deadlift	162.5kg	GANDUR, Jonah	04-Dec-10	172.5kg	ROZEN, A	08-Dec-01			
82.5kg	Deadlift	105kg	ARAGON, Gerado	06-Dec-14				180kg	GORDON, G	09-Dec-06
90kg	Deadlift	140kg	BARRINGTON, Mackenzie	06-Mar-16						
100kg	Deadlift									
110kg	Deadlift	220kg	VISCIGLIO, D	03-Dec-11						
125kg	Deadlift									
140kg	Deadlift									
SHW	Deadlift									

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Teenage 2 Men (16-17)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift	125kg	WATSON, Jacob	28-Mar-21				132.5kg	COLLOSS, C	13-Feb-03
67.5kg	Deadlift	180kg	BARR, Joshua	01-Dec-13				180kg	JARROT, Z	05-Dec-10
75kg	Deadlift	200kg	DOUEK, Michael	06-Dec-08				185kg	PATON, N	13-Dec-03
82.5kg	Deadlift	212.5kg	HOMMYARD, Zac	06-Dec-14				220kg	BELGROVE, G	10-Dec-05
90kg	Deadlift	220kg	McALINDON, Jed	17-Feb-18				230kg	SARIMAN, A	13-Feb-03
100kg	Deadlift	220kg	MORETTI, Jake	09-Dec-17				200kg	BURNETT, M	11-Dec-04
110kg	Deadlift	265kg	McNALLY, Brodie	10-Dec-16	280kg	EDWARDS, N	07-Dec-02			
125kg	Deadlift							200kg	COUCHY, T	13-Feb-03
140kg	Deadlift	260kg	ROGERS, Will	01-Dec-13						
SHW	Deadlift									

Teenage 3 Men (18-19)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift							165kg	WENMAN, D	08-Dec-07
60kg	Deadlift							105kg	GOSTIN, S	10-Dec-05
67.5kg	Deadlift	201kg	HO, Steven	03-Dec-11	195kg	STONE, A	11-Dec-94			
75kg	Deadlift	230kg	KAO, Andy	31-Oct-14				195kg	CHRISTODOULOU, A	13-Dec-03
82.5kg	Deadlift	230kg	DENNETT, Andrew	31-Oct-14				235kg	FRANKLIN, S	13-Feb-03
90kg	Deadlift	270kg	BURROWS, Jesse	08-Dec-12				220kg	JAMESON, R	11-Dec-04
100kg	Deadlift	300kg	BURROWS, Jesse	01-Dec-13				235kg	JANES, Anderson	12-Dec-20
110kg	Deadlift	290kg	GIUBILATO, Matteo	20-Feb-21				215kg	CECIL, A	06-Dec-08
125kg	Deadlift									
140kg	Deadlift							265kg	NIENABETS, Q	10-Dec-05
SHW	Deadlift									

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Junior Men (20-23)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift	160kg	CHIEN, Peter	08-Dec-18						
56kg	Deadlift	180kg	SU, Ming	10-Dec-17						
60kg	Deadlift	190kg	ETTIA, Corey	04-Dec-10				175kg	WENMAN, D	06-Dec-08
67.5kg	Deadlift	222.5kg	BANNISTER, David	06-Dec-14	200kg	SCHARF, S	08-Dec-01			
75kg	Deadlift	260kg	KAO, Andy	06-Dec-15				220.5kg	TRENTIN, Michael	10-Dec-05
82.5kg	Deadlift	280kg	DENNET, Andrew	06-Dec-15	255kg	WILSON, Stephen	05-Dec-15			
90kg	Deadlift	290kg	MIDDLETON, Matthew	04-Dec-10	265kg	KADDOUS, P	11-Dec-94			
100kg	Deadlift	302.5kg	THOMPSON, Shannan	07-Dec-19	332.5kg	HAYHOW, D	14-Dec-97			
110kg	Deadlift	280kg	OAKENFULL, Jake	01-Dec-13				310kg	MOORE, R	11-Dec-04
125kg	Deadlift	290kg	HOPKINS, G	03-Dec-11	230kg	IRVING, Jack	30-Nov-14			
140kg	Deadlift	345kg	MAHMOUD, Ali	09-Mar-14				280kg	DELICH, S	13-Mar-04
SHW	Deadlift	300kg	MAYNE, Luke	01-Dec-13						

