

2014 CAPO NATIONAL TITLES, 1ST - 3RD AUGUST "BRISBANE"

3 LIFT: TEEN & JUNIOR

Name	Age	Div	BW	Wt CIs	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCl
Joe Holland	20	M-JMRP	112.3	125	0.5594	140	152.5	160		152.5	92.5	97.5	-102.5		97.5	250	180	200	210		210	460.0	257.32	257.32	3.00	14-M-JMRP
Jack Irving	21	M-JME	120.3	125	0.5507	-205	205	-225		205	135	140	145		145	350	200	220	227.5		227.5	577.5	318.00	318.00	3.00	2-M-JME
Wayde Hunter	20	M-JMRP	118	125	0.5530	220	240	-252.5		240	140	150			150	390	240	250	-260		250	640.0	353.92	353.92	3.00	8-M-JMRP
Josh Bertuna	22	M-JMR	151.6	SHW	0.5219	210	225	240		240	155	160			160	400	245	265	-272.5		265	665.0	347.06	347.06	3.00	5-M-JMR
Miles Anderson	23	M-JMRP	115.5	125	0.5557	290	305	-315		305	135	140	-150		140	445	260	270	285		285	730.0	405.62	405.62	3.00	3-M-JMRP
Jake Fisher	22	M-JMRP	116.6	125	0.5545	180				180	140				140	320	250	275	300		300	620.0	343.79	343.79	3.00	9-M-JMRP
Luke Mayne	21	M-JMRP	160.6	SHW	0.5154	250	275	-300		275	65				65	340	250	275	-300		275	615.0	316.97	316.97	3.00	11-M-JMRP
Thomas Beswick	22	M-JMR	98.95	100	0.5838	250	260	272.5		272.5	160	170			170	442.5	270	290	302.5		302.5	745.0	434.93	434.93	3.00	1-M-JMR
Ricky Ferrar	23	M-JMR	191.3	SHW	0.4951	-165	170	180		180	75	85	95		95	275	120	140			140	415.0	205.46	205.46	3.00	6-M-JMR
Ben Du Plessis	21	M-JMRP	109.2	110	0.5637	140				140	140				140	280	140				140	420.0	236.73	236.73	3.00	15-M-JMRP
Jeremy Buchanek	21	M-JMRP	108.5	110	0.5647	200				200	60				60	260	200				200	460.0	259.76	259.76	3.00	13-M-JMRP
John Pappas	21	M-JMR	109.8	110	0.5628	-170				0	-125				0	0	-220				0	0.0	0.00	0.00	3.00	0.00
Laird Ross	21	M-JME	99.5	100	0.5826	225	250	-275		250	250	-272.5	-272.5		250	500	220				220	720.0	419.44	419.44	3.00	1-M-JME
Natasha O'Her	22	F-JFRP	80.9	82.5	0.7962	-35	-35	-35		0	-45				0	0	-60				0	0.0	0.00	0.00	3.00	0.00
Tiarna Davis	15	F-TFRP	54.8	56	1.0622	95	105	-112.5		105	50	57.5	-60		57.5	162.5	90	97.5	-105		97.5	260.0	276.17	276.17	3.00	2-F-TFRP
Sarah Mckinnon	23	F-JFR	59.99	60	0.9876	-85	-85	85	-91	85	42.5	-45	47.5		47.5	132.5	90	97.5	107.5		107.5	240.0	237.02	237.02	3.00	11-F-JFR
Kristy Iervasi	23	F-JFR	47.3	48	1.1922	80	82.5	-85		82.5	45	47.5	50	-52.5	50	132.5	92.5	95	-100		95	227.5	271.23	271.23	3.00	3-F-JFR
Nerissa Gray	22	F-JFR	65.65	67.5	0.9189	80	90	100		100	65	70	77.5		77.5	177.5	100				100	277.5	254.98	254.98	3.00	7-F-JFR
Melissa Laws	19	F-TFR	59.55	60	0.9930	75	80	-87.5		80	40	-45	-45		40	120	100	110	-120		110	230.0	228.38	228.38	3.00	2-F-TFR
Ebonie Lazdovskis	18	F-TFRP	66.09	67.5	0.9145	110	-120	120		120	55	-60	-62.5		55	175	100	120	130		130	305.0	278.92	278.92	3.00	1-F-TFRP
Deborah Hartstein	22	F-JFR	57.8	60	1.0177	85	90	-95		90	-40	42.5	45		45	135	110	115			115	250.0	254.43	254.43	3.00	8-F-JFR
Melissa Ripepi	22	F-JFR	60	60	0.9876	75	82.5	87.5	90.5	87.5	40	45	47.5		47.5	135	115	125	135	-140	135	270.0	266.65	266.65	3.00	5-F-JFR
Jodie Llamas	20	F-JFR	59.55	60	0.9930	-80	85	90	95	90	57.5	-62.5	-62.5		57.5	147.5	-120	125	-130		125	272.5	270.58	270.58	3.00	4-F-JFR
Prue Pearson	20	F-JFR	63	67.5	0.9499	90	97.5	102.5		102.5	37.5	42.5	-45		42.5	145	122.5	-125			122.5	267.5	254.08	254.08	3.00	9-F-JFR
Bonnie Townsend	20	F-JFR	72.6	75	0.8547	97.5	105	110	-112.5	110	57.5	-62.5	-62.5		57.5	167.5	125	132.5	-142.5		132.5	300.0	256.41	256.41	3.00	6-F-JFR
Rebecca Waring	23	F-JFR	68.8	75	0.8872	90	97.5	102.5		102.5	55	60	62.5		62.5	165	130	137.5	142.5		142.5	307.5	272.80	272.80	3.00	2-F-JFR
Jameely Choecair	23	F-JFR	80.55	82.5	0.7980	110	-115	120		120	50	-55	55		55	175	130	-137.5	141.5		141.5	316.5	252.57	252.57	3.00	10-F-JFR
Gabrielle Rose	18	F-TFR	64.45	67.5	0.9323	105	105	110	117.5	110	65	67.5	70	-72.5	70	180	130	137.5	-145		137.5	317.5	296.01	296.01	3.00	1-F-TFR
Ashleigh Waldheim	23	F-JFR	80.55	82.5	0.7980	120	130	137.5	142.5	137.5	70	72.5	-75		72.5	210	140	150	155	-160	155	365.0	291.27	291.27	3.00	1-F-JFR
Samantha Orth	21	F-JFRP	87.55	90	0.7590	90	-115	120		120	40	55	-62.5		55	175	100	125	135		135	310.0	235.27	235.27	3.00	1-F-JFRP
Emily Holyoake	23	F-JFR	79.3	82.5	0.8063	60	65	70		70	45	-52.5	-52.5		45	115	110	120	130		130	245.0	197.53	197.53	3.00	12-F-JFR
Sam McBain	15	M-TMR	57.05	60	0.8749	90	-100	-100		90	65	70.5	-75		70.5	160.5	130	140	150		150	310.5	271.66	271.66	3.00	8-M-TMR
Josh Sheridan	15	M-TMR	65.85	67.5	0.7693	-105	112.5	-120		112.5	80	-85	-85		80	192.5	130	140	150	160	150	342.5	263.49	263.49	3.00	11-M-TMR
Sunni-Jay Manning	17	M-TMRP	72.1	75	0.7095	140	145	150		150	85	95	100		100	250	150	160	170		170	420.0	297.97	297.97	3.00	6-M-TMRP
Marcus Poole	17	M-TMR	72.65	75	0.7049	130	140	150		150	65	70	75		75	225	160	-170	-170		160	385.0	271.37	271.37	3.00	9-M-TMR
