

Open Men

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | 200kg | BRIGHT, William | 14-Mar-15 | 180kg | BRIGHT, William | 21-Nov-14 |
| | Bench | 140kg | BRIGHT, William | 14-Mar-15 | 135kg | BRIGHT, William | 21-Nov-14 |
| | Deadlift | 170kg | BRIGHT, William | 21-Nov-14 | | | |
| | Total | 510kg | BRIGHT, William | 14-Mar-15 | 485kg | BRIGHT, William | 21-Nov-14 |
| 56kg | Squat | 112.5kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Bench | 80kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Deadlift | 130kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Total | 322.5kg | FAULKNER, Ben | 01-Aug-14 | | | |
| 60kg | Squat | 180kg | CANHAO, Alex | 29-Apr-18 | 155kg | ANSTEE, Reuben | 01-Aug-14 |
| | Bench | 105kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| | Deadlift | 212.5kg | CANHAO, Alex | 29-Apr-18 | 190kg | ANSTEE, Reuben | 01-Aug-14 |
| | Total | 492.5kg | CANHAO, Alex | 29-Apr-18 | 450kg | ANSTEE, Reuben | 01-Aug-14 |
| 67.5kg | Squat | 215kg | BROWN, Lauchlan | 18-Aug-18 | 202.5kg | BROWN, Lauchlan | 30-Apr-17 |
| | Bench | 135kg | ROCK, Shane | 18-Aug-18 | 130kg | ROCK, Shane | 29-Apr-18 |
| | Deadlift | 242.5kg | ROCK, Shane | 18-Aug-18 | 235kg | ROCK, Shane | 29-Apr-18 |
| | Total | 582.5kg | ROCK, Shane | 18-Aug-18 | 560kg | ROCK, Shane | 29-Apr-18 |
| 75kg | Squat | 260kg | ETTIA, Corey | 02-Aug-14 | 210kg | GALATI, Ange | 11-Aug-13 |
| | Bench | 200kg | GALATI, Ange | 11-Aug-13 | | | |
| | Deadlift | 300kg | MAGOULIAS, Yianni | 14-Jun-15 | 260kg | ETTIA, Corey | 02-Aug-14 |
| | Total | 700kg | MAGOULIAS, Yianni | 14-Jun-15 | 650kg | ETTIA, Corey | 02-Aug-14 |
| 82.5kg | Squat | 295kg | HULEMAH, Ahmed | 06-Oct-18 | 260kg | LIEBE-NOLAN, Gary | 29-May-16 |
| | Bench | 200kg | GALATI, Ange | 29-Nov-12 | 162.5kg | PARMITER, David | 26-Aug-12 |
| | Deadlift | 300kg | LIEBE-NOLAN, Gary | 29-May-16 | 290kg | PARMITER, David | 26-Aug-12 |
| | Total | 737.5kg | HULEMAH, Ahmed | 06-Oct-18 | 725kg | LIEBE-NOLAN, Gary | 29-May-16 |
| 90kg | Squat | 300kg | BURROWS, Jesse | 10-Aug-13 | | | |
| | Bench | 200kg | LAM, Jeff | 15-Aug-15 | 195kg | PARMITER, David | 21-Nov-14 |
| | Deadlift | 335kg | PARMITER, David | 21-Nov-14 | 280kg | BURROWS, Jesse | 10-Aug-13 |
| | Total | 805kg | PARMITER, David | 21-Nov-14 | 730kg | JACOBSEN, Shannon | 14-Mar-15 |
| 100kg | Squat | 320kg | LOWE, Alex | 15-Dec-13 | | | |
| | Bench | 217.5kg | LOWE, Alex | 15-Dec-13 | | | |
| | Deadlift | 320kg | LOWE, Alex | 15-Dec-13 | | | |
| | Total | 857.5kg | LOWE, Alex | 15-Dec-13 | | | |
| 110kg | Squat | 360kg | WALSH, Connor | 06-Oct-18 | 350kg | WALSH, Connor | 08-Oct-17 |
| | Bench | 227.5kg | LLOYD, KEVIN | 08-Oct-17 | 205kg | WILSON, Jeremy | 03-Jun-17 |
| | Deadlift | 335.5kg | REECE, Jarryd | 18-Aug-18 | 335kg | NAY, Paul | 16-Aug-15 |
| | Total | 850kg | WALSH, Connor | 06-Oct-18 | 835kg | WALSH, Connor | 08-Oct-17 |
| 125kg | Squat | 360kg | HOWLETT, Wayne | 11-Aug-13 | 300kg | FLORISSEN, Shannon | 26-Aug-12 |
| | Bench | 230.5kg | FLORISSEN, Shannon | 26-Aug-12 | | | |
| | Deadlift | 360kg | BURROWS, Cory | 14-Aug-16 | 345kg | NAY, Paul | 14-Mar-15 |
| | Total | 892.5kg | BURROWS, Cory | 14-Aug-16 | 860kg | FLORISSEN, Shannon | 26-Aug-12 |
| 140kg | Squat | 375kg | HOWLETT, Wayne | | | | |
| | Bench | 240kg | FLORISSEN, Shannon | 16-Aug-15 | 235kg | HOWLETT, Wayne | |
| | Deadlift | 352.5kg | FLORISSEN, Shannon | 16-Aug-15 | 325kg | HOWLETT, Wayne | |
| | Total | 937.5kg | FLORISSEN, Shannon | 16-Aug-15 | 935kg | HOWLETT, Wayne | |
| SHW | Squat | 340kg | OKUNEV, George | 18-Aug-18 | 330kg | OKUNEV, George | 08-Oct-17 |
| | Bench | 230kg | TULLO, Adrian | 12-Apr-14 | 180kg | JONES, Mike | 11-Aug-13 |
| | Deadlift | 375kg | HELLRIEGEL, Dylan | 08-Oct-17 | 365kg | JONES, Mike | 11-Aug-13 |
| | Total | 915kg | HELLRIEGEL, Dylan | 08-Oct-17 | 900kg | TULLO, Adrian | 12-Apr-14 |

