6/12/2013

## COUNCIL OF AUSTRALIAN POWERLIFTING ORGANIZATIONS

(Affiliated to World Powerlifting Congress & Global Powerlifting Alliance)

## SCORE SHEET

EVENT:	14	200/11	1		VENUE:	VENUE: Usherty's Varderong					DATE: <b>7-Dec-13</b>						
NAME	DOB	Age	State	Category	Weight Division	BWT	Raw or Equipped	DEADLIFT 3 4		Total	Glossbrenner No. Total		Master No. Total		Over All Place		
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EVENT ORGANISER			Name:	Kor	en Co	dero		Signature:					Date:	7/	12/13	5	

- 1. Failed attempts MUST be entered into the Score Sheet as a negative number (i.e. -100. As a positive number will affect the calculation formula. This process will be validated by the fact that the number will turn to a RED font if done correctly)
- 2. If you believe that a competitor has broken a World Record (at a National Event) please highlight the lift with a Green highlighter. This will assist in the verification of the record a lot quicker.
- 3. If you believe that a competitor has broken an Australian Record please highlight the lift with a vellow highlighter. This will assist in the verification of the record a lot quicker.
- 4. The official signed "Hardcopy" of the Score Sheet MUST be sent to Peter Weatherall (CAPO President 3/1-5 Industrial Rd , Unanderra NSW 2526 ) within 1 week after the competition.
- 5. It is the Event Organisers responsibility that all competitors, that believe that they have set a Record/s, are current financial members of CAPO (as per website list)
- 6. Please forward a copy of all Score Sheets to Greg Hills (greg danielle hills@gmail.com) within 1 week after the competition, to enable records to be updated, and certificates to be issued where appropriate, in accordance with the Record Claim Rules.

## LEGEND:

Age = The age that the competitor is on the day of the competition Wt Div. = Weight division- is the Body Weight Category as per the rules Cat. = Category as per the Age Category legend below BWT = Actual Body Weight measured during the "weigh In"

AWPC= Yes or No to be drug tested Raw, Raw Plus, Equip. = R = Raw, RP = Raw Plus, E = Equipped

Age Category Legend:

- 1 = Teenage from 13 years to and including 15 years of age
- 4 = Junior from 20 years to and including 23 years of age
- 7 = Master from 40 years to and including 44 years of age
- 10 = Master from 55 years to and including 59 years of age
- 13 = Master from 70 years to and including 74 years of age
- 2 = Teenage from 16 years to and including 17 years of age
- 5 = Senior from 24 years to and including 32 years of age
- 8 = Master from 45 years to and including 49 years of age
- 11 = Master from 60 years to and including 64 years of age
- 14 = Master from 75 years to and including 79 years of age

- 3 = Teenage from 18 years to and including 19 years of age
- 6 = Sub Master from 33 years to and including 39 years of age
- 9 = Master from 50 years to and including 54 years of age
- 12 = Master from 65 years to and including 69 years of age
- 15 = Master from 80 years upward

Document Controlled By: Treasurer- CAPO Australia