Mitchell Lee	16	M-TMR	79.85	82.5	0.6613	130	140	-152.5		140	85	90	-92.5		90	230	160	170	180		180	410.0	271.13	271.13	3.00	10-M-TMR
Luke Coleiro	17	M-TMRP	84.8	90	0.6335	165	175	-187.5		175	85	92.5	97.5		97.5	272.5	165	177.5	190		190	462.5	292.99	292.99	3.00	7-M-TMRP
Nick Viner	16	M-TMRP	82.5	82.5	0.6446	135	150			150	90	95			95	245	170	190	200		200	445.0	286.85	286.85	3.00	8-M-TMRP
Daniel Chard	16	M-TMRP	72.3	75	0.7079	160	170	180	191	180	101	-107.5	107.5	-110	107.5	287.5	200	210.5	220		220	507.5	359.26	359.26	3.00	4-M-TMRP
Augustine Disano	19	M-TMR	82.15	82.5	0.6462	-160	180	-200		180	-140	140	-145.5		140	320	200	220	-227.5		220	540.0	348.92	348.92	3.00	5-M-TMR
Peter Preketes	16	M-TMRP	89.25	90	0.6146	192.5	205	-215.5		205	110	115	-120		115	320	210	-230.5			210	530.0	325.71	325.71	3.00	5-M-TMRP

3 LIFT: TEEN & JUNIOR (continued)																										
Name	Age	Div	BW	Wt Cls	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCl
Kevin Yuan	18	M-TMRP	88.95	90	0.6157	250	-260	-260		250	170	-180			170	420	220				220	640.0	394.05	394.05	3.00	2-M-TMRP
Andrew Almond	19	M-TMR	88.05	90	0.6193	185	200	-210		200	-120	125	-132.5		125	325	230	252.5	-268		252.5	577.5	357.62	357.62	3.00	4-M-TMR
Ben Faulkner	22	M-JMRP	55.5	56	0.9010	100	105	112.5	-117.5	112.5	75	80	-82.5		80	192.5	110	120	130	-135	130	322.5	290.56	290.56	3.00	12-M-JMRP
Reuben Anstee	23	M-JMRP	59.8	60	0.8356	-150	150	155		155	100	105	-110		105	260	170	180	190	-195	190	450.0	376.00	376.00	3.00	6-M-JMRP
Lewis Robottom	17	M-TMR	92.15	100	0.6040	-130	130	-150		130	70	80	-85		80	210	180	200	210		210	420.0	253.68	253.68	3.00	12-M-TMR
Ryan Anthony	21	M-JMRP	82.5	82.5	0.6446	195	212.5	-220		212.5	90	97.5	102.5		102.5	315	205	225	235	242.5	235	550.0	354.53	354.53	3.00	7-M-JMRP
Daniel Nunnari	21	M-JMR	82.25	82.5	0.6456	190	-200	-200		190	130	-135	-135		130	320	230	250	-260		250	570.0	367.99	367.99	3.00	3-M-JMR
Johnny Riley	22	M-JMRP	89.95	90	0.6119	200	235	250		250	140	150	-155		150	400	240	250	260		260	660.0	403.82	403.82	3.00	4-M-JMRP
Jory Ladewig	17	M-TMR	94.95	100	0.5949	215	-230	230		230	100				100	330	240	270	280	285	280	610.0	362.89	362.89	3.00	3-M-TMR
Luke Shakespeare	20	M-JMRP	88.4	90	0.6181	250	265	-280		265	155	160	-165		160	425	260	280			280	705.0	435.76	435.76	3.00	1-M-JMRP
Atreyn Wilkinson	20	M-JMR	88.8	90	0.6165	200	-210	210		210	140	-145			140	350	265	275	282.5		282.5	632.5	389.90	389.90	3.00	2-M-JMR
Mark Ryan	23	M-JMR			0.0000					0					0	0					0	0.0	0.00	0.00	3.00	0.00
Jade Veenboer	20	M-JMRP			0.0000					0					0	0					0	0.0	0.00	0.00	3.00	0.00
Thomas Chaplin	21	M-JMR			0.0000					0					0	0					0	0.0	0.00	0.00	3.00	0.00
Dylan Oakenfull	19	M-TMRP	135	140	0.5355	120	135	150		150	90	100	-105		100	250	150	170			170	420.0	224.91	224.91	3.00	9-M-TMRP
Danny Barrett	13	M-TMR	128.6	140	0.5417	130	145	157.5		157.5	75	80	87.5	92.5	87.5	245	160	170	180	190	180	425.0	230.22	230.22	3.00	13-M-TMR
Jack Milne Childs	16	M-TMR	107.9	110	0.5664	155	-165	165		165	100	107.5	-110		107.5	272.5	170	190	210		210	482.5	273.29	273.29	3.00	7-M-TMR
Jye Terry	19	M-TMR	110	110	0.5625	180	-200	-220		180	-120	120	130		130	310	180	-220	240	-260	240	550.0	309.38	309.38	3.00	6-M-TMR
Joe Lockwood	21	M-JMRP	96.15	100	0.5914	-195	200	215		215	-120	130	-142.5		130	345	210	220	235		235	580.0	343.01	343.01	3.00	10-M-JMRP
Damein Garrety	21	M-JMR	99.6	100	0.5823	-190	190	205		205	140	150	152.5		152.5	357.5	230	245	250		250	607.5	353.75	353.75	3.00	4-M-JMR
Jarrod Earle	19	M-TMRP	99.25	100	0.5831	-230	-230	230		230	145	155	-160		155	385	245	-255	255		255	640.0	373.15	373.15	3.00	3-M-TMRP
Alex Deken	22	M-JMRP	99.3	100	0.5831	220	240	250		250	-150	155	170		170	420	245	265	-280		265	685.0	399.39	399.39	3.00	5-M-JMRP
Will Rogers	18	M-TMR	137.5	140	0.5332	230	245	250	-260	250	160	-170	-175		160	410	250	265	275	-290	275	685.0	365.24	365.24	3.00	2-M-TMR
James Yammine	17	M-TMR	98.65	100	0.5846	210	-225	231		231	137.5	-145	145		145	376	250	270	-280		270	646.0	377.62	377.62	3.00	1-M-TMR
Tyson Morrissey	22	M-JMRP	99.45	100	0.5826	260	-275	275		275	147.5	157.5	-162.5		157.5	432.5	-280	290	300		300	732.5	426.72	426.72	3.00	2-M-JMRP
Jesse Burrows	19	M-TMRP	102.8	110	0.5750	290	305	320	-330	320	180	190	200		200	520	280	300	-310		300	820.0	471.50	471.50	3.00	1-M-TMRP
Joe St George	19	M-TMRP			0.0000					0					0	0					0	0.0	0.00	0.00	3.00	0.00

3 LIFT: OPEN WOMEN, MASTER WOMEN, MASTER MEN																										
Name	Age	Div	BW	Wt Cls	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCl
Peter Mansfield	50	M-MMR	67.4	67.5	0.7494	110	120	130		130	85	95	-100		95	225	160	180	-200		180	405.0	303.49	342.94	3.00	7-M-MMR