Teenage Men (13-15)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | 122.5kg | MARSHALL, Sam | 14-May-16 | | | |
| | Bench | 92.5kg | MARSHALL, Sam | 14-May-16 | | | |
| | Deadlift | 140kg | MARSHALL, Sam | 14-May-16 | | | |
| | Total | 355kg | MARSHALL, Sam | 14-May-16 | | | |
| 90kg | Squat | 160kg | BARRINGTON-JACOBI, Mackenzie | 12-Aug-17 | 125kg | MARSHALL, Sam | 13-Aug-16 |
| | Bench | 95kg | MARSHALL, Sam | 13-Aug-16 | | | |
| | Deadlift | 162.5kg | BARRINGTON-JACOBI, Mackenzie | 12-Aug-17 | 146kg | MARSHALL, Sam | 13-Aug-16 |
| | Total | 382.5kg | BARRINGTON-JACOBI, Mackenzie | 12-Aug-17 | 365kg | MARSHALL, Sam | 13-Aug-16 |
| 100kg | Squat | 155kg | HEATH, Dane | 29-Apr-18 | | | |
| | Bench | 100kg | HEATH, Dane | 29-Apr-18 | | | |
| | Deadlift | 165kg | HEATH, Dane | 29-Apr-18 | | | |
| | Total | 420kg | HEATH, Dane | 29-Apr-18 | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Teenage Men (16-17)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-----------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | 191kg | CHARD, Daniel | 01-Aug-14 | | | |
| | Bench | 107.5kg | CHARD, Daniel | 01-Aug-14 | | | |
| | Deadlift | 220kg | CHARD, Daniel | 01-Aug-14 | | | |
| | Total | 507.5kg | CHARD, Daniel | 01-Aug-14 | | | |
| 82.5kg | Squat | 212.5kg | BURROWS, Jesse | 25-Aug-12 | | | |
| | Bench | 135.5kg | BURROWS, Jesse | 25-Aug-12 | | | |
| | Deadlift | 252.5kg | BURROWS, Jesse | 25-Aug-12 | | | |
| | Total | 597.5kg | BURROWS, Jesse | 25-Aug-12 | | | |
| 90kg | Squat | 215kg | HARRIS, Trent | 10-Aug-13 | | | |
| | Bench | 140kg | HARRIS, Trent | 10-Aug-13 | | | |
| | Deadlift | 230kg | HARRIS, Trent | 10-Aug-13 | | | |
| | Total | 585kg | HARRIS, Trent | 10-Aug-13 | | | |
| 100kg | Squat | 190kg | GORDON, Dijon | | | | |
| | Bench | 125kg | GORDON, Dijon | | | | |
| | Deadlift | 195kg | GORDON, Dijon | | | | |
| | Total | 510kg | GORDON, Dijon | | | | |
| 110kg | Squat | 260kg | McNALLY, Brodie | 12-Aug-16 | 225kg | McNALLY, Brodie | 29-May-16 |
| | Bench | 140kg | McNALLY, Brodie | 12-Aug-16 | 132.5kg | McNALLY, Brodie | 29-May-16 |
| | Deadlift | 260kg | McNALLY, Brodie | 12-Aug-16 | 240kg | McNALLY, Brodie | 29-May-16 |
| | Total | 642.5kg | McNALLY, Brodie | 12-Aug-16 | 597.5kg | McNALLY, Brodie | 29-May-16 |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Teenage Men (18-19)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | 202.5kg | BROWN, Lauchlan | 30-Apr-17 | | | |
| | Bench | 122.5kg | BROWN, Lauchlan | 30-Apr-17 | | | |
| | Deadlift | 205kg | BROWN, Lauchlan | 30-Apr-17 | | | |
| | Total | 530kg | BROWN, Lauchlan | 30-Apr-17 | | | |
| 75kg | Squat | 210kg | CHARD, Daniel | 21-Nov-14 | 191kg | CHARD, Daniel | 02-Aug-14 |
| | Bench | 115kg | CHARD, Daniel | 21-Nov-14 | 107.5kg | CHARD, Daniel | 02-Aug-14 |
| | Deadlift | 232.5kg | CHARD, Daniel | 21-Nov-14 | 220kg | CHARD, Daniel | 02-Aug-14 |
| | Total | 557.5kg | CHARD, Daniel | 21-Nov-14 | 507.5kg | CHARD, Daniel | 02-Aug-14 |
| 82.5kg | Squat | 240kg | SHAKESPEARE, Luke | 25-May-14 | 160kg | EVANS, Thomas | 12-Apr-14 |
| | Bench | 140kg | SHAKESPEARE, Luke | 25-May-14 | 85kg | EVANS, Thomas | 12-Apr-14 |
| | Deadlift | 260kg | SHAKESPEARE, Luke | 25-May-14 | 200kg | EVANS, Thomas | 12-Apr-14 |
| | Total | 640kg | SHAKESPEARE, Luke | 25-May-14 | 445kg | EVANS, Thomas | 12-Apr-14 |
| 90kg | Squat | 300kg | BURROWS, Jesse | 10-Aug-13 | | | |
| | Bench | 175kg | YUAN, Kevin | 25-May-14 | 150kg | BURROWS, Jesse | 10-Aug-13 |
| | Deadlift | 280kg | BURROWS, Jesse | 10-Aug-13 | | | |
| | Total | 725kg | BURROWS, Jesse | 10-Aug-13 | | | |
| 100kg | Squat | 307.5kg | HARRIS, Trent | 14-Jun-15 | 230kg | EARLE, Jarrod | 01-Aug-14 |
| | Bench | 170kg | HARRIS, Trent | 14-Jun-15 | 155kg | EARLE, Jarrod | 01-Aug-14 |
| | Deadlift | 260kg | HARRIS, Trent | 14-Jun-15 | 255kg | EARLE, Jarrod | 01-Aug-14 |
