COUNCIL OF AUSTRALIAN POWERLIFTING ORGANIZATIONS

(Affiliated to World Powerlifting Congress & Global Powerlifting Alliance)

SCORE SHEET

Flight Number 01 7-Dec-13 DATE: Vationa VENUE: EVENT: Master Glossbrenner Over All DEADLIFT Raw or Weight NAME DOB Age Total Place Total No. No. 2 Division Equipped 0.00 Kaw Novice Worker 3 165 705 0.00 1025 Ararbo Atken 2011/79 10.00 NOUGO R 160 55 150 0.00 88 NSW 122.5 2 0.00 67.5 61.5 110 78 Reilla 0.00 0.00 0.00 260 270 230 250 0.00 (D) CO 110 108 NSW 6578 131.56 200 2 180 190 0.00 82.5 80 0.00 0.00 0.00 0.00 ISO 165 67·S 160 140 0.00 63 0.00 0.00 0.00 0.00 0.00 55335 220 225 200 0.00 125 20 VIC 0.00 Head Name: REFEREES Side Signature Side Signature Chief Signature Signature: **EVENT ORGANISER** NOTES:

- 1. Failed attempts MUST be entered into the Score Sheet as a negative number (i.e. -100. As a positive number will affect the calculation formula. This process will be validated by the fact that the number will turn to a RED font if done correctly)
- 2. If you believe that a competitor has broken a World Record (at a National Event) please highlight the lift with a Green highlighter. This will assist in the verification of the record a lot quicker.
- 3. If you believe that a competitor has broken an Australian Record please highlight the lift with a yellow highlighter. This will assist in the verification of the record a lot quicker.
- 4. The official signed "Hardcopy" of the Score Sheet MUST be sent to Peter Weatherall (CAPO President 3/1-5 Industrial Rd , Unanderra NSW 2526) within 1 week after the competition.
- 5. It is the Event Organisers responsibility that all competitors, that believe that they have set a Record/s, are current financial members of CAPO (as per website list)
- 6. Please forward a copy of all Score Sheets to Greg Hills (greg danielle hills@gmail.com) within 1 week after the competition, to enable records to be updated, and certificates to be issued where appropriate, in accordance with the Record Claim Rules.
- LEGEND:

Age = The age that the competitor is on the day of the competition

Cat. = Category as per the Age Category legend below

AWPC= Yes or No to be drug tested R = Raw, RP = Raw Plus, E = Equipped

Wt Div. = Weight division- is the Body Weight Category as per the rules

BWT = Actual Body Weight measured during the "weigh In"

3 = Teenage from 18 years to and including 19 years of age

Age Category Legend: 1 = Teenage from 13 years to and including 15 years of age

2 = Teenage from 16 years to and including 17 years of age 5 = Senior from 24 years to and including 32 years of age

6 = Sub Master from 33 years to and including 39 years of age

4 = Junior from 20 years to and including 23 years of age

Raw, Raw Plus, Equip. =

7 = Master from 40 years to and including 44 years of age

9 = Master from 50 years to and including 54 years of age

8 = Master from 45 years to and including 49 years of age 11 = Master from 60 years to and including 64 years of age

10 = Master from 55 years to and including 59 years of age

12 = Master from 65 years to and including 69 years of age

14 = Master from 75 years to and including 79 years of age

13 = Master from 70 years to and including 74 years of age

15 = Master from 80 years upward