Peter Baskerville	59	M-MMR	87.8	90	0.6205	155	160	162.5		162.5	80	85	-87.5		85	247.5	200	210	215		215	462.5	286.98	377.38	3.00	5-M-MMR
Reno Borg	75	M-MME	82.8	90	0.6431	145	155	165		165	110	-120	-120		110	275	185	190			190	465.0	299.04	548.74	3.00	1-M-MME
Stephen Ramsey	46	M-MMRP	73.7	75	0.6976	140	150	167.5		167.5	100	112.5	-115		112.5	280	200	222.5	232.5		232.5	512.5	357.49	381.80	3.00	10-M-MMRP
Jim Ambrose	62	M-MMRP	72.95	75	0.7027	160	170	175		175	120	125	-128		125	300	200	220	222.5		222.5	522.5	367.13	511.42	3.00	2-M-MMRP
Jim Tulun	40	M-MMR	81.6	82.5	0.6493	182.5	185	190	-195	190	120	125	127.5		127.5	317.5	200	210	220	225	220	537.5	348.97	348.97	3.00	6-M-MMR
Greg hills	43	M-MMR	72.35	75	0.7071	170	182.5	195		195	120	125	-130		125	320	225	240	-255		240	560.0	395.98	408.25	3.00	4-M-MMR
Aidan Ruja	42	M-MMRP	88.75	90	0.6165	160	182.5	197.5		197.5	90	-112.5	-112.5		90	287.5	170	187.5	200		200	487.5	300.52	306.53	3.00	14-M-MMRP
Rick Galjaardt	41	M-MMR	85.55	90	0.6299	-200	-200	-200		0	0				0	0	230				0	0.0	0.00	0.00	3.00	0.00
Andrew Johnson	39	M-MMRP	82.1	82.5	0.6467	185	200	212.5		212.5	90	100	-105		100	312.5	215	230	250		250	562.5	363.74	363.74	3.00	12-M-MMRP
Joe Debono	40	M-MMRP	87.65	90	0.6209	220	232.5	237.5		0	112.5	122.5	127.5		127.5	0	260	282.5	288		288	0.0	0.00	0.00	3.00	0.00
Brian Jarrott	45	M-MMRP	89.6	90	0.6134	220	240	251		251	120	130	-140		130	381	220	230	240		240	621.0	380.89	401.84	3.00	6-M-MMRP
Kevin Rogers	50	M-MMR	59	60	0.8467					0	80.5	85.5	90	-92.5	90	0	117.5	125	-132.5		125	0.0	0.00	0.00	3.00	0.00
Brendan Hains	46	M-MME	88.07	90	0.6193	-340				0	0				0	0	270				0	0.0	0.00	0.00	3.00	0.00
Steve Brown	54	M-MMRP	105.9	110	0.5699	60				60	110	115	-120		115	175	60				60	235.0	133.91	161.23	3.00	15-M-MMRP
Chris Andrews	45	M-MMRP	95.75	100	0.5926	140				140	155	165	175	-180	175	315	140	180			180	495.0	293.31	309.44	3.00	13-M-MMRP
Ron Birch	69	M-MMRP	97.1	100	0.5889	120	130			130	80	90	100		100	230	145	185			185	415.0	244.37	393.44	3.00	8-M-MMRP
Terrence Gibbs	60	M-MMR	98.55	100	0.5848	155	171			171	60	70	0		70	241	180	190			190	431.0	252.05	337.75	3.00	9-M-MMR
Mark Hambling	51	M-MME	98.25	100	0.5856	-220	220	240		240	125	135	140		140	380	200	210	220		220	600.0	351.36	403.01	3.00	3-M-MME
Laurie Butler	67	M-MMR	90	90	0.6119	165	175	185		185	120	130	140		140	325	200	220	232.5		232.5	557.5	341.11	526.33	3.00	1-M-MMR
Brad Wann	41	M-MMR	99.1	100	0.5836					0					0	0	225	245	255		255	0.0	0.00	0.00	3.00	0.00
Vince Simonetta	53	M-MMR	88.5	90	0.6177	180	190	200		200	92.5	100	102.5		102.5	302.5	260	-272			260	562.5	347.46	411.39	3.00	3-M-MMR
Dion Mephram	43	M-MMR	107.5	110	0.5663	185	-200	210		210	135	150	-160		150	360	200	220	-240		220	580.0	328.45	338.64	3.00	8-M-MMR
Peter Weatherall	45	M-MMRP	103.5	110	0.5736	210	230	240	251	240	160	167.5	170	-175	170	410	230	245	250		250	660.0	378.54	399.36	3.00	7-M-MMRP
Brad Ringin	49	M-MMRP	104.3	110	0.5720	190	215	225		225	120	130	-135		130	355	220	245	-261		245	600.0	343.20	381.98	3.00	9-M-MMRP
Damir Pilipovic	44	M-MMRP	150.3	SHW	0.5229	260	280	300		300	140	152.5	-160		152.5	452.5	250	275	290		290	742.5	388.22	404.91	3.00	5-M-MMRP
Michael Nicholas	49	M-MMR	125.1	140	0.5454	260	-280	280		280	155	-175	0		155	435	270	285	-300		285	720.0	392.65	437.02	3.00	2-M-MMR
Terrance Titus	58	M-MMRP	116.5	125	0.5546	235	-255	255		255	160	170	175		175	430	285	305	310		310	740.0	410.40	529.83	3.00	1-M-MMRP
Dominic Morton	38	M-MMR	99.8	100	0.5818	180				180	145	0	0		145	325	220	230	0		230	555.0	322.90	322.90	3.00	10-M-MMR
Barry Murray	56	M-MME	101.4	110	0.5781	220				220	165	170	0		170	390	220	230			230	620.0	358.39	446.56	3.00	2-M-MME
Henry Day	50	M-MMRP	108.7	110	0.5644	250	270	290	303	290	165	175	183		183	473	140	240			240	713.0	402.42	454.73	3.00	4-M-MMRP
Dan Wright	44	M-MMRP	142.5	SHW	0.5290	320	350			350	180	-200	-200		180	530	280	320			320	850.0	449.61	468.94	3.00	3-M-MMRP
Glen Stewart	46	M-MMRP	102.7	110	0.5753	-230	-230	230		230	150	0	0		150	380	230				230	610.0	350.90	374.76	3.00	11-M-MMRP
Leo Vangelovski	45	M-MME	123.8	125	0.5469	-315	315	330		330	-205	-205	-205		0	0					0	0.0	0.00	0.00	3.00	0.00
Noela Read	72	F-MFR	52.95	56	1.0910					0					0	0	67.5	70	72.5		72.5	0.0	0.00	0.00	3.00	0.00
Marianne Peisl	51	F-MFRP	51.6	52	1.1144	65	75	80		80	45	50.5	53		53	133	85	95	105		105	238.0	265.23	304.22	3.00	3-F-MFRP
Annette Fatone	27	F-OFRP	59.2	60	0.9984	-95	-90	100		100	40	45	-47.5		45	145	95	105	112.5		112.5	257.5	257.08	257.08	3.00	11-F-OFRP
Sandra Middleton	53	F-MFR	50.5	52	1.1334					0	47.5	50	-53		50	0	102.5	107.5	112.5	117.5	112.5	0.0	0.00	0.00	3.00	0.00
Emma Eaton	38	F-OFR	49.65	52	1.1477					0	42.5	45	47.5		47.5	0	105	115	122.5		122.5	0.0	0.00	0.00	3.00	0.00