| | Total | 737.5kg | HARRIS, Trent | 14-Jun-15 | 640kg | EARLE, Jarrod | 01-Aug-14 |
| 110kg | Squat | 360kg | WALSH, Connor | 06-Oct-18 | 350kg | WALSH, Connor | 08-Oct-17 |
| | Bench | 200kg | BURROWS, Jesse | 01-Aug-14 | 145kg | BUCHANEK, Jeremy | |
| | Deadlift | 300kg | BURROWS, Jesse | 01-Aug-14 | 257.5kg | BUCHANEK, Jeremy | |
| | Total | 850kg | WALSH, Connor | 06-Oct-18 | 835kg | WALSH, Connor | 08-Oct-17 |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | 150kg | OAKENFULL, Dylan | 01-Aug-14 | | | |
| | Bench | 100kg | OAKENFULL, Dylan | 01-Aug-14 | | | |
| | Deadlift | 170kg | OAKENFULL, Dylan | 01-Aug-14 | | | |
| | Total | 420kg | OAKENFULL, Dylan | 01-Aug-14 | | | |
| SHW | Squat | 155kg | OAKENFULL, Dylan | 10-Aug-13 | | | |
| | Bench | 92.5kg | OAKENFULL, Dylan | 10-Aug-13 | | | |
| | Deadlift | 190kg | OAKENFULL, Dylan | 10-Aug-13 | | | |
| | Total | 427.5kg | OAKENFULL, Dylan | 10-Aug-13 | | | |

Junior Men (20-23)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | 112.5kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Bench | 80kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Deadlift | 130kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Total | 322.5kg | FAULKNER, Ben | 01-Aug-14 | | | |
| 60kg | Squat | 155kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| | Bench | 105kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| | Deadlift | 190kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| | Total | 450kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| 67.5kg | Squat | 215kg | BROWN, Lauchlan | 18-Aug-18 | 197.5kg | BROWN, Lauchlan | 28-Apr-18 |
| | Bench | 122kg | BROWN, Lauchlan | 18-Aug-18 | 120kg | HO, Steven | 25-Aug-12 |
| | Deadlift | 218kg | BROWN, Lauchlan | 18-Aug-18 | 217.5kg | HO, Steven | 25-Aug-12 |
| | Total | 555kg | BROWN, Lauchlan | 18-Aug-18 | 522.5kg | BROWN, Lauchlan | 28-Apr-18 |
| 75kg | Squat | 260kg | ETTIA, Corey | 02-Aug-14 | | | |
| | Bench | 150kg | MAGOULIAS, Yianni | 14-Jun-15 | 145kg | PETKOVIC, Aleks | 14-Mar-15 |
| | Deadlift | 300kg | MAGOULIAS, Yianni | 14-Jun-15 | 260kg | ETTIA, Corey | 02-Aug-14 |
| | Total | 700kg | MAGOULIAS, Yianni | 14-Jun-15 | 650kg | ETTIA, Corey | 02-Aug-14 |
| 82.5kg | Squat | 246kg | BISSET, Jamie | 15-Aug-15 | 235kg | BISSET, Jamie | 09-May-15 |
| | Bench | 142.5kg | BISSET, Jamie | 09-May-15 | 130kg | SMALL, Tyler | 26-Apr-14 |
| | Deadlift | 267.5kg | DENNET, Andrew | 09-May-15 | 242.5kg | ANTHONY, Ryan | 01-Aug-14 |
| | Total | 621kg | BISSET, Jamie | 15-Aug-15 | 612.5kg | BISSET, Jamie | 09-May-15 |
| 90kg | Squat | 266kg | THOMPSON, Shannan | 20-May-17 | 265kg | SHAKESPEARE, Luke | 01-Aug-14 |
| | Bench | 160kg | SHAKESPEARE, Luke | 01-Aug-14 | 140kg | BIRD, Oliver | 12-Apr-14 |
| | Deadlift | 290kg | THOMPSON, Shannan | 20-May-17 | 280kg | SHAKESPEARE, Luke | 01-Aug-14 |
| | Total | 710kg | THOMPSON, Shannan | 20-May-17 | 705kg | SHAKESPEARE, Luke | 01-Aug-14 |
| 100kg | Squat | 277.5kg | MORRISSY, Tyson | 09-May-15 | 275kg | MORRISSY, Tyson | 01-Aug-14 |
| | Bench | 170kg | GRAY, Samuel | 15-Aug-15 | 160kg | RILEY, Johnny | 14-Jun-15 |
| | Deadlift | 310kg | MORRISSY, Tyson | 09-May-15 | 300kg | MORRISSY, Tyson | 01-Aug-14 |
| | Total | 737.5kg | MORRISSY, Tyson | 09-May-15 | 732.5kg | MORRISSY, Tyson | 01-Aug-14 |
| 110kg | Squat | 317.5kg | MORRISSY, Tyson | 16-Aug-15 | 297.5kg | EL ACHKAR, Firas | 10-Aug-13 |
| | Bench | 190kg | MORRISSY, Tyson | 16-Aug-15 | 160kg | MISSAGHI, Francis | 31-May-15 |
| | Deadlift | 332.5kg | EL ACHKAR, Firas | 10-Aug-13 | | | |
| | Total | 800kg | MORRISSY, Tyson | 16-Aug-15 | 780kg | EL ACHKAR, Firas | 10-Aug-13 |
| 125kg | Squat | 315kg | ANDERSON, Miles | 21-Nov-14 | 305kg | ANDERSON, Miles | 01-Aug-14 |
| | Bench | 190kg | OAKENFULL, Jacob | 03-Aug-14 | 150kg | HUNTER, Wayde | 01-Aug-14 |
