



COUNCIL OF AUSTRALIAN POWERLIFTING ORGANIZATIONS
(Affiliated to World Powerlifting Congress & Global Powerlifting Alliance)

6/12/2013

SCORE SHEET

Flight Number 01

EVENT: National Deadlift

VENUE: O'herly's Gardenong

DATE: 7-Dec-13

NAME	DOB	Age	State	Category	Weight Division	BWT	Raw or Equipped	DEADLIFT				Total	Glossbrenner		Master		Over All Place
								1	2	3	4		No.	Total	No.	Total	
Raw Open Men												0.00		0.00			1
Con Peo's		34	VIC	OPEN	67.5	65.8	R	160	180	197.5	202.5	0.00	'76505	151.097			1
Luke Vella		27	VIC	OPEN	67.5	67.3	R	220	225	225		0.00	'75035	165.077			1
Adnan Mideo		29	NSW	OPEN	90	89	R	230	240	250	260	0.00	'6157	153.925			1
James Devlin		24	VIC	OPEN	75	74.55	R	225	245	285		0.00	'6916	169.442			
Joe De Bono		39	VIC	OPEN	82.5	81.95	R	240	255	270	275	0.00	'6474	174.798			3
Alan Knotli		27	VIC	OPEN	125	111.2	R	255	272.5	280		0.00	'56085	152.831			
Lee Glenister		42	VIC	OPEN	140	160	R	355	357.5	370		0.00	'51588	190.8756			1
George McLaren		29	NSW	OPEN	140+	178	R	365	385	385		0.00	'50374	188.8651			2
Andrew Johnson		39	VIC	OPEN	82.5	80.75	R	220	227.5	232.5		0.00	'65373	15.992			
												0.00					
Equipped Open Men												0.00					
Michael Trentin		31	QLD	OPEN	82.5	81.65	E	250	260	267.5		0.00	'64898				1
MASTERS MEN Equipped												0.00					
Jason Banner		47	VIC	MASTERS	100	100	E	200	220	230	240	0.00	'5813	1.082	144.1602		2

Barry Murray REFEREES 55 VIC HEADS 110 100.5 E 220 232.5
 Head Name: Choke Polera Side Name: Taylor Yang
 Chief Signature: [Signature] Side Signature: [Signature]
 Name: Kaer Oero Signature: _____
 Date: 7/12/13

NOTES:
 1. Failed attempts MUST be entered into the Score Sheet as a negative number (i.e. -100. As a positive number will affect the calculation formula. This process will be validated by the fact that the number will turn to a RED font if done correctly)
 2. If you believe that a competitor has broken a World Record (at a National Event) please highlight the lift with a Green highlighter. This will assist in the verification of the record a lot quicker.
 3. If you believe that a competitor has broken an Australian Record please highlight the lift with a yellow highlighter. This will assist in the verification of the record a lot quicker.
 4. The official signed "Hardcopy" of the Score Sheet MUST be sent to Peter Weatherall (CAPO President 3/1-5 Industrial Rd, Unanderra NSW 2526) within 1 week after the competition.
 5. It is the Event Organisers responsibility that all competitors, that believe that they have set a Record/s, are current financial members of CAPO (as per website list)
 6. Please forward a copy of all Score Sheets to Greg Hills (greg.danielle.hills@gmail.com) within 1 week after the competition, to enable records to be updated, and certificates to be issued where appropriate, in accordance with the Record Claim Rules.

LEGEND:
 Age = The age that the competitor is on the day of the competition
 Wt Div. = Weight division- is the Body Weight Category as per the rules
 Cat. = Category as per the Age Category legend below
 BWT = Actual Body Weight measured during the "weigh in"
 AWPC= Yes or No to be drug tested
 Raw, Raw Plus, Equip. = R = Raw, RP = Raw Plus, E = Equipped

Age Category Legend:
 1 = Teenage from 13 years to and including 15 years of age
 4 = Junior from 20 years to and including 23 years of age
 7 = Master from 40 years to and including 44 years of age
 10 = Master from 55 years to and including 59 years of age
 13 = Master from 70 years to and including 74 years of age
 2 = Teenage from 16 years to and including 17 years of age
 5 = Senior from 24 years to and including 32 years of age
 8 = Master from 45 years to and including 49 years of age
 11 = Master from 60 years to and including 64 years of age
 14 = Master from 75 years to and including 79 years of age
 3 = Teenage from 18 years to and including 19 years of age
 6 = Sub Master from 33 years to and including 39 years of age
 9 = Master from 50 years to and including 54 years of age
 12 = Master from 65 years to and including 69 years of age
 15 = Master from 80 years upward