Lolita Wikander	51	F-MFRP	54.7	56	1.0638	70	-80	-80		70	50	-52.5	-52.5		50	120	110	117.5	-127.5		117.5	237.5	252.65	289.79	3.00	4-F-MFRP
Patricia Viola	24	F-OFRP	46.6	48	1.2058	85	90			90	37.5	40			40	130	115	-120.5			115	245.0	295.42	295.42	3.00	8-F-OFRP
Samantha Hailey	34	F-OFRP	55.5	56	1.0514	110	125	125		125	60	-65	-65		60	185	117.5	127.5	135	140	135	320.0	336.45	336.45	3.00	6-F-OFRP
Meg Schneck	25	F-OFRP	54.75	56	1.0622	110	120	127.5		127.5	60	65	-67.5		65	192.5	130	140	150		150	342.5	363.80	363.80	3.00	3-F-OFRP

3 LIFT: OPEN WOMEN, MASTER WOMEN, MASTER MEN (continued)																										
Name	Age	Div	BW	Wt CIs	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCI
Alex Smith	25	F-OFR	54.45	56	1.0669	87.5	92.5	-97.5		87.5	67.5	70	71.5		71.5	159	135	142.5	-147.5		142.5	301.5	321.67	321.67	3.00	4-F-OFR
Jessica Donnellan	32	F-OFRP	55.05	56	1.0575	115	125	-135		125	52.5	-57.5	60		60	185	145	157.5	-170		157.5	342.5	362.19	362.19	3.00	4-F-OFRP
Coralie Weir	52	F-OFRP	50.25	52	1.1370	130	-140	140		140	80	-85	-85		80	220	145	150	-155		150	370.0	420.69	490.10	3.00	1-F-OFRP
Rosemary Sherwin	66	F-MFR	63.1	67.5	0.9487	70	75	-80		75	20	25	-27.5		25	100	90	97.5	105	-110	105	205.0	194.47	293.85	3.00	2-F-MFR
Melanie Walsh	38	F-OFRP	63.75	67.5	0.9404	75	87.5	95		95	55	62.5	67.5		67.5	162.5	95	110	122.5		122.5	285.0	268.01	268.01	3.00	10-F-OFRP
Fran Medina	46	F-MFR	64.6	67.5	0.9312	80	87.5	90		90	45	50	-52.5		50	140	105	115	-117.5		115	255.0	237.44	253.59	3.00	4-F-MFR
Helena Moore	43	F-MFR	66.45	67.5	0.9102	87	93	-95		93	50	55	-57.5		55	148	110	118	-120		118	266.0	242.11	249.62	3.00	5-F-MFR
Maria Barba	49	F-MFRP	63.25	67.5	0.9463	-115	115	120	125	120	-72.5	72.5	-75		72.5	192.5	110	115	125	130	125	317.5	300.43	334.38	3.00	2-F-MFRP
Belinda Azzopardi	41	F-MFR	74.5	75	0.8399	95	-105	-105		95	45	55	-60		55	150	120	135	-145		135	285.0	239.37	241.77	3.00	6-F-MFR
Alisha Rawlinson	35	F-MFRP	70.15	75	0.8747	90	-100	-110		90	55	-57.5	57.5		57.5	147.5	130	140	150		150	297.5	260.22	260.22	3.00	5-F-MFRP
Kalo Lowe	50	F-MFR	66.55	67.5	0.9092	105	115	122.5		122.5	80	-85	85		85	207.5	140	-152.5	152.5		152.5	360.0	327.29	369.84	3.00	1-F-MFR
Natasha Davie	40	F-MFR	138.7	SHW	0.6557	112.5	122.5	132.5	-137.5	132.5	95	-102.5	102.5	106	102.5	235	147.5	162.5	171		171	406.0	266.21	266.21	3.00	3-F-MFR
Frances Fitzpatrick	43	F-MFRP	73.9	75	0.8445	140	150	-155		150	70	75			75	225	180	190	202.5		202.5	427.5	361.00	372.19	3.00	1-F-MFRP
Amanda Gleeson	26	F-OFR	65.55	67.5	0.9200	50	55	60		60	35	-40	40		40	100	80	85	-90		85	185.0	170.19	170.19	3.00	18-F-OFR
Rebecca Hodges	31	F-OFRP	58.65	60	1.0051	75	-85	-85		75	35	-47.5	-47.5		35	110	80	-100	100		100	210.0	211.07	211.07	3.00	13-F-OFRP
Tarren Otte	30	F-OFRP	66.2	67.5	0.9135	60	-65	-70		60	45	-50	50		50	110	80	90	-95		90	200.0	182.69	182.69	3.00	15-F-OFRP
Samantha Collings	25	F-OFR	58.5	60	1.0079	77	82.5	-87.5		82.5	50	52.5	-55		52.5	135	100	107.5	110		110	245.0	246.94	246.94	3.00	12-F-OFR
Rhiannan Smith	24	F-OFR	60	60	0.9876	72.5	-77.5	-77.5		72.5	52.5	57.5	-60		57.5	130	115	125	-130		125	255.0	251.84	251.84	3.00	11-F-OFR
Naomi Van Brug	28	F-OFR	66.95	67.5	0.9049	85	92.5	-100		92.5	50	-55	-57.5		50	142.5	120	-130	-130		120	262.5	237.54	237.54	3.00	13-F-OFR
Jodie Gardner	33	F-OFR	58.9	60	1.0024	100	-120	120		120	60	-70	-70		60	180	120	135	147.5		147.5	327.5	328.29	328.29	3.00	3-F-OFR
Venecia Bachee	28	F-OFRP	58	60	1.0149	110	120	-130		120	50	-55	-55		50	170	130	137.5	-140		137.5	307.5	312.08	312.08	3.00	7-F-OFRP
Anna Brown	39	F-OFR	70.8	75	0.8696	105	-110	-110		105	75	80	-82.5		80	185	130	135	142.5		142.5	327.5	284.78	284.78	3.00	8-F-OFR
Zoe Lee Baker	26	F-OFR	71.65	75	0.8621	130	140.5	-145		140.5	80	85	-90		85	225.5	160	-170	170		170	395.5	340.94	340.94	3.00	2-F-OFR
Heidi Stewart	31	F-OFRP	66.75	67.5	0.9070	150	-165	-165		150	80	87.5	92.5		92.5	242.5	160	185	200		200	442.5	401.35	401.35	3.00	2-F-OFRP
Taylor Young	59	F-OFR	65.3	67.5	0.9233	145	155	-163		155	95	-100	-100		95	250	175	187.5	-192.5		187.5	437.5	403.92	531.16	3.00	1-F-OFR
Cat Thomas	27	F-OFR	71.95	75	0.8596	65	80	-95		80	52.5	57.5	-62.5		57.5	137.5	90	105	-115		105	242.5	208.44	208.44	3.00	15-F-OFR
Tara Puzin	31	F-OFR	98.55	SHW	0.7196	90	95	100		100	60	65	70		70	170	95	100	105		105	275.0	197.88	197.88	3.00	16-F-OFR
Emma Bortolotto	29	F-OFR	81.2	82.5	0.7943	90	-102.5	-102.5		90	60	65	-67.5		65	155	100	112.5	-125		112.5	267.5	212.48	212.48	3.00	14-F-OFR
Renee Williams	30	F-OFR	88.25	90	0.7555	65	80	-90		80	50	-55	-55		50	130	110	120	130		130	260.0	196.42	196.42	3.00	17-F-OFR
Sami Gale	27	F-OFR	78.55	82.5	0.8109	65	-80	-90		65	50	-57.5	-57.5		50	115	110	130	140		140	0.0	0.00	0.00	3.00	0.00