| | Deadlift | 305kg | ANDERSON, Miles | 21-Nov-14 | 300kg | FISHER, Jake | 01-Aug-14 |
| | Total | 750kg | OAKENFULL, Jacob | 03-Aug-14 | 730kg | ANDERSON, Miles | 01-Aug-14 |
| 140kg | Squat | 285kg | WALLACE, Sam | 14-Aug-16 | 242.5kg | DAVIS, Andy | 03-Aug-14 |
| | Bench | 162.5kg | DAVIS, Andy | 03-Aug-14 | | | |
| | Deadlift | 285kg | WALLACE, Sam | 14-Aug-16 | 255kg | DAVIS, Andy | 03-Aug-14 |
| | Total | 730kg | WALLACE, Sam | 14-Aug-16 | 660kg | DAVIS, Andy | 03-Aug-14 |
| SHW | Squat | 310kg | HELLRIEGEL, Dylan | 08-Oct-17 | 275kg | MAYNE, Luke | 01-Aug-14 |
| | Bench | 230kg | HELLRIEGEL, Dylan | 08-Oct-17 | 157.5kg | BERTUNA, Joshua | 10-May-14 |
| | Deadlift | 375kg | HELLRIEGEL, Dylan | 08-Oct-17 | 275kg | MAYNE, Luke | 01-Aug-14 |
| | Total | 915kg | HELLRIEGEL, Dylan | 08-Oct-17 | 687.5kg | BERTUNA, Joshua | 10-May-14 |

Senior Men (24-32)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | 200kg | BRIGHT, William | 14-Mar-15 | 180kg | BRIGHT, William | 21-Nov-14 |
| | Bench | 140kg | BRIGHT, William | 14-Mar-15 | 135kg | BRIGHT, William | 21-Nov-14 |
| | Deadlift | 170kg | BRIGHT, William | 21-Nov-14 | | | |
| | Total | 510kg | BRIGHT, William | 14-Mar-15 | 485kg | BRIGHT, William | 21-Nov-14 |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 180kg | CANHAO, Alex | 29-Apr-18 | | | |
| | Bench | 100kg | CANHAO, Alex | 29-Apr-18 | | | |
| | Deadlift | 212.5kg | CANHAO, Alex | 29-Apr-18 | | | |
| | Total | 492.5kg | CANHAO, Alex | 29-Apr-18 | | | |
| 67.5kg | Squat | 195kg | CANHAO, Alex | 30-Apr-17 | 165kg | WINTER, Daniel | 14-Aug-16 |
| | Bench | 112.5kg | CHAMBERS, Scott | 15-Aug-15 | 110kg | VERVAART, Troy | 12-Apr-14 |
| | Deadlift | 203kg | CANHAO, Alex | 30-Apr-17 | 202.5kg | CHAMBERS, Scott | 15-Aug-15 |
| | Total | 500kg | CANHAO, Alex | 30-Apr-17 | 470kg | VERVAART, Troy | 12-Apr-14 |
| 75kg | Squat | 230kg | CHRISTENSEN, Jamie | 22-May-16 | 180kg | WATT, Michael | 26-Apr-14 |
| | Bench | 157.5kg | CHRISTENSEN, Jamie | 14-Aug-16 | 150kg | CHRISTENSEN, Jamie | 22-May-16 |
| | Deadlift | 270kg | HO, Jarod | 21-May-17 | 255kg | CHRISTENSEN, Jamie | 14-Aug-16 |
| | Total | 642.5kg | CHRISTENSEN, Jamie | 14-Aug-16 | 630kg | CHRISTENSEN, Jamie | 22-May-16 |
| 82.5kg | Squat | 260kg | LIEBE-NOLAN, Gary | 29-May-16 | 245kg | VISONA, Aaron | 14-Mar-15 |
| | Bench | 170kg | VISONA, Aaron | 14-Mar-15 | 162.5kg | PARMITER, David | 26-Aug-12 |
| | Deadlift | 300kg | LIEBE-NOLAN, Gary | 29-May-16 | 290kg | PARMITER, David | 26-Aug-12 |
| | Total | 725kg | LIEBE-NOLAN, Gary | 29-May-16 | 695kg | VISONA, Aaron | 14-Mar-15 |
| 90kg | Squat | 275kg | PARMITER, David | 21-Nov-14 | 250kg | RITCHIE, Jack | 15-Dec-13 |
| | Bench | 195kg | PARMITER, David | 21-Nov-14 | 145kg | RITCHIE, Jack | 15-Dec-13 |
| | Deadlift | 335kg | PARMITER, David | 21-Nov-14 | 280kg | RITCHIE, Jack | 15-Dec-13 |
| | Total | 805kg | PARMITER, David | 21-Nov-14 | 675kg | RITCHIE, Jack | 15-Dec-13 |
| 100kg | Squat | 320kg | LOWE, Alex | 15-Dec-13 | | | |
| | Bench | 217.5kg | LOWE, Alex | 15-Dec-13 | | | |
| | Deadlift | 320kg | LOWE, Alex | 15-Dec-13 | | | |
| | Total | 857.5kg | LOWE, Alex | 15-Dec-13 | | | |
| 110kg | Squat | 322.5kg | WILSON, Jeremy | 03-Jun-17 | 320kg | LEE, Mitchell | 03-Aug-14 |
| | Bench | 205kg | WILSON, Jeremy | 03-Jun-17 | 202.5kg | LEE, Mitchell | 03-Aug-14 |
| | Deadlift | 335.5kg | REECE, Jarryd | 18-Aug-18 | 327.5kg | BURROWS, Cory | 14-Mar-15 |
| | Total | 832.5kg | WILSON, Jeremy | 03-Jun-17 | 822.5kg | LEE, Mitchell | 03-Aug-14 |
| 125kg | Squat | 342.5kg | BURROWS, Cory | 14-Aug-16 | 285kg | BRENNAN, Jacob | 14-May-16 |
| | Bench | 195kg | MISSAGHI, Francis | 14-Aug-16 | 160kg | BOURNE, Joshua | 03-Aug-14 |
| | Deadlift | 360kg | BURROWS, Cory | 14-Aug-16 | 285kg | BRENNAN, Jacob | 14-May-16 |
| | Total | 892.5kg | BURROWS, Cory | 14-Aug-16 | 725kg | BRENNAN, Jacob | 14-May-16 |