Senior Men (24-32)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift	170kg	BRIGHT, William	31-Oct-14						
56kg	Deadlift	155kg	ROBERTS, Tim	09-Dec-17						
60kg	Deadlift	191kg	SINGH, Maninder	11-Dec-16	195kg	PAL, Selz	09-Dec-17			
67.5kg	Deadlift	240kg	MILLAR, Corey	16-Feb-19	230kg	HILLS, Greg	14-Dec-97			
75kg	Deadlift	260kg	CABA, Romain	06-Dec-15	255kg	HILLS, Greg	05-Dec-99			
82.5kg	Deadlift	295kg	PARMITER, David	08-Dec-12				282.5kg	TRENTIN, Michael	04-Dec-10
90kg	Deadlift	325kg	HAYHOW, Damon	06-Dec-08	255kg	FERGUSON, Joshua	12-Dec-20	320kg	HAYHOW, D	10-Dec-05
100kg	Deadlift	336kg	PARMITER, David	31-Oct-14	280kg	RIDGE, Jack	09-Dec-17	320kg	HAYHOW, D	11-Dec-04
110kg	Deadlift	330kg	MORRISSEY, Tyson	10-Dec-16				330kg	GIAMPAOLO, Billy Joe	13-Dec-03
125kg	Deadlift	330kg	VRLJIC, Michael	09-Mar-14	340kg	GIAMPAOLO, Billy Joe	13-Dec-98			
140kg	Deadlift	330kg	JONES, M	03-Dec-11						
SHW	Deadlift	375kg	McLAREN, George	03-Dec-11				342.5kg	KOLASINAC, S	11-Dec-04

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Sub Masters Men (33-39)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift	157.5kg	ROBERTS, Tim	07-Dec-19	170kg	SWEENEY, C	10-Dec-95			
67.5kg	Deadlift	215kg	ELPITIYA BADALGE, Vidu	08-Dec-18	230kg	GIAMPINO, F	05-Dec-99			
75kg	Deadlift	255kg	APPO, Bernard	07-Dec-19	280kg	HILLS, Greg	05-Dec-09	280kg	HILLS, Greg	05-Dec-09
82.5kg	Deadlift	275kg	DE BONO, Joe	01-Dec-13	300kg	SMITH, D	14-Dec-97			
90kg	Deadlift	300kg	McNAUGHT, James	09-Mar-14	315kg	SMITH, D	13-Dec-98			
100kg	Deadlift	290kg	CARROL, Dean	11-Dec-16	280kg	DRAKE, Brent	07-Dec-14	355kg	GIAMPAOLO, Billy Joe	06-Dec-08
110kg	Deadlift	300kg	VENTER, Dirk	02-Aug-14	282.5kg	HALL, Clint	07-Dec-19	340kg	NAY, Paul	08-Dec-07
125kg	Deadlift	300kg	SMITH, Luke	07-Dec-19	340kg	BARCLAY, G	14-Dec-97			
140kg	Deadlift	330kg	BRADSTOCK, Alex-The Fridge	10-Dec-16	350kg	SUGARS, Steve	08-Dec-01			
SHW	Deadlift				320kg	ATTA-SINGH, Shane	09-Dec-17	350kg	COWAN, D	11-Dec-04