Lucie Thompson	37	F-OFR	73.7	75	0.8461	130	135	0		135	100	108	0		108	243	110	0	0		110	353.0	298.66	298.66	3.00	6-F-OFR
Tania Lanfranca	24	F-OFR	74.1	75	0.8429	-110	-110	110		110	57.5	-62.5	-62.5		57.5	167.5	115	125	132.5		132.5	300.0	252.87	252.87	3.00	10-F-OFR
Lisa Hethrington	39	F-OFRP	115.8	SHW	0.6833	90	-100	100		100	47.5	-55	-55		47.5	147.5	130	142.5	-152.5		142.5	290.0	198.16	198.16	3.00	14-F-OFRP
Jessica Ngarotata	29	F-OFR	77.6	82.5	0.8176	-115	115	125		125	75	80	85		85	210	130	145	155		155	365.0	298.41	298.41	3.00	7-F-OFR
Heather Davidson	31	F-OFE	136.6	SHW	0.6581	-177.5	177.5	0		177.5	132.5	-145	145		145	322.5	130	-145	-145		130	452.5	297.77	297.77	3.00	1-F-OFE
Greer Hunt	35	F-OFRP	117.8	SHW	0.6807	100	0	0		100	72.5	75	77.5		77.5	177.5	155	160	170	172.5	170	347.5	236.53	236.53	3.00	12-F-OFRP
Brooke Aitken	34	F-OFR	103.3	SHW	0.7069	110	120	130		130	60	-67.5	-67.5		60	190	160	170	177.5		177.5	367.5	259.79	259.79	3.00	9-F-OFR
Gigi Van Der Poll	38	F-OFRP	80.85	82.5	0.7962	110	117.5	125	130	125	65	70	-72.5		70	195	167.5	175	-180		175	370.0	294.58	294.58	3.00	9-F-OFRP
Lyndall Vile	26	F-OFRP	74.6	75	0.8391	145	152.5	160		160	65	70	75		75	235	170	175	180	-185	180	415.0	348.23	348.23	3.00	5-F-OFRP
Rachel O'Gorman	37	F-OFR	88.7	90	0.7535	-100	100	0		100	105	112.5	115		115	215	190	205	0		205	420.0	316.47	316.47	3.00	5-F-OFR

3 LIFT: OPEN MEN																										
Name	Age	Div	BW	Wt CIs	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCI
Andy Davis	23	M-OMRP	125.1	140	0.5454	235	242.5	-250		242.5	155	162.5			162.5	405	240	255	-265		255	660.0	359.93	359.93	3.00	21-M-OMRP
Dustin Zinetti	35	M-OMR	135.3	140	0.5352	270	290	-310		290	175	-190	-190		175	465	250	270	-280		270	735.0	393.37	393.37	3.00	13-M-OMR
Wade Baker	29	M-OMR	121.9	125	0.5495	230	250	260		260	135	145	150		150	410	260	280	290		290	700.0	384.65	384.65	3.00	14-M-OMR
Greg Deegan	31	M-OMRP	127.1	140	0.5433	210	230	242.5		242.5	140	150	155		155	397.5	260	285	292.5		292.5	690.0	374.84	374.84	3.00	19-M-OMRP
Joshua Bourne	28	M-OMRP	118.8	125	0.5522	220	230	240		240	-145	150	160		160	400	265	280	-300		280	680.0	375.50	375.50	3.00	18-M-OMRP
Philip Wilde	24	M-OMR	139.1	140	0.5319	250	265	-280		265	175	185	192.5		192.5	457.5	270	285	300		300	757.5	402.88	402.88	3.00	9-M-OMR
Will Hunt	26	M-OME	125.2	140	0.5453	-275	275	-305		275	-240	-240	240		240	515	275	-305	-305		275	790.0	430.75	430.75	3.00	2-M-OME
David Toomer	26	M-OMRP	126.8	140	0.5435	240	260	285		285	180	195	205		205	490	280	305	-320		305	795.0	432.08	432.08	3.00	6-M-OMRP
George McLaren	30	M-OMR	171.4	SHW	0.5083	-345	-345	345		345	190	195	-200		195	540	340	360	-375		360	900.0	457.43	457.43	3.00	4-M-OMR
Mike Jones	35	M-OMRP	149.3	SHW	0.5237	305	-315	0		305	185				185	490	-65	75			75	565.0	295.86	295.86	3.00	28-M-OMRP
Alan Kissick	36	M-OME	132.85	140	0.5381	240	265	-272.5		265	140	160	-165		160	425	230	260			260	685.0	368.56	368.56	3.00	3-M-OME
Shane Naylor	46	M-OMR	118.9	125	0.5526	280	300	0		300	170	180	190		190	490	282.5	310			310	800.0	442.04	472.10	3.00	2-M-OMR
Nicholas Churchward	24	M-OMR	155	SHW	0.5193	150	0	0		150	100				100	250	150				150	400.0	207.72	207.72	3.00	23-M-OMR
Paul Attard	26	M-OMR	55.9	56	0.9031	125	-135	135	140.5	135	80	87.5	-92.5		87.5	222.5	175	-185.5	185.5	197.5	185.5	408.0	368.46	368.46	3.00	18-M-OMR
Cyll Duncan	37	M-OMRP	81.7	82.5	0.6487	135	142.5	147.5		147.5	95	-102.5	102.5		102.5	250	180	190	197.5	0	197.5	447.5	290.29	290.29	3.00	29-M-OMRP
Brendan Mates	29	M-OMRP	72.85	75	0.7073	-145	145	-152.5		145	97.5	105	-107.5		105	250	185	195	200		200	450.0	318.26	318.26	3.00	27-M-OMRP
Michael Trentin	32	M-OMRP	82	82.5	0.6472	187.5	-195	-195		187.5	137.5	142.5	145		145	332.5	190	220	-240		220	552.5	357.55	357.55	3.00	22-M-OMRP
Robert Harniman	29	M-OMR	80.05	82.5	0.6573	165	170	-180		170	145	-150	-150		145	315	200	220	-230		220	535.0	351.66	351.66	3.00	19-M-OMR
Michael Watt	31	M-OMRP	72.35	75	0.7071	180	-200	-210		180	125	132.5	-135		132.5	312.5	220				220	532.5	376.53	376.53	3.00	17-M-OMRP
Ray Carlisle	28	M-OME	77.45	82.5	0.6724	260	-275	-275		260	-150	150	165		165	425	-220	230	-256		230	655.0	440.42	440.42	3.00	1-M-OME
Daniel Weir	32	M-OMRP	79.85	82.5	0.6613	190	205	212.5		212.5	135	145	155		155	367.5	225	240	-250		240	607.5	401.74	401.74	3.00	14-M-OMRP
Ryan Austen	33	M-OMR	82.05	82.5	0.6467	-165	-165	-165		0					0	0	230	250	-262.5		250	0.0	0.00	0.00	3.00	0.00
Nathan Ross	37	M-OMR	82	82.5	0.6472					0	135	142.5	147.5		147.5	0	235	-252.5	252.5		252.5	0.0	0.00	0.00	3.00	0.00
Alex Powell	24	M-OMRP	73	75	0.7027	190	-210	210		210	105	115	-120		115	325	-240	260	-270		260	585.0	411.05	411.05	3.00	10-M-OMRP