| 140kg | Squat | 305kg | GALUVAO, Conrad | 22-May-16 | 285kg | TOOMER, David | 03-Aug-14 |
| | Bench | 205kg | TOOMER, David | 03-Aug-14 | | | |
| | Deadlift | 312.5kg | TAUFA, David | 30-Apr-17 | 305kg | TOOMER, David | 03-Aug-14 |
| | Total | 795kg | TOOMER, David | 03-Aug-14 | | | |
| SHW | Squat | 326kg | RUMASEI, Adrian | 13-Aug-17 | 310kg | RUMASEI, Adrian | 14-Aug-16 |
| | Bench | 220kg | LOLOHEA, Boss (Kit) | 13-Aug-17 | 202.5kg | LOLOHEA, Boss (Kit) | 14-Aug-16 |
| | Deadlift | 310kg | TAUFA, David | 13-Aug-17 | 301kg | RUMASEI, Adrian | 14-Aug-16 |
| | Total | 825kg | LOLOHEA, Boss (Kit) | 13-Aug-17 | 805kg | WILDE, Phil | 14-Jun-15 |

Sub Masters Men (33-39)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 160kg | TAYLOR, Shaun | 29-Apr-18 | | | |
| | Bench | 95kg | TAYLOR, Shaun | 29-Apr-18 | | | |
| | Deadlift | 202.5kg | TAYLOR, Shaun | 29-Apr-18 | | | |
| | Total | 457.5kg | TAYLOR, Shaun | 29-Apr-18 | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | 225kg | HARRIS, Clifford | 14-Aug-16 | 160kg | GINN, Ken | 15-Dec-13 |
| | Bench | 150kg | HARRIS, Clifford | 14-Aug-16 | 105kg | GINN, Ken | 15-Dec-13 |
| | Deadlift | 220kg | GINN, Ken | 15-Dec-13 | | | |
| | Total | 585kg | HARRIS, Clifford | 14-Aug-16 | 485kg | GINN, Ken | 15-Dec-13 |
| 82.5kg | Squat | 295kg | HULEMAH, Ahmed | 06-Oct-18 | 220kg | HULEMAH, Ahmed | 08-Oct-17 |
| | Bench | 165kg | SAMUELS, Braddon | 06-Oct-18 | 145kg | TRENTIN, Michael | 13-Aug-16 |
| | Deadlift | 295kg | HULEMAH, Ahmed | 06-Oct-18 | 285kg | HULEMAH, Ahmed | 08-Oct-17 |
| | Total | 737.5kg | HULEMAH, Ahmed | 06-Oct-18 | 637.5kg | HULEMAH, Ahmed | 08-Oct-17 |
| 90kg | Squat | 260kg | JACOBSON, Shannon | 14-Mar-15 | 250kg | NEWMAN, Neil | 03-Aug-14 |
| | Bench | 200kg | LAM, Jeff | 15-Aug-15 | 190kg | JACOBSON, Shannon | 14-Mar-15 |
| | Deadlift | 282.5kg | CARROLL, Dean | 22-May-16 | 280kg | JACOBSON, Shannon | 14-Mar-15 |
| | Total | 740kg | LAM, Jeff | 15-Aug-15 | 730kg | JACOBSON, Shannon | 14-Mar-15 |
| 100kg | Squat | 280kg | JACOBSON, Shannon | 03-Aug-14 | 240kg | DRAKE, Brent | 27-Apr-14 |
| | Bench | 180kg | JACOBSON, Shannon | 03-Aug-14 | 155kg | DRAKE, Brent | 27-Apr-14 |
| | Deadlift | 290kg | NEWWAN, Neil | 09-May-15 | 280kg | JACOBSON, Shannon | 03-Aug-14 |
| | Total | 740kg | JACOBSON, Shannon | 03-Aug-14 | 660kg | DRAKE, Brent | 27-Apr-14 |
| 110kg | Squat | 310kg | JONES, Nathan | 03-Aug-14 | 200kg | SAMUPO-TAGAMOTU, D | 26-Apr-14 |
| | Bench | 227.5kg | LLOYD, KEVIN | 08-Oct-17 | 200kg | BURTON, Ed | 30-Apr-17 |
| | Deadlift | 315kg | JONES, Nathan | 03-Aug-14 | 260kg | SAMUPO-TAGAMOTU, D | 26-Apr-14 |
| | Total | 795kg | JONES, Nathan | 03-Aug-14 | 620kg | SAMUPO-TAGAMOTU, D | 26-Apr-14 |
| 125kg | Squat | 300kg | FLORISSEN, Shannon | 26-Aug-12 | | | |
| | Bench | 230kg | FLORISSEN, Shannon | 26-Aug-12 | | | |
| | Deadlift | 342.5kg | FLORISSEN, Shannon | 26-Aug-12 | | | |
| | Total | 860kg | FLORISSEN, Shannon | 26-Aug-12 | | | |
| 140kg | Squat | 345kg | FLORISSEN, Shannon | 16-Aug-15 | | | |
| | Bench | 240kg | FLORISSEN, Shannon | 16-Aug-15 | | | |
| | Deadlift | 352.5kg | FLORISSEN, Shannon | 16-Aug-15 | | | |
| | Total | 937.5kg | FLORISSEN, Shannon | 16-Aug-15 | | | |
| SHW | Squat | 340kg | OKUNEV, George | 18-Aug-18 | 330kg | OKUNEV, George | 08-Oct-17 |
| | Bench | 230kg | OKUNEV, George | 18-Aug-18 | 220kg | OKUNEV, George | 08-Oct-17 |
| | Deadlift | 355kg | JONES, Mike | 14-Mar-15 | 75kg | JONES, Mike | 03-Aug-14 |
| | Total | 880kg | JONES, Mike | 14-Mar-15 | 565kg | JONES, Mike | 03-Aug-14 |

Masters Men (40-44)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 155kg | DULLONA, Francisco | 19-Apr-15 | | | |
| | Bench | 102.5kg | DULLONA, Francisco | 19-Apr-15 | | | |
| | Deadlift | 185kg | DULLONA, Francisco | 19-Apr-15 | | | |