Masters 1 Men (40-44)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift									
67.5kg	Deadlift							190kg	RETALLACK, Jack	06-Dec-08
75kg	Deadlift	250kg	HILLS, Greg	01-Dec-13	215kg	ODGERS, A	10-Dec-95			
82.5kg	Deadlift	250kg	ROSS, Nathan	30-Apr-17	250kg	LINDLEY, R	08-Dec-96			
90kg	Deadlift	288kg	DOBONO, Joe	02-Aug-14				336kg	WELSFORD, B	
100kg	Deadlift	305kg	CAROL, Dean	09-Dec-17	220kg	DUNCAN, Cyll	07-Dec-19	310kg	SMITH, D	
110kg	Deadlift	300kg	CANN, Daniel	21-Nov-14	330kg	SIMONETTA, Vince	07-Dec-02			
125kg	Deadlift	352.5kg	NAY, Paul	09-Mar-14	305kg	MORMILE, F	10-Dec-95			
140kg	Deadlift	365kg	LE ROUX, Eben	12-Dec-20				370kg	BOYER, D	05-Dec-09
SHW	Deadlift	382.5kg	GLENISTER, Lee	14-Mar-15	320.5kg	KUIPERS, Terence	07-Dec-19			

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Masters 2 Men (45-49)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift	112.5kg	ROGERS, K	03-Dec-11						
67.5kg	Deadlift									
75kg	Deadlift	197.5kg	RETALLACK, Jack	07-Dec-14	227.5kg	GALATI, Ange	05-Dec-15	175kg	KAYE, D	06-Dec-08
82.5kg	Deadlift	240kg	BUTLER, Andrew	10-Dec-16				205kg	SMITH, K	13-Dec-03
90kg	Deadlift	240kg	JARROTT, Brian	01-Dec-13	275kg	GEERS, Steve	08-Dec-18	195kg	WILLIAMS, S	13-Dec-03
100kg	Deadlift	240kg	CONSTABLE, Jason	07-Dec-19				252.5kg	MURRAY, B	10-Dec-05
110kg	Deadlift	261kg	WEATHERALL, Peter	14-Dec-14				300kg	BARCLAY, G	10-Dec-05
125kg	Deadlift	280kg	WALLIN, John	12-Dec-20	342.5kg	MORMILE, F	08-Dec-01			
140kg	Deadlift	285kg	NICHOLAS, Michael	02-Aug-14						
SHW	Deadlift									

Masters 3 Men (50-54)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift	162.5kg	PANAGIOTIDIS, Jim	12-Dec-20						
67.5kg	Deadlift	185kg	MANSFIELD, Peter	21-Nov-14						
75kg	Deadlift	227.5kg	RAMSAY, Stephen	16-Feb-19				220kg	BRIEN, D	13-Dec-03
82.5kg	Deadlift	230kg	NICHOLSON, Matthew	10-Dec-16						
90kg	Deadlift	185kg	PAOLETTI, Aldo	07-Dec-14	322.5kg	BUTLER, Laurie	13-Dec-98			
100kg	Deadlift	275kg	SIMONETTA, Vince	01-Dec-13	327.5kg	BUTLER, Laurie	14-Dec-97	235kg	CHAMPS, Michael	07-Dec-14
110kg	Deadlift	250kg	GUALA, Alan	05-Dec-15				320kg	TITUS, T	08-Dec-07
125kg	Deadlift	280kg	NICHOLAS, Michael	10-Dec-16				325kg	MORMILE, F	09-Dec-06
140kg	Deadlift	295kg	NICHOLAS, Michael	05-Mar-16						
SHW	Deadlift							330kg	BACH, H	16-Feb-03

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Masters 4 Men (55-59)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift									
67.5kg	Deadlift									
75kg	Deadlift	237.5kg	AMBROSE, Jim	04-Dec-10				130kg	TRENTIN, M	10-Dec-05
82.5kg	Deadlift	227.5kg	SMITH, Greg	09-Dec-17				185kg	ANDERSON, D	16-Feb-03
90kg	Deadlift	222.5kg	SMITH, Greg	05-Dec-15	260kg	WILSON, L	08-Dec-96			
100kg	Deadlift	260kg	CONWAY, Kevin	10-Dec-17	250kg	WILSON, L	10-Dec-95			
110kg	Deadlift	245KG	ZOLLO, Joe	30-Nov-14	245kg	MURRAY, Barry	05-Dec-15	232.5kg	MURRAY, Barry	01-Dec-13
125kg	Deadlift	280kg	VAUGHAN, W	05-Dec-09						
140kg	Deadlift									
SHW	Deadlift									