Corey Ettia	23	M-OMRP	73	75	0.7027	240	250	260		260	110	120	130		130	390	240	260	-270		260	650.0	456.72	456.72	3.00	2-M-OMRP
Darren Lang	32	M-OMR	80.5	82.5	0.6551	190	200	-210		200	145	-150	-150		145	345	-265	-265	-265		0	0.0	0.00	0.00	3.00	0.00
Alex Bewsey	22	M-OMR	81.5	82.5	0.6498	230	240	-250		240	-145	-150	-150		0	0	280	-300	-300		280	0.0	0.00	0.00	3.00	0.00
Taylor Bewsey	17	M-OMR	88.3	90	0.6185	160	172.5	-185		172.5	110	-120	-120		110	282.5	200	215	220.5		220.5	503.0	311.08	311.08	3.00	21-M-OMR
Chris Samuels	27	M-OMRP	89.5	90	0.6138	170	180	185		185	115	122.5	-125		122.5	307.5	200	212.5	-217.5		212.5	520.0	319.15	319.15	3.00	26-M-OMRP
Jamie Cougan	26	M-OMRP	89.85	90	0.6143	165	170	-180		170	122.5	127.5	-132.5		127.5	297.5	215	225	-230		225	522.5	320.95	320.95	3.00	25-M-OMRP
Eric Ovens	24	M-OMR	93.2	100	0.6007	190	-210	-210		190	150	160	-162.5		160	350	220	-240			220	570.0	342.37	342.37	3.00	20-M-OMR
Jason Pagan	31	M-OMR	98.75	100	0.5843	200	-215	-215		200	-140	-145	-145		0	0	240	252.5	262.5		262.5	0.0	0.00	0.00	3.00	0.00
Neil Newman	33	M-OMRP	89.5	90	0.6138	230	240	250		250	-135	135			135	385	250	270	-290		270	655.0	402.01	402.01	3.00	13-M-OMRP
Julien Tresch	36	M-OMR	98.45	100	0.5851	210	225	235		235	137.5	147.5	150		150	385	260	280	290		290	675.0	394.91	394.91	3.00	12-M-OMR
Matthew Middleton	25	M-OMR	88.3	90	0.6185	250	265	-280		265	180	-190			180	445	275				275	720.0	445.28	445.28	3.00	6-M-OMR
Jack Ritchie	26	M-OMR	90	90	0.6119	250		270		270	140	150	-160		150	420	290	300			300	720.0	440.53	440.53	3.00	7-M-OMR
David Parmiter	31	M-OMR	90	90	0.6119	210	225	232.5		232.5	180	187.5	-192.5		187.5	420	302.5	335	340		340	760.0	465.01	465.01	3.00	3-M-OMR
David Tran-Cong	26	M-OME	86.15	90	0.6273	300	300	300		0					0	0					0	0.0	0.00	0.00	3.00	0.00
Neil Cahill	32	M-OMR	102.1	110	0.5765	160	-180	180		180	100	112.5	120		120	300	200	220	230		230	530.0	305.55	305.55	3.00	22-M-OMR
Steven Stavrinou	27	M-OMRP	96.15	100	0.5914	210	230	240		240	185	200	-205		200	440	220	235	-245		235	675.0	399.20	399.20	3.00	15-M-OMRP
Nicholas Dimakis	23	M-OMRP	99.2	100	0.5833	-210	-210	-210		0	0	0	0		0	0	235	247.5	260		260	0.0	0.00	0.00	3.00	0.00
Mitch Campbell	26	M-OMRP	99.1	100	0.5836					0	150	157.5			157.5	0	235	250	-260		250	0.0	0.00	0.00	3.00	0.00
Chris Bulmer	34	M-OMRP	106.5	110	0.5680	210	-230	-230		210	-125	125	132.5		132.5	342.5	240	-255	255		255	597.5	339.35	339.35	3.00	24-M-OMRP

3 LIFT: OPEN MEN (continued)																										
Name	Age	Div	BW	Wt CIs	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCI
Shannon Jacobson	34	M-OMRP	92.8	100	0.6020	-280	280	-300		280	180	-190	-190		180	460	240	260	280		280	740.0	445.44	445.44	3.00	5-M-OMRP
Brent Drake	38	M-OMRP	97.5	100	0.5878	240	250	261		261	150	155	-157.5		155	416	250	260	265		260	676.0	397.32	397.32	3.00	16-M-OMRP
Rhys Archer	27	M-OMRP	99.5	100	0.5826	200	-230	242.5		242.5	140	150	157.5		157.5	400	260	280	300		300	700.0	407.79	407.79	3.00	11-M-OMRP
Tom Khoury	25	M-OMR	102.2	110	0.5763	180	200	210		210	160	165	-167.5		165	375	260	272.5	285		285	660.0	380.36	380.36	3.00	16-M-OMR
Matthew Collins	36	M-OMR	99.2	100	0.5833	235	245	257.5		257.5	192.5	202.5	210		210	467.5	260	285	305		305	772.5	450.60	450.60	3.00	5-M-OMR
Dirk Venter	39	M-OMR	107.6	110	0.5661	-230	230	240		240	150	155	160		160	400	-270	285	300		300	700.0	396.27	396.27	3.00	11-M-OMR
Mitch Munro	25	M-OMRP	97.2	100	0.5886	240	-252.5	0		240	150	162.5			162.5	402.5	270	285			285	687.5	404.63	404.63	3.00	12-M-OMRP
Cory Burrows	28	M-OMRP	109	110	0.5640	280	-290	-300		280	150	-155			150	430	295	305	315		315	745.0	420.14	420.14	3.00	8-M-OMRP
Alex Lowe	24	M-OMR	99.75	100	0.5818	260	280	290		290	210	220			220	510	320	330	340		340	850.0	494.53	494.53	3.00	1-M-OMR
George Siopis	35	M-OMR	93.4	100	0.6000	200	-220	0		200					0	0					0	0.0	0.00	0.00	3.00	0.00
Luke Vella	27	M-OMR	67.5	67.5	0.7484	160	167.5	-172.5		167.5	110	115	-120		115	282.5	210	220	227.5		227.5	510.0	381.68	381.68	3.00	15-M-OMR
Thomas Musgrave	25	M-OMRP	104.9	110	0.5718	185	205	-215		205	-140	140	-152.5		140	345	235	252.5	260		260	605.0	345.91	345.91	3.00	23-M-OMRP
David Samupo-Tagamotu	37	M-OMRP	108.5	110	0.5647	225	230	-240		230	140	160	-165		160	390	240	250	260		260	650.0	367.06	367.06	3.00	20-M-OMRP
Francis Cowan	26	M-OMRP	109.5	110	0.5632	230	-240	-242.5		230	-160	-160	-160		0	0	240	-255			240	0.0	0.00	0.00	3.00	0.00
James Seadon	32	M-OMR	116.6	125	0.5545	220	-240	240		240	150	160	-170		160	400	250	265	282.5		282.5	682.5	378.45	378.45	3.00	17-M-OMR
Rick Jackson	28	M-OMR	106.9	110	0.5681	230	250	260		260	145	155	-160		155	415	260	285	-300		285	700.0	397.64	397.64	3.00	10-M-OMR