| | Total | 442.5kg | DULLONA, Francisco | 19-Apr-15 | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | 230KG | RYAN, Heath | 29-Apr-18 | 195kg | ROCK, Shane | 13-Aug-17 |
| | Bench | 145kg | RYAN, Heath | 29-Apr-18 | 133kg | ROCK, Shane | 13-Aug-17 |
| | Deadlift | 245kg | RYAN, Heath | 29-Apr-18 | 225kg | ROCK, Shane | 13-Aug-17 |
| | Total | 620kg | RYAN, Heath | 29-Apr-18 | 552.5kg | ROCK, Shane | 13-Aug-17 |
| 82.5kg | Squat | 202.5kg | RYAN, Heath | 22-May-16 | 200kg | GALATI, Angelo | 02-Dec-12 |
| | Bench | 200kg | GALATI, Angelo | 02-Dec-12 | | | |
| | Deadlift | 227.5kg | RYAN, Heath | 22-May-16 | 220kg | GALATI, Angelo | 02-Dec-12 |
| | Total | 620kg | GALATI, Angelo | 02-Dec-12 | | | |
| 90kg | Squat | 232.5kg | DEBONO, Joe | 02-Aug-14 | 195kg | DEAN, Colin | 25-May-14 |
| | Bench | 131kg | JAMES, Paul | 14-Aug-16 | 127.5kg | DEBONO, Joe | 02-Aug-14 |
| | Deadlift | 288kg | DEBONO, Joe | 02-Aug-14 | 237.5kg | DEAN, Colin | 25-May-14 |
| | Total | 648kg | DEBONO, Joe | 02-Aug-14 | 550kg | DEAN, Colin | 25-May-14 |
| 100kg | Squat | 260kg | CARROLL, Dean | 30-Apr-17 | 220kg | RAHBAN, Feyde | 29-May-16 |
| | Bench | 155kg | CARROLL, Dean | 30-Apr-17 | 127.5kg | JOHNSON, Cam | 09-May-15 |
| | Deadlift | 300kg | CARROLL, Dean | 30-Apr-17 | 270kg | RAHBAN, Feyde | 29-May-16 |
| | Total | 715kg | CARROLL, Dean | 30-Apr-17 | 610kg | RAHBAN, Feyde | 29-May-16 |
| 110kg | Squat | 260kg | WEATHERALL, Peter | 29-Sep-12 | | | |
| | Bench | 190kg | HAMPTON, Paul | 16-Aug-15 | 187.5kg | HAMPTON, Paul | 06-Jun-15 |
| | Deadlift | 276kg | HAMPTON, Paul | 06-Jun-15 | 265kg | HAMPTON, Paul | 15-Mar-15 |
| | Total | 708.5kg | HAMPTON, Paul | 06-Jun-15 | 691kg | HAMPTON, Paul | 15-Mar-15 |
| 125kg | Squat | 265kg | BEECHAM, Tony | 29-May-16 | 240kg | BEECHAM, Tony | 31-May-15 |
| | Bench | 155kg | BEECHAM, Tony | 29-May-16 | 130kg | BEECHAM, Tony | 31-May-15 |
| | Deadlift | 290kg | BEECHAM, Tony | 29-May-16 | 280kg | BEECHAM, Tony | 31-May-15 |
| | Total | 710kg | BEECHAM, Tony | 29-May-16 | 650kg | BEECHAM, Tony | 31-May-15 |
| 140kg | Squat | 350kg | WRIGHT, Dan | 05-May-12 | | | |
| | Bench | 195kg | WRIGHT, Dan | 05-May-12 | | | |
| | Deadlift | 335kg | WRIGHT, Dan | 05-May-12 | | | |
| | Total | 880kg | WRIGHT, Dan | 05-May-12 | | | |
| SHW | Squat | 360kg | WRIGHT, Dan | 26-Aug-12 | | | |
| | Bench | 230kg | TULLO, Adrian | | | | |
| | Deadlift | 340kg | TULLO, Adrian | | | | |
| | Total | 910kg | TULLO, Adrian | | | | |

Masters Men (45-49)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | 205kg | ROCK, Shane | 18-Aug-18 | 195kg | ROCK, Shane | 29-Apr-18 |
| | Bench | 135kg | ROCK, Shane | 18-Aug-18 | 130kg | ROCK, Shane | 29-Apr-18 |
| | Deadlift | 242.5kg | ROCK, Shane | 18-Aug-18 | 235kg | ROCK, Shane | 29-Apr-18 |
| | Total | 582.5kg | ROCK, Shane | 18-Aug-18 | 560kg | ROCK, Shane | 29-Apr-18 |
| 75kg | Squat | 210kg | GALATI, Ange | 11-Aug-13 | 170kg | RETALLACK, Jack | 09-Jun-13 |
| | Bench | 200kg | GALATI, Ange | 11-Aug-13 | 120kg | RETALLACK, Jack | 09-Jun-13 |
| | Deadlift | 232.5kg | RAMSAY, Stephen | 02-Aug-14 | 220kg | GALATI, Ange | 11-Aug-13 |
| | Total | 630kg | GALATI, Ange | 11-Aug-13 | 495kg | RETALLACK, Jack | 09-Jun-13 |
| 82.5kg | Squat | 200kg | GALATI, Ange | 08-Dec-13 | | | |
| | Bench | 200kg | GALATI, Ange | 08-Dec-13 | | | |
| | Deadlift | 220kg | GALATI, Ange | 08-Dec-13 | | | |
| | Total | 620kg | GALATI, Ange | 08-Dec-13 | | | |
| 90kg | Squat | 251kg | JARROTT, Brian | 02-Aug-14 | 215kg | JARROTT, Brian | 27-Apr-14 |
| | Bench | 130kg | JARROTT, Brian | 02-Aug-14 | 125kg | JARROTT, Brian | 27-Apr-14 |
| | Deadlift | 240kg | JARROTT, Brian | 02-Aug-14 | 235kg | JARROTT, Brian | 27-Apr-14 |
| | Total | 621kg | JARROTT, Brian | 02-Aug-14 | 575kg | JARROTT, Brian | 27-Apr-14 |
| 100kg | Squat | 250kg | JARROTT, Brian | 14-Mar-15 | 140kg | ANDREWS, Chris | 02-Aug-14 |
