



(Affiliated to World Powerlifting Congress & Global Powerlifting Alliance )

## SCORE SHEET

Flight Number 01

DATE: **7-Dec-13**

## REFEREES

Head Name:

Side Name:

Side Name:

Chief Signature: \_\_\_\_\_

Side Signature:

Side Signature:

**EVENT ORGANISER**

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date:

1. Failed attempts **MUST** be entered into the Score Sheet as a negative number (i.e. -100. As a positive number will affect the calculation formula. This process will be validated by the fact that the number will turn to a RED font if done correctly)
2. If you believe that a competitor has broken a World Record (at a National Event) please highlight the lift with a Green highlighter. This will assist in the verification of the record a lot quicker.
3. If you believe that a competitor has broken an Australian Record please highlight the lift with a yellow highlighter. This will assist in the verification of the record a lot quicker.
4. The official signed "Hardcopy" of the Score Sheet **MUST** be sent to Peter Weatherall (CAPO President 3/1-5 Industrial Rd , Unanderra NSW 2526 ) within 1 week after the competition.
5. It is the Event Organisers responsibility that all competitors, that believe that they have set a Records, are current financial members of CAPO (as per website list)
6. Please forward a copy of all Score Sheets to Greg Hills (greg.danielle.hills@gmail.com) within 1 week after the competition, to enable records to be updated, and certificates to be issued where appropriate, in accordance with the Record Claiming Regulations.

**Age** = The age that the competitor is on the day of the competition  
**Wt Div.** = Weight division- is the Body Weight Category as per the rules

**Cat.** = Category as per the Age Category legend below  
**BWT** = Actual Body Weight measured during the "weigh In"

AWPC= Yes or No to be drug tested  
Raw, Raw Plus, Equip. = R = Raw, RP = Raw Plus, E = Equipped

1 = Teenage from 13 years to and including 15 years of age  
4 = Junior from 20 years to and including 23 years of age  
7 = Master from 40 years to and including 44 years of age  
10 = Master from 55 years to and including 59 years of age  
13 = Master from 70 years to and including 74 years of age

2 = Teenage from 16 years to and including 17 years of age  
5 = Senior from 24 years to and including 32 years of age  
8 = Master from 45 years to and including 49 years of age  
11 = Master from 60 years to and including 64 years of age  
14 = Master from 75 years to and including 79 years of age

3 = Teenage from 18 years to and including 19 years of age  
6 = Sub Master from 33 years to and including 39 years of age  
9 = Master from 50 years to and including 54 years of age  
12 = Master from 65 years to and including 69 years of age  
15 = Master from 80 years upward