Jacob Oakenfull	23	M-OMRP	114.1	125	0.5573	270	290	-305.5		290	-190	190	-205		190	480	270	-300			270	750.0	417.94	417.94	3.00	9-M-OMRP
Mitchell Lee	24	M-OMRP	108	110	0.5655	-300	320	-330		320	190	-202.5	202.5		202.5	522.5	280	300	-310		300	822.5	465.12	465.12	3.00	1-M-OMRP
Nathan Rocks	24	M-OMR	114.9	125	0.5568	220	235	245		245	200	215	-225		215	460	280	310			310	770.0	428.74	428.74	3.00	8-M-OMR
Glen Stewart	46	M-OME	102.7	110	0.5753	-315	325	340		340	-227.5	-230	-230		0	0	-280				0	0.0	0.00	0.00	3.00	0.00
Conrad Galuvao	34	M-OMRP	124.7	125	0.5458	260	275	280		280	190	197.5			197.5	477.5	285	290	295		295	772.5	421.59	421.59	3.00	7-M-OMRP
Nathan Jones	36	M-OMRP	107.7	110	0.5660	280	293	310		310	170	-185	-185		170	480	300	315	-333		315	795.0	449.93	449.93	3.00	3-M-OMRP
Paul Nay	40	M-OMRP	113.3	125	0.5582	270	285	300		300	165	175	180		180	480	320	-335			320	800.0	446.52	446.52	3.00	4-M-OMRP

PUSH PULL																										
Name	Age	Div	BW	Wt CIs	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCI
Cass Mailhot	23	M-JMR	121.9	125	0.5495						140	-160	-160		140		240	260	-282.5		260	400.0	219.80			0.00
Peter Mansfield	50	M-MMR	67.4	67.5	0.7494						85	95	-100		95		160	180	-200		180	275.0	206.07			0.00
Damir Pilipovic	44	M-MMR	150.3	SHW	0.5229						140	152.5	-160		152.5		250	275	290		290	442.5	231.36			0.00
Michael Nicholas	49	M-MMR	125.1	140	0.5454						155	-175	0		155		270	285	-300		285	440.0	239.95			0.00
Kimbah Pengelly	51	F-MFR	89.2	90	0.7512						-40	40	-45		40		110	115	120		120	160.0	120.18			0.00
Pauline Olive	45	F-MFR	76.9	82.5	0.8225						-80	-80	-82.5		0		140	150	160		160	160.0	131.59			0.00
Heather Davidson	31	F-OFE	136.6	SHW	0.6581						132.5	-145	145		145		130	-145	-145		130	275.0	180.96			1-F-OFE
Michael Toomer	29	M-OMR	116.4	125	0.5547						165	175	-182.5		175		270	285	300		300	475.0	263.48			2-M-OMR
Michael Trentin	32	M-OMR	82	82.5	0.6472						137.5	142.5	145		145		190	220	-240		220	365.0	236.21			0.00
Chris Samuels	27	M-OMR	89.5	90	0.6138						115	122.5	-125		122.5		200	212.5	-217.5		212.5	335.0	205.61			0.00
Jamie Cougan	26	M-OMR	89.85	90	0.6143						122.5	127.5	-132.5		127.5		215	225	-230		225	352.5	216.52			0.00
Glen Krutti	27	M-OMR	112	125	0.5598						145	155	160		160		280	300	-305		300	460.0	257.49			3-M-OMR
Conrad Galuvao	34	M-OMR	124.7	125	0.5458						190	197.5			197.5		285	290	295		295	492.5	268.78			1-M-OMR

BENCH ONLY																										
Name	Age	Div	BW	Wt CIs	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCI
Jonny Nelson	32	M-OMR	107.1	110	0.5670					0	135	140	145		145	0					0	145.0	82.21	82.21	3.00	15-M-OMR
David Samupo-Tagamotu	37	M-OMR	108.5	110	0.5647					0	130	140	155		155	0					0	155.0	87.53	87.53	3.00	13-M-OMR
Richard Alarcon	33	M-OMR	117.6	125	0.5534					0	-155	157.5	-162.5		157.5	0					0	157.5	87.16	87.16	3.00	14-M-OMR
Christian O'Grady	27	M-OMR	115.1	125	0.5561					0	150	160	167.5		167.5	0					0	167.5	93.15	93.15	3.00	11-M-OMR
Brad Humble	32	M-OMR	117.5	125	0.5535					0	165	172.5	-180		172.5	0					0	172.5	95.48	95.48	3.00	9-M-OMR
Darcy Stevens	33	M-OMR	103.8	110	0.5730					0	180	-185	-185		180	0					0	180.0	103.13	103.13	3.00	8-M-OMR
Phil Ross	43	M-MMR	134.5	140	0.5360					0	175	186	190		190	0					0	190.0	101.83	104.99	3.00	2-M-MMR
Gregg Gordon	22	M-MJR	109.2	110	0.5637					0	200	-210	210		210	0					0	210.0	118.37	118.37	#N/A	0.00
Nathan Rocks	24	M-JMR	114.5	125	0.5568					0	212.5	222.5	-227.5		222.5	0					0	222.5	123.88	123.88	3.00	1-M-JMR
Rongoiti Kingi	25	M-OMR	144.8	SHW	0.5271					0	220	230	235		235	0					0	235.0	123.87	123.87	3.00	1-M-OMR
Shannon Green	35	M-OMR	113.5	125	0.5580					0	160	-170			160	0					0	160.0	89.27	89.27	3.00	12-M-OMR
Luke Mayne	21	M-JMR	162.8	SHW	0.5139					0	65				65	0					0	65.0	33.40	33.40	3.00	2-M-JMR
Shawn Bostock	44	M-OMR	147.4	SHW	0.5251					0	220				220	0					0	220.0	115.52	120.49	3.00	2-M-OMR
Angela Simpson	30	F-OFR	58.9	60	1.0024					0	42.5	-45	-45		42.5	0					0	42.5	42.60	42.60	3.00	6-F-OFR
Tarren Otte	30	F-OFR	66.2	67.5	0.9135					0	40	47.5	-52.5		47.5	0					0	47.5	43.39	43.39	3.00	5-F-OFR
Sami Gale	27	F-OFR	78.55	82.5	0.8109					0	40	-50	52.5		52.5	0					0	52.5	42.57	42.57	3.00	7-F-OFR
Renee Williams	30	F-OFR	88.25	90	0.7555					0	40	50	52.5		52.5	0					0	52.5	39.66	39.66	3.00	8-F-OFR
Lorell Nelson	57	F-MFR	56.95	60	1.0292					0	50	55	-57		55	0					0	55.0	56.61	71.78	3.00	1-F-MFR
Skye McDonald	29	F-OFR	61.25	67.5	0.9708					0	77.5	-83	-83		77.5	0					0	77.5	75.24	75.24	3.00	2-F-OFR
Sunni-Jay Manning	17	M-TMR	72.1	75	0.7095					0	85	95	100	-105	100	0					0	100.0	70.95	70.95	3.00	1-M-TMR
Ian Wilson	70	M-OMR	77.1	82.5	0.6749					0	87.5	97.5	-105		97.5	0					0	97.5	65.80	108.25	3.00	4-M-OMR