| | Bench | 175kg | ANDREWS, Chris | 02-Aug-14 | | | |
| | Deadlift | 300kg | BIGGS, John | 19-May-18 | 240kg | JARROTT, Brian | 14-Mar-15 |
| | Total | 677.5kg | BIGGS, John | 19-May-18 | 637.5kg | JARROTT, Brian | 14-Mar-15 |
| 110kg | Squat | 252.5kg | WEATHERALL, Peter | 16-Aug-15 | 251kg | WEATHERALL, Peter | 02-Aug-14 |
| | Bench | 181kg | WEATHERALL, Peter | 15-Mar-15 | 180kg | WEATHERALL, Peter | 21-Nov-14 |
| | Deadlift | 335kg | NAY, Paul | 16-Aug-15 | 260kg | NICHOLAS, Michael | 02-Dec-12 |
| | Total | 681kg | WEATHERALL, Peter | 15-Mar-15 | 675kg | WEATHERALL, Peter | 21-Nov-14 |
| 125kg | Squat | 325kg | NAY, Paul | 21-Nov-14 | 300kg | NAY, Paul | 02-Aug-14 |
| | Bench | 180kg | NAY, Paul | 02-Aug-14 | 170kg | NICHOLAS, Michael | 10-Jun-12 |
| | Deadlift | 345kg | NAY, Paul | 15-Mar-15 | 335kg | NAY, Paul | 21-Nov-14 |
| | Total | 840kg | NAY, Paul | 21-Nov-14 | 800kg | NAY, Paul | 02-Aug-14 |
| 140kg | Squat | 320kg | WRIGHT, Dan | 21-Nov-14 | 245kg | NICHOLAS, Michael | 31-Mar-12 |
| | Bench | 180kg | WRIGHT, Dan | 21-Nov-14 | 170kg | NICHOLAS, Michael | 31-Mar-12 |
| | Deadlift | 310kg | ROBERTSON, Blane | 18-Aug-18 | 300kg | WRIGHT, Dan | 21-Nov-14 |
| | Total | 805kg | ROBERTSON, Blane | 18-Aug-18 | 800kg | WRIGHT, Dan | 21-Nov-14 |
| SHW | Squat | 315kg | PILIPOVIC, Damir | 21-Nov-14 | 215kg | RUSTERHOLZ, Marco | 31-Mar-12 |
| | Bench | 220kg | RUSTERHOLZ, Marco | 31-Mar-12 | | | |
| | Deadlift | 300kg | PILIPOVIC, Damir | 21-Nov-14 | 215kg | RUSTERHOLZ, Marco | 31-Mar-12 |
| | Total | 750kg | PILIPOVIC, Damir | 21-Nov-14 | 650kg | RUSTERHOLZ, Marco | 31-Mar-12 |

Masters Men (50-54)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | 170kg | RAMSAY, Stephen | 06-Oct-18 | 160kg | JOLLY, Geoff | 27-May-18 |
| | Bench | 145kg | JOLLY, Geoff | 27-May-18 | | | |
| | Deadlift | 225kg | RAMSAY, Stephen | 06-Oct-18 | 200kg | JOLLY, Geoff | 27-May-18 |
| | Total | 505kg | JOLLY, Geoff | 27-May-18 | | | |
| 82.5kg | Squat | 180kg | NICHOLSON, Matthew | 14-May-16 | | | |
| | Bench | 125kg | NICHOLSON, Matthew | 14-May-16 | | | |
| | Deadlift | 225kg | NICHOLSON, Matthew | 14-May-16 | | | |
| | Total | 530kg | NICHOLSON, Matthew | 14-May-16 | | | |
| 90kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 100kg | Squat | 210kg | STRINGER, Shane | 15-Aug-15 | 205kg | RINGIN, Brad | 31-May-15 |
| | Bench | 155kg | STRINGER, Shane | 15-Aug-15 | 115kg | RINGIN, Brad | 31-May-15 |
| | Deadlift | 240kg | RINGIN, Brad | 31-May-15 | | | |
| | Total | 585kg | STRINGER, Shane | 15-Aug-15 | 550kg | RINGIN, Brad | 31-May-15 |
| 110kg | Squat | 307.5kg | DAY, Henry | 21-Nov-14 | 303kg | DAY, Henry | 02-Aug-14 |
| | Bench | 185kg | DAY, Henry | 21-Nov-14 | 183kg | DAY, Henry | 02-Aug-14 |
| | Deadlift | 260kg | BROWN, Steve | 10-May-14 | | | |
| | Total | 737.5kg | DAY, Henry | 21-Nov-14 | 713kg | DAY, Henry | 02-Aug-14 |
| 125kg | Squat | 235kg | JONES, Gary | 27-May-18 | 220kg | JONES, Gary | 25-Apr-18 |
| | Bench | 180kg | JONES, Gary | 25-Apr-18 | | | |
| | Deadlift | 245kg | JONES, Gary | 27-May-18 | 230kg | JONES, Gary | 25-Apr-18 |
| | Total | 657.5kg | JONES, Gary | 27-May-18 | 630kg | JONES, Gary | 25-Apr-18 |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (55-59)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | 210kg | NICHOLSON, Matthew | 25-Apr-18 | | | |
| | Bench | 140kg | NICHOLSON, Matthew | 25-Apr-18 | | | |
| | Deadlift | 245.5kg | NICHOLSON, Matthew | 25-Apr-18 | | | |
| | Total | 590kg | NICHOLSON, Matthew | 25-Apr-18 | | | |
| 90kg | Squat | 145kg | SMITH, Greg | 14-May-16 | | | |
| | Bench | 92.5kg | SMITH, Greg | 20-May-17 | 90kg | SMITH, Greg | 14-May-16 |
| | Deadlift | 225kg | SMITH, Greg | 14-May-16 | | | |
| | Total | 460kg | SMITH, Greg | 14-May-16 | | | |
| 100kg | Squat | 240kg | SIMONETTA, Vince | 18-Aug-18 | 225kg | SIMONETTA, Vince | 27-May-18 |