Masters 5 Men (60-64)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift									
67.5kg	Deadlift									
75kg	Deadlift	230kg	AMBROSE, Jim	03-Dec-11						
82.5kg	Deadlift							190kg	ANDERSON, D	10-Dec-05
90kg	Deadlift	200kg	BASKERVILLE, Peter	06-Mar-16	292.5kg	BUTLER, Laurie	05-Dec-09			
100kg	Deadlift	230kg	GREGORY, Garnet	20-Feb-21						
110kg	Deadlift	260kg	CONWAY, Kevin	08-Dec-18						
125kg	Deadlift	330kg	TITUS, Terrence	06-Mar-16						
140kg	Deadlift									
SHW	Deadlift									

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Masters 6 Men (65-69)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift									
67.5kg	Deadlift							152.5kg	PENNEY, K	11-Dec-04
75kg	Deadlift	215kg	AMBROSE, Jim	20-Feb-21						
82.5kg	Deadlift									
90kg	Deadlift	232.5kg	BUTLER, Laurie	07-Dec-14						
100kg	Deadlift	220kg	BASKERVILLE, Peter	12-Dec-20	170kg	ROSS, Steve	10-Dec-16			
110kg	Deadlift	220kg	BASKERVILLE, Peter	07-Dec-19	205kg	COOK, P	05-Dec-99			
125kg	Deadlift	295kg	TITUS, TERRENCE	12-Dec-20						
140kg	Deadlift									
SHW	Deadlift									

Masters 7 Men (70-74)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift									
67.5kg	Deadlift	125kg	RIXON, Doug	07-Dec-14						
75kg	Deadlift							190kg	CRAGGS, Maurie	13-Dec-03
82.5kg	Deadlift	142.5kg	COLLINS, Jim	10-Dec-16				110kg	PERRYMAN, E	13-Dec-03
90kg	Deadlift	107.5kg	HANDSJUK, Leo	08-Dec-18				170kg	BIRCH, Ron	09-Dec-17
100kg	Deadlift	157.5kg	BIRCH, Ron	07-Dec-19	217.5kg	VAN WEENAN, Wim	11-Dec-04	160kg	BIRCH, Ron	08-Dec-18
110kg	Deadlift									
125kg	Deadlift									
140kg	Deadlift									
SHW	Deadlift									

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Masters 8 Men (75-79)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift									
67.5kg	Deadlift							90kg	GARVIN, J	09-Dec-06
75kg	Deadlift							180kg	CRAGGS, Maurie	08-Dec-07
82.5kg	Deadlift									
90kg	Deadlift									
100kg	Deadlift									
110kg	Deadlift									
125kg	Deadlift									
140kg	Deadlift									
SHW	Deadlift									

Masters 9 Men (80-84)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift									
67.5kg	Deadlift									
75kg	Deadlift	170kg	CRAGGS, Maurie	07-Dec-13						
82.5kg	Deadlift	152.5kg	ZWANN, Adrian (Eddie)	08-Dec-18						
90kg	Deadlift	152.5kg	ZWANN, Adrian (Eddie)	12-Dec-20						
100kg	Deadlift									
110kg	Deadlift									
125kg	Deadlift									
140kg	Deadlift									
SHW	Deadlift									

CAPO NATIONAL RECORDS - MEN

SINGLE LIFT COMPETITION - DEADLIFT

Masters 10 Men (85-89)

BWT	Lift	Record	Athlete	Date	Record	Athlete	Date	Record	Athlete	Date
		RAW			SINGLE PLY			MULTI PLY		
52kg	Deadlift									
56kg	Deadlift									
60kg	Deadlift									
67.5kg	Deadlift									
75kg	Deadlift	142.5kg	CRAGGS, Maurie	11-May-19						
82.5kg	Deadlift									
90kg	Deadlift									
100kg	Deadlift									
110kg	Deadlift									
125kg	Deadlift									
140kg	Deadlift									
SHW	Deadlift									