Lucie Thompson	37	F-OFR	73.7	75	0.8461					0	100	105	-110		105	0					0	105.0	88.84	88.84	3.00	1-F-OFR
Casey Wretham	30	M-OMR	88.4	90	0.6181					0	102	-110	-110		102	0					0	102.0	63.05	63.05	3.00	17-M-OMR
Adam Begurnik	24	M-OMR	82.3	82.5	0.6456					0	100	105	-112.5		105	0					0	105.0	67.79	67.79	3.00	16-M-OMR
Aaron Kingsley	24	M-OMR	94.6	100	0.5962					0	170	180	-185		180	0					0	180.0	107.31	107.31	3.00	5-M-OMR
Ange Galati	46	M-OME	81.35	82.5	0.6503					0	250.5	263	-272.5		263	0					0	263.0	171.02	182.64	3.00	1-M-OME
Rhiannan Smith	24	F-OFR	60	60	0.9876					0	52.5	-60			52.5	0					0	52.5	51.85	51.85	3.00	3-F-OFR
Greer Hunt	35	F-OFR	117.8	SHW	0.6807					0	70	75	-80		75	0					0	75.0	51.05	51.05	3.00	4-F-OFR
Steve Ross	64	M-MMR	95.3	100	0.5940					0	100	110	-116		110	0					0	110.0	65.34	94.74	3.00	4-M-MMR
Marty Carpenter	44	M-MMR	95.03	100	0.5949					0	100	110	-130		110	0					0	110.0	65.44	68.25	3.00	5-M-MMR
Herb Turvey	52	M-MMR	97.75	100	0.5870					0	152.5	-157.5	157.5		157.5	0					0	157.5	92.44	107.70	3.00	1-M-MMR
Glen Robinson	44	M-MMR	95.25	100	0.5940					0	135	155	-160		155	0					0	155.0	92.07	96.03	3.00	3-M-MMR
Mitch Campbell	26	M-OMR	98.15	100	0.5859					0	150	160	-165		160	0					0	160.0	93.74	93.74	3.00	10-M-OMR
Joel McCaughan	29	M-OMR	91.4	100	0.6068					0	165	175	-180		175	0					0	175.0	106.19	106.19	3.00	7-M-OMR
Jay Tyler	28	M-OMR	99.5	100	0.5826					0	155	170	182.5	-195.5	182.5	0					0	182.5	106.32	106.32	3.00	6-M-OMR
Michael Lee	34	M-OM	99.8	100	0.5818					0	180	-190	-190		180	0					0	180.0	104.72	104.72	#N/A	0.00
Kevin Lloyd	31	M-OMR	97.6	100	0.5875					0	200	-205	-205		200	0					0	200.0	117.49	117.49	3.00	3-M-OMR
Traiyr Richardson	17	M-TMR	88.5	90	0.6177					0	100	110	115		115	0					0	0.0	0.00	0.00	3.00	0.00
Brendan Hains	46	M-OME	88.67	90	0.6169					0	130	140			140	0					0	140.0	86.36	92.23	3.00	2-M-OME
Luke Shakespeare	20	M-JME	95.6	100	0.5932					0	-210				0	0					0	0.0	0.00	0.00	3.00	0.00

DEADLIFT ONLY																										
Name	Age	Div	BW	Wt CIs	Formula	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	Best Deadlif t	Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WtCI
Joe Holland	20	M-JMR	112.3	125	0.5594												180	200	210		210	210	117.47			2-M-JMR
Joshua Barr	18	M-TMR	66.6	67.5	0.7571												180	197.5	-205		197.5	197.5	149.52			1-M-TMR
Mark Ryan	23	M-JMR			0.0000																0	0	0.00			0.00
Jade Veenboer	20	M-JMR			0.0000																0	0	0.00			0.00
Tyson Morrissey	22	M-JMR	99.45	100	0.5826												-280	290	300		300	300	174.77			1-M-JMR
Peter Mansfield	50	M-MMR	67.4	67.5	0.7494												160	180	-200		180	180	134.88			0.00
Joe Debono	40	M-MMR	87.65	90	0.6209												260	282.5	288		288	288	178.82			0.00
Damir Pilipovic	44	M-MMR	150.3	SHW	0.5229												250	275	290		290	290	151.63			0.00
Michael Nicholas	49	M-MMR	125.1	140	0.5454												270	285	-300		285	285	155.42			0.00
Patricia Viola	24	F-OFR	46.6	48	1.2058												115	-120.5			115	115	138.67			1-F-OFR
Tarren Otte	30	F-OFR	66.2	67.5	0.9135												80	90	-95		90	90	82.21			3-F-OFR
Michelina Bajada	39	F-OFR	58.55	60	1.0065												117.5	122.5	127.5	130	127.5	127.5	128.33			2-F-OFR
David Toomer	26	M-OMR	126.8	140	0.5435												280	305	-320		305	305	165.77			0.00
Lee Glenister	43	M-OMR	150.4	SHW	0.5228												345	370	-377.5		370	370	193.44			1-M-OMR
Michael Trentin	32	M-OMR	82	82.5	0.6472												190	220	-240		220	220	142.37			0.00
Michael Watt	31	M-OMR	72.35	75	0.7071												220				220	220	155.56			0.00
Ryan Austen	33	M-OMR	82.05	82.5	0.6467												230	250	-262.5		250	250	161.66			0.00
Jamie Cougan	26	M-OMR	89.85	90	0.6143												215	225	-230		225	225	138.21			0.00
Adam Hockley	26	M-OMR	95.55	100	0.5932												215	235	250		250	250	148.29			0.00
Eric Ovens	24	M-OMR	93.2	100	0.6007												220	-240			220	220	132.14			0.00
Jason Pagan	31	M-OMR	98.75	100	0.5843												240	252.5	262.5		262.5	262.5	153.38			0.00
Rhys Archer	27	M-OMR	99.5	100	0.5826												260	280	300		300	300	174.77			3-M-OMR
Dirk Venter	39	M-OMR	107.6	110	0.5661												-270	285	300		300	300	169.83			0.00
Thomas Musgrave	25	M-OMR	104.9	110	0.5718												235	252.5	260		260	260	148.66			0.00
Nathan Rocks	24	M-OMR	114.9	125	0.5568												280	310			310	310	172.61			0.00
Conrad Galuvao	34	M-OMR	124.7	125	0.5458												285	290	295		295	295	161.00			0.00
John Wharetohunga	28	M-OMR	119.1	125	0.5519												300	-317.5	-317.5		300	300	165.56			0.00
Conrad Galuvao	34	M-OMR	124.7	125	0.5458												285	290	295		295	295	161.00			0.00
Paul Nay	40	M-OMR	113.3	125	0.5582												320	-335			320	320	178.61			2-M-OMR