| | Bench | 120kg | GREGORY, Garnet | 08-Oct-17 | 105kg | CONWAY, Kevin | 21-May-17 |
| | Deadlift | 275kg | SIMONETTA, Vince | 27-May-18 | 250kg | CONWAY, Kevin | 21-May-17 |
| | Total | 597.5kg | SIMONETTA, Vince | 27-May-18 | 515kg | GREGORY, Garnet | 08-Oct-17 |
| 110kg | Squat | 265kg | ZOLLO, Joe | 14-May-16 | 260kg | ZOLLO, Joe | 16-Aug-15 |
| | Bench | 127.5kg | ZOLLO, Joe | 14-May-16 | 123kg | ZOLLO, Joe | 16-Aug-15 |
| | Deadlift | 262.5kg | CONWAY, Kevin | 18-Aug-18 | 260kg | ZOLLO, Joe | 14-May-16 |
| | Total | 652.5kg | ZOLLO, Joe | 14-May-16 | 630kg | ZOLLO, Joe | 14-Mar-15 |
| 125kg | Squat | 255kg | TITUS, Terrance | 02-Aug-14 | | | |
| | Bench | 175kg | TITUS, Terrance | 02-Aug-14 | | | |
| | Deadlift | 310kg | TITUS, Terrance | 02-Aug-14 | | | |
| | Total | 740kg | TITUS, Terrance | 02-Aug-14 | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (60-64)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | 176kg | AMBROSE, Jim | 14-Mar-15 | 175kg | AMBROSE, Jim | 02-Aug-14 |
| | Bench | 127.5kg | AMBROSE, Jim | 11-Aug-13 | | | |
| | Deadlift | 225kg | AMBROSE, Jim | 14-Mar-15 | 222.5kg | AMBROSE, Jim | 02-Aug-14 |
| | Total | 526kg | AMBROSE, Jim | 14-Mar-15 | 522.5kg | AMBROSE, Jim | 02-Aug-14 |
| 82.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 90kg | Squat | 180kg | BASKERVILLE, Peter | 13-Aug-17 | 165kg | BASKERVILLE, Peter | 14-Aug-16 |
| | Bench | 80kg | BASKERVILLE, Peter | 13-Aug-17 | 75kg | BASKERVILLE, Peter | 14-Aug-16 |
| | Deadlift | 205kg | BASKERVILLE, Peter | 13-Aug-17 | 200kg | BASKERVILLE, Peter | 14-Aug-16 |
| | Total | 465kg | BASKERVILLE, Peter | 13-Aug-17 | 440kg | BASKERVILLE, Peter | 14-Aug-16 |
| 100kg | Squat | 205kg | BASKERVILLE, Peter | 18-Aug-18 | 200kg | BASKERVILLE, Peter | 29-Apr-18 |
| | Bench | 90kg | BASKERVILLE, Peter | 18-Aug-18 | 85kg | BASKERVILLE, Peter | 29-Apr-18 |
| | Deadlift | 225kg | BASKERVILLE, Peter | 18-Aug-18 | 215kg | BASKERVILLE, Peter | 29-Apr-18 |
| | Total | 512.5kg | BASKERVILLE, Peter | 18-Aug-18 | 500kg | BASKERVILLE, Peter | 29-Apr-18 |
| 110kg | Squat | 220kg | TODD, Allan | 22-May-16 | | | |
| | Bench | 130kg | TODD, Allan | 22-May-16 | | | |
| | Deadlift | 240kg | TODD, Allan | 22-May-16 | | | |
| | Total | 585kg | TODD, Allan | 22-May-16 | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (65-69)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | 160kg | AMBROSE, Jim | 12-Aug-16 | | | |
| | Bench | 120kg | AMBROSE, Jim | 12-Aug-16 | | | |
| | Deadlift | 220kg | AMBROSE, Jim | 12-Aug-16 | | | |
| | Total | 500kg | AMBROSE, Jim | 12-Aug-16 | | | |
| 82.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 90kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 100kg | Squat | 130kg | BIRCH, Ron | 02-Aug-14 | | | |
| | Bench | 100kg | BIRCH, Ron | 02-Aug-14 | | | |
| | Deadlift | 185kg | BIRCH, Ron | 02-Aug-14 | | | |
| | Total | 415kg | BIRCH, Ron | 02-Aug-14 | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (70-74)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 90kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 100kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (75-79)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 90kg | Squat | 155kg | BORG, Reno | 21-Nov-14 | | | |
| | Bench | 112.5kg | BORG, Reno | 21-Nov-14 | | | |
| | Deadlift | 190kg | BORG, Reno | 21-Nov-14 | | | |
| | Total | 455kg | BORG, Reno | 21-Nov-14 | | | |
| 100kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (80-84)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 90kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 100kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (85-89)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 90kